

WELCOME

INTRODUCTION

NASA Directors: Connie Nicholson, Kelly Emerson, Holly Richards

NASA South Director: Jennifer McKannan

NASA South Assistant Director: Linda Schultz

#theNASAdifference

(Philosophy and Mission)

THE PRIMARY MISSION OF NASA IS TO HAVE A POSITIVE INFLUENCE IN THE LIFE
OF ALL OF OUR PLAYERS

- Training the whole student-athlete
- Positive, yet competitive environment
- Communication
- 2 hour practices (2-3 times per week)
- Competitive tournament schedule

#theNASAdifference

- Master Coaches
 - Development of skills through the season
 - All players develop good skill base
 - Support for team coaches
 - Team coaches run practice
- Recruiting Coordinator
 - Meets with girls who are interested in playing in college
 - Great College Coach Connections
 - Help with vertical testing

2022-2023 FEES SCHEDULE

Team	Approximate Fee
Regional 12's	\$1250-1650 (3-5 tournament)
Regional 13-18's	\$2100 (6 tournaments)
National 13-18's	\$2750 (7 tournaments)

NOTE:

Price includes 2 practice shirts and 2 uniform jerseys

National teams 13-17 will do at least one 3 day tournament

Prices subject to change based on final tournament decisions

*****Directors and Coaches will determine whether each team will be National or Regional at tryouts. Your invitation will clearly state the team level (National or Regional). If there is only a regional team in a particular age group, that team may decide to add a more competitive tournament or two, for an additional cost.**

****Tentative tournament schedule and is subject to change. Each team will discuss the tournament schedule on commitment meeting night.**

PAYMENT SCHEDULE

- Fees cover all team tournament entry, gym rental, equipment, coach salary, and overhead costs (insurance, website management, etc.) + 2 practice t-shirts, and 2 uniform jerseys
- It DOES NOT cover travel expenses for player or spandex/socks/shoes costs
- \$200 deposit due to confirm your spot on the roster which is applied towards your total cost
- 4 monthly payments (**1st payment due on commitment night in Nov**)
 - Monthly payments due Dec 10, Jan 10, Feb 10
 - Final Payment amounts will be determined based on confirmed travel schedules for each team on commitment night
 - Payments will be done through Sportsengine
 - Please let us know if you need an alternate payment schedule

PRACTICE SCHEDULE

- **Facility:**
 1. The Quad (2301 Old Columbiana Rd, Bham, AL)
- **Practices**
 1. Season starts Monday, November 28th
 2. Dec/Jan/Feb: Either Monday/Wednesday OR Tuesday/Thursday, AND Sundays
 3. Mar/Apr: Mondays/Wednesday OR Tuesday/Thursday
- **Practice Times:**
 1. Sundays: 1:00-3:00pm OR 3:00-5:00pm @ the Quad
 2. Weekdays: 5:00-7:00pm OR 7:00-9:00pm @ the Quad

SAMPLE TOURNAMENT SCHEDULE

	12's	13-18's Regional	13-18's National
JAN	21-22 Rally, Cartersville, GA	14-16 Sweet Tea, Hoover 21-22 Rally, Cartersville, GA	14-16 Sweet Tea, Hoover 21-22 K2 Elite, Sevierville, TN
FEB	11-12 NASA Bash, Huntsville 25-26 AAU Nashville	11-12 NASA Bash, Huntsville 25-26 AAU Nashville	11-12 NASA Bash, Huntsville 25-26 AAU Nashville
MAR	11-12 Bama Beast, Birmingham	11-12 Bama Beast, Birmingham	4-5 BlueGrass, Louisville, KY 3/11-12 Bama Beast , B'ham OR 25-26 Blues City, Memphis
APR	1-2 AAU Birmingham	1-2 AAU Birmingham 15-16 Midsouth, Franklin TN	14-16 JVA World Challenge, Louisville, KY 29-30 Showdown in Smokies, Knox, TN

Age Group Determination

- Their age group is determined by your child's birthdate
- NOT their age at tryouts!!!
- AAU Volleyball determines the age group, based on a July 1st birthday cut off
- If your daughter has a July or August birthday and is young for her age and would like to play with her school grade , then your daughter can play up.
- Atheteles cannot play down

Below are the 2022-2023 age requirements for each indoor GIRLS age division.

