The St. James Spring Break and Summer Camps Guide

South County Youth Club

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AQUATICS

The St. James Swimming Camps – Summer

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
June 5 - 7	3	$350.00	$297.50	15%	SOCOSUM23
June 12 - 14	3	$350.00	$297.50	15%	SOCOSUM23
June 19 - 21	3	$350.00	$297.50	15%	SOCOSUM23
June 26 - 28	3	$350.00	$297.50	15%	SOCOSUM23
July 5- 7	3	$350.00	$297.50	15%	SOCOSUM23
July 10 - 14	3	$350.00	$297.50	15%	SOCOSUM23
July 17 - 19	3	$350.00	$297.50	15%	SOCOSUM23
July 24 - 26	3	$350.00	$297.50	15%	SOCOSUM23
July 31 - Aug 2	3	$350.00	$297.50	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

The St. James Swimming Camps are tailored to young athletes ages 6-10, offering beginner to competitive swimmers the opportunity to learn a variety of strokes and techniques, as well as boosting endurance and confidence in the pool.

The St. James swimming camps take place in our Pool House that has one of the only full indoor Olympic size swimming pools in the area.

Age Range:

6-10 years old

BASEBALL & SOFTBALL

The St. James Baseball & Softball – Summer Camps

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
June 19 - 22	4	$425.00	$361.25	15%	SOCOSUM23
July 10 - 13	4	$425.00	$361.25	15%	SOCOSUM23
July 17 - 20	4	$425.00	$361.25	15%	SOCOSUM23
July 24 - 27	4	$425.00	$361.25	15%	SOCOSUM23
July 31 - Aug 3	4	$425.00	$361.25	15%	SOCOSUM23
August 7 - 10	4	$425.00	$361.25	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

The St. James Swimming Camps are tailored to young athletes ages 6-10, offering beginner to competitive swimmers the opportunity to learn a variety of strokes and techniques, as well as boosting endurance and confidence in the pool.

The St. James swimming camps take place in our Pool House that has one of the only full indoor Olympic size swimming pools in the area.

Age Range:

6-13 years old

BASKETBALL

The St. James Basketball – Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Basketball Camp	June 5 - 8	4	$400.00	$340.00	15%	SOCOSUM23
Basketball Camp	August 7 - 10	4	$400.00	$340.00	15%	SOCOSUM23
Quinn Cook Basketball Camp	August 14 - 18	5	$450.00	$382.50	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

The St. James basketball specialty camp is the perfect opportunity for your child to improve their technical skills over the summer!

Each camper will receive elite coaching in the fundamentals of the game: shooting, passing, defending and more!

Age Range:

6 – 15 years old

DANCE, GYMNASTICS, AND SKATING

The St. James Dance, Gymnastics, and Skating – Spring Break and Summer Camps

Dance, Gymnastics, & Skating – Spring Break Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Dance, Gymnastics, & Skating Camp	March 3rd	1	$140.00	$119.00	15%	SOCOSB2023
Dance, Gymnastics, & Skating Camp	April 3 - 5	3	$380.00	$323.00	15%	SOCOSB2023

Dance, Gymnastics, & Skating – Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Dance, Gymnastics & Skating Camp	June 26 - 30	5	$495.00	$420.75	15%	SOCOSUM23
Dance, Gymnastics & Skating Camp	July 10 - 14	5	$495.00	$420.75	15%	SOCOSUM23
Dance, Gymnastics & Skating Camp	July 31 - Aug 4	5	$495.00	$420.75	15%	SOCOSUM23
Dance, Gymnastics & Skating Camp	August 7 - 11	5	$495.00	$420.75	15%	SOCOSUM23
Dance, Gymnastics & Skating Camp	August 14 - 18	5	$495.00	$420.75	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

Express yourself in the dance studio, gain confidence on the ice and learn new skills in the gymnastics center while making new friends and having FUN!

