



PRESENTATION TO ROSEAU RIVER ANISHINABE FIRST NATIONS COUNCIL AND MEMBERS

Rugby in full swing at Roseau Valley

Cassidy Dankochik
Red River Valley Echo

The Roseau Valley Raiders Junior Varsity Rugby team got a chance to kick off their exhibition schedule on May 2, as they played Sisler High School. While the team lost all three games played, head Coach Kerry Peterson liked the way the team played, especially when they didn't have the ball.

"It was a little bit messy of a game, but overall, it was good," he explained after the games. "Overall the tackling was pretty good, our defense as well. Offense we were a little shaky."

Every game played was close, with each game played decided by one try or less. One game was decided by the kicking game, which is something Peterson expects to improve, as his Junior Varsity team gets more experience kicking.

"It's a drop kick, so it's a little bit different than kicking off of a tee," he said. "They've never kicked a ball except for the practice before (these) games."

The Rugby program at Roseau Valley has been established for nine years, and Peterson explained that a big goal of the Junior Varsity squad is to get them ready for Varsity games.

"We're a fairly small school," he explained. "Sisler high school has 1,000 students, and we have under 200 students in our high school."

With 22 students playing Rugby, 10 per cent of the student body is playing rugby, with the school attempting to establish a culture of sport in Dominion City, where their home games are played.



Cassidy Dankochik Red River Valley Echo
Photos from the Roseau Valley-Sisler games on May 1.



We would like to begin by acknowledging that we are in Treaty 1 territory and that the land on which we gather is the traditional territory of Anishinaabeg, Cree, Oji-Cree, Dakota and Dene Peoples, and on the homeland of the Métis Nation.



INTRODUCTION OF PRESENTORS

Kerry Peterson

Teresa Sanderson



MISSION STATEMENT

To develop and spread the sport of rugby union within the indigenous community through consistent and high quality youth programming with the goal of developing a inclusive and sustainable high performance and youth program.

