

SRIHA Learn to Skate for Fall 2022 through Spring 2023

Learn the FUNDamentals of ice skating! Develop skills in fun and safe classes. Receive Certificates when you "Level-Up" throughout the year helps motivate with a clear curriculum from the Learn to Skate USA program. Evaluations every 6 weeks.



Skaters age 3-5 learn the basics of moving on the ice such as standing up and proper falling, marching, hopping, gliding, and forward skating. Snowplow Sam Level 4's graduate to Basic 2. One 40 minute practice per week. Eval's on weekend.

All SRIHA beginner skaters start with Basic Skills 1-6 before moving onto Hockey. Skaters will learn to be comfortable on the ice with forward skating, hopping, gliding, edge-work, and beginning backwards skating. One 40 minute practice per week. Eval's on weekend.

Hockey 1-4 will be a "Learn to Play" Atmosphere. This is where we will introduce sticks, gameplay, and the possibility for occasional games for kids under 6. This level practices with the Mites two nights a week. And/Or older skaters may begin training with their age level.

Pre-Free Skate is an introduction to Figure Skating techniques. With skaters developing their balance, coordination, and edge work to complete their first jumps and spins. Practice same time as Basic 4-6. Helmets Optional.



Gloves and approved helmets are required for all practices. Comfortable but padded outfits recommended for Snowplow and Basic. Full hockey gear required at Hockey 1. Volunteers are needed and must be USA hockey registered. Program Coordinator Tyler Kennedy is a USA Hockey and Learn to Skate USA Certified Instructor. Email: TKennedy26@Gmail.com for more information.

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