



*Tim Hortons®*  
**COACHES  
OPEN HOUSE**

**2023 COACH MANUAL**

**Saturday, December 9th**

# WELCOME LETTER

## Welcome to the Tim Horton's Leafs Coaches Open House

On behalf of MLSE, the Toronto Maple Leafs Hockey Development team, and our front office staff, we would like to officially welcome you to the Tim Horton's Leafs Coaches Open House. We are so excited to be back at Scotiabank Arena after last years success!

At the Toronto Maple Leafs, an important focus is growing the game of hockey by inspiring and bringing new and exciting opportunities to the community. We do this through our programs geared towards children, parents, coaches and fans, including the Tim Horton's Leafs Coaches Open House. We understand how important hockey is and how it has shaped us as people on and off the ice. We also understand the commitment you have made as coaches. You have the unique ability to impact a child's life forever. We hope you know what an integral part you are of growing the game and we thank you for your commitment to your team, our community, and our sport.

Toronto Maple Leafs Head Coach Sheldon Keefe and our other speakers are extremely excited that you are joining us and hope we can expand your mind by learning more about what we do and believe here at the Toronto Maple Leafs.

Sincerely,

Toronto Maple Leafs Hockey Development Staff



*Tim Hortons.*

Official Coffee of the  
**Toronto Maple Leafs**





# EVENT SCHEDULE

DECEMBER 9, 2023

7:15AM	DOORS OPEN
7:50AM	ICE UTILIZATION WITH <a href="#">GREG SCHELL</a>
8:10AM	SKATING FUNDAMENTALS WITH <a href="#">MICHELE MOORE</a>
8:30AM	MENTAL HEALTH FOR YOUNG ATHLETES WITH <a href="#">LUMENUS</a>
9:00AM	BREAK TRADESHOW & LIGHT BREAKFAST ON CONCOURSE
10:00AM	ADDRESS FROM PRESIDENT <a href="#">BRENDAN SHANAHAN</a>
10:30AM	TORONTO MAPLE LEAFS SKATE*
11:20AM	ADDRESS FROM LEAFS HEAD COACH <a href="#">SHELDON KEEFE</a>
11:30AM	NASHVILLE PREDATORS SKATE*
12:20PM	CLOSING REMARKS FROM GM <a href="#">BRAD TRELIVING</a>

NOTE: This schedule is subject to change.

\*Please be aware that team skates are optional and we cannot guarantee any or all players will be in attendance on this particular day.



# TEAM MANAGEMENT

## BRENDAN SHANAHAN, PRESIDENT AND ALTERNATE GOVERNOR



Brendan Shanahan was born and raised in the west side of Toronto in Mimico, Ontario.

After two years with the Ontario Hockey League's London Knights, Shanahan was drafted with the second overall pick by the New Jersey Devils in 1987. He would go on to play 21 seasons in the NHL with the Devils, St. Louis Blues, Hartford Whalers, Detroit Red Wings and New York Rangers.

Over the course of his career he captured three Stanley Cup Championships in addition to an Olympic gold medal, a World Championship gold medal and a Canada Cup title as a part of Team Canada.

A combination of skill and toughness, Shanahan is the only player in League history to score over 600 goals (656) and also rack up over 2,000 penalty minutes (2,489). His streak of 19 consecutive seasons with 20 or more goals is surpassed only by Gordie Howe. In 2013, he was inducted into the Hockey Hall of Fame.

He was the recipient of the NHL's King Clancy Memorial Trophy in 2003, an annual award presented to the player who best exemplifies leadership qualities on and off the ice while making a noteworthy humanitarian contribution to his community.

Upon retiring at age 40, Shanahan spent the next five years working at the League office in New York City, initially as Vice President of Hockey and Business Development and later as Senior Vice President of Player Safety and Hockey Operations. At the conclusion of the 2013-14 season, he accepted the role of President and Alternate Governor of the Toronto Maple Leafs.



# TEAM MANAGEMENT

## BARD TRELIVING, GENERAL MANAGER



Brad Treliving was named the 18th General Manager in Maple Leafs history on May 31, 2023.

Treliving joins the Maple Leafs after spending the previous nine seasons as General Manager of the Calgary Flames. During his tenure in Calgary, the Flames had a regular season record of 362-265-73. Treliving also served as co-General Manager of Canada's 206 IIHF World Championship Team, which captured a gold medal in Russia. Prior to his time with the Flames, Treliving held the role of Vice President of Hockey Operations and Assistant General Manager with the Phoenix Coyotes for seven seasons, where he also served as the General Manager of the Coyotes' American Hockey League (AHL) affiliates, the Portland Pirates and San Antonio Rampage.