GOALS

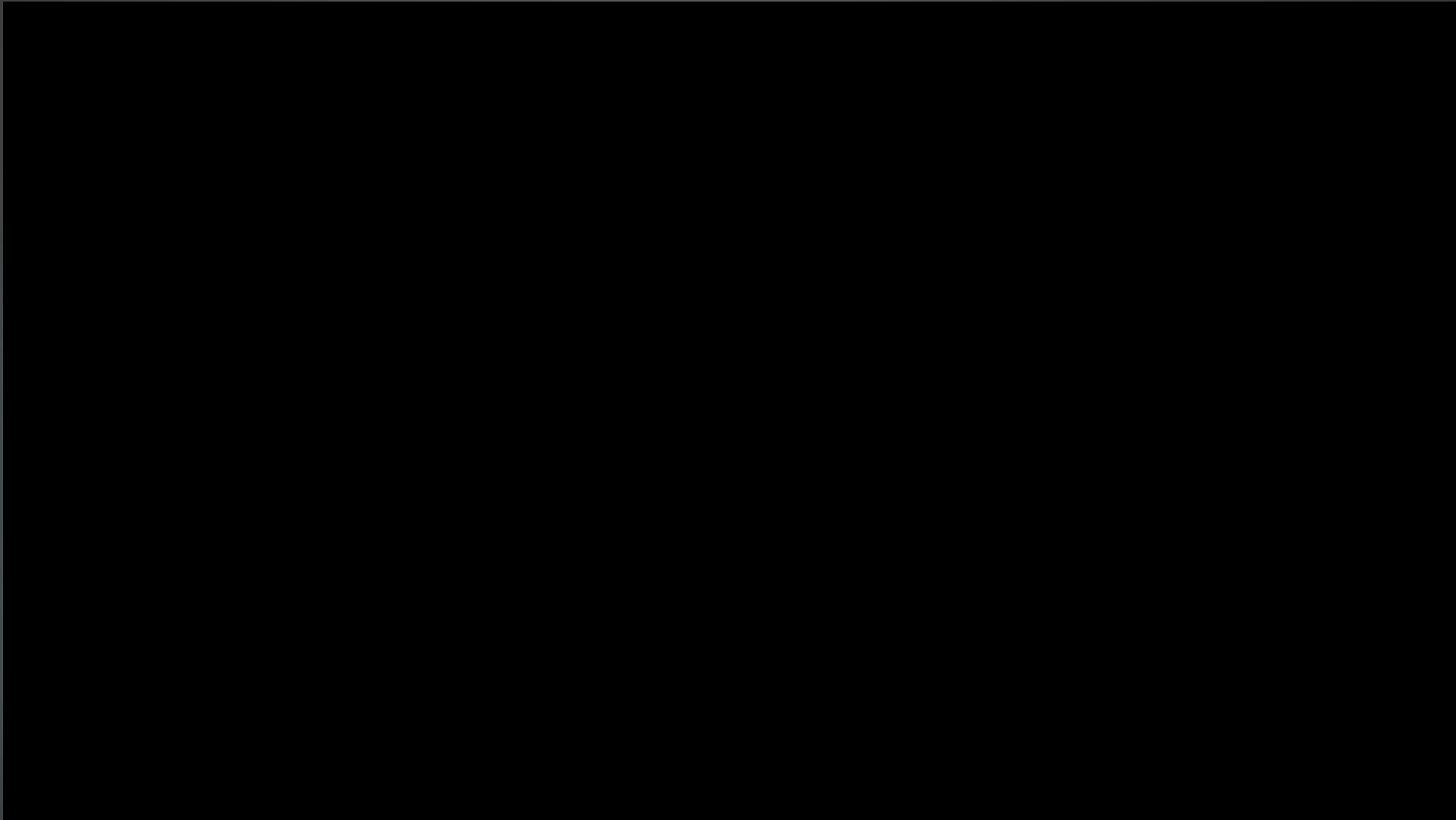
- Connect to the seven teachings
- Develop a program for the 2020 NAIG
- Make connections with Indigenous partners to help foster the growth of the game
- Manitoba summer games
- High performance Touring side – Canadian prairies
- Promoting a positive inclusive environment
- Promote mental, emotional, spiritual and physical well being
- Rugby as a uniting appeal between north, south, east and west
- Sharing of stories from our current Indigenous members in rugby

WHAT IS RUGBY?

Rugby is a team sport that delivers significant social and health benefits. It can also be a physically demanding sport and players should be physically and mentally prepared, and understand how to play safely. It is the responsibility of all - players, coaches and parents - to ensure that a positive, safe, enjoyable environment is created where

ALL players will be able to reach their fullest potential, and that – whatever form of the game you play - the training and education materials and equipment are there to support everyone in creating that environment.

WHAT IS RUGBY?

