



Missouri USA Wrestling
108 S Washington Diamond, MO 64840
Mailing Address is:
PO Box 243 Diamond, MO 64840.
(417)325-4100



2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

In an effort to standardize the procedures through which wrestlers qualify for the State Folk-Style Tournament and to provide clubs with guidelines for the operation of local tournaments, MISSOURI USA WRESTLING Tournament Committee has prepared this Guide to Qualifying Tournament booklet. It is intended as the standard by which all Tournaments are to be conducted.

If there is a question concerning the operation of the tournament, please consult this guide. If the answer cannot be located, or the applicable section of this guide is not clear to you, contact your District Representative, District Alternate, or Regional Supervisor. If those representatives cannot answer your question, they will contact the State Chair or Vice Chair.

Tournament Director	Erik Kivett	ekivett4@gmail.com
Region A Supervisor	Max Hicks	maxwell.hicks@bayer.com
District 1 Rep	Brett Dixon	brettdixon@msn.com
District 1 Alternate	Omar Padilla	omarpadilla@yahoo.com
District 2 Rep	Alicia Davis	davis.alicia.c@gmail.com
District 2 Alternate	Shani Kinney	Shani.Kinney@gmail.com
Region B Supervisor	Brandon Jolley	biolley25@gmail.com
District 3 Rep	Adam Bradley	adambradley@hotmail.com
District 3 Alternate	Kip Barker	kiolbarker@yahoo.com
District 4 Rep	Nate Hunter	nathanielhunter03@gmail.com
District 4 Alternate	Samantha Brown	samantha.cooper8275@yahoo.com
Region C Supervisor	Sarah Smith	cslzsmith@embarqmail.com
District 5 Rep	Chris Demery	cldpump@gmail.com
District 5 Alternate	Greg Kivett Jr.	greg@associatesofdentalarts.com
District 6 Rep	Dane Crutcher	csedcrutcher@gmail.com
District 6 Alt	Nadine Albrecht	nadine.albrecht76@gmail.com
Region D Supervisor	Steve Wilmoth	steviewilmoth@yahoo.com
District 7 Rep	Dwain Shelton	sheltonseed2012@yahoo.com
District 7 Alternate	Corey Roark	corey.roark@hotmail.com
District 8 Rep	James Homfeld	mousajim@gmail.com
District 8 Alternate	Lance Schlick	LSCHLICK1@lcloud.com
State Chairperson	Pat Ream	pat.ream@mt.com
Vice Chairperson	Josh McNutt	mcnuttiosh@gmail.com



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All District Tournaments must be run in accordance with this tournament guidebook, no exceptions!

Unaffiliated wrestlers must compete in the district in which the club they purchased their card with is assigned; or individuals not wrestling with a chartered club will be assigned a district by the state chairperson based on the school in which they attend, even if they are practicing or competing with a MISSOURI USA WRESTLING chartered club in another District. A committee of 3: Shall determine the district assignment for wrestler's after the cutoff deadline.

All participants will compete in the state tournament series at the age they are on December 31st, 2023. Absolutely no 6 and under wrestlers shall compete in the State Series. No high school students, regardless of their age, and no out-of-state residents, even if they are members of a MISSOURI USA WRESTLING chartered club unless they attend an accredited school in the district in which they wrestle. Fifteen year olds may participate only if they have not reached 15 before January 1st of that tournament series year and if they are not in high school.

All coaches shall have a current Wrestling Leader card, with bronze certification. Wrestling Leader card must be worn and displayed on a lanyard around the neck in order to be allowed to coach. As Per, Missouri USA Wrestling POLICIES AND PROCEDURES, Section IV.

No videoing allowed, from the coaches chair/corner, mat side or from the competition floor.

Wrestlers will be allowed to weigh-in one time only on the evening prior to the competition. If a wrestler is overweight at that weigh-in, then they will be allowed to weigh-in one time only on the morning of competition. Scales will be opened one half (1/2) hour prior to said weigh-in times to allow wrestlers to check their weight; after the weigh-ins begin, there will be no checking of weight. Wrestlers must be allowed to use any of the certified scales being used for the competition weigh-ins. Wrestlers who are overweight after their one time weigh-in on the morning of competition will not be allowed to wrestle. There will be no running, or other weight loss measures allowed inside the wrestling facility.

