

2023-2024 Season Parent/Player Information



Shakopee High School Coaches

Juan Mitchell, Head Coach – jmitchell@shakopee.k12.mn.us

Steve Hack, Varsity Assistant – shack@shakopee.k12.mn.us

Dan Russell, JV – drussell@shakopee.k12.mn.us

Bryan Blascziek, B-Squad – bblasczi@shakopee.k12.mn.us

Scott Tiedens, Freshmen Team – stiedens@shakopee.k12.mn.us

Shakopee Basketball Philosophy

- Our program has a philosophy that we play by everyday that helps guide us toward a high level of success. Our basketball philosophy can be summed up in 7 words, “Play Hard, Play Smart and Play Together”.

These strategies will be the cornerstone to our program. Play Hard- means with effort, determination and competitiveness. Play Smart- means with proper execution and poise. Play Together -means unselfishly, trusting your teammates and doing everything possible not to let them down.

We believe if we keep our focus on these 7 words, success will come

Registration

- Registration Link:

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<http://www.shakopeesabers.com/registrationinformation>

*All paperwork needs to be completed no later than
November 13th at 3:15 PM to practice on the first day -
NO EXCEPTIONS will be allowed*

Registration (cont.)

Physicals

- Every athlete must have a valid sports physical on file before they can practice or participate
- Physicals must be from 2021, 2022, or 2023 in order to be valid this school year
- Physical exam form can be found at <http://www.shakopeesabers.com/forms>
- Print this form & bring it with you to your exam for your doctor to fill out
- Return the completed form to the Activities Office
- The Activities Office will keep the form on file for three years

Tryouts

November 13th–15th – all players in 9th -12th grade will report to the main gym & field house at 3:15

Coaches will let players know which team roster they have been assigned to during practice on the 15th

Note: Every player that signs up to play is Not Guaranteed A Spot on a Final Team Roster

Parent Meeting

- * Once the teams are formed (November 15) the coaches would like to meet with the parents of their assigned teams on Friday, November 17th after practice (5:15) in the gym/fieldhouse.
- * You will receive a handout and each coach will go over expectations for the season.

Important Dates

- Nov. 13th–15th –9th-12th grade tryouts from 3:15-6:00
- Nov. 16th – Team Pictures & Varsity Jump Ball Jamboree from 6:00-7:30-main gym
- Nov. 18th – Varsity scrimmage @Hopkins High School (bus leaves at 8 AM)
- Nov. 24th – All level Scrimmages @New Prague High School (bus leaves at 9:45 AM)
scrimmage from 11:00-1:00
- Dec. 1st – 1st Home vs Holy Angels
- Dec. 9th & 10th – SGBA Youth Tourney – all players & parents will work the event

Important Dates (cont)

- Dec. 22nd Eastview- Parent Night
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- Feb. 16th Eagan- Youth /Poster Night
- Feb. 20th Prior Lake- Coaches vs Cancer
- Feb. 23rd Lakeville South- Senior Night

Team Expectations

All Practices and Games Are Mandatory

Absences – if you know you will miss a practice or game you must notify your coach in advance

Excused (e.g. school, illness, Family Emergency_____) – no penalty

Unexcused (e.g. vacation, missing due to another sport) – each missed practice or game will result in the player missing one game (i.e. if a player missed two practices they will be ineligible to play the next two games)

Player Expectations - Academic Policy

Student-First and Athlete-second

Players are expected to maintain good academic performance

- Students failing one or multiple classes will be expected too:
- Attend a study hall/meeting with your teacher or coach before or after school until grades are at a passing level.
- The coaching staff will be monitoring academic progress of all players
- Failure to complete the above requirements for failing will result in the student being ineligible for the following week from competition

Player Expectations – Basketball

- Allow yourself to be coached
- Be prepared & come ready to work
- Work boots/lunch box
- Control you
- Put yourself in the best possible position every practice & be hardest worker on the floor

Player Expectations – Basketball

- Players need to be willing to accept their role
- A player may play up to three halves per night
- Playing time is earned & it is not equal on any level
- Player evaluations will be conducted throughout season

Parent Expectations

- Support your athlete- Be positive when athletes are on and off the court
- Sportsmanship (represent yourself) Shakopee Teams
- Support the coaching staff• Please refrain from coaching or directing your player or other players during all games
- Treat players, coaches, opponents & officials with respect & dignity
- We enforce the 24 hour rule for both parents and coaches, please allow 1 day

A MESSAGE FROM MSHSL FOR PARENTS



Kevin Eastman: Coaching From The Sta...



Shakopee High School Program (cont.)

- Student athlete – You are expected to be a model student athlete by participating in the classroom, attending classes regularly and showing respect to your teachers and classmates.
- Successful season – We will try to win as many games as possible, but the key goals are to improve and work as hard as we can. Your coaches have NO doubt that we will achieve those goals.
- Enjoy the season – Support the teams and support your athletes. REMEMBER, let's be POSITIVE!

Thank you in advance for your support!!

High School Boosters

- The Booster Club is a group of team parents who work together to support all levels of the Shakopee Girls Basketball program. We support fundraising, special nights, and many other projects that improve our players' basketball team experience.
- Coordinating team pictures/Varsity Senior player posters• Support player volunteer time at the SGBA youth tournament
- Supporting special needs of the coaching staff & overall program needs• Coaching stipend to pay for a 4th High School coach• Team shootings shirts
- After games meals and drinks• Providing scholarship assistance• Teams banquet
- Parents & Senior Night – gifts, flowers, etc.

Booster Representatives

Ruth Russo- russor09@yahoo.com

Krista Larson- klarson4@Hotmail.com

Wayne Tomei – illini25@comcast.net

Kam Hall- jtkchall@hotmail.com

Kelly Pankake- gkpankake4@yahoo.com

- If you are willing to make a donation to the Booster Club, please make a check made payable to SGBA & give it to a Booster Representative or Coach Mitchell (note in the memo field it is for the High School program)

Websites

- Game schedules – <https://www.southsuburbanconference.org/public/genie/184/school/2370/>
- StarTribune Hub (rankings, team standings, etc.) – <https://www.mngirlsbasketballhub.com/>
- Minnesota Score Net - <https://www.minnesota-scores.net/>

Questions?

- Contact Juan Mitchell
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