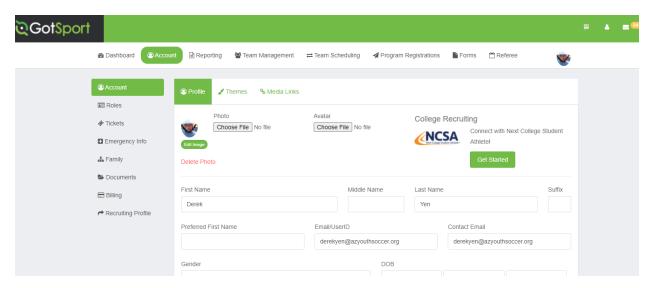# Adjusting your Profile Default Time

Time zone must be set up at the user level to properly view game times.

On your account profile, please follow the instructions below to make sure your Time Zone is set up for Arizona time.

Scroll down and where circled in green make sure you change to Arizona. On a side note, I strongly recommend you don't opt out of mass communications or else all of my communications through the gotsport system will not go to you.