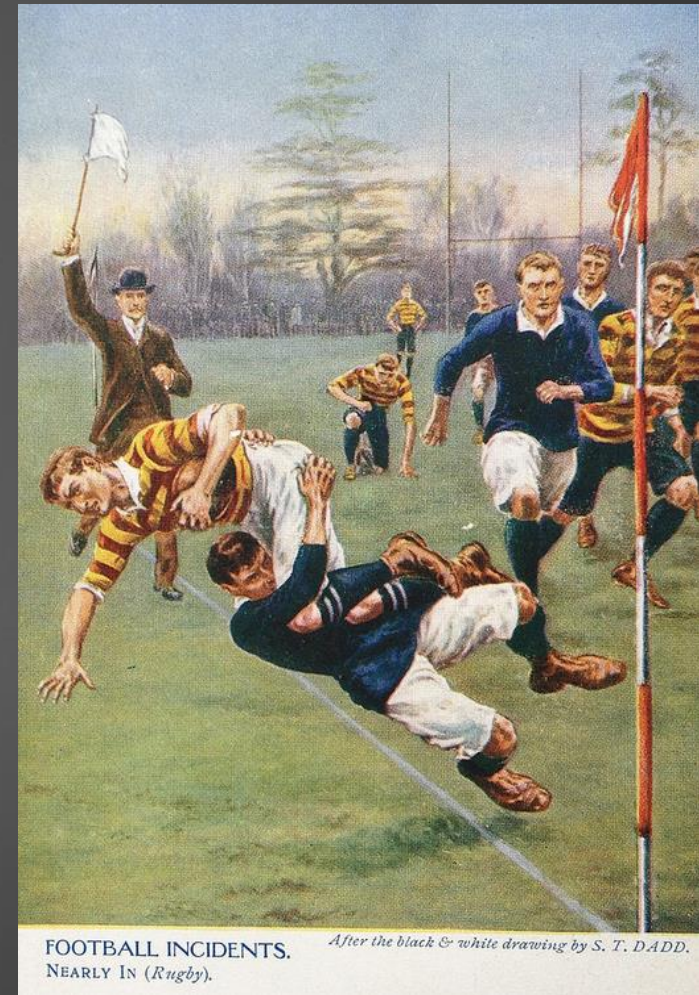


RUGBY HISTORY

The Greeks and Romans are known to have played many ball games, some of which involved the use of the feet. These games appear to have resembled rugby football.

Folklore states that a schoolboy invented rugby by picking up and running with the ball during a football match. In the 1820s, boys at Rugby school in England began running with ball in hand, and this gradually became an integral part of their game.

The game gained popularity through the influence of former Rugby pupils who introduced it where they lived and worked. Soon 'rugby clubs' were being established throughout Britain and the colonies but, as with early football (soccer), there were considerable variations in the rules.



LAWS OF THE GAME



The World Rugby Law Book is published each year. It is available online at laws.worldrugby.org where you can download the Laws in PDF format and take a test to check your Law knowledge.

The Laws of Rugby are developed with two central principles in mind: firstly, to allow players to play within the Spirit of the Game, and secondly, to protect the welfare of all players.

Sometimes World Rugby trials changes to the Laws, before deciding whether those changes should be implemented on a global basis and accepted into full Law. Law trials may apply only in a certain region or, for example, only the northern or southern hemisphere.

EVOLUTION OF THE SCRUM

A **scrum** (short for **scrummage**) is a method of restarting play in rugby that involves players packing closely together with their heads down and attempting to gain possession of the ball.

The scrum is utilized after an accidental infringement during play.

15'S RUGBY

In the traditional form of the game, players are introduced to the full game of Rugby, the core of the sport. Now they can enjoy all the intricacies of the game and try out different positions in the team.

Depending on factors such as age and experience, a player may play in several positions before they settle in one that suits best.



7'S RUGBY

Rugby Sevens is now an Olympic sport with its first appearance at the 2016 Olympic Games in Rio.

The major difference is the duration of a game. A regular game of rugby lasts 80 minutes whereas a game of sevens is only seven minutes each way. Many of the technical intricacies of rugby are not relevant to sevens. Firstly at set piece. A scrum only consists of 3 people and is seen as a way of restarting a game rather than the tactical battle it has become in the fifteen a-side game.

