



**NEW SEASON**



We're thrilled to have you as part of our Five Stars family! Get ready for an amazing season filled with growth, teamwork, and unforgettable memories. Together, we will continue building champions on and off the court.

In order for them to reach their highest potential, we will have to set some expectations, rules and guidelines in place.

**ELEVATE THE GAME**

**RISE HIGHER. PLAY HARDER. SHINE BRIGHTER.**

# 2025-2026 SEASON STRUCTURE

## Season structure

Our 2025 Club Season officially begins on Monday, October 27th.

During the first week, all players will complete measurements and performance evaluations to help our coaches track individual growth and development throughout the season.

Each athlete's progress will be measured in areas such as:

- Vertical jump
- Speed and agility
- Arm swing velocity
- Serve consistency
- Reaction time
- Overall conditioning

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# 2025-2026 PARENTS MEETING

## *Parents meeting details*

Parents and players are required to attend our  
Parent Meeting on:

Date: **October 17th**

Time: **7: 00 pm**

Location: Virtual meeting by Zoom

At this meeting, we'll review:  
Season schedule and expectations  
Payment plan and paperwork  
Uniform fittings  
Communication procedures

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# 2025-2026 FORMS

## *Administrative and legal forms*

To complete registration and ensure compliance:

- Player/Parent Agreement – code of conduct, attendance, and behavior expectations needs to be online,.
- Media Release Form – Parents consent for photos/videos on social media. At registration time.
- Medical Release and Liability Waiver – emergency contact needs to be add it on the registration form

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# 2025-2026 COMMUNICATIONS

## *Communications & operations*

- SportEngine Team Access Instructions –
- All communication will be via the Sports Engine app, or the coaches email.
- The best way to contact us is via a Sports engine message.
- Tournaments schedules will be made available the Wednesday the week of the scheduled tournament. Coaches will share the schedule via Sports Engine Chat.
- Any player complaints must be addressed with the coach first. If the player is not satisfied with the results, the Coach, player and parent will meet. If this still doesn't resolve the issue a meeting can be scheduled with the coach, player, parent and Club Director.
- Parents with any issues or complaints are not allowed to speak to the coaches until 48 hours after the last game of the tournament.
- Team Mom : needed per team.

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# 2025-2026 UNIFORMS

## *Uniforms and Gear details*

- Uniform Order Form – includes jersey sizes, warm-up, shorts, and backpacks. Players need to go to our Five Stars onsite store to fill out their uniform order form.
- Spirit Wear & Optional Gear Order Sheet – hoodies, bags, arm sleeves, etc. You can find it on our onsite store or on our website.

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# 2025-2026 PRACTICE

## *Practice*

- The Season runs from October 27th of 2025 - July of 2026
- The boys will have two practices a Week , sometimes 3 times.
- All practices are MANDATORY unless excused by the doctor, or previously discussed with the Coach.
- Any unexcused practices may result in a player's inability to participate in the upcoming tournament, as it is not fair to the players that show up to practice.
- Please assure players are wearing their practice shirts to all practices. If you need extras they may be purchased at our merchandising store for \$25.
- Parents are NOT allowed to talk to the coach during practice. In case of an emergency, sickness, or injury, please make the front desk staff aware and they will relay the message to the coach for you.
- No open drinks or Stanley cups with straws are allowed on the bench or court.

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# 2025-2026 TOURNAMENTS pt.1

## Tournaments

- Tournament essentials: All jerseys, shorts, socks, volleyball shoes, knee pads (optional), water bottle, snacks, and a volleyball backpack to keep belongings together.
- Players will need to arrive at all tournaments an hour before the first game they play or ref.
- Parents are not allowed to talk to players or coaches during games. We are here to coach your children and we need them to be focused on what we're saying.
- Parents are not allowed to yell negative comments or critiques to the players. Positivity only!
- Team bonding is required for all players at all travel tournaments. The team mom will coordinate at least one team bonding experience per travel tournament. It could be a meal or an activity.
- Everyone is required to ref, or be at the reffing table. They must stay together as a team, as it is unfair to everyone else if one player doesn't participate. Refing is a great opportunity to scout the other teams we are playing.

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# 2025-2026 TOURNAMENTS pt.2

## Tournaments

- The coach must be made aware ASAP if there are any tournaments you plan on missing.
- Stay and Play: You are required to book through the links provided , or the team could be removed from the tournament. This is not a club policy, but a tournament policy.
- Keeping a positive attitude during games matters. It is expected that every athlete participates in cheering on their teammates, on or off the court.
- Good Sportsmanship: Absolute zero tolerance of bad sportsmanship. Do not yell at players, coaches, or refs. This goes for athletes and parents. If parents break this rule, you will be removed from the court, and your ticket(s) will NOT be refunded. If the players break this rule, they will be subbed out.

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# 2025-2026 TOURNAMENTS pt.3

*Tentative tournaments*

Nov. 23,2026	Boys Kick off	Apopka	Boys 12-14U	Boys 16U	Boys 18U
Dec. 7th,2026			Boys 12-14U	Boys 16U	
Dec. 6-7,2025	JJVA Boys Jingle Ball Classic	Jacksonville			Boys 18U
Jan. 10-11, 2026	NIKE Florida Winter Volleyball Festival	Daytona		Boys 16U	Boys 18U
Jan 2018	FSVC Winter Classic	Apopka	Boys 12-14U		
Jan. 24-26,2026	Florida Fest	Orlando			Boys 18U
Feb.22	Volleyball Stars	Apopka	Boys 12-14U	Boys 16U	Boys 18U
Mar.8	FSVC Wet & Wild Fest	Apopka	Boys 12-14U	Boys 16U	Boys 18U
Apr 2018	Smash Challenge	Apopka	Boys 12-14U	Boys 16U	Boys 18U
May 9-10, 2026	FTS May Boys	Tampa			Boys 18U
May 23-24, 2026	WP Memorial Day Classic	Winter Park		Boys 16U	Boys 18U
June 6-7, 2026	Battle of the Bay	Winter Haven			
June 13-14	Buccaneers Bash	Winter Heaven		Boys 16U	Boys 18U
July.2026	AAU Nationals	Orlando		Boys 16U	Boys 18U

# 2025-2026 FOUNDATION

## FSVC *Foundation*

- FSVC is proud to announce that we will be raising money for kids who cannot afford club volleyball. Our team is required to raise a minimum of \$500 for the foundation.
- We will learn more about this later, but it is a great opportunity to help these kids out.

# 2025-2026

# NO PRACTICE DAYS

*No practice days*

- Thanksgiving week. Practice only if you have a tournament the same weekend.
- Holiday Break goes from December 19th to January 4th.
- Martin Luther King Day- January 19th.

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