



2023 Gene Watson Developmental Clinic and Workshop

Location:

Interactive Gymnastics
3795 S US 421
Zionsville, IN 46077

Date:

Coaches Clinic—9 Sept, 2023
Athlete Workshop—10 Sept, 2023

Who:

Clinic—all R5 coaches
Workshop—Any athlete interested
in or competing in Future Stars
and 11-12 or 13-14 TS.

Contact:

Kevin Chope—R5 Chairman
630 488 7115 krchope@comcast.net

The 2022 Gene Watson clinic will consist of two events; Saturday will be coaches presentations from 2pm to 8:30pm. Dinner and social hour will be included. Sunday will be an athletes session from 8 am to 5 pm. Athlete/coaches lunch will be served. Sunday will include presentations for parents.

Please mark your calendars!

The Saturday Coaches Clinic will have presentations planned on mechanics, specific skills, class management, and much more. ALL R5 coaches are encouraged to attend. USAG education credit will be given to participants. Presentations are planned on Strength Training, Spotting, Introducing and the Mechanics of Flyaways, Trampoline, and long term planning for HB.

Don't miss out on this great educational opportunity.

Athletes will work with our R5 Elite Staff on all Future Stars events. We will be going over the required skills and what is expected at testing. This is a great opportunity for ALL athletes to learn about the Future Stars program. You do NOT need to be a competitive FS athlete to participate. Personal coaches are encouraged to attend.

Registration is through the USAG registration system. Make sure your athlete and coach memberships are up to date.

Registration is now open. Register online and send check and roster to

Watson Clinic
1212 S 4th St
St Charles, IL 60174

Athlete cost \$80 Coaches free
payable to USAG Region 5

Spaces are limited! Please enroll early.