In 1996, Treliving co-founded the Western Professional Hockey League (WPHL) and served as the league's Vice President and Director of Hockey Operations for five years. In May of 2001, he helped facilitate the merger of the WPHL and the Central Hockey League (CHL) and was subsequently named President of the CHL, a position he would hold for seven years before joining the Coyotes organization.

During his playing career, the Penticton, British Columbia native suited up professionally for five seasons in the AHL, ECHL, and the IHL after playing in both the BCJHL and WHL as a junior.

Treliving and his wife, Julie, have two daughters, Ryann and Reese.



# COACHING STAFF

## SHELDON KEEFE, HEAD COACH



Sheldon Keefe was named the 31st Head Coach in Maple Leafs history on November 20, 2019. Through parts of four seasons with the club (267 regular season games), Keefe has coached the team to a 166-71-30 record to rank him sixth in wins in the franchise's 105-year history. Under Keefe, Toronto has set franchise records for most wins (54) and points (115) during a single season (2021-22) while also recording consecutive 50-win campaigns over their two most recent seasons.

Keefe first joined the Maple Leafs organization as Head Coach of the Toronto Marlies (AHL) in June 2015. In parts of five seasons with the Marlies, Keefe led the club to a 199-89-22-9 record in 319 regular season games

In that span, the Marlies won the franchise's first ever Calder Cup championship in 2018, and also won the Macgregor Kilpatrick Trophy as AHL regular season champions on two occasions. The team made four consecutive playoff appearances with Keefe at the helm and posted a 38-21 post-season record.

Prior to joining the Marlies, Keefe had a successful three-year stint as head coach of the Sault Ste. Marie Greyhounds of the Ontario Hockey League. Joining the team as a mid-season coaching replacement in 2012, the Brampton, Ontario native helped lead the Greyhounds back to the playoffs after the team missed the post-season the two previous seasons. In Keefe's two full seasons with Sault Ste. Marie, the Greyhounds posted a regular season record of 98-29-2-7 while reaching the second round (2013-14) and third round (2014-15) of the playoffs. Keefe entered the coaching and managerial ranks in 2006 as he served as head coach and general manager of the CCHL's Pembroke Lumber Kings for seven seasons (2006-07 to midseason in 2012-13). Keefe led the Lumber Kings to five-consecutive league championships through his first five season with the club (2007-2011) and went on to capture the National Championship in 2011.

As a player, Keefe suited up for 125 NHL games with the Tampa Bay Lightning after they selected him in the second round (47th overall) of the 1999 NHL Draft. He was named the OHL's Rookie of the Year with the Barrie Colts in 1998-99 before earning the Eddie Powers Trophy as the league's top scorer in 1999-2000

. Keefe, 42, and his wife, Jackie, have two sons, Landon and Wyatt.





## COACHING STAFF

### GUY BOUCHER, ASSISTANT COACH



Guy Boucher enters his first season on the Maple Leafs staff in 2023/24 after previously serving as head coach of the Tampa Bay Lightning (2010-11 to 2012-13) and the Ottawa Senators (2016-17 to 2018-19), posting a combined record of 191-186-46. Under Boucher's guidance, the Lightning reached the Eastern Conference Final in 2011 while the Senators made the Eastern Conference Final in 2017.

Prior to joining the Senators, Boucher spent three seasons in Switzerland (2013-14 to 2015-16) where he served as head coach of Bern SC (Swiss-A). The club posted a 44-29-5 record during his tenure and captured the 2015 Swiss Cup.

Boucher, 52, also served as head coach of the American Hockey League's Hamilton Bulldogs in 2009-10, where he coached the team to a 52-17-11 record. He went on to win the Louis A.R. Pieri Memorial Award as the AHL's most outstanding coach that season. Boucher also spent nine seasons in the QMJHL ranks, including three as an assistant coach with the Rouyn-Noranda Huskies (1997-98 to 1999-20), three as an assistant coach with the Rimouski Oceanic (2004-05 to 2005-06) and three as head coach of the Drummondville Voltigeurs (2006-07 to 2008-09). Boucher led the Oceanic and the Voltigeurs to a QMJHL Championship, in 2004-05 and 2008-09 respectively.