10 & Under	Must be born on or after July 1, 2012 ----- Cannot turn 11 before July 1, 2023
11 & Under	Must be born on or after July 1, 2011 ----- Cannot turn 12 before July 1, 2023
12 & Under	Must be born on or after July 1, 2010 ----- Cannot turn 13 before July 1, 2023
13 & Under	Must be born on or after July 1, 2009 ----- Cannot turn 14 before July 1, 2023
14 & Under	Must be born on or after July 1, 2008 ----- Cannot turn 15 before July 1, 2023
15 & Under	Must be born on or after July 1, 2007 ----- Cannot turn 16 before July 1, 2023
16 & Under	Must be born on or after July 1, 2006 ----- Cannot turn 17 before July 1, 2023
17 & Under	Must be born on or after July 1, 2005 ----- Cannot turn 18 before July 1, 2023 OR born on or after July 1, 2004 AND are in the 11th grade during the current academic year.
18 & Under	Must be born on or after July 1, 2004 OR born on or after July 1, 2003 AND be a high school student (12th grade or below) during some part of the current academic year.

TRYOUT INFORMATION

Tryout Schedule:	**	14s	October 2 nd	9 am-11:00 am
	**	14s	October 2 nd	11:30 am-1:30 pm
		13s	October 2 nd	2:00 pm-4:00 pm
		12s	October 2 nd	4:30 pm-6:00 pm
		Make up Tryouts	October 3 rd	5:30 pm-7:00pm
At The Quad (2301 Old Columbiana Rd, Bham)				
		17/18s	October 29 th	11:30 am-1:30 pm
		16s	October 29 th	2:00pm-4:00pm
	**	15s	October 30 th	9:00 am-11:00 am
	**	15s	October 30 th	11:30 am-1:30 pm
		Make up Tryouts	October 30 th	2:00pm -3:30pm
At The Quad (2301 Old Columbiana Rd, Bham)				

****For 14s & 15s, please register for only one time slot. This is to help control the number of athletes in the gym so we can better evaluate each player.**

TRYOUT INFORMATION CONTINUED

- Online Registration: www.nasavolleyball.com > NASA South > Tryouts drop-down
- *****PLEASE BE SURE YOU ARE SELECTING NASA SOUTH*****
- Bring confirmation of online payment
 1. JVA Medical & Liability Forms (all done online)
- Walk-up Registration will be done online:
 1. Parent must be present
 2. Complete online registration on-site
- Check-in will begin 30 minutes before each session
- Cost \$60 online

TEAM INVITATIONS/COMMITMENT POLICY

Invitations & Commitment Dates

- 14 & under: Teams will be posted by tryout number by **9 pm, October 3**
 - Invitations “valid” through **9 pm on Wednesday, October 5**
- 15 & older: Teams will be posted by **9 pm, October 30**
 - Invitations “valid” through **9 pm on Tuesday, November 1**
- You may accept the invitation any time prior to the deadline
- The sooner you make your decision each player can find a club home

Commitment Team Meeting

Commitment Team Meetings:

- Mandatory for player and 1 parent
- Finalize tournament schedules and arrange a team gathering
- Provide details about jersey and merchandise orders
- 12-18s: November - Exact date, time, and location TBA

2022-2023 Coaching Staff

Master Coaches

Mellissa Gilbert (12s-15s)

Jennifer McKannan (16-18s)

Recruiting Coordinator - Grace Burgess

Head Coaches

12s Amelia Novy

13s Breana Thomas

14s Hannah Rue

14s Katy Kirkpatrick

15s Mellissa Gilbert

15s Abby Horton

16s Antuan Gholston

16s Shirley Kurtz

17s Jennifer McKannan

18s Amanda Wood

Assistant Coaches (in no particular order)

Hannah Seale

Donnie Bennett

Ainsley Schultz

Abby Dunford

Ally Sargeant

Jordan Jenness

Grace Burgess

****Coaches subject to change based on team needs and results at tryouts**

****Coaches will be listed on offer**