



# FHE Athletics

[fhesports.org](http://fhesports.org)

## Eligibility Requirements

**Note:** FHE Athletics is an athletic program designed for middle and high school homeschooled students. **Middle school includes grades 6 through 8; High School includes grades 9 through 12.**

1. Age: Minimum: 11 years old, Maximum: Players must not have reached, as of August 1st of the current school year:
  - Their 19th birthday for varsity competition
  - Their 17th birthday for junior varsity competition
  - Their 14th birthday for middle school competition

2. Varsity limit: A player shall become ineligible after four (4) years of Varsity team participation. (Varsity being defined as only those eligible to letter.)

NOTE: For more detailed information about NCAA eligibility rules please see [NCAA-Home School Checklist](#)

Seniors that do not qualify for a Varsity team may participate on a sub-varsity team upon approval from the coach and FHEAC.

3. Homeschool: A player must be registered with the NCDNPE and homeschooled based on current North Carolina State law. FHE encourages the families that if the player wishes to participate in collegiate athletics, to meet all NCAA educational requirements during High School.
4. Graduate: A player is ineligible if that player has gone through a homeschool, public school, private school, or Christian school high school graduation ceremony prior to that season's first game.
5. Dual participation: A player cannot play on another homeschool, public, private, or Christian school team in the same sport at the same time as playing on a FHE-sponsored team.
6. Player transfer: If a player started the season on another homeschool, public, private, or Christian school team, no transfer shall be allowed during the season without the approval of the FHEAC.
7. FHE: A player's family must be a member of FHE (this is separate from any sports registration and available at [ncfhe.org](http://ncfhe.org))
8. FHE Athletics: A player must be a registered member of FHE Athletics
9. Documentation: The player/parents must have completed all required documentation.
  - o Exceptions to any eligibility requirement may be made only by express approval of the FHEAC. No exceptions will be permitted to the upper age limitations.



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- Players must be in academic good standing at all times during the sports season to participate on a FHE team, and it is the expectation of the committee that the parents will notify the coach and committee chairperson if they are not.
- Players starting on a higher level team may not participate on a lower level team (i.e. a Varsity starter may not participate on a sub-varsity team; a JV starter may not participate on a middle school team). Exception is when the sub-varsity team needs additional players for the contest due to a shortage of sub-varsity team members and for development of players at a different position.
- Players may be eligible to participate more, but may only earn a varsity letter for 4 years of varsity participation contingent upon lettering requirements.
- Players must be in adequate physical condition to participate on any FHE Sports team. **A yearly physical examination signed by a physician is highly recommended.** (See Athlete Handbook for more details.)

Please contact FHEAC at [questions@fhesports.org](mailto:questions@fhesports.org) if you have any questions about eligibility.

**By submitting an Athlete Application, you are certifying that you meet all of the eligibility requirements to be a FHE athlete and will immediately notify your coach if you become ineligible for any reason.**