Internationally, Boucher has served as a coach for Canada on several occasions. As an assistant coach, Boucher helped Canada capture a gold medal at the 2008 IIHF World U18 Championship and at the 2009 IIHF World Junior Championship. The Notre-Dame-du-Lac, Quebec native also served as Canada's head coach at the 2014 and 2015 Spengler Cup, leading the team to a gold medal at the 2015 tournament.



## COACHING STAFF

### DEAN CHYNOWETH, ASSISTANT COACH



Dean Chynoweth enters his third season on the Maple Leafs staff after previously serving as an assistant coach with the Carolina Hurricanes for three seasons.

Prior to joining Carolina, Chynoweth served nine seasons as a head coach in the Western Hockey League, moving from the Seattle Thunderbirds (2000-04) to the Swift Current Broncos (2004-09) before spending three seasons in the NHL as an assistant coach with the New York Islanders (2009-12).

Following his stint with the Islanders, Chynoweth spent four seasons as a head coach in the American Hockey League with the Cleveland Monsters and San Antonio Rampage (2012-16).

Chynoweth has also been a part of the Hockey Canada Program of Excellence, serving as the head coach of Canada's Under-18 National Team and assistant coach of Canada's Under-20 World Junior Team (2003-04).

As a player, the Calgary, Alberta native played 10 seasons in the NHL between the New York Islanders and Boston Bruins after being drafted in the first round (13th overall) of the 1987 NHL Draft. In 241 NHL games, Chynoweth registered 22 points (four goals, 18 assists) and 667 penalty minutes. He also won a Calder Cup championship in 1990 with Springfield (AHL) and won back-to-back Memorial Cups in 1987 and 1988 with Medicine Hat (WHL).

Dean and his wife, Rebecca, have a daughter named Stella.



## COACHING STAFF

### MANNY MALHOTRA, ASSISTANT COACH



Manny Malhotra begins his fourth season with the Maple Leafs coaching staff after joining the club in 2020-21.

Before joining the Maple Leafs staff, Malhotra spent the previous three seasons as an assistant coach for Vancouver after originally joining the Canucks' organization as a development coach in 2016-17.

As a player, the Mississauga, Ontario native played 16 seasons in the NHL across seven organizations after being drafted in the first round (seventh overall) by the New York Rangers in the 1998 NHL Draft.

Over the course of his NHL career, Malhotra recorded 295 points (116 goals, 179 assists) in 991 regular season games while also skating in 35 Stanley Cup playoff games. He also won a Calder Cup championship in 2000 with the Hartford Wolf Pack (AHL), playing in all 23 postseason games for the club.

Prior to beginning his professional career, he won an OHL Championship in 1998 with the Guelph Storm. Internationally, Malhotra represented Canada at the World Championships in 2002 after playing for his country at the World Junior Championships in 1998 and 2000. He served as captain for Canada at the 2000 World Juniors, capturing a bronze medal. He was also a member of Canada's Spengler Cup championship team in 2015-16.

Malhotra and his wife, Joann, have three sons named Caleb, Isaiah and Eli.





## COACHING STAFF

### MIKE VAN RYN, ASSISTANT COACH



Mike Van Ryn enters his first season on the Maple Leafs staff in 2023-24 after spending the previous five seasons (2018-19 to 2022-23) as an assistant coach with the St. Louis Blues. Van Ryn helped the Blues capture a Stanley Cup in 2019.

Prior to joining the Blues, the London, Ontario native spent two seasons with the Arizona Coyotes organization, including one year as head coach of the club's AHL affiliate, the Tucson Roadrunners, in 2017-18. Van Ryn led the Roadrunners to a 42-20-5 record and first place in the Western Conference.

Van Ryn, 44, previously spent three seasons with the Ontario Hockey League's Kitchener Rangers, including one season as head coach when he guided the Rangers to a 44-17-7 record in 2015-16. He also served as an assistant coach with the AHL's Houston Aeros for two seasons (2011-12 and 2012-13) following a year as an assistant with the OHL's Niagara IceDogs in 2010-11.

As a player, Van Ryn was selected by the New Jersey Devils in the first round (26th overall) of the 1998 NHL Draft and would go on to skate in 353 NHL games, including 27 with the Maple Leafs in 2008-09. He also represented Canada at the 1998 and 1999 IIHF World Junior Championships.



## COACHING STAFF

### CURTIS SANFORD, GOALTENDING COACH



Curtis Sanford enters his second season on the Maple Leafs staff after spending five seasons with the Vancouver Canucks organization. Sanford served as Goaltending Coach with Vancouver's AHL affiliates, the Abbotsford Canucks (2021-22) and Utica Comets (2017-2021), assisting with the development of goaltending prospects at the professional and junior levels.