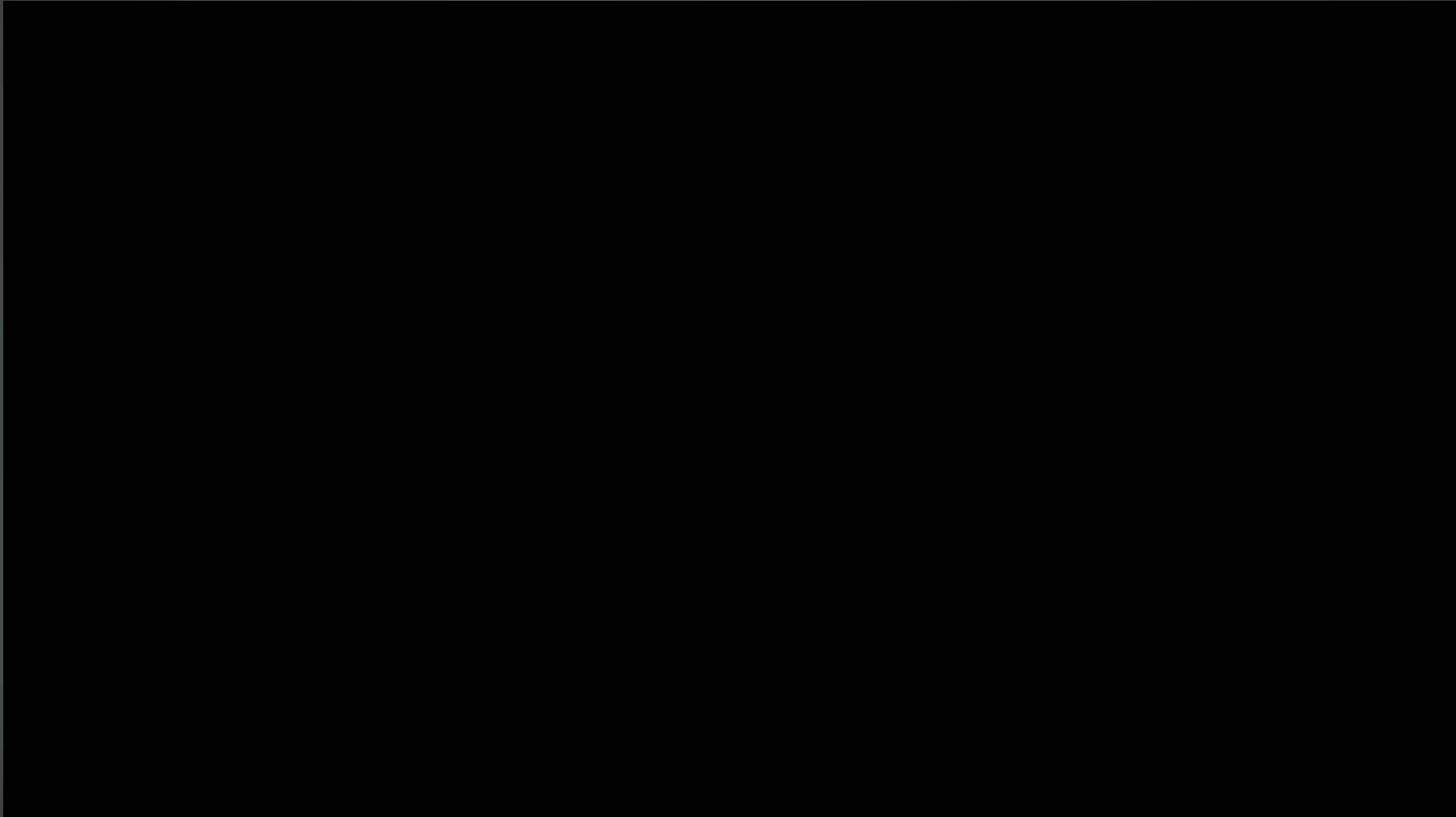
Similarly lineouts only have three people which cuts out any driving mauls, another hugely technical part of rugby.

Secondly, fewer players on the pitch also affects the breakdown. The general principle in fifteens is that the ball carrier is supported by three or four players whereas in sevens it is only one support player.

Because Sevens is played on a full-sized rugby pitch but with less than half the normal number of players (seven against seven, instead of 15 against 15), there is a large amount of space to run in. This makes it a very fast and exciting variation of the game demanding huge levels of fitness.



7's RUGBY



VALUES IN RUGBY

In 2009 the World Rugby member unions identified integrity, passion, solidarity, discipline and respect as the defining character-building characteristics of rugby. These are now collectively known as the World Rugby values and are incorporated within the World Rugby Playing Charter, a guiding document aimed at preserving rugby's unique character and ethos both on and off the field of play.

The core values enable participants immediately to understand the character of the games and what makes it distinctive as a sport which is played by people of all shapes and sizes.

TOO SMALL TO PLAY RUGBY



VALUES IN RUGBY

INTEGRITY:

Integrity is central to the fabric of the game and is generated through honesty and fair play.



VALUES IN RUGBY



PASSION:

Rugby people have a passionate enthusiasm for the game. Rugby generates excitement, emotional attachment and a sense of belonging to the global rugby family.