Age Range: 6 – 14 years old

DANCE AND GYMNASTICS

The St. James Dance and Gymnastics – Summer Camps

Dance & Gymnastics – Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Dance & Gymnastics Camp	June 5 - 9	5	$495.00	$420.75	15%	SOCOSUM23
Dance & Gymnastics Camp	June 12 - 16	5	$495.00	$420.75	15%	SOCOSUM23
Dance & Gymnastics Camp	June 19 - 23	5	$495.00	$420.75	15%	SOCOSUM23
Dance & Gymnastics Camp	July 5 - 7	3	$300.00	$255.00	15%	SOCOSUM23
Dance & Gymnastics Camp	July 17 - 21	5	$495.00	$420.75	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

If your child is looking to try a variety of sports this winter, look no further than The St. James' Dance, Gymnastic, & Skating Combo camp.

Express yourself in the dance studio and learn new skills in the gymnastics center while making new friends and having FUN!

Age Range: 6 – 14 years old

FOOTBALL

The St. James Football – Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Flag Football Camp	June 12 - 15	4	$320.00	$272.00	15%	SOCOSUM23
Flag Football Camp	June 19 - 22	4	$320.00	$272.00	15%	SOCOSUM23
Flag Football Camp	June 26 - 29	4	$320.00	$272.00	15%	SOCOSUM23
Flag Football Camp	July 10 - 13	4	$320.00	$272.00	15%	SOCOSUM23
Flag Football Camp	July 17 - 20	4	$320.00	$272.00	15%	SOCOSUM23
Flag Football Camp	July 24 - 27	4	$320.00	$272.00	15%	SOCOSUM23
Washington Commanders Flag Football Camp	August 14 - 18	5	$475.00	$403.75	15%	SOCOSUM23
Washington Commanders Flag Football Camp	August 21 - 25	5	$475.00	$403.75	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

All the guts and glory of the gridiron with less contact – whether you're a seasoned veteran or green to the game, this is the camp for you. The coaching staff will let you in all their playbooks while giving each player the individual attention they need on the field.

The Washington Commanders Football Team offers one of the best Flag Football Summer Camp experiences around. Our focus is on football education, participation, sportsmanship and FUN.

Age Range:

TSJ Flag Football Camp – 9 - 15 years old

Washington Commanders Flag Football Camp – 6 – 13 years old

GOLF

The St. James Golf – Spring Break and Summer Camps

Golf & Squash - Spring Break Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Golf & Squash Camp	April 3 - 5	3	$350.00	$297.50	15%	SOCOSB2023
Golf Camp	April 10 - 12	3	$350.00	$297.50	15%	SOCOSB2023
Golf Camp	April 17 - 19	3	$350.00	$297.50	15%	SOCOSB2023

Golf Summer Camp – Summer Camps

Dates	# of Days	TSJ Price	SYC Club Price	Discount %	Discount Code
June 12 - 14	3	$350.00	$297.50	15%	SOCOSUM23
June 19 - 21	3	$350.00	$297.50	15%	SOCOSUM23
June 26 - 28	3	$350.00	$297.50	15%	SOCOSUM23
July 5 - 7	3	$350.00	$297.50	15%	SOCOSUM23
July 10 - 12	3	$350.00	$297.50	15%	SOCOSUM23
July 17 - 19	3	$350.00	$297.50	15%	SOCOSUM23
July 24 - 26	3	$350.00	$297.50	15%	SOCOSUM23
July 31 - Aug 2	3	$350.00	$297.50	15%	SOCOSUM23
August 7 - 9	3	$350.00	$297.50	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: Our expert instructors will give your kids a skillset for life as campers drive, chip, and putt their way to success, with our instructors evaluating each athlete to be their best on the green, from their stance to swing.