His coaching career began with the Owen Sound Jr. Attack in 2015-16 and with the Grey Bruce Highlanders AAA in 2016-17.

As a player, the Owen Sound, Ontario native competed for 15 seasons in the NHL, AHL, ECHL and KHL.

He played a total of 144 regular season games with St. Louis, Vancouver and Columbus, was named a second-team AHL All-Star with Hamilton in 2010-11 and earned firstteam KHL All-Star status with Lokomotiv Yaroslavl in 2013-14 before wrapping up his playing career in 2014-15.

## COACHING STAFF

### JORDAN BEAN, VIDEO COORDINATOR AND STATISTICAL ANALYST

Jordan Bean enters his eighth season with the Maple Leafs after originally joining the staff in 2016 as a video analyst.

Before his appointment with the Maple Leafs, Bean spent two seasons with the Kitchener Rangers of the Ontario Hockey League as a video and statistical analyst while also serving as a video analyst with Stathletes.

The Kitchener native also worked with Team Canada Red as a video coach at the 2016 U17 World Hockey Challenge in Sault Ste. Marie in addition to previous stints with Octagon Hockey and the OHL's Guelph Storm.

Bean and his wife, Nicole, have a daughter named Anna.



## COACHING STAFF

### SAM KIM, VIDEO AND COACHING COORDINATOR



Kim enters his fourth season with the Maple Leafs after joining the coaching staff in 2021.

Before arriving in Toronto, Kim spent two seasons as the video coordinator of the Bakersfield Condors, the Edmonton Oilers' American Hockey League affiliate. During his tenure with the Condors, Kim assisted the club's coaching staff with video breakdown, analysis, and scouting in addition to overseeing team service duties including team travel, transaction logistics, and immigration. Prior to his time in Bakersfield, Kim as a video coach with the South Korean Men's National Hockey Team from 2016-2018, which included the team's appearance at the 2018 Winter Olympics in Pyeongchang, South Korea.

Before his stint with South Korea, Kim served as the Video and Statistical Coordinator with the AHL's Springfield Falcons (2015-16), as an assistant coach with the Springfield Pics Junior Hockey Program (2014-15) and with American International College (AIC) as Director of Hockey Operations and a Video Coordinator for the NCAA Division I Yellow Jackets (2012-14).

## COACHING STAFF

### HARRY MAHESH, COACHING DEVELOPMENT CONSULTANT

Harry Mahesh joins the Maple Leafs organization for the 2023-24 season as part of the club's Management and Coaching Development Program. The Vanderhoof, BC native previously spent the 2022-23 season as an assistant coach for the Powell River Kings in the BCHL. Mahesh also led the Winnipeg Freeze (MJHL) as head coach and general manager during the 2021-22 season. A former professional hockey player, Mahesh's career spanned over eight seasons, playing for clubs in Canada, the United States and Sweden. Harry is happily married to his wife Danielle, who is a twotime Canadian Olympian.





## PRESENTERS

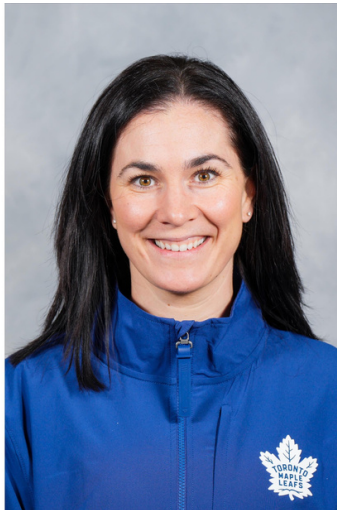
### GREG SCHELL, LEAD HOCKEY DEVELOPMENT INSTRUCTOR



Coach Greg is in his 30th season with the Toronto Maple Leafs, and was appointed to his position in youth & amateur hockey development by Ken Dryden in 2000.

In his current role, Coach Greg has been instrumental in helping shape the future of hockey in Canada by creating best practices for National Hockey League teams through child development hockey programs. He plays an important role as the club's representative to Hockey Canada and is an elected member of the NHL's Youth Development Advisory Board. Coach Greg brings an energy and passion to the ice that is simple unmatched.

### MICHELE MOORE, SKATING CONSULTANT



Michele Moore is a Skating Consultant for the Toronto Maple Leafs. This is her 2nd season with the team, joining in 2022.

