

| | In-House League | Travel League | | | | |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Intermediate or Advanced City League | Girls 10U** | Girls 12U** | Girls 14U | Girls JV | Girls Varsity |
| Skill Level | Beginner to Advanced | Intermediate Placement determined at tryout | Intermediate Placement determined at tryout | Intermediate to Advanced Placement determined at tryout | Intermediate to Advanced Placement determined at tryout | Advanced Placement determined at tryout |
| Competition Level | Recreational | Moderate MN 10UB/B2 | Competitive MN 12UB/B2 | Highly Competitive MN 15UB/B2 | Competitive | Highly Competitive 19UA or 19UB |
| Time Commitment | Moderate | High | High | High | High | High |
| Practices | 2-3 practices per week | 3-4 practices per week | 3-4 practices per week | 3-4 practices per week | 3-4 practices per week + 1 Sanford Performance Session | 3-4 practices per week + 1 Sanford Performance Session |
| Games | 1 city league game per week at Scheels IcePlex | 2 SDAHA league games on 8 weekend days for a total of 16 games. No state tournament. "Friendlies" may be scheduled in Coach's discretion and within USAH guidelines. *travel leagues may participate in a house 4v4 league each week *There is not a Girls specific league at this level and all SDAHA games will be against Co-Ed teams at the C level | SDAHA league games most Fridays, Saturdays and Sundays at SDAHA host sites (e.g. Huron, Rapid City, Pierre, Mitchell, etc). SDAHA games may be hosted in Sioux Falls. "Friendlies" may be scheduled in Coach's discretion and within USAH guidelines. *There is not a Girls specific league at this level and all SDAHA games will be against Co-Ed teams at the C level | SDAHA league games most Fridays, Saturdays and Sundays at SDAHA host sites (e.g. Huron, Rapid City, Pierre, Mitchell, etc). SDAHA games may be hosted in Sioux Falls. "Friendlies" may be scheduled in Coach's discretion and within USAH guidelines. | There are not enough JV teams in SDAHA for a league so JV will play when other associations have a Girls JV team on Fridays, Saturdays and Sundays at SDAHA host sites (e.g. Huron, Rapid City, Pierre, Mitchell, etc). SDAHA games may be hosted in Sioux Falls. "Friendlies" may be scheduled in Coach's discretion and within USAH guidelines. | SDAHA league games most Fridays, Saturdays and Sundays at SDAHA host sites (e.g. Huron, Rapid City, Pierre, Mitchell, etc). SDAHA games may be hosted in Sioux Falls. "Friendlies" may be scheduled in Coach's discretion and within USAH guidelines. *Starting 24/25 season, Lady Flyers will play 3 games against each SDAHA opponent during league play. |
| Tournaments | No tournaments | 3-5 Tournaments possible, games scheduled Friday through Sunday | 3-5 Tournaments possible, games scheduled Friday through Sunday | 3-5 Tournaments possible, games scheduled Friday through Sunday | Attend tournaments with either the 15U or 19U tournament teams | 3-5 Tournaments possible, games scheduled Friday through Sunday |
| Estimated Costs | Registration Fee: \$225 Fundraiser Fee: \$225 New Player Fundraiser Fee: \$375 Return Player USA Hockey/SDAHA Fee: \$82 DOB 2013-2016 \$92 DOB 2007-2012 ACL ONLY Game Jerseys: \$130 | Registration Fee: \$300 Fundraiser Fee: \$400 USA Hockey/SDAHA Fee: \$82 Sock Fee: \$35 Game Jerseys: \$130 Est. Tournament Fees: \$375 Travel Fees: Gas, hotel and meals for SDAHA travel and tournament travel weekends | Registration Fee: \$300 Fundraiser Fee: \$525 USA Hockey/SDAHA Fee: \$82 Sock Fee: \$35 Game Jerseys: \$250 Est. Tournament Fees: \$350 Travel Fees: Gas, hotel and meals for SDAHA travel and tournament travel weekends | Registration Fee: \$300 Fundraiser Fee: \$575 USA Hockey/SDAHA Fee: \$92 Sock Fee: \$55 Uniform Fees: \$560 *required one-time purchase and then replacement costs as needed due to growth and wear Required Team Apparel: \$250 Est. Tournament Fees: \$300 Travel Fees: Gas, hotel and meals for tournament travel weekends | Registration Fee: \$300 Fundraiser Fee: \$725 USA Hockey/SDAHA Fee: \$92 Sock Fee: \$55 Uniform Fees: \$560 *required one-time purchase and then replacement costs as needed due to growth and wear Est. Performance Training Sessions: \$225 Required Team Apparel: \$250 *May or may not travel with the 19U tournament team. Refer to the Varsity for cost estimate. | Registration Fee: \$300 Fundraiser Fee: \$725 USA Hockey/SDAHA Fee: \$92 Sock Fee: \$55 Uniform Fees: \$560 *required one-time purchase and then replacement costs as needed due to growth and wear Est. Performance Training Sessions: \$225 Required Team Apparel: \$250 Est. Tournament Fees: \$400 Travel Fees: Gas, hotel and meals for tournament travel weekends |
| Volunteer Hours | Families with 1 player: 12 hours Families with 2 or more players: 15 hours \$350 deposit check will be cashed after the season if all hours are not completed | Families with 1 player: 16 hours Families with 2 or more players: 20 hours \$700 deposit check will be cashed after the season if all hours are not completed | Families with 1 player: 16 hours Families with 2 or more players: 20 hours \$700 deposit check will be cashed after the season if all hours are not completed | Families with 1 player: 16 hours Families with 2 or more players: 20 hours \$700 deposit check will be cashed after the season if all hours are not completed | Families with 1 player: 16 hours Families with 2 or more players: 20 hours \$700 deposit check will be cashed after the season if all hours are not completed | Families with 1 player: 16 hours Families with 2 or more players: 20 hours \$700 deposit check will be cashed after the season if all hours are not completed |

**Teams are only formed if there are enough players at these age levels

** Note game jerseys are purchased as needed for each player

ICL / ACL / Girls 10U-Varsity