Age Range: 6 – 15 years old

HIGH PERFORMANCE

The St. James High Performance – Spring Break Camps

Speed & Skills - Spring Break Camps

Type of Camp	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Speed & Skills Camp (AM)	April 3 - 5	3	$269.00	$228.65	15%	SOCOSUM23
Speed & Skills Camp (PM)	April 3 - 5	3	$269.00	$228.65	15%	SOCOSUM23
Speed & Skills Camp (AM)	April 10 - 13	3	$269.00	$228.65	15%	SOCOSUM23
Speed & Skills Camp (PM)	April 10 - 13	3	$269.00	$228.65	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: Focus on **S**peed, **P**erformance, Athlete **E**mpowerment, Athletic Skills **E**nhancement, and Individual Athlete's **D**rive to Improve. This new camp will be offered on Monday, Tuesday, and Thursdays during Spring Break 2023. The AM session is for middle school male and female athletes between the ages of 12-14 only.

Speed & Skills – AM Camp
Monday, Tuesday, and Thursday - 9:00am – 12:00pm

Speed & Skills – PM Camp
Monday, Tuesday, and Thursday - 1:00pm – 4:00pm

All camp activities will be designed by Mateus Manoel, Director of Performance, and taught by members of The St. James Performance team.

Age Range:

AM Session – 12 – 14 years old
PM Session – 15 – 18 years old

HOCKEY

The St. James Hockey – Spring Break and Summer Camps

Hockey - Spring Break Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Hockey Camp	April 3 - 7	5	$575.00	$488.75	15%	SOCOSB2023

Hockey - Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Hockey Camp	June 19 - 23	5	$575.00	$488.75	15%	SOCOSUM23
Hockey Camp (Learn-to-Play)	June 26 - 30	5	$575.00	$488.75	15%	SOCOSUM23
Hockey Camp (Position: Defensive)	July 5 - 7	3	$345.00	$293.25	15%	SOCOSUM23
Hockey Camp (Position: Offensive)	July 5- 7	3	$345.00	$293.25	15%	SOCOSUM23
Hockey Camp	July 10 - 14	5	$575.00	$488.75	15%	SOCOSUM23
Girls Hockey Camp	July 10 - 14	5	$625.00	$531.25	15%	SOCOSUM23
Hockey Camp (Learn-to-Play)	July 17 - 21	5	$575.00	$488.75	15%	SOCOSUM23
Hockey Camp	July 24 - 28	5	$575.00	$488.75	15%	SOCOSUM23
Hockey Camp (Goalie Camp)	July 24 - 28	5	$625.00	$531.25	15%	SOCOSUM23
Hockey Camp	July 31 - Aug 4	5	$575.00	$488.75	15%	SOCOSUM23
Hockey Camp	August 7 - 11	5	$575.00	$488.75	15%	SOCOSUM23
Hockey Camp (Travel Training Camp)	August 14 - 18	5	$625.00	$531.25	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: The athletes will receive expert instruction on improving skating technique, stick handling, endurance, and more!

Age Range: 6 – 15 years old

LACROSSE

The St. James Lacrosse – Summer Camps

Junior Boys and Girls Lacrosse Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Junior Boys Lacrosse Camp	June 19 - 22	4	$425.00	$361.25	15%	SOCOSUM23
Junior Girls Lacrosse Camp	June 19 - 22	4	$425.00	$361.25	15%	SOCOSUM23
Junior Boys Lacrosse Camp	July 5-7	3	$315.00	$267.75	15%	SOCOSUM23
Junior Girls Lacrosse Camp	July 5- 7	3	$315.00	$267.75	15%	SOCOSUM23
Junior Boys Lacrosse Camp	July 24 - 27	4	$425.00	$361.25	15%	SOCOSUM23
Junior Girls Lacrosse Camp	July 24 - 27	4	$425.00	$361.25	15%	SOCOSUM23
Junior Boys Lacrosse Camp	July 31 - Aug 3	4	$425.00	$361.25	15%	SOCOSUM23
Junior Girls Lacrosse Camp	July 31 - Aug 3	4	$425.00	$361.25	15%	SOCOSUM23

Boys and Girls Lacrosse Summer Camps

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Boys Lacrosse Camp	August 7 - 10	4	$450.00	$382.50	15%	SOCOSUM23
Girls Lacrosse Camp	August 7 - 10	4	$450.00	$382.50	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details:

Our Junior Boys and Girls Lacrosse Camps focuses on improving stick handling, defense, shooting, passing and more! Boys and Girls Lacrosse Camps lessons focus on improving handling, defense, shooting, passing – all overseen by elite coaches to maximize the joy and challenge of cross-checking in the box.

