



2024

SAFETY PLAN

**League ID Number:
405-24-21**



Eastvale League

12672 Limonite Ave #3E-324., Eastvale, Ca. 92880

(951) 903-6515

info@eastvalelittleleague.com

2024 SAFETY PLAN

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Little League Safety Plan Requirements

1. Safety Officer on file with Little League International - **Julio Mendez**
(julio@eastvalelittleleague.com)
2. A copy of this Plan will be distributed to all team managers and Board Members prior to the start of the season and one shall be kept inside the snack bar near the entrance. It will also be available on the Eastvale Little League web site as well as emailed to all Managers and Board Members.

Emergency Phone Numbers

Police / Fire / Medical Emergency	911
Police Non-Emergency	951-776-1099
Fire Non-Emergency	951-898-3713
JCSD Park Maintenance Control	951-685-7434
California Poison Control	800-222-1222
Eastvale City Hall	951-361-0900
Riverside Co. Animal Control	951-358-7387
ELL President – Chris Gorman	714-313-7044
ELL Vice President – Jason Tondre	714-305-5160
ELL League Commissioner – Waldo Gabaldon	949-283-1452
Safety Officer - Julio Mendez	562-714-8881
ELL Manager Coordinator - Jason Parsons	562-762-8482

Injury Procedures

1. Provide **basic first aid** as appropriate per your training.
2. Call '911' **if necessary** Emergency Medical Services (EMS)
3. Contact the player's parent or guardian and advise Board Member on Duty (BMOD) if you're at Harada Park.
4. Contact Safety Officer if not at Harada Park - **Julio Mendez (562) 714-8881**
5. If EMS was called, provide EMS personnel the player's medical release form.
6. Insure that a responsible adult (Manager, Coach, Board Member and/or family member) remains with the player at all times if transported to the hospital.
7. Complete an **Injury Report Form** for **all injuries** and an **Accident Claim Form** for any that requires professional medical treatment or **possible serious injuries**.
8. Contact the Safety Officer for all injuries - **Julio Mendez (562) 714-8881**
9. Submit all forms to the Safety Officer via drop box at the snack bar, email or in person.

3. Eastvale Little League Volunteer Background Check Requirements:

1. **Eastvale LL requires** all of its volunteers to submit a completed Little League Volunteer Application along with a copy of a government-issued photo identification card. The application and Photo ID shall be kept with the League President in a confidential file for the year of service and used to screen for sex offenders through the Department of Justice nationwide sex offender registry.
2. **Jurupa Community Service District Parks Department and Little League International** requires that all adult volunteers, regardless of position, and who are in direct contact with children at the park meet the following requirements;
 - Annually complete JCSD 's full criminal background check
 - Be issued a photo ID Badge.
 - Wear (visibly) the current Badge whenever around children at their facilities.
 - Enforcement by ELL Board of directors and JCSD employees

*** Anyone not abiding to these requirements is subject to removal by the Board of directors and suspension by the president**

4. Manager and Coaching Requirements

1. Complete a Manager/coach application survey.
2. Meet the volunteer background check requirements.
3. Managers must be at least 21 years old.
4. Coaches must be at least 16 years old.
5. Attend the Coaches Clinic and the Basic First Aid Class on Draft Night.
(At least one manager or coach from each team must attend the Class)
6. All managers and coaches must be approved by the league's Board of Directors.

5. Required First Aid Training

- Little League requires at least 1 Manager or 1 Coach from each team to attend the League's basic first aid clinic.
- Licensed Medical Doctors, Nurses, Paramedics and EMTs are exempt from the training however 1 representative from each team is still required to attend each year.
- Other outside first aid training is **not exempt**.

7. Walking the Fields

- A manager, coach or umpire is required to walk the game or practice field prior to playing.
- The field shall be inspected for rocks, holes, glass or other safety hazards.
- Any serious field hazards should be reported to the **Safety Officer immediately**.

8. 2024 Annual Little League Facility Survey

- A copy of the completed Facility Survey shall be attached to the Safety Plan and kept on file for future use and records.

