

VOLLEYBALL COUNCIL COED AND REVERSE COED

SPECIAL RULES FOR COED

Coed leagues play by regular rules outlined by USAV and the Volleyball Council except for the following:

- All teams will compete with six players: three women and three men. A team may compete with a minimum of 4 players if at least 1 player is a female. A “ghost” will be assigned in the serve rotation for any missing player, and during that service rotation the team will forfeit the serve and the opposing team will receive 1 point.
- The serving rotation must alternate male/female.
- When a team plays the ball with two or more contacts, at least one contact must be made by a female. Blocks do not count as a contact.
- When one male player is in the front row, one additional male player from the back row may come to the front row to block. This includes directional blocking, but at no time may this player attack the ball with one hand in a hitting/attacking motion.
- The net height will be 7’11 5/8”.

SPECIAL RULES FOR REVERSE COED

- All teams will compete with six players: four women and two men. A team may compete with a minimum of 4 players if at least 1 player is male. A “ghost” will be assigned in the serve rotation for any missing player, and during that service rotation the team will forfeit the serve and the opposing team will receive 1 point.
- Male players may not jump serve, block, or attack the ball. All contacts played across the net by males must have an upward trajectory.
- Male players must be positioned opposite each other on the court and in the service rotation.
- When a team plays the ball with two or more contacts, at least one contact must be made by a male.
- The net height will be 7’4 1/8”.