

USA/NJ 2024 Scholastic State Championships

NEW FOR 2024: QUALIFIERS FOR GIRLS DIVISIONS

- Five regional qualifier tournaments: Toms River, Randolph, Old Bridge, North Hunterdon and Upper Township. See next page for dates and other details. **ALL GIRLS ADVANCE TO STATES**, up to 27 per bracket: Seeding in the State Championship Tournament will be based on qualifier placement
- Registration process same as in boys (formerly Kids) divisions – **fees for qualifiers only; no advancement fee for States.**
- No weight brackets will be combined; girls will compete in their age/weight appropriate bracket.
- State placement awards up to 8th place.

2024 Divisions and Weight Classes

Divisions	Birth Years	Weight Classes	Period Match Times
Boys, Tot	2017 – 2018	37-41-45-49-53-57-61-65-70-80	1 – 1 – 1
Boys, Bantam	2015 – 2016	45-50-55-60-65-70-75-80-85-95-110-130	1 – 1 – 1
Boys, Novice	2013 – 2014	50-55-60-65-70-75-80-85-90-95-100-110-125-145-170	1 – 1½ – 1½
Boys, Junior	2011 – 2012	60-65-70-75-80-85-90-95-100-105-112-120-128-136-144-160-185-220	1 – 1½ – 1½
Boys, Intermediate	2009 – 2010	75-80-85-91-98-105-112-120-128-136-144-152-160-175-190-215-275	1 – 1½ – 1½
HS Cadets	2007 – 2008	91-98-106-113-120-126-132-138-145-152-160-170-182-195-220-285	1 – 1½ – 1½
Girls, Tot	2017 – 2018	41-45-50-55-60-70-80	1 – 1 – 1
Girls, Bantam	2015 – 2016	45-50-55-60-65-70-75-80-90-100-110	1 – 1 – 1
Girls, Novice	2013 – 2014	50-55-60-65-70-75-80-85-90-95-100-110-120-130-145	1 – 1½ – 1½
Girls, Junior	2011 – 2012	60-65-70-75-80-85-90-95-101-105-110-119-127-136-145-185	1 – 1½ – 1½
Girls, Intermediate	2009 – 2010	75-80-85-91-98-106-112-117-122-127-132-138-144-152-164-180-200	1 – 1½ – 1½
Girls, HS Cadets	2007 – 2008	94-100-107-114-120-126-132-138-145-152-165-185-235	1 – 1½ – 1½

How to Register

- Current USA Wrestling card required to register. Card must be presented at weigh-in. For a current USA Wrestling card, visit www.usawmembership.com, or follow the links during the registration process.
- Register using the regional qualifier tournament links on the next page, or on arena.flowrestling.org.
- Registration fee \$50.00 per qualifier, up through Wednesday before qualifier. Late registration \$60.00.
- Walk-in registration is only at qualifier weigh-ins (not on tournament day) on a space-available basis. \$60.00 cash only.
- There is only a fee for the regional qualifier tournaments. There is no fee for the State Championship (exception: HS Cadets register directly for the State Championships, with a \$50.00 fee. There are no Cadet qualifiers.)

Qualification for State Finals

- Top 3 wrestlers in each qualifier bracket advance to the state championships.
- Wrestlers who qualify may not change weight class for the state championships.
- See Tournament Rules page for more specific details.

STATE FINALS TOURNAMENT: March 9-10, Cure Insurance Arena, Trenton

- **Session 1:** Saturday 3/9/24, 9:00 AM Juniors & Intermediates,
- **Session 2:** Saturday 3/9/24, 1:00 PM Cadets & Girls
- **Session 3:** Sunday 3/10/24: 9:00 AM Tots, Bantams & Novices

Championship Weigh-Ins:

- **All** state-championship weigh ins are the morning of the tournament, at the arena in Trenton. There are no satellite weigh-ins.
- Juniors, Intermediates: 3/9 from 6:30 – 8:00 AM
- Girls, Cadets: 3/9 from 11:00 AM – 12:00 PM
- Tots, Bantams, Novices: 3/10 from 6:30 – 8:00 AM