9. Concession stand food handling safety procedures

- Written copies of safe food handling procedures shall be attached to the safety plan and posted inside the snack bar.
- Training on the safe use, care and inspection of the snack bar equipment shall be conducted by the **Director of Concessions** to all snack bar workers prior to their first shift worked.
- For any snack bar issues, contact the **BMOD or The Director of Concessions Tina Tinner**.
ttiner@eastvalelittleleague.com

10. Inspection and replacement of equipment

- All league issued equipment shall be inspected for readiness by the League **Equipment Manager (Manny Cid)** prior to distribution to the team Managers.
- Team managers shall regularly inspect their equipment for damage and request replacement from the **Equipment Manager** at manny@eastvalelittleleague.com
- The Umpires shall inspect the helmets, bats and catcher's equipment prior to the start of each game. Any equipment found unsafe, damaged or illegal shall be removed from the playing field and not used. Examples; helmets with cracks or torn padding, Helmets with aftermarket paint or stickers, catcher helmets with no throat guard, non-little league approved bats, etc.

11. Prompt accident reporting and tracking procedure

- The Safety Officer shall be notified about any serious or possible serious injuries immediately at 562-714-8881 or at julio@eastvalelittleleague.com
- Completed Accident Report forms shall be submitted to the Safety Officer within 48 hours of the incident. Blank forms will be attached to the safety plan and can also be found in the league's website, eastvalelittleleague.com.
- The Safety Officer shall track and follow up on the incidents with the intent of preventing future injuries from occurring.

12. Required First Aid Kits

- A Basic First aid kit and ice pack will be distributed with the team equipment.
- The kit shall be brought to **all** practices and games and restocked from the snack bar as needed.
- Zip lock baggies with ice can be obtained at the snack bar for injuries at Harada Park.
- **Larger first aid kits**, an AED (Automatic External Defibrillator) and **CPR Masks** are located in the snack bar near the entrance.

13. 2024 Little League Rules and Eastvale LL Local Rules

- Little league rule books will available at the start of the season.
- A copy of ELL Local rules can be provided in the Manager's packet at the Draft and will also be available on the league's website.
- Manager and coaches must enforce all rules at the games and the practices.
- Managers and coaches must abide by the "**Code of Conduct Policy**" found in the Local Rules.
- Most Little League rules are written for the player's and/or the coach's safety and must be followed.

The top 2 most violated rules;

1. Not using proper equipment. Examples: **not** wearing a helmet during any type of batting practice or **not** wearing a full catcher's helmet when catching for infield practice.
2. Batters throwing their bat.

14. A qualified safety plan registration form shall be attached to the Eastvale LL Safety Plan and submitted to Little League International.

15. Player and Volunteer Roster Data shall be submitted to the Little League data center at Littleleague.org.

- **proof of the data submitted shall be attached to the safety plan**

Little League Pledge



**I trust in God
I love my country And will respect its laws
I will play fair And strive to win But win or lose
I will always do my best**



Little League® Volunteer Application – 2024

Do not use forms from past years. Use extra paper to complete if additional space is required.



This volunteer application should only be used if a league is manually entering information into JDP or an outside background check provider that meets the standards of Little League Regulations 1(c)9. THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUICKAPP. Visit LittleLeague.org/LocalBGcheck for more information.

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION.

All RED fields are required.

Name _____ Date _____

First Middle Name or Initial Last

Address _____

City _____ State _____ Zip _____

Social Security # (mandatory) _____

Cell Phone _____ Business Phone _____

Home Phone: _____ E-mail Address: _____

Date of Birth _____

Occupation _____

Employer _____

Address _____

Special professional training, skills, hobbies: _____

Community affiliations (Clubs, Service Organizations, etc.): _____

Previous volunteer experience (including baseball/softball and year): _____

1. Do you have children in the program? ☐ Yes ☐ No
If yes, list full name and what level? _____

2. Special Certification (CPR, Medical, etc.)? If yes, list: _____ ☐ Yes ☐ No

3. Do you have a valid driver's license? ☐ Yes ☐ No
Driver's License#: _____ State _____

4. Have you ever been charged with, convicted of, plead no contest, or guilty to any crime(s) involving or against a minor, or of a sexual nature?