VALUES IN RUGBY

SOLIDARITY:

Rugby provides a unifying spirit that leads to life-long friendships, camaraderie, teamwork and loyalty which transcends cultural, geographic, political and religious differences.



VALUES IN RUGBY



DISCIPLINE:

Discipline is an integral part of the game both on and off the field and is reflected through adherence to the laws, the regulations and rugby's core values.

VALUES IN RUGBY

RESPECT:

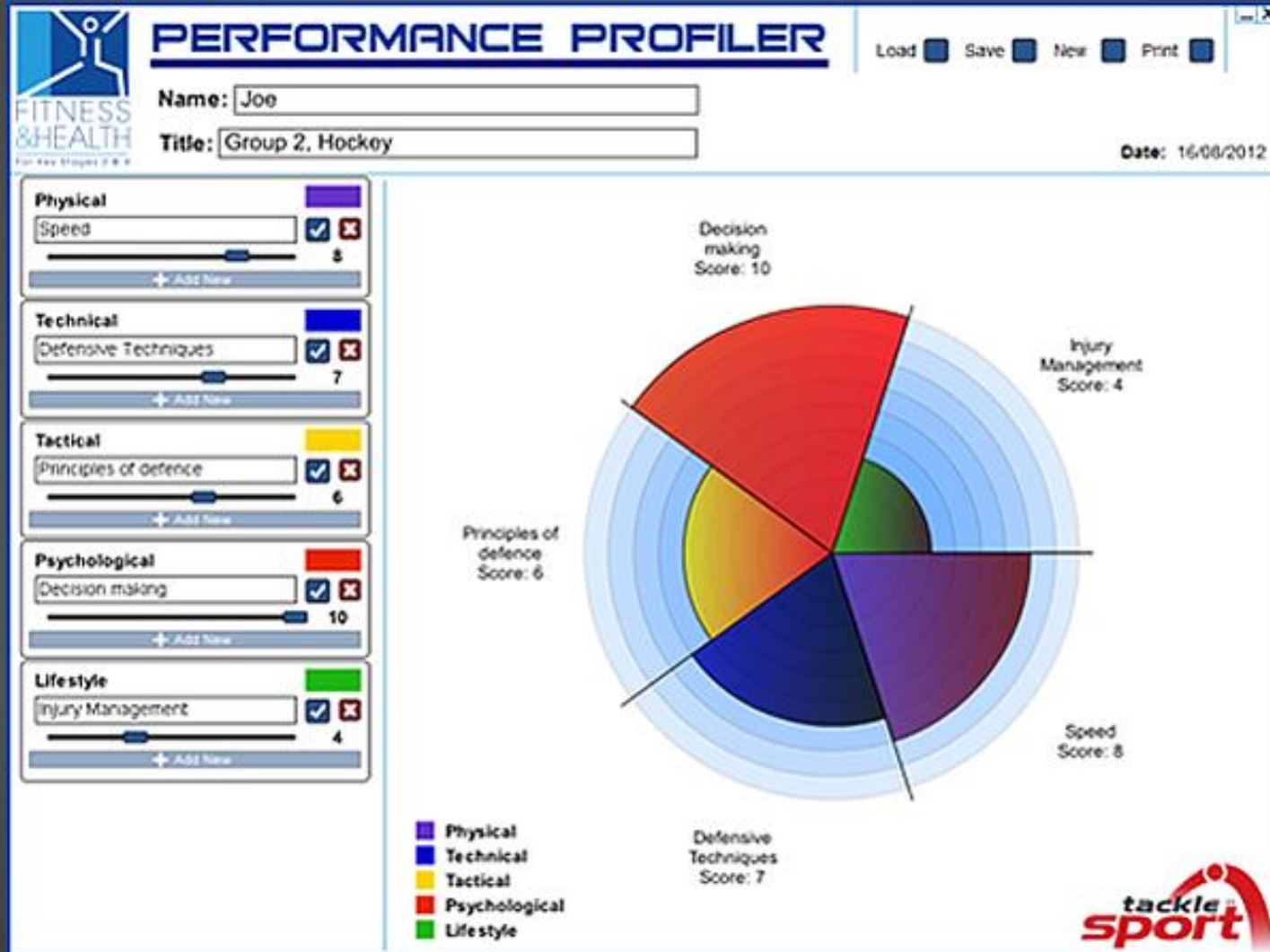
Respect for team-mates, opponents, match officials and those involved in the game is paramount.