All wrestlers will be required to weigh-in wearing only a singlet or in event of two piece singlet both pieces are required when stepping on scale; females will be required to wear their singlet with a sports bra, or other suitable undergarment. Each wrestler will be visually checked and if a participant is suspected of having a communicable skin disease, or any other condition that may make participation inadvisable, the wrestler must provide written documentation (which must be on the form supplied by MISSOURI USA WRESTLING and obtained by the participants club), dated and signed by a physician, within 14 days of the tournament, stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to their opponent. They must also have attached a doctor's letterhead or a sheet from the doctor's prescription pad to the skin form. This document must be furnished at weigh-ins. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate. All suspected skin conditions must be covered at all times while the competitor is on the mat. Further, that in the event said skin condition is not



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covered, becomes uncovered or is not coverable, then the competitor may be required to forfeit, at the discretion of the tournament director or host official. If a wrestler shows up to wrestle without the condition covered, the wrestler will be put on one of their injury time-outs to correct the situation.

STATE TOURNAMENT TEAM AFFILIATION AND POINTS

All USA WRESTLING competitor membership cards, wrestling leader cards, and club charters must be purchased in Missouri prior to January 31st, in determination of team points at the state tournament.

- A. For a wrestler to be considered eligible for club affiliation, competitor registration must be received prior to January 31st. If membership is received after January 31st, the wrestler may still qualify for the state tournament; however, they must be qualified as unaffiliated and any team points earned will be void.
- B. All wrestlers will remain affiliated with their original club that purchased their membership, if the wrestler moves to another club, the wrestler will now wrestle unaffiliated for any State Series event.
- C. All club charter applications must be received prior to January 31st. Applications received after January 31st, will still be processed; however, the club will not be recognized as a chartered club at the state tournament and is not eligible to receive any team awards or voting rights.

MINIMUM QUALIFICATIONS FOR DISTRICT TOURNAMENTS

- A. FACILITY- shall have:
 - a. Floor space to allow two-42 foot mats, plus one mat section, as well as a minimum of ten feet clearance around the mat. The mat size for the wrestlers will be a minimum of a quartered surface of a standard mat for 8 and 10 year olds, and a minimum of half of a mat of a standard mat for 12 and 14 year olds. The out of bounds for each surface will be clearly taped on the mat.
 - b. Seating for a minimum of 800 spectators and wrestlers.
 - c. Adequate concession areas, including food, T-shirts, and sporting goods.
- B. PERSONNEL
 - a. The club shall provide three individuals for pairings for each mat area; one pairer, one clerk for bout cards, and one person to update wall brackets.
 - b. The club shall provide three individuals for each scoring table: one timer, one scorer, and one tapper/control person to signal the end of each period and to prepare the next two contestants for their bout. There shall be one person whose sole responsibility is announcing.
 - c. The host club shall provide one adult for each age group to assist in the entry procedure for the State Tournament.
 - d. The host club must provide certified medical personnel on-site during the tournament.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

- e. All district tournament hosts must supply table workers (4) for the Missouri USA Wrestling 6 & Under /Rookie State Tournament AND the Missouri USA Wrestling State Folkstyle Championships Tournament. Failure to do so may result in a \$400 fine for the 6 & Under/Rookie State Tournament AND \$400 fine for the State Folkstyle Championships Tournament.
- C. COMPUTER ACCESS
 - a. All Districts must use Trackwrestling for entering entries and results.
- D. VENDORS & PHOTOGRAPHERS
 - a. Shall have the appropriate membership through USA Wrestling. Sponsor/Vendor Membership, or a Media Membership, or an Event Volunteer Membership.

PROCEDURE FOR BIDDING DISTRICT TOURNAMENTS

- A. Clubs desiring to host a District Tournament shall inform the District Representative prior to the fall general membership meeting each year.
- B. In the event that more than one club wishes to host the district tournament, each club shall present information concerning its facility to a meeting of representatives from each club in the district. Following these presentations, the district shall vote to either award the tournament to one of the bidding clubs, or determine that none of the bids is sufficient to host the tournament. If all bids are rejected, the district may solicit a club to host the event.
- C. No additional wrestling styles or age group will be allowed in conjunction with the state tournament series.