If yes, describe each in full: _____ ☐ Yes ☐ No

(If volunteer answered yes to Question 4, the local league must contact Little League International.)

5. Have you ever been convicted of or plead no contest or guilty to any crime(s)? ☐ Yes ☐ No

If yes, describe each in full: _____

(Answering yes to Question 5, does not automatically disqualify you as a volunteer.)

6. Do you have any criminal charges pending against you regarding any crime(s)? ☐ Yes ☐ No

If yes, describe each in full: _____

(Answering yes to Question 6, does not automatically disqualify you as a volunteer.)

7. Have you ever been refused participation in any other youth programs and/or listed on any youth organization ineligible list? ☐ Yes ☐ No

If yes, explain: _____

(If volunteer answered yes to Question 7, the local league must contact Little League International.)

In which of the following would you like to participate? (Check one or more.)

☐ League Official ☐ Umpire ☐ Manager ☐ Concession Stand
☐ Coach ☐ Field Maintenance ☐ Scorekeeper ☐ Other _____

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:

Name/Phone

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: LittleLeague.org/BgStateLaws

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Signature _____ Date _____

If Minor/Parent Signature _____ Date _____

Applicant Name (please print or type) _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer _____ on _____

System(s) used for background check (minimum of one must be checked):

Review the Little League Regulation 1(c)(9) for all background check requirements

☐ JDP (Includes review of the U.S. Center of SafeSport's Centralized Disciplinary Database and Little League International Ineligible/Suspended List)*

OR

☐ National Criminal Database check ☐ U.S. Center of SafeSport's Centralized Disciplinary Database and Little League International Ineligible/Suspended List
☐ National Sex Offender Registry

* Please be advised that if you use JDP and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JDP in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

☐ Proof of completion of Abuse Awareness Training for Adults provided to league

Last Updated: 10/25/23

Jurupa Community Services District Procedures for Background Checks for Volunteers

The National Recreation and Park Association (NRPA) has developed a set of Recommended Guidelines for Background Screening in park and recreation settings as a public safety and risk management tool. This is in effort to make communities safe by advancing optimum volunteer management practices. Failure to take appropriate steps to screen volunteers may place organizations, volunteers, and participants at greater risk. The NRPA recommends that all volunteers in direct supervision of children be screened as though they were applying for a paid position. Each volunteer is to be screened on an annual basis. District approved volunteer credentials are required to be worn for all those who have been approved through the screening process, to provide assurance that a volunteer is qualified and authorized to provide a public service and to build public awareness for quality volunteer management practices. A comprehensive background screening can lessen the risk of exposure to liability due to a lack of knowledge regarding employees and volunteers' background,

The NRPA recommends the following guidelines for conducting Background Checks:

- I. Social Security Verification: Verifies the name of every volunteer against the Social Security number provided names and/or information.
- II. Address Trace: Verifies the current address and identifies any previous address of every individual screened. This information is utilized to determine the jurisdiction in which the background screening is conducted.
- III. Criminal Records Check (State, County, and National): misdemeanor and felony convictions of the applicant.
- IV. Sex Offender Registry: based on the address history to supplement criminal records history.