Venue: CURE Insurance Arena

81 Hamilton Avenue
Trenton, NJ 08611
[Directions Here](#)

Doors open at 6:00 AM for wrestlers,
6:30 AM for spectators

USAW/NJ 2024 Regional Qualifier Tournaments

Tournament Sites, Dates, and Registration:		Weigh-Ins and Start Times:
Toms River East High School , Toms River, NJ 08753 Sunday, January 7, 2024 ; Max Entries 400 ; Director – Jason Prior trwcnj@gmail.com Register Online for Toms River Qualifier...		Weigh Ins: Saturday, January 6, 2:00 – 5:00 PM Weigh In: Toms River HS East – Directions... Tournament Start Time: 8:00 AM, ALL DIVISIONS
Washington Township High School , Sewell, NJ 08080 Sunday, January 14, 2024 ; Max Entries 400 ; Director – Al Lucia alucia831@gmail.com Register Online for Washington Twp Qualifier...		Weigh In: Saturday, January 13, 4:00 – 7:00PM Weigh In: Washington Twp. HS – Directions... Tournament Start Times (split sessions): 8:00 AM, Tots/Bantams/Intermediates 11:30 AM, Novices/Juniors
Randolph High School , Randolph, NJ 07869 Sunday, January 14, 2024 ; Max Entries 400 ; Director - Samantha Treston, streston@usawnj.net Register Online for Randolph Qualifier...		Weigh Ins: Saturday, January 13, 4:00 - 6:00 PM Weigh In: Randolph HS Field House – Directions... Tournament Start Times (split sessions): 8:00 AM, Tots/Bantams/Intermediates 12:00 PM, Novices/Juniors
Old Bridge High School , Matawan, NJ 07052 Sunday, January 21, 2024 ; Max Entries 600 ; Director – Janos Sagi OldBridgeUSAWqualifier@gmail.com Register Online for Old Bridge Qualifier...		Weigh Ins: Saturday, January 20, 5:00 – 7:00 PM Weigh In: Old Bridge HS (Door #8) – Directions... Tournament Start Time (split sessions): 8:00 AM, Tots/Bantams/Intermediates 11:30 AM, Novices/Juniors
North Hunterdon High School , Annandale, NJ 08801 Sunday, January 28, 2024 ; Max Entries 500 ; Director – Mike Raley NorthLions.Wrestling@gmail.com Register Online for North Hunterdon Qualifier...		Weigh Ins: Saturday, Jan 27, 6:00 – 8:00 PM Weigh In: N. Hunterdon HS – Directions... Tournament Start Times (split sessions): 8:00 AM, Tots/Bantams/Intermediates 11:30 AM, Novices/Juniors
Lakeland Regional High School , Wanaque, NJ 07465 Sunday, February 4, 2024 ; Max Entries 200/session ; Director – Justin Naddeo LakelandJrWrestling@gmail.com Register Online for Lakeland Qualifier... SPLIT SESSION Weigh-ins are at St. Francis of Assisi School, 868 Ringwood Ave, Haskell, NJ 07420		Weigh Ins: Sat, Feb 3, Split Session Weigh-Ins St. Francis of Assisi School, Haskell, NJ 8 AM Int; 9 AM Jr; 10 AM Nov; 11 AM Tots/Bantams; Directions... Tournament Start Times (split sessions): 8:00 AM, Tots/Bantams/ Intermediates 12:00 PM, Novices/Juniors
Upper Twp. Middle School , 525 Perry Rd, Petersburg, NJ 08270 Sunday, February 18, 2024 ; Max Entries 250 per session ; Directors – Joe Cunningham, jcunningham@usawnj.net , 609-231-8528 NO CALLS AFTER 9 Register Online for Upper Twp. Qualifier...		Weigh Ins: Saturday, Feb 17, 6:00 – 8:00 PM Weigh In: Upper Twp MS – Directions... Upper Twp MS, 525 Perry Rd, Petersburg, NJ 08270 Tournament Start Time (split sessions): 8:00 AM, Tots/Bantams/Intermediates 11:30 AM, Novices/Juniors
Howell High School , Howell HS, Farmingdale, NJ 07727 Sunday, February 25, 2024 ; Max Entries 450 ; Director - Ted Lindemann theolind@optonline.net Register Online for Howell Qualifier...		Weigh Ins: Saturday, Feb. 24, 1:00 – 3:00 PM Weigh In: Howell HS – Directions... Tournament Start Times (split sessions): 8:00 AM, Tots/Bantams/Intermediates 11:30 AM, Novices/Juniors
Fair Lawn High School , Fair Lawn, NJ 07410 Sunday, March 3, 2024 ; Max Entries 600 ; Director - Rick Puerto rpuerto@usawnj.net Register Online for Fair Lawn Qualifier...		Weigh Ins: Saturday, March 2, 5:00 – 8:00 PM Weigh In: Thomas Jefferson MS - Directions... Tournament Start Times (split sessions, 6 mats): 8:00 AM, Tots/Bantams/Intermediates 11:30 AM, Novices/Juniors

