



Teamwork

Looks & Sounds Like as a...

Player	Coach	Family Member	Board Member
Passes the puck D.B.A.D. Includes injured players onto the bench and into the team experience Shows up to practice on time Actively participates in practices and team gatherings Is present and not stuck on their devices Listens to coaches and others Committed to the team Stands up and by teammates when emotions runs high Supportive to each other Hits our goalie pads after goals allowed Participates in one service event for their team	 Plays the role of teacher Is able to be adaptable Shows up for practices and games on time Prepared with practice plan All coaches have equal speech within staff (ex: shares opportunity to provide pregame and postgame remarks) Plays all kids Models the Association values of teamwork, respect and fun Creates an environment of discipline in their approach Positive reinforcement to players and other coaches alike 	Recognizes the importance of supporting siblings Models good behavior in stands before, during and after games Picks up their share in carpools Supports coaches Picks up their share of volunteer work Abides with the 24 hour rule of waiting to give feedback to coaches Support coaches and all players through words and actions If Grandpa Joe wants to pay for goals, make sure they give more for assists! Creates one service event each season for players and families to get involved with	Send in reports by Sunday night for all board meetings Attends board meetings Collaborates with other board members Has an attitude of 'whatever it takes to get the job done Communicates positively and realistically with Storm parents and players even when not in total agreement of all decisions

Respect
Looks & Sounds Like as a...

Player	Coach	Family Member	Board Member
Shows respect by leaving locker rooms, hotels and restaurants better than you found it. Abides by the rules of the game Remembers to show respect by thanking coaches, parents and game officials. Listens to coaches Represents Minneapolis and our Association positively on the ice Models good sportsmanship Picks up pucks after practice, before games. Bumps fists with game officials Goes through handshake line without incident Stands by teammates and stands up to bad behavior	 Respects referees – whether they were good or bad Respects coaching peers as evidence by building joint practice sessions Is prepared and on-time for practices and games Practices good communication to players and family members Models good sportsmanship Plays players equally (with the exception of power play and penalty kill) Doesn't bench kids for poor play Respects the family by allowing for excused absences of players 	Is empathetic with time commitments Models good sportsmanship in the stands Respects the "M" Be aware of actions Encourages Storm players vs complaining about specific players Assumes positive intent in the evaluation process Demonstrates respect for Storm opponents Presumes that the referees didn't get together to make your life miserable	Shows up and listens to fellow board members Listens to parents to understand Does what they say they are going to do Follows through and help others Thinks of the greater good of MHA above personal interest Models the MHA values Is aware of their actions Follow D3 and MN hockey rules Respect the "M"

Fun

Looks & Sounds Like as a...

Pla	ayer	Co	ach	Fa	mily Member	Во	ard Member
•	Lightens the mood for games by bringing a perspective of fun to the locker room and ice Puts practice skills to play	•	Remembers that Creating Lasting Experiences is the core of our existence Has a growth mindset in		Participates in safety meetings within limits Meets new people and sits with others Attends overnight tournaments		Togetherness Participates in board meetings and events Joins planning retreats
•	Looks to make new friends on the team		helping skaters get better	•	Thinks of creative ways to commemorate big wins	•	Brings a team-spirit to events like the Bantam AA State Tournament
•	Finds a new warm-up teammate to get to know	•	Has parent relationships and doesn't sprint to car after	•	Takes pictures of games and sends to team list	•	
•	Hangs out with kids from other schools.		games		Makes door signs for hotels		
•	Celebrates the away tournament by ramping up non-hockey events like:	•	Remembers that the players are in fact kids		Encourages kids in waiting area after games		
	 Swimming, knee boarding, eating out, fun and respectful stuff at hotels. 	•	Has a mindset of youth and player development				
•	Makes the locker room a place teammates can't wait to enter: music,	•	Has great coach camaraderie within the association and out.				
	phones away, pre and post game rituals	•	Practice plans with fun stations/games				
•	Joins in on the away from the rink events	•	Team building (off ice events)				
•	Appropriately celebrates team wins.	•	Practice with pace				
•	First goal puck		Brings creativity to the				
•	MN hockey patches		coaching role				
•	Wins		Coacining role				
•	Takes part in team pictures						