California Penal Code Section 11105 allows municipal jurisdictions to obtain State summary criminal background information from the Department of Justice if the authorizing body has given the General Manager authority to obtain such records. California Penal Code Section 11105.2 further authorizes the municipality to obtain State subsequent arrest information with respect to existing employees and applicants for employment or volunteer positions. To ensure that the interests of the Jurupa Community Services District, its employees and members of the public are protected and to help minimize potential liability, the Jurupa Community Services District is authorized to obtain, from the Department of Justice, summary criminal background information on applicants for employment, volunteer positions, and existing employees. The Jurupa Community Services District desires to identify those employees, prospective employees, and volunteers who have a criminal history so that information about criminal history can be used in employment decisions. To capture all Search of the appropriate state sex offender registries This helps eliminate the possibility of false Applicants for volunteer positions will be subjected to a background check by an independent outside agency designated by the District. A person shall be disqualified and prohibited from serving the Jurupa Community Services District if the person has been found guilty of any of the following crimes. Guilty means that a person was found guilty following a trial, entered a guilty plea, entered a no contest plea accompanied by a court finding of guilty, regardless of whether there was an adjudication of guilt or a withholding of guilt. This does not apply if criminal charges resulted in acquittal, Nolle Prose, or dismissal.

- Sex Offenses: All misdemeanor and felony sex offenses, regardless of the amount of time since the offense.
- Felonies: All violent felonies regardless of the amount of time since the offense. All felony offenses other than sex or violence within the past ten years.
- Misdemeanors: All misdemeanor violence offenses within the past seven years. All misdemeanor drug and alcohol offenses within the past five year or multiple offenses in the past ten years. Any other misdemeanor within the past five years that would be considered a potential danger to children or its directly related to the functions of that volunteer.
- Pending Cases: Anyone who has been charged for any of the disqualifying offenses or for cases pending in court should not be permitted to volunteer until the official adjudication of the case. Specifically, the background check conducted by the Jurupa Community Services District is done on the following offenses by section and title:

I. Penal Code Section 68: Bribes; executive or ministerial officers, employees, or appointees; asking or receiving; punishment

II. Penal Code Section 72: Fraudulent claims; presentation; intent; punishment

III. Penal Code Section 73: Appointment to office; giving or offering gratuity or reward

IV. Penal Code Section 74: Appointment to office; deputations; acceptance of gratuity or reward; punishment; forfeiture of office

V. Penal Code Section 187: Murder defined

VI. Penal Code Section 189: Murder, degrees

VII. Penal Code Section 209: Kidnapping for ransom, reward, or extortion, or to commit robbery or rape; punishment

VIII. Penal Code Section 211: Robbery

IX. Penal Code Section 245: Assault with a deadly weapon or force likely to produce great bodily injury; punishment

X. Penal Code Section 261: Rape, abduction, carnal abuse of children, and seduction

XI. Penal Code Section 451: Arson of structure, forest land or property; great bodily injury; inhabited structure or property; owned property; punishment

XII. Penal Code Section 459: Burglary

XIII. Penal Code Section 484: Theft defined

XIV. Penal Code Section 503: Embezzlement

XV. Penal Code Section 518: Extortion

XVI. Penal Code Section 220: Assault with intent to commit mayhem, rape, sodomy, oral copulation, or other specified offense and commission of same acts in course of burglary of first degree; punishment

XVII. Penal Code Section 261.5: Unlawful intercourse with person under 18; age of perpetrator; civil penalties

XVIII. Penal Code Section 262: Rape of spouse; elements; conditions of probation; fines, payments, or restitution

XIX. Penal Code Section 273a: Willful harm or injury to child; endangering person or health; punishment; conditions of probation

XX. Penal Code Section 273d: Corporal punishment or injury of child; felony; punishment; enhancement for prior conviction; conditions of probation

XXI. Penal Code Section 273.5: Willful infliction of corporal injury; violation; punishment

XXII. Penal Code Section 288: Lewd or lascivious acts; penalties; psychological harm to victim

XXIII. Penal Code Section 115: Procuring or offering false or forged instrument for record; violations; punishment

XXIV. Penal Code Section 115.3: Altered Certified copy of official record

XXV. Penal Code Section 424: Embezzlement and falsification of accounts by public officers; misappropriation; unauthorized loan, use for private profit; failure to pay over or transfer public monies; punishment

XXVI. Title 13, Chapter 4 of the Penal Code: Forgery and Counterfeiting

XXVII. Any crime described in the California Uniform Controlled Substances Act (Division 10 (commencing with section 11000) of the California Health and Safety Code).