STATE FINALS TOURNAMENT: March 9-10, Cure Insurance Arena, Trenton:

- **Session 1:** Saturday 3/9/24, 9:00 AM Juniors & Intermediates,
- **Session 2:** Saturday 3/9/24, 1:00 PM Cadets & Girls
- **Session 3:** Sunday 3/10/24: 9:00 AM Tots, Bantams & Novices

USAW/NJ Scholastic Tournament Rules for 2023-24

Eligibility, Registration and Qualifying

- Any New Jersey resident, or any wrestler who goes to school in New Jersey and is released by his home state's USA Wrestling governing body, may participate in the New Jersey regional qualifier tournaments and state championship tournaments.
- All wrestlers must have a current USA Wrestling membership in order to register and compete in any qualifier or the state tournament.
- Wrestlers may only compete in the one appropriate division for their age and gender.** Wrestlers attending high school may only compete in the HS Cadet division. Furthermore, HS Cadet wrestlers must not have advanced beyond the NJSIAA district tournament for their school.
- To advance to the state championship tournament, a wrestler must place in the top three of their weight class in any one of the regional qualifying tournaments.
- A wrestler may enter as many regional tournaments as they wish. **However, once a wrestler has qualified for the state championship tournament, they cannot wrestle at any other regional tournament.** Violation of this rule may result in automatic disqualification from the state championship tournament. (Exception: if a wrestler is injured in a regional tournament and is unable to compete in the medal round, that wrestler may be allowed to compete in a future regional tournament only with a note from a licensed medical professional. Approval of the USAW-NJ Kids Scholastic Chair is also required.)
- Each wrestler must designate their Club/Team/Town (**only one** may be selected) during registration for a regional qualifier. Club/Team/Town will be used to separate wrestlers during the first round of competition if possible. There will be no changing of Club/Team/Town once the qualifier has begun. It is the responsibility of the parent and/or coach to ensure the correct Club/Team/Town is designated.

Weigh Ins

- Weigh-in dates and times for regional qualifier tournaments are published on the event flyer. Weigh-ins for the state championship tournament are held on-site on the morning of each day's wrestling.
- All wrestlers must present a copy of their valid USA Wrestling membership card at weigh-ins.
- Wrestlers must weigh in wearing a uniform approved for competition: a one-piece competition singlet; or, a compression shirt with shorts approved for wrestling. There is **no** weight allowance.
- Wrestlers may change weight class at the scale **for the regional qualifier weigh-in only.**
- Wrestlers may not change weight class after qualifying for the state championship tournament.** There is no growth allowance or uniform allowance. Wrestlers, parents and coaches should consider this rule prior to choosing their regional-qualifier weight class. (Exception: if a wrestler is the only one to qualify in a weight class for the state championship tournament, the wrestler may move up one weight class with the permission of the USAW-NJ Scholastic Chair. See #24.)
- The regional qualifier is a single-elimination tournament. Wrestlers who lose their semifinal matches will compete for third place. Only the top three wrestlers in the weight class advance to the state championship tournament.