Age Range:
Junior Boys and Girls Lacrosse Camp - 6 – 11 years old
Boys and Girls Lacrosse Camp – 12 – 15 years old

SOCCER

The St. James Soccer – Summer Camps

Junior Soccer Camp

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Junior Soccer Camp	July 10 - 12	3	$300.00	$255.00	15%	SOCOSB2023
Junior Soccer Camp	July 17 - 19	3	$300.00	$255.00	15%	SOCOSB2023

Soccer Camp

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Soccer Camp	June 26 - 30	5	$450.00	$382.50	15%	SOCOSUM23
Soccer Camp	July 10 - 14	5	$450.00	$382.50	15%	SOCOSUM23
Soccer Camp	July 17 - 21	5	$450.00	$382.50	15%	SOCOSUM23
Soccer Camp	July 31 - Aug 4	5	$450.00	$382.50	15%	SOCOSUM23
Soccer Camp	August 7 - 10	5	$450.00	$382.50	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: Junior Soccer Camp campers will learn basic soccer technique such as passing, shooting, defending and more from a team of elite licensed coaches. Soccer Camp will focus will be on skill development, winning tactics and competitive attacking and defending scenarios.

Age Range:

Junior Soccer Camp - 6 – 8 years old
Soccer Camp – 9 – 15 years old

SQUASH

The St. James Squash – Spring Break and Summer Camps

Golf & Squash and Golf Camps – Spring Break

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Golf & Squash Camp	April 3 - 5	3	$350.00	$297.50	15%	SOCOSB2023
Squash Camp	April 10 - 12	3	$350.00	$297.50	15%	SOCOSB2023
Squash Camp	April 17 - 19	3	$350.00	$297.50	15%	SOCOSB2023

Squash Camp – Summer Camps

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
June 19 - 21	3	$350.00	$297.50	15%	SOCOSUM23
June 26 - 28	3	$350.00	$297.50	15%	SOCOSUM23
July 10 - 12	3	$350.00	$297.50	15%	SOCOSUM23
July 17 - 19	3	$350.00	$297.50	15%	SOCOSUM23
August 7 - 9	3	$350.00	$297.50	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: Join our new Squash Manager, John Harriss, for drills, training, and games for all skill levels! Campers will be doing hand-eye coordination and squash drills, as well as learning how to construct a rally that will move their opponents all over the court. This camp is open to kids of all sports, as squash is a great way to cross-train! Join us to up your athleticism while having a lot of fun!

Age Range: 6 – 15 years old

VOLLEYBALL

The St. James Volleyball – Summer Camps

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
June 12 - 15	4	$400.00	$340.00	15%	SOCOSUM23
June 26 - 29	4	$400.00	$340.00	15%	SOCOSUM23
July 5- 7	3	$315.00	$267.75	15%	SOCOSUM23
July 10 - 13	4	$400.00	$340.00	15%	SOCOSUM23
July 17 - 20	4	$400.00	$340.00	15%	SOCOSUM23

The St. James Camp Registration Link:

https://www.thestjames.com/camps

Program Details:

At The St. James Volleyball Camps, players with receive high level feedback from our travel coaches, camp counselors, and STJ alumni at the collegiate level. Athletes are guaranteed maximum number of reps and will leave camp with a newfound confidence in their game. The goal is to push the athlete to the next level, but also to allow them to find love of the game, make new friends, and have fun.