XXVIII. Any felony or misdemeanor conviction within 10 years of the District's request for criminal background information for a violation or attempted violation of Chapter 3 of Title 8 of the California Penal Code (commencing with Section 207), Section 211 or 215, wherein it is charged and proved that the defendant personally used a deadly or dangerous weapon, as provided in subdivision (b) of Section 12022, in the commission of that offense, Section 217:1, Chapter 8 of Title 8 of the Penal Code (commencing with Section 240), and a violation of any of the offenses specified in subdivision (c) of Penal Code Section 667.5. Provided that, any misdemeanor conviction of any of the provisions referenced in this subsection (3) shall not disqualify the applicant from employment or volunteer unless he/she has a total of three or more misdemeanor or felony convictions under Penal Code Section 11105.3 within the immediately preceding ten-year period.

XXIX. Any felony or misdemeanor conviction under Penal Code Section 11, et seq., photographic use of children relative to sexual conduct.

XXX. Any felony or misdemeanor conviction for a sex crime set forth in the Penal Code.

Once the background check information is received, the results are reviewed by the Jurupa Community Services District Park Director or his/her designee. Summary information of the Background Check along with background check printouts highlighting any red flags are forwarded to the Jurupa Community Services District General Manager for further determination and processing.



Welcome

Welcome e to the Jurupa Community Services District national background screening platform.

Please enter your information in the fields below to gain access and begin this application process. Thank you.

First Name: •

Last Name: •

Email: •

Select the Position for which you are Applying: •



Eastvale Little League

12672 Limonite Ave. Suite 3E-324
Eastvale, Ca. 92880

Managers and Coaches Code of Conduct

Eastvale Little League expects the following standards of conduct and behavior for its managers and coaches. All managers and coaches in Eastvale Little League must adhere to this code of conduct.

1. Encourage your players to play by the rules. Children learn best by the examples set by their coaches, so applaud play by both teams.
2. Be a positive role model by showing good sportsmanship, a positive attitude and remembering the real reason for the game: To have fun!
 - a. DO NOT ridicule or yell at players, coaches, umpires or parents.
 - b. Always show a positive attitude, on and off the field.
3. Remember that all rulings by an umpire on the field are final. If there is a question on an umpire's ruling you should call time out and get with the umpire and the opposing coach out of earshot of players, parents and spectators. Once the conversation is finished, get back to the game. Do not continue to discuss the matter.
4. Emphasize skill development at all practices and continually work to develop less skilled players.
5. No smoking while coaching. No alcohol before a game or practice. Absolutely NO alcohol at the field before, during or after a game or practice. ELL has a no tobacco policy at all fields during all practices and games.
6. Speak positively of Eastvale Little League and support the decisions of the Board.
7. Do not hold practices at your residence. Use fields and times allotted to your team by the league.

Violence and Harassment Policy

In order to protect the climate of safety and security for all participants and to make clear Eastvale Little League's long standing position toward any threat or harassment toward any league participant; the League's Board of Directors has chosen to document this policy as a code of conduct.

The Eastvale Little League (ELL) hereby adopts a zero-tolerance policy toward any form of violence and harassment, understood as: physical hitting, shoving, kicking, throwing of objects, unwanted sexual advances, all forms of physical assault; abusive language or e-mails, threats, harassment and intimidation; ejection from a game; any attitude or action that can be reasonably construed as violence toward another.

The ELL Board will immediately communicate this policy to all ELL members and stakeholders, especially managers, coaches, umpires, parents, and players, and advise them of their responsibility to report all incidents that can reasonably be construed as violence.

Upon receipt of any report of alleged violence, the President of ELL or his lawful representative and an appointed sub-committee, will conduct an investigation to determine if the allegations are substantiated. The investigation will commence within 7 days of the reported incident.

If the allegations of misconduct are substantiated, one or more of the following consequences will be recommended to the board.