PLAYER WELLNESS



PLAYER WELLNESS



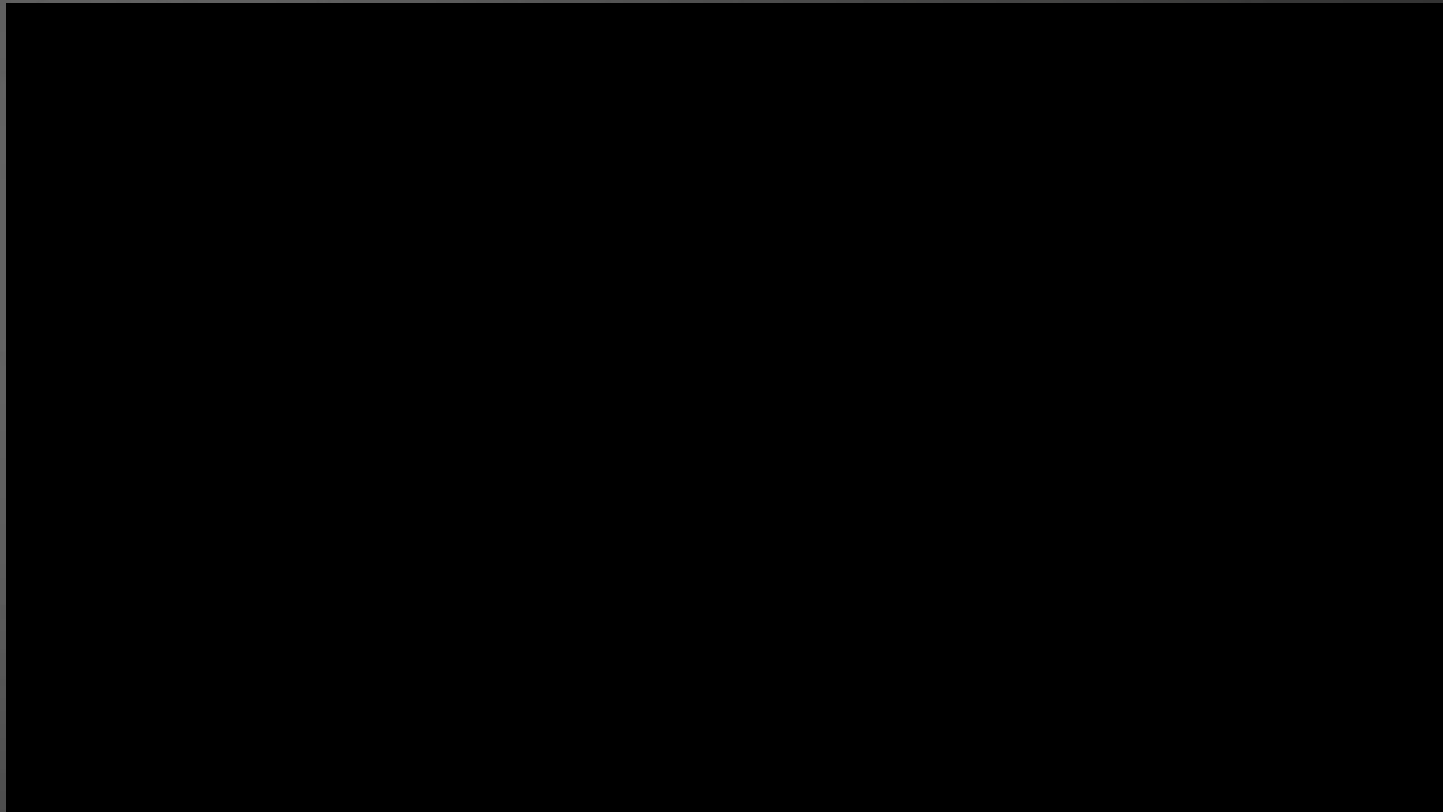


OPPORTUNITIES THROUGH RUGBY

MANDY MARCHAK:

Mandy began her rugby career in Manitoba playing for Grant Park High School. She went on to play in the Provincial program where she was scouted to the National team based out of B.C.