Michele specializes in hockey skating foundations, improving players skating tools such as explosive power, quickness, edges & weight transfer to ensure players are well balanced and agile. Once players can master their hockey posture and body mechanics their edge quality, and movement becomes quicker, more powerful, stable and less tiring. Michele was a National Level Figure skater, competing at 9 National Championships in Women's Singles Skating. She has been inducted into the Skate Canada, Hall of Fame.



# PRESENTERS

## LUMENUS | MENTAL HEALTH, DEVELOPMENTAL & COMMUNITY SERVICES

If you need support, or you're a caregiver to a person of any age in need of help, you just found it. Lumenus understands that the system has been challenging to navigate. That ends here. Lumenus removes barriers by offering a broad range of high-quality mental health, developmental, autism and early years intervention services to children, youth, families, and individuals across Toronto.

Through an integrated and collaborative approach, the people at Lumenus will be on your side, doing everything they can to remove the worry and light the path ahead.



# PRACTICE PLAN

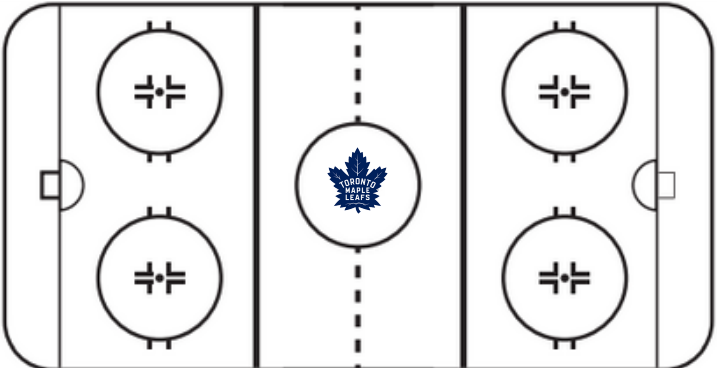
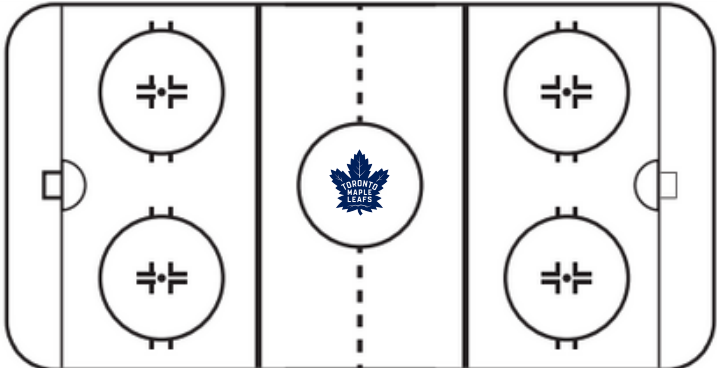
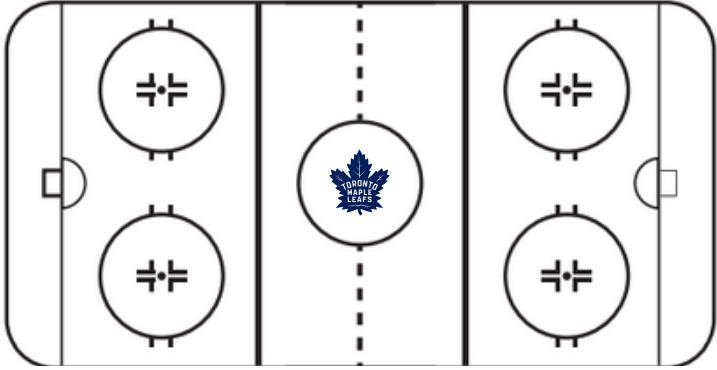
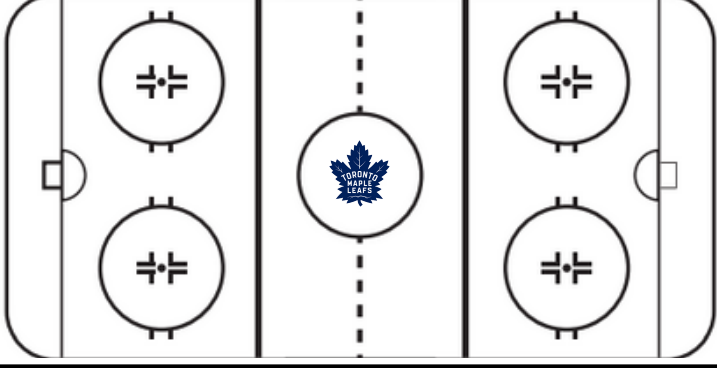
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# PRACTICE PLAN