- Be given a verbal/written warning that the action/behavior must stop immediately.
- Be reprimanded verbally before the board and in writing and placed on probation for one year.
- Be suspended from managing/coaching/umpiring any ELL team for any length determined by the board, and/or restriction from any and all activity associated with Eastvale Little League.

It is the intent of Eastvale Little League to ensure a safe, productive, and professional baseball environment and the board will render decisions with these principles in mind.

Final decisions must be approved by the board of directors. If any consequences are given by the board, the aforementioned sub-committee will appropriately inform the person(s) involved. Violation of any terms of consequence will result in a more severe consequence.

HEADS UP CONCUSSION



SIGNS AND SYMPTOMS

Athletes who experience one or more of the signs or symptoms listed below after a bump, blow, or jolt to the head or body may have a concussion.

› SIGNS OBSERVED BY COACHING STAFF

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

› SYMPTOMS REPORTED BY ATHLETE

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"



ACTION PLAN

As a coach, if you think an athlete may have a concussion, you should:

1. **Remove the athlete** from play.
2. **Keep an athlete with a possible concussion out of play on the same day of the injury and until cleared by a health care provider.** Do not try to judge the severity of the injury yourself. Only a health care provider should assess an athlete for a possible concussion.
3. **Record and share information about the injury**, such as how it happened and the athlete's symptoms, to help a health care provider assess the athlete.
4. **Inform the athlete's parent(s) or guardian(s)** about the possible concussion and refer them to CDC's website for concussion information.
5. **Ask for written instructions from the athlete's health care provider** about the steps you should take to help the athlete safely return to play. Before returning to play an athlete should:
 - › Be back to doing their regular school activities.
 - › Not have any symptoms from the injury when doing normal activities.
 - › Have the green-light from their health care provider to begin the return to play process.

IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON.



For more information and to order additional materials **free-of-charge**, visit: www.cdc.gov/HEADSUP.

You can also download the CDC **HEADS UP** app to get concussion information at your fingertips. Just scan the QR code pictured at left with your smartphone.



Centers for Disease
Control and Prevention
National Center for Injury
Prevention and Control

The information provided in this document or through linkages to other sites is not a substitute for medical or professional care. Questions about diagnosis and treatment for concussion should be directed to a physician or other health care provider.

Dr. James Andrews Arm Injury Risks

When Dr. James Andrews talks about arm injuries in baseball, it would be crazy not to listen to him.

After all, he is arguably the world's most famous and best orthopedic surgeon, and he has saved the pitching arms of some of the greatest professional baseball players on the planet.

So when he has a request for the sport he loves, maybe it should be wise and listen to his request -- especially at the youth and high school level.

"I think they should outlaw the radar gun," he said. "Young pitchers, coaches, scouts and parents put so much emphasis now on throwing hard that these kids are hurting their elbows and their shoulders because they're trying to throw 90 mph."

The radar gun, Andrews said, is one of many injury risks at the youth and high school level in an age of baseball that is seeing more and more teenage athletes on the operating table instead of the pitching mound.

And frankly, Andrews doesn't like it.

"Every time I see a high school pitcher walk in my office it makes me sad," Andrews said. "A lot of these injuries could be prevented, and it's gotten to a point where I am seeing more and more young kids in my office."

For decades the majority of his Tommy John patients could be found in the dugouts of major league, minor league and college dugouts. But during the past 10 years, Andrews said, a rapid rise of his patients could be found in your local high school yearbook.

Tommy John surgery is a procedure where the damaged ulnar collateral ligament in the elbow is replaced with another tendon on the body, such as from the forearm or hamstring. It's also the most common surgery Andrews performs on young pitchers.

Dr. James Andrews has treated high-profile athletes like Drew Brees and Peyton Manning. Mari Darr-Welch/AP

One of those pitchers is Bolles (Jacksonville, Fla.) right-hander Hayden Hurst, whom Andrews performed Tommy John surgery on in the eighth grade.

"I definitely can feel the difference," said Hurst, now a senior. "Before the surgery it felt like I had a bum arm. Now it feels alive."