OFFICIALS

- A. SELECTION
 - a. The host club shall secure officials who shall be currently registered with the Missouri State High School Activities Association (MSHSAA).
 - b. Shall have a Wrestling Leader or Event Volunteer Membership through USA Wrestling.
 - c. Other clubs in the district may submit lists of prospective officials to the host club.
 - d. A list of officials working the event, as well as a list of officials recommended for the state tournament, shall be submitted in writing to the Officials Coordinator three weeks prior to the district tournament.
- B. QUANTITY AND FINANCIAL ARRANGEMENTS
 - a. The host club shall provide not less than five officials for every four surfaces.
 - b. Each official expense deducted should not exceed more than \$175.00, which includes all expenses of travel and lodging. In addition, the host club shall provide hospitality to the officials throughout the day, without cost to the official. The head official expense deducted should not exceed more than \$200.00, which includes travel and lodging.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

DISTRICT TOURNAMENT ENTRY PROCEDURES

A. TOURNAMENT INFORMATION SHEET

- a. A tournament information sheet shall be prepared by the tournament host, under the direction of the MISSOURI USA WRESTLING Tournament Committee, containing the following information:
 - i. The date of the tournament.
 - ii. Weigh-in times: Fri 6:30-8 p.m.; Sat. 7:30-8 a.m. The district representative, or alternate, must be present at all weigh-ins. Also, the location of an alternate weigh-in site, if approved for use by the tournament committee.
 - iii. The age groups, weight classes, and their limits.
 - iv. The entry fee \$32.00, as well as penalties for weight changes (\$30.00) and notification that fees are not refundable; **the deadline for any weight changes is immediately prior to the beginning of the district seeding meeting.** NO LATE ENTRIES! Note: *Wrestlers who fail to make the weight at which they are entered will not be allowed to enter the tournament.*
 - v. The address where to mail entries.
 - vi. The host must receive all entries seven days prior to the tournament date, along with competitor's cards for each entrant. Host must notify club leaders concerning any problems with their competitor's cards or records prior to 8:00 p.m. on the Sunday before the seeding meeting. Any problems concerning competitor's cards must be corrected prior to 7:00 p.m. on Tuesday.
 - vii. The entry form on which to enter wrestlers.
 - viii. The current charge for admissions: Individuals presenting a valid and current USA WRESTLING, Wrestling Leader membership card with minimum of bronze certification and photo identification will be admitted free. Charges shall not exceed \$5.00 for adults, \$3.00 for children ages 6-16, and under 6 free.
 - ix. Required at all State Series wrestling events two certified MSHSAA wrestling officials, who are safe sport certified, must be present at all weigh-in sites during the Friday evening weigh-ins. The payment to these officials not to exceed \$20 for their Friday evening tasks. The expectation is that the officials are already there on Saturday and will not receive additional compensation. The responsibility of the officials will be to oversee the weigh-ins at each weigh-in location, at all state tournament series events.
- b. The information sheet shall be emailed to the district representative for approval.
- c. The information sheet shall be mailed to each club in the district four weeks prior to the tournament.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

B. BRACKETING –general:

- a. The district seeding meeting will be held on the Tuesday prior to the district tournament at 7:00 p.m. statewide. Each district club is entitled to one representative per age group, plus the head coach. However, in cases where a vote is taken; a club may cast only one vote. Accurate won/loss records must be submitted with the team entries for any wrestler to be seeded. At least one coach, or club representative, must attend the seeding meeting in order for any wrestler to be seeded. If a representative is unable to attend the meeting, their wrestlers will be drawn into the bracket.
- b. Each club shall have an Authorized Club Representative verify and sign off on their Respective Club Roster of district entrants for correct ages and weights between 6:30-7:00 p.m., prior to the start of seeding meeting. After verifying and signing off, no changes will be accepted or permitted. If an Authorized Club Representative does not attend the seeding meeting, to verify and sign off on the district entrant's, the seeding meeting will proceed as scheduled, with the athletes entered as registered, and no changes will be accepted or permitted.
- c. All brackets are double elimination, with the exception of a four-man or less brackets, where each entrant wrestles the other competitors. No wrestlers are seeded in two, three, or four man (Round Robin) brackets.
- d. All brackets with only 1 wrestler: Single wrestler will be required to make weight, and pass both skin and nails check. Once the wrestler has made weight, and passed skin and nails. The wrestler will not be required to be present at the event as no bout number is ever established for the wrestler in this situation. The club representative will be responsible to verify and pay for all advancing wrestlers, as well as pick up all medals at the conclusion of the event.
- e. Medical Forfeit Vs Injury Default – Rulebook clearly states if a wrestler medically forfeits, the wrestler will be removed from the event. Therefore the wrestler cannot advance to the following event. If a wrestler is sick, injured, or plans to injury default a match. The wrestler must report mat side and the match must be started and stopped, then entered as injury default for the match. Wrestlers cannot just injury default out of matches without being present mat side. This will ensure it's consistent with Track wrestling software with regards to advancing to the following event.

