

## Charles County Sports Covid-19 Guidelines

- Games/practices are to be scheduled 15-20 minutes apart to allow for appropriate transition of teams. Arriving players/teams should wait in their car until the prior game/practice area is cleared to allow for this transition.
- No team/spectator gathering(s) allowed throughout the park or in parking lots.
- Players/Coaches/Officials/Spectators are responsible to confirm the following health evaluation prior to arriving to each practice/game. If yes to any, participation is prohibited.
  - Do you feel well today? Have a fever, sore throat, cough, or shortness of breath?
  - Is your temperature greater than or equal to 100.4?
  - In the past 14 days have you tested positive or have been exposed to a Covid positive patient?
  - Are you awaiting the results of a Covid test?
- Face Coverings/Mask must be worn at all times indoors and outdoors by Coaches and Spectators.
- Coach should have extra face coverings/mask for their team should they be needed.
- For Outdoor Sports - Players/Officials do not need to wear a face covering/mask on the field of play unless they choose to do so. Players/Officials must wear a face covering/mask on the sideline. Officials must put their face covering/mask on with any player/coach interaction on or off the field.
- For Indoor Sports - Players/Officials must wear face covering/mask at all times, including in the field of play.
- Coaches and Officials are encouraged to use electronic whistles outdoors and are required indoors where face coverings/masks are required at all times.
- Athletes/Players are to maintain 6 feet social distancing when on the sidelines. For games, coaches should use cones or other means to designate distancing space for each player on the sideline.
- Athletes/Players are to use their own equipment, provide their personal drink/water, and snack(s). No sharing of personal items or belongings. Teams should not have traditional shared snacks at half time or end of the game.
- Avoid high fives, handshakes, fist bumps, or hugs. No spitting will be permitted.
- Athletes/Players are to keep their belongings in a designated area and six (6) feet apart.
- To all extent possible, player should have their own individual equipment; any shared equipment must be cleaned/sanitized in between use of individuals.
- Spectators are limited to two (2) per athlete/player, must wear face covering/mask and maintain six (6) feet social distancing from others.
- Approved Travel Region – Maryland, D.C., and Virginia – day trips, no overnight travel, subject to re-evaluation related to the COVID health situation. Teams within this region can travel to Charles County and play games adhering to all guidelines.

- Tournaments - If scheduled, appropriate for teams/day travel from Maryland, D.C., and Virginia. To all extent possible, a tournament scheduled for consecutive days should allow for adequate travel time in adherence with day trips. No teams or individual players from outside the Maryland, D.C., and Virginia region would be eligible to participate in a tournament.
- Pavilions Use/Rentals – No gatherings over 100 individuals and must maintain the required six (6) feet social distancing.
- Kayaks – Single use kayak, tandem kayaks may be used for two from the same household.
- Golf Carts – Single use golf cart or two per cart if golfers are from the same household.
- Concessions – Pre-Packaged items, bottles or can, must identify/mark and maintain six (6) feet social distance guidelines for patrons.
- Please notify the Department of Recreation, Parks and Tourism immediately if a player, coach, official, spectator, are experiencing symptoms or received a positive test result so proper tracing procedures and schedule adjustments can be implemented to reduce the spread.

Updated February 11, 2021.

All guidance is Subject to revisions related to the COVID health situation.