Andrews used to do three or four Tommy John surgeries a year on high school athletes. Now he said it's up to three to four times a week.

"It is surprising," Andrews said. "Kids are growing up too fast. They are outgrowing the development of their ligaments. They are getting too big and too strong too quick. Their ligaments in the elbow aren't ready."

"The first thing you need to do is basically have common sense," he added. "If you step back and really understand the risk factors you can prevent these arm injuries."

Here are the five main risk factors that Andrews believes contribute to the rash of elbow injuries among high school pitchers. By paying attention to these, it could lessen the chance of a major injury on the mound.

Year-round baseball

Like the radar gun, Andrews thinks they should get rid of year-round baseball.

"Young pitchers now are throwing hard all year and that is not a good thing," he said. "There is no rest period. Baseball is a development sport and the ligaments in the elbow need rest to develop."

Velocity

Slow it down, Andrews said. Thanks to numerous years of experience and a multiple of studies, Andrews said there should be a line on how fast a pitcher should be throwing.

"We found that young pitchers who throw over 85 miles per hour have far greater potential of getting hurt," he said.

"When throwing more than 85, it creates a lot of stress on elbows that are still developing."

Fatigue

This risk factor should be the easiest to understand, Andrews said. It's also one of the biggest reasons for injury.

"There should be a pitch-limit rule at every high school in the country," he said. "I have heard of kids who throw 160 pitches in a game and that's just not safe."

Andrews said pitchers should never pitch on back-to-back days and should never try and get through an inning when they feel any soreness or tiredness in their pitching arm.

Travel baseball (also called club baseball) also is a big cause for fatigue because coaches from separate teams do not communicate with each other.

"One coach will pitch a kid for five innings one night and then the next day the same kid will go throw five more innings for a different coach in a different game," Andrews said. "These pitchers should not be playing in more than one league at once. You have to rest to prevent these injuries."

Showcases

Social pressure and scouts at showcase events also play a role in arm injuries.

Andrews said many arm injuries are associated with one-day showcase events where pitching prospects go throw for pro and college scouts. Most of the time, it's not safe.

"A lot of the times they go to these events not in shape or tired because they maybe pitched the night before," he said. "They throw them off the mound as hard as they can and damage their arm by doing so."

The radar gun

"Just outlaw it," Andrews said. "It's time."

Maybe it's time baseball listens to him.

Source:

(Muench, 2012)

Bibliography

Muench, M. (2012, February 8). *ESPNHS Baseball*. Retrieved from ESPN.com: http://www.espn.com/blog/high-school/baseball/post/_/id/1091/dr-james-andrews-talks-tommy-john

Regular Season Pitching Rules - Baseball

REGULATION VI - PITCHERS

(a) Any player on a regular season team may pitch. (NOTE: There is no limit to the number of pitchers a team may use in a game.)

(b) A pitcher once removed from the mound cannot return as a pitcher. **Junior and Senior League Divisions only:** A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.

(c) The manager must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:

LEAGUE AGE:

AGES 13-16 -	95 pitches per day
AGES 11-12 -	85 pitches per day
AGES 9-10 -	75 pitches per day
AGES 7-8 -	50 pitches per day

Exception: If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. That batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning. **Note 1: A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.** **Note 2: Any player who has played the position of catcher in four or more innings in a game is not eligible to pitch on that calendar day.**

(d) Pitchers league age 14 and under must adhere to the following rest requirements:

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21-35 pitches in a day, one (1) calendar days of rest must be observed.
- If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.

Pitchers league age 15-16 must adhere to the following rest requirements:

- If a player pitches 76 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 61-75 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 46-60 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 31-45 pitches in a day, one (1) calendar days of rest must be observed.