C. SEEDING

- a. Four wrestlers shall be seeded in brackets with five to eight entrants. Eight wrestlers shall be seeded in brackets with nine to sixteen wrestlers. Sixteen wrestlers seeded with seventeen or more entrants. All seeded wrestlers will be placed on the bracket regardless of team. A wrestler cannot refuse a seed.
- b. Wrestlers shall be seeded according to the following criteria:
 - i. head to head competition
 - ii. common opponent



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

- iii. superior competition
 - iv. USAW PIN rankings (Folkstyle rating number)
 - v. win/loss record (*NOTE: Byes shall not be counted as wins. Novice competitions wins/losses shall not be counted. All records, in-state, out-of-state, junior high, AAU, etc. shall be used*)
 - c. If two wrestlers from the same club appear at the same weight, each wrestler shall be drawn into the bracket. They must be in opposite halves of the bracket.
 - d. If three or more wrestlers from the same club appear at the same weight, each wrestler shall be drawn into the bracket. They must be in different quarters of the bracket, as long as this is possible.
 - e. All seeded wrestlers must have an equal chance to have a bye, if a bye is needed in the bracket. Do not give the bye to any wrestler, they must draw for it.
 - f. Byes shall be drawn into the bracket before non-seeded wrestlers. Unless utilizing Track wrestling to seed and draw wrestlers into the brackets. When two or more byes occur in a bracket, an equal number of byes shall be drawn into each half of the bracket
 - g. Non-seeded wrestlers must have an equal opportunity to wrestle any of the seeded wrestlers. Do not place any wrestler on the bracket; their place must be drawn.
- D. SUPPLIES
- a. All tournament supplies (medals/awards) must be purchased from the state. Weigh-in cards, working brackets, and bout cards can be printed from the MO USA Wrestling web page. Track Wrestling Weigh-in Cards may be used.
- E. DAY OF THE TOURNAMENT- ENTRY AND WEIGH-IN
- a. No coaches or parents will be allowed into the weigh-in area, except for weigh-in personnel assigned by the host club, District Representative, or Alternate.
 - b. Wrestlers must have a current USA Wrestling card to scan at the scale in order for officials to input the correct weight. Each wrestler must make the weight listed on the weigh-in card. Each wrestler must weigh with only a singlet on, females with a singlet and sports bra or other suitable undergarment, and the exact weight must be recorded.
 - c. Wrestlers will be allowed to weigh-in one time only on Friday night. If a wrestler is overweight on Friday, then they will be allowed to weigh-in one time only on Saturday morning. Scales will be opened one half (1/2) hour prior to the weigh-in times on Friday, Saturday, and Sunday to allow wrestlers to check their weight; after the weigh-ins begin, there will be no checking of weight. Wrestlers must be allowed to use any of the certified scales being used for the competition weigh-ins.
 - d. Wrestlers who are overweight after their one time weigh-in on Saturday/or Sunday morning will not be allowed to wrestle.
 - e. Copies of the brackets must be posted before wrestling begins. If a seeded wrestler is scratched; the entire bracket must be re-seeded. Presentation brackets need not be posted.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

- f. Required at all State Series wrestling events two certified MSHSAA/USA Member wrestling officials, who are safe sport certified, must be present at all weigh-in sites during the Friday evening weigh-ins. The expectation is that the officials are already there on Saturday and will not receive additional compensation. The responsibility of the officials will be to oversee the weigh-ins at each weigh-in location, at all state tournament series events.

COMPETITION

A. ORDER

- a. The order of competition shall be based on the order used at the state Tournament, in order to provide adequate rest time in the larger brackets.

