## PRACTICE INFORMATION

Practice can begin for grades 6-8 the week of July 31<sup>st</sup> and for grades 3-5 the week of August 7<sup>th</sup>. The first week or at least the first three practices will be helmets and shorts – shoulder pads are optional. Kids will be receiving t-shirts and shorts that can be worn during practice and Football Night Out. Flag will begin practicing the week of August 21<sup>st</sup>.

## **Events allowed per week for each grade level**

Flag: (2 events) 2 practices until school starts, then 1 practice & 1 game. 3<sup>rd</sup> & 4<sup>th</sup>: (3 events) 3 practices until school starts, then 2 practices & 1 game. 5<sup>th</sup>-8<sup>th</sup>: (4 events) 4 practices until school starts, then 3 practices & 1 game.

Practice time typically starts at 5:30/6:00pm and lasts 1 % - 2 hours depending on grade level.

## **Practice/Game Field Locations**

**Flag Football:** Practices and games will take place on the back end (North end) of Field #9 (located just West of Wildwood Elementary).

**3<sup>rd</sup> Grade:** Practices on front end (South end near road) of Field #9. Home games will be played on Field #10 (both fields located just West of Wildwood).

4<sup>th</sup> Grade: Practices and Home games will take place on Field #10.

5th Grade: Practices and Home games will take place at the DEC.

**6**<sup>th</sup> **Grade:** Practices on Field #2 (located behind Middle School). Home games (Saturday/Sunday) at the DEC – Possibly Sunday game(s) at HS Stadium.

**7**<sup>th</sup> **and 8**<sup>th</sup> **Grade:** Practice on Fields #3 and #4 (located up the hill from Field #2 – easiest to access fields from tennis courts parking lot).

Home games will be at Mahtomedi Varsity Stadium. Games will be played Sunday afternoons.

<sup>\*</sup>Practice start times will adjust as we lose daylight.