Health and Safety Requirements

- Parents are responsible for examining their wrestlers for skin lesions in order to prevent the spread of communicable skin diseases. Wrestlers with lesions must have the approved skin lesion report ([available at this link on USAWNJ.org](https://www.usaw-nj.org)) completed and signed by a licensed physician, and must bring the form to the weigh-ins and the competition. No other form will be accepted. Referees and/or tournament officials reserve the right to disqualify a wrestler who in their judgement does not have appropriate documentation of medical clearance.
- Wrestlers must compete wearing a rules-compliant uniform: either a one-piece competition singlet, or a compression shirt with shorts approved for wrestling.

- Headgear is mandatory for all wrestlers. Wrestlers with dental braces must wear protective mouthpieces. Any special equipment (e.g., knee, elbow or shoulder supports) must be inspected and approved by a tournament official prior to competing. Hair covers, if worn, must attach to the headgear. Fingernails must be properly trimmed.
- Failure to comply with any of the foregoing health and safety requirements will result in a penalty to the wrestler and, if not corrected immediately, could result in disqualification with no refund of entry fees.

Coaches Credentials

- Coaches 18 years and older with a valid USA Wrestling Leader membership card and a photo ID can purchase a coach pass to access the floor. A fee of \$5 will be charged for each tournament attended. Only coaches with the coach pass are allowed on the floor and on the mat at any tournament.
- To obtain a USA Wrestling Leader card, go to [USAWmembership.com](https://usawmembership.com) to apply. **USA Wrestling national membership regulations require a background check for all members over the age of 18.** The background check may take one week or more to be completed; coaches are advised to apply early.

Injuries and Forfeits

- If a wrestler is injured and cannot continue their match, the wrestler cannot participate in later rounds without written clearance from a licensed medical professional.
- If a wrestler does not appear on the mat when called for a match, the following procedure applies: (a) The absent wrestler will lose the match by forfeit; and (b) If the next round has not yet started, the tournament manager and/or a USAW-NJ governing body representative will decide if the match may be re-wrestled, or if the forfeit will stand; however (c) If the next round has started, the forfeit will stand.

State Championship Tournament

- The state championship tournament features all divisions in a single weekend in one location. Tournament dates for 2024 are March 9 for Juniors, Intermediates, Cadets, and Girls; and March 10 for Tots, Bantams, and Novices.
- All seeding questions and requests must be referred to the head table no later than 8:00 AM on the day of the tournament (except, by 12:00 PM for the Girls and HS Cadets afternoon session). Absolutely no changes will be considered after the deadline.
- Any wrestler who attempts to compete in the state championships at a different weight class than in the regional qualifier will be disqualified from the tournament.
- If a wrestler is the only one to qualify in a weight class for the state championship tournament, and the next higher weight class does not have 27 bracketed wrestlers, the wrestler may move up to the higher weight class with permission of the USAW-NJ Kids Scholastic Chair.
- The state championship tournament is a double-elimination event. Medals will be awarded to the top 8 wrestlers in each weight class. Champions and runners-up will also receive a state finalist singlet. Medals will be presented at a place-winner podium ceremony. Professional photographs of the medal presentations are taken whenever possible, and are available for purchase.

Violation of the Rules

- Any person who weighs in, competes, qualifies and/or coaches in violation of these rules may be prohibited from wrestling or coaching in any USAW-NJ scholastic tournament for up to one full year, starting from the date the violation was discovered.

Admission

- Spectator admission for the qualifier tournaments is \$10 for adults and \$5 for children/seniors. Admission for the state championships is \$20 + fees for adults and \$15 + fees for children/seniors, per day.