<u>Bracket Size</u>	<u>Wrestling Round</u>		
32	1-2-3-4-5-6-7-8		
16	2	4-5-6-7-8	
8	4	6-7-8	
4	4	6	8
3	4	6	8
2	4	6	8

B. RULE

- a. The rules used for competition are taken from the National Federation Wrestling Rules, as modified by the MSHSAA, with the following exceptions:
 - i. Twenty-minute rest period between matches is not required.
 - ii. The lengths of periods vary with age.
 - iii. Dailey match limit is exempt from the District/State Tournament.
 - iv. Singlet and shoe rules are amended to read that proper attire is required, at the discretion of the head official.
 - v. Mouthguards are NOT required for wrestlers (strongly recommended for wrestlers wearing braces)
 - vi. Headgear is REQUIRED for folkstyle events.

C. TIE-BREAKER FOR ROUND ROBIN - Modify verbiage to follow Tracks capabilities

- a. In the case of a three-way tie, the following criteria are used as tiebreakers.
 - i. Head to head in the event of a two way tie
 - ii. Most falls
 - iii. Most technical falls
 - iv. Most major decisions
 - v. Most match points, unless all wrestlers have a fall.
 - vi. They are ranked in order by time of fall.
- b. The first tiebreaker in effect will determine first or third place. For example, if two wrestlers have a fall and one wrestler has a decision, the wrestler with a decision places third.
- c. Any two-way tie is broken by the result of their head-to-head match.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

PROTESTS

A. FORM

- a. Protests must be filed with the tournament director. The pertinent information must be in writing and accompanied with \$50.00 cash. This fee will be refunded if the protest is upheld. If non-refunded, this fee must be given to the district representative or regional supervisor. They will deliver it to the tournament committee chairperson.
- b. Protests concerning judgment on the part of the referee will not be heard.

B. PROTEST COMMITTEE

- a. A protest committee shall consider all protests. The committee shall include:
 - i. district representative (chairperson)
 - ii. district alternate
 - iii. tournament director
 - iv. head official
 - v. a coach not affiliated with a club involved in the protest.
- b. In the event a potential conflict of interest exists with respect to a protest committee member and the parties involved in the protest, the protest committee member must voluntarily excuse him/herself and refrain from discussion and voting on said item.
- c. Additional coaches, or members of the state executive committee, may be asked to sit on the committee, if the above listing does not produce five members. In no case shall any member of the committee be affiliated with the clubs/athletes involved.
- d. The committee shall consider the protest and may call any witnesses as it deems necessary, however, no videotapes or other electronic devices will be considered.
- e. The decision of the committee shall be final.

AWARDS

A. MEDALS/AWARDS

- a. Must be purchased from the state.
- b. Shall be awarded to first through sixth place finishers in each weight class.

B. PRESENTATION

- a. An award stand may be set-up at one end of the arena, with medals/awards presented as weight classes are completed.
- b. Awards may be presented at the regional entry location.

FINANCIAL SETTLEMENT-



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

- A. The club hosting the district tournament is doing so under the auspices of the Tournament Committee. In return for hosting the tournament, the club is allowed to retain 90% of the net profit from the tournament, as well as all monies generated from concessions.
- B. The club is allowed to deduct expenses directly related to the running of the tournament.
- C. Expenses of the District Representative or District Alternate including phone bills, mileage set at www.irs.gov rate for charitable organizations, postage, and one nights lodging, up to \$75, are allowed as expenses of the tournament.
- D. Non-consumable items, such as stopwatches, leg bands, etc, are not allowed as expenses for the tournament.
- E. To be allowed to deduct an expense, the club must provide a Xerox copy of the bill to the District Representative. No estimated expenses will be allowed.
- F. Final settlement for the district tournament shall be made no later than the date of the regional tournament.
- G. The district representative, in conjunction with the tournament director, shall complete the District Income Statement, the District Medal Worksheet, and the Recap of District Qualifiers Entered in State Tournament Worksheet.
- H. The tournament director shall tender to the regional supervisor a check for the "total amount due the state" before the completion of the District tournament. The check shall be made payable to MISSOURI USA WRESTLING. Failure to make payment or remit financial sheets will result in a \$50.00 late fee.