Mandy has gone on to stand as one of Canada's most capped Women players. Mandy is currently coaching with the National program for U16, U18 and University 7's.





OPPORTUNITIES THROUGH RUGBY

Cree Crowchild:

Dougie Stevenson:

Rob Turk:

NEW ZEALAND

Rugby union was introduced to New Zealand by Charles Monro in 1870; Monro discovered the sport while completing his studies at Christ's College, Finchley, England. The first recorded game in New Zealand took place in May 1870.

The **New Zealand national rugby union team**, called the **All Blacks**, represents New Zealand in men's rugby union, which is known as the country's national sport. The team has won the last two Rugby World Cups, in 2011 and 2015, as well as the inaugural tournament in 1987.

They have a 77% winning record in test match rugby, and are the only international side with a winning record against every opponent. Since their international debut in 1903, they have lost to only six of the 19 nations they have played in test matches. Since the introduction of the World Rugby Rankings in 2003, New Zealand has held the number one ranking longer than all other teams combined

NEW ZEALAND

THE HAKA:

A haka is a traditional dance of the Māori people of New Zealand and the New Zealand national rugby union team, the "All Blacks", and a number of other New Zealand national teams perform before their international matches. Some non-New Zealand sports teams have also adopted the haka

B.C. THUNDER

THUNDER ROOKIE RUGBY 2018 SPRING PROGRAM

WHERE: Cowichan Rugby Club

WHEN: Wednesdays, 6-7pm
May 16, 23, 30 and June 6, 13

TO REGISTER: Stop by the centre for registration or program information. No equipment needed - Just bring indoor gym wear

QUESTIONS? Contact Dano Thorne
(Dano.Thorne@cowichantribes.com)
or Tony LaCarte (tony@bcrugby.com)

COST: FREE

FOR BOYS & GIRLS AGED 7-14



Phil Mack,
member of Toquaht Nation &
Canadian National Team Player



Thunder Camp & Thunder 7s At Shawnigan Lake

Camp: aimed at U16–U18 Thunder girls & boys
Wednesday–Thursday, July 4-5

\$200 per participant before June 1, \$225 after
• Camp sponsorship available

Tournament (U16–U18 boys & girls)

Friday–Saturday July 6-7

\$150 registration

To register or more information, contact John @ jlyall@thunderrugby.ca

*Thank you to our amazing
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SHAWNIGAN



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A DIVISION OF FIRST WEST CREDIT UNION





NEW BRUNSWICK SPRUCE

Indigenous Spruce Rugby teams sent boys and girls teams to compete in national tournament March 2018.

After including the sport in the 2017 New Brunswick Indigenous Summer Games, there was a push on to grow the sport.

In less than a year, coaches from across the province recruited Indigenous players and began developing two under-18 teams to compete against Canada's best in Vancouver in March, 2018.

14-year-old Hannah Vicaire likes the tackling. "I didn't know I was going to go this far in rugby at all," she said.





ROSEAU RIVER RUGBY FESTIVAL

Day 1:

Introduce the older kids to the Rookie Rugby program. Have them engaged to then help coach with the remainder of the festival.

Day 2 and 3:

Have all ages running with a rugby ball.

Rookie Rugby and flag rugby being played.

Introduction to contact with the older age group.

During the festival:

Lunch and snacks will be provided.

Health and wellness for sport and activity will be a clinic within the festival.

We are seeking permission for the Rugby Festival to be held over three day at Roseau Valley Field and for use of equipment.