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TORONTO  MARLIES

# MINOR HOCKEY EXPERIENCES



**LEARN MORE**



FUTURE STARS • FLAG KIDS • ICE RENTALS  
COMMUNITY FESTIVALS • TEAM OUTING • ZAMBONI RIDE



## MLSE LAUNCHPAD

Located in Toronto's urban centre of Moss Park, this 42,000sq ft space serves as an ambitious 'living lab' to explore and measure how sport can help improve the lives of youth. Our three sport courts are home to youth in need of access to a space where they can get moving, get inspired and learn valuable life skills. Our nutrition hub encourages healthy eating habits, the promotion of positive lifestyle choices and a space for hospitality workforce development opportunities. The adventure wall provides youth with a unique way to develop fundamental movement skills. Our wellness room provides a safe, accessible and inclusive space for members and families to speak to professional counselors at no cost. The space includes two private counselling rooms and a comfortable waiting room.



[www.mlselaunchpad.org](http://www.mlselaunchpad.org)

## MLSE FOUNDATION

Since launching in December 2009, MLSE Foundation has invested more than \$45 million into Ontario communities. Using the power of sport as a unifying force, we're committed to helping youth reach their potential and creating more equal playing fields for all. Their vision: Changing lives through the spirit and power of sport. Their mission: Improving the lives of youth by building facilities, giving to sustainable programs and empowering youth through sport and recreation.



[www.mlsefoundation.org](http://www.mlsefoundation.org)

## COACHES ASSOCIATION OF ONTARIO

The Coaches Association of Ontario is an independent, not-for-profit organization providing representation and recognition for coaches in all contexts of sport and recreation. This association is "coach-led" and a leader in the sport community for all coaches in all sports. The Coaches Association of Ontario serves the needs of coaches to create an exceptional, safe and positive experience for all athletes and participants at every stage of their sport participation.



[www.coachesontario.ca](http://www.coachesontario.ca)

## WHITE RIBBON

The white ribbon campaign is a global movement of men and boys working to end male violence against women and girls. The organization was formed in 1991 by a group of pro-feminist men in London, Ontario. White Ribbon continues to work to promote gender equity, healthy relationships, and a new vision of masculinity.



[www.whiteribbon.ca](http://www.whiteribbon.ca)

## LUMENUS

Lumenus removes barriers by offering a broad range of high quality mental health, developmental, autism and early years intervention services to children, youth, families, and individuals across Toronto.



[www.lumenus.ca](http://www.lumenus.ca)



## CONNECT WITH US



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MLSE SPORT DEVELOPMENT



WWW.LEAFSDEVELOPMENT.COM

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## OUR OTHER PROGRAMS



### LEAFS HOCKEY SCHOOL

Leafs Hockey School is a unique week-long camp led by our Hockey Development Staff.

Leafs Hockey School is a recreational/intermediate level camp that welcomes players of all ability levels. Participants will have fun, step outside their comfort zone, learn and improve upon their hockey skills while also continuing to develop their fundamental movement skills. LHS is designed to provide young athletes with an all-around professional hockey camp experience both on and off the ice.



### LEAFS CLINIC SERIES

The Leafs Clinic Series are unique training sessions that offer an exciting opportunity for youth to participate in ice-hockey and ball hockey clinics led by our Hockey Development staff.

Participants will have fun, step outside their comfort zone, learn and improve upon their hockey skills through an ice hockey session while also continuing to develop their fundamental movement skills by participating in cross-sport training.





**COACHES**  
ASSOCIATION OF  
ONTARIO

The Coaches Association of Ontario is an independent, non-profit organization that supports coaches from community to high performance across all sports in Ontario. No membership required.

**COACHES  
HELPING  
COACHES**



#### WHAT WE CAN DO FOR YOU

The CAO works to provide coach development funding opportunities and events that improve support, recognition and representation for all coaches in Ontario.



See how we can help your coaching journey below!



#### DEVELOPMENT

- NCCP Training
- Coaching Resources
- Mentorship Programs
- Coach2Coach Webinars

#### FUNDING

- Coaching Enhancement Funding
- NCCP Coach Bursaries
- Coaching Apprenticeships
- Coach Salary Support

#### EVENTS

- Coaching Leadership Summits
- Coaching Excellence Awards
- National Coaches Week
- NCCP Super Clinics

Visit [coachesontario.ca](http://coachesontario.ca) and sign up for our mailing list today!

