



Return to Jam Hops: Safety Guidelines

Protocol as of 5.28.2020

Inspiring Kids to Become LIFE CHAMPIONS!

PHASE 1

- Jam Hops Opens both Locations 6.1.2020
- Facilities are Prepared
- Following MDH Requirements and Guidelines

PHASE 2

- Phase 1 Policies Loosened as Appropriate

PHASE 3

- Restrictions Loosened as Appropriate
- Resume Regular Programming
- The "new normal" begins!

PHASE 1

EMPLOYEE GUIDELINES

- Staff will adhere to illness policy, including COVID-19 symptom check and 24 hour wellness standard.
- Staff will wash/sanitize hands upon entry, prior to and following each class, and additionally as needed.
- Staff will have very limited physical contact with students - spotting only as necessary.
- Staff will wear a face mask if they are unable to be socially distanced from children (i.e. doing ongoing spotting).
- Staff will be diligently trained to enforce procedures on sanitizing standards and distancing protocols.
- Staff will adhere to PPE requirements as set forth by the Minnesota Department of Health (MDH).
- Employee travel will be monitored and isolation following travel will adhere to MDH recommendations.

FACILITY GUIDELINES

- Jam Hops will be disinfected completely prior to reopening.
- We will use disinfecting products effective against COVID-19.
- All frequently touched surfaces will be disinfected regularly throughout the day and evening.
- Additional hand sanitizing and cleaning stations have been set up throughout the facility for easy access.
- We will be closed on Sundays to perform additional building and equipment disinfecting.
- Gym equipment has been moved/adjusted to better allow for social distancing during practice.
- Drinking fountains have been disabled. Students are asked to bring a personal water bottle. Water bottle filling stations are still available.
- Customer Care counters have been widened to allow for social distancing with the staff.
- Signage has been added for flow of customer traffic and social distancing.
- Seating is very limited in order to adhere to social distancing recommendations as set by MDH.
- Cubby area is temporarily closed.
- The Jam Shop is temporarily closed.
- Lost and found is removed. All items left behind will be tossed at the end of the day.
- Occupancy standards will be adjusted to comply with MDH guidelines.

PROGRAM CHANGES

- Class ratios will be decreased 25% or more, as possible and necessary.
- No Open Gym this summer.
- Pit areas will have limited use and be mainly for competitive athlete training. Pits will have landing mats at all times.
- Chalk bins have been removed from recreational gymnastics area.

Prior to Arrival at Jam Hops

- Perform a self-wellness check before coming to Jam Hops. Please stay home if you or your child are experiencing any COVID-19 symptoms, have been exposed to such symptoms, or have flown in the past 14 days.
- Educate your child on social distancing, procedures for hand washing/sanitizing, and coughing or sneezing into their arm.
- In order to decrease the use of the restrooms at Jam Hops, we ask you to please use your restroom at home prior to coming to Jam Hops.
- Bring a personal labeled water bottle, hand sanitizer, and a labeled bag for shoes and personal items. Cubbies are temporarily closed. Any bottles/personal items will be disposed of at the end of each day.
- We recommend and respectfully request child drop off and pick up, instead of entering or waiting inside Jam Hops whenever possible.
- Only one family member will be allowed inside with the child(ren).
- We encourage adults to wear masks (with appropriate graphics) while in the building.

Upon Arrival at Jam Hops

- Please arrive no more than 5 minutes prior to class.
- Students and customers will be required to disclose COVID-19 symptoms prior to entering Jam Hops. Temperatures may be checked prior to entering the building, and anyone who appears ill or has temperature of over 100 degrees will be sent home.
- Follow directional signage and practice social distancing.
- DO NOT check your child in at the Customer Care desk. Attendance will be taken with the instructor/coach.
- All customers and children should wash/sanitize hands prior to class.
- Remove child's shoes and unnecessary clothing items and keep them in your labeled bag. If the parent is present, they may keep the bag, otherwise, the child should bring the bag with them into class.
- School-age students should wait in the designated spot. Preschool children should wait with their parent, practicing social distancing until the class is called.

During Class/Practice

- Social distancing will be practiced between students, instructor (as appropriate), and classes.
- Students will be reminded to sanitize/wash hands regularly.
- School-age students should bring their water bottle and bag with them into class.
- Class structure will be modified to adhere to social distancing requirements and reduce sanitation concerns.
- Equipment and mats will be sanitized regularly throughout class/practice. Coaches and students may be asked to help with this at the end of each rotation.
- If a parent stays during practice, social distancing is required at all times.

After Class

- Please exit the building promptly after classes to allow for continued sanitization and social distancing.
- Follow directional signage to lead you to the appropriate exit when leaving the building.

**Keeping our #family SAFE is our top priority.
Thank you for your cooperation and continued support.**

FAMILY GUIDELINES