INVITATION

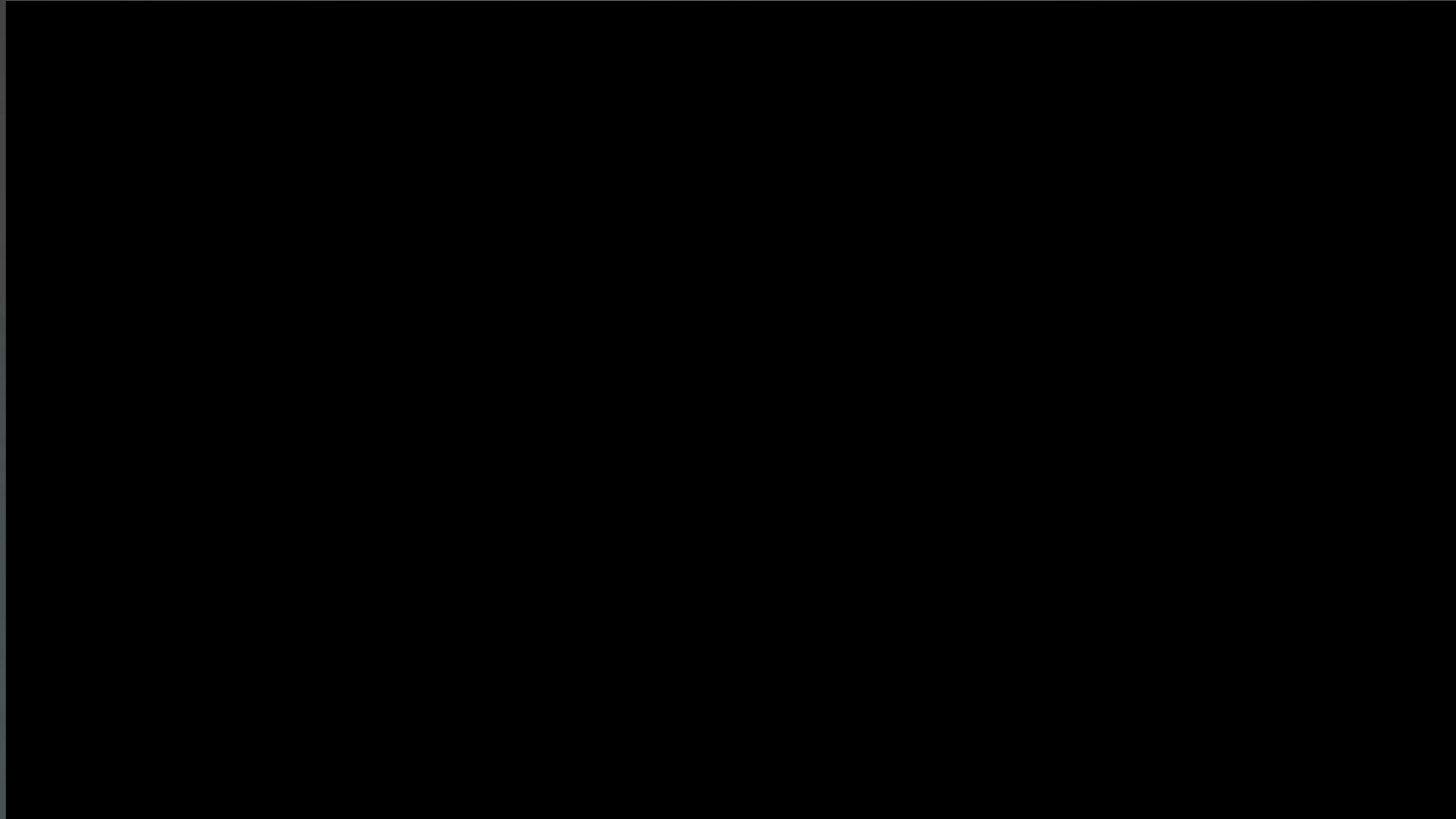
Where: Roseau Valley School

What: Varsity Boys Rugby 7's

When: Monday May 28, 2018

Time: 4:30-6:30pm





THIS CONCLUDES THE PRESENTATION
THANK-YOU