Age Range:

6 – 15 years old

ADVENTURING & GAMING CAMP

The St. James Adventure & Gaming Camp – Spring Break and Summer Camps

Adventure & Gaming Camp – Spring Break Camps

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
April 3 - 7	5	$475.00	$403.75	15%	SOCOSB2023
April 10 - 13	4	$475.00	$403.75	15%	SOCOSB2023
April 17 - 21	5	$475.00	$403.75	15%	SOCOSB2023

Adventure & Gaming Camp – Summer Camps

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
June 5 - 9	5	$475.00	$403.75	15%	SOCOSUM23
June 12 - 16	5	$475.00	$403.75	15%	SOCOSUM23
June 19 - 23	5	$475.00	$403.75	15%	SOCOSUM23
June 26 - 30	5	$475.00	$403.75	15%	SOCOSUM23
July 3 - 7	5	$475.00	$403.75	15%	SOCOSUM23
July 10 - 14	5	$475.00	$403.75	15%	SOCOSUM23
July 17 - 21	5	$475.00	$403.75	15%	SOCOSUM23
July 24 - 28	5	$475.00	$403.75	15%	SOCOSUM23
July 31 - Aug 4	5	$475.00	$403.75	15%	SOCOSUM23
August 7 - 11	5	$475.00	$403.75	15%	SOCOSUM23
August 14 - 18	5	$475.00	$403.75	15%	SOCOSUM23
August 21 - 25	5	$475.00	$403.75	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: From Ninja Warrior to Virtual Reality, your kids' fitness and digital needs merge in a magical place where games meet gaming. Your little ones can scale climbing walls and build their own in VR, mashing up a perfect blend of fun in our Active Entertainment Center.

Age Range: 6 – 15 years old

ULTIMATE SPORTS CAMP

The St. James Sports Camp – Spring Break and Summer Camps

Ultimate Sports Camp – Spring Break Camps

Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
April 3 - 7	5	$475.00	$403.75	15%	SOCOSB2023
April 3 - 7	5	$300.00	$255.00	15%	SOCOSB2023
April 10 - 14	5	$475.00	$403.75	15%	SOCOSB2023
April 10 - 14	5	$300.00	$255.00	15%	SOCOSB2023
April 17 - 21	5	$300.00	$255.00	15%	SOCOSB2023
April 17 - 21	5	$475.00	$403.75	15%	SOCOSB2023

Ultimate Sports Camp – Summer Camps (Half Day)

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Ultimate Sports Camp (Half Day)	June 5 - 9	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	June 12 - 16	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	June 19 - 23	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	June 26 - 30	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	July 3 - 7	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	July 10 - 14	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	July 17 - 21	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	July 24 - 28	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	July 31 - Aug 4	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	August 7 - 11	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	August 14 - 18	5	$280.00	$238.00	15%	SOCOSUM23
Ultimate Sports Camp (Half Day)	August 21 - 25	5	$280.00	$238.00	15%	SOCOSUM23

Ultimate Sports Camp – Summer Camps (Full Day)

Program	Dates	# of Days	TSJ Price	SCAA Club Price	Discount %	Discount Code
Ultimate Sports Camp (Full Day)	June 5 - 9	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	June 12 - 16	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	June 19 - 23	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	June 26 - 30	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	July 3- 7	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	July 10 - 14	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	July 17 - 21	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	July 24 - 28	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	July 31 - Aug 4	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	August 7 - 11	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	August 14 - 18	5	$475.00	$403.75	15%	SOCOSUM23
Ultimate Sports Camp (Full Day)	August 21 - 25	5	$475.00	$403.75	15%	SOCOSUM23

The St. James Camp Registration Link: https://www.thestjames.com/camps

Program Details: All sports. All day. Why play one game when you can have them all? Your little all-stars will be fans of this perfect playbook featuring scores of sports from the hardwood to the turf and the water to the ice. With games galore, your kids can try their hand (and foot) at a little bit of everything.

Age Range: 6 – 15 years old