STATE ENTRY PROCEDURE

- A. At the completion of the tournament, one club representative shall proceed to the state tournament entry location with a complete list of state qualifiers and one check made payable to the host club to cover the entry fee for the entire team. Wrestlers or parents will not be allowed to register independently if they are affiliated with a chartered club. This must be done as a team and it is the responsibility of the club to verify the correct spelling of the wrestlers name, etc...
- B. The club representative will be expected to pay the state entry fee (\$40.00) per wrestler at the time of entry.
- C. Each club representative must receive one copy of the state tournament information sheet and it is the responsibility of the club to distribute this information to each of their qualifiers.
- D. No late entries for the state tournament will be accepted.
- E. Wrestlers may not transfer from region to region to fill vacant slots.
- F. The regional supervisor will deliver the list of entries to the state tournament committee, along with a completed copy of the brackets, used bout cards, weigh-in cards of both wrestlers entered in the state tournament, as well as those eliminated in the regional tournament.
- G. If a qualifier does not sign-up to advance, all other wrestlers move up in position in order to fill the bracket. In the event that a non-qualifier would like to fill a vacancy, the wrestler or their club representative must remain through the conclusion of the registration. If there is a vacancy and they are in order to fill the position, they will be



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

allowed to sign-up. We will not contact any wrestler or club representative once they have left the tournament site.

- H. A fourth place finisher at the District tournament may petition the tournament committee, in writing, for entry into the state tournament in the event a state qualifier in their region and weight class withdraws from the state tournament. The petition must be received by the state office within 48 hours prior to the official state weigh-in times. The fourth place finisher will be contacted by the state if this situation occurs and is brought to their attention.
- I. A wrestler may not be entered into the state tournament in any other weight class or age group than the one in which they wrestled at during the district tournament.
- J. Missouri USA Wrestling approved preferred vendors will be used for the following events: the 6U State Tournament, Rookie State Tournament, Girls State Tournament, District Duals, Folkstyle State Tournament, and Freestyle and Greco Roman State Tournament.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

WEIGHT CLASSES

8 & UNDER

40-45-50-55-60-65-70-75-80-85-90-100-115-130-145 (and above)

10 & UNDER

50-55-60-65-70-75-80-85-90-95-100-110-120-130-150-170-190-210 (and above)

12 & UNDER

60-65-70-75-80-85-90-95-100-105-110-115-120-125-130-135-140-150-165-175-185, 210, and
250

14 & UNDER

70-75-80-85-90-95-100-105-110-115-120-125-130-135-140-145-150-155-165-175-190-205-235-
285

STATE TEAM POINTS

1ST	10 POINTS
2ND	7 POINTS
3RD	5 POINTS
4TH	3 POINTS
5TH	2 POINTS
6TH	1 POINT

Wrestlers in a one-person bracket will not score any team points.

State Tournament Divisions will be determined by the number of entries that they have for the District Tournament. Then they will be divided into 3 as equal as possible divisions.



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2023-2024 GUIDE TO QUALIFYING TOURNAMENTS

General Information: SUBJECT TO CHANGE

Rookie State Tournament - 01/20/2024 - Ozark Empire Fairgrounds (Springfield,MO)

6U State Tournament- 01/21/2024 - Ozark Empire Fairgrounds (Springfield,MO)

Folkstyle State Tournament Series:

Districts – 3/02/2024 –

District 1 Site – Winnetonka HS, KC: Travis Manroe

District 2 Site – Excelsior Springs: Rick Schwab

District 3 Site – Blue Springs: Bobbe Lowe

District 4 Site –Lees Summit (St. Michael HS): Matt Infranca

District 5 Site – Neosho: Erik Kivett

District 6 Site – Ozark: Jeff Maskrod

District 7 Site – Owensville: Chris Pohlmann

District 8 Site – Hillsboro: Shylah Williams

Boys & Girls Youth State Championship – 3/08-3/10/2024 – Ozark Empire Fairgrounds (Springfield,MO)

Girls Youth State Tournament- 03/30/2024 - Ozark Empire Fairgrounds (Springfield,MO)

Boys Freestyle State & Girls Greco Roman State Tournament – 5/04/2024 – Ozark Empire Fairgrounds (Springfield,MO)

Girls Freestyle State & Boys Greco Roman State Tournament –5/05/2024 – Ozark Empire Fairgrounds (Springfield,MO)

UPDATED: 12/22/2023- This is a working document, so updates will be made as necessary.