- If a player pitches 1-30 pitches in a day, no (0) calendar day of rest is required.
- (e) Each league must designate the scorekeeper or another game official as the official pitch count recorder.
- (f) The pitch count recorder must provide the current pitch count for any pitcher when requested by either manager or any umpire. However, the manager is responsible for knowing when his/her pitcher must be removed.
- (g) The official pitch count recorder should inform the umpire-in-chief when a pitcher has delivered his/her maximum limit of pitches for the game, as noted in Regulation VI (c). The umpire-in-chief will inform the pitcher's manager that the pitcher must be removed in accordance with Regulation VI (c). However, the failure by the pitch count recorder to notify the umpire-in-chief, and/or the failure of the umpire-in-chief to notify the manager, does not relieve the manager of his/her responsibility to remove a pitcher when that pitcher is no longer eligible.
- (h) Violation of any section of this regulation can result in protest of the game in which it occurs. Protest shall be made in accordance with Playing Rule 4.19.
- (j) A player who has attained the league age of twelve (12) is not eligible to pitch in the Minor League. (See Regulation V - Selection of Players)
- (k) A player may not pitch in more than one game in a day.

NOTES:

1. The withdrawal of an ineligible pitcher after that pitcher is announced, or after a warm-up pitch is delivered, but before that player has pitched a ball to a batter, shall not be considered a violation. Little League officials are urged to take precautions to prevent protests. When a protest situation is imminent, the potential offender should be notified immediately.
2. Pitches delivered in games declared "Regulation Tie Games" or "Suspended Games" shall be charged against pitcher's eligibility.
3. In suspended games resumed on another day, the pitchers of record at the time the game was halted may continue to pitch to the extent of their eligibility for that day, provided said pitcher has observed the required days of rest.

Example 1: A league age 12 pitcher delivers 70 pitches in a game on Monday when the game is suspended. The game resumes on the following Thursday. The pitcher is not eligible to pitch in the resumption of the game because he/she has not observed the required days of rest.

Example 2: A league age 12 pitcher delivers 70 pitches in a game on Monday when the game is suspended. The game resumes on Saturday. The pitcher is eligible to pitch up to 85 more pitches in the resumption of the game because he/she has observed the required days of rest.

Example 3: A league age 12 pitcher delivers 70 pitches in a game on Monday when the game is suspended. The game resumes two weeks later. The pitcher is eligible to pitch up to 85 more pitches in the resumption of the game, provided he/she is eligible based on his/her pitching record during the previous four days.

Note: The use of this regulation negates the concept of the "calendar week" with regard to pitching eligibility

PLAYER CODE OF CONDUCT

Eastvale Little League expects the following standards of conduct and behavior of all players:

1. Play for the fun of the game.
2. Show good sportsmanship at all times -win or lose.
3. Respect your coaches, teammates, opponents, parents and umpires.
4. Be a team player and get along with your teammates.
5. Learn the rules of the game and play by them.
6. Try your best at all times.
7. Work hard and try to improve your skills.
- 8. Never argue with or show disrespect towards the umpire or coaches.**
9. Be positive with your teammates. Don't criticize.
- 10. Do not harass or act disrespectfully towards the opposing team.**
11. Regularly attend practices and games.
12. Be on time.
- 13. Do not throw bats or helmets. These actions can lead to an immediate ejection from a game.**
- 14. Do not intentionally hurt another player. This will lead to an immediate ejection from the game, suspension from future games, and/or dismissal from the team.**
15. Never swear or use profane language.
16. Clean up the dugout after every game. Ask the coach what else you can do to help.

PARENT'S CODE OF CONDUCT

ELL strives to create a positive atmosphere where children learn the game of baseball or softball, develop values and have fun. All members of the ELL community have a role to play in creating this positive atmosphere. By giving careful thought to these codes of conduct and putting effort into living up to them, you can help create this positive atmosphere.

Please read the Parent's Code of Conduct below and review the Player's Code of Conduct with your child. Both parents and the player should then sign as indicated.

Your child and their team:

1. Be supportive of your child. Cheer them on at all times, especially when they struggle.
2. Do not yell at or speak negatively to your child or their teammates in public.
3. **Do not coach your child or their teammates during a game (unless you are a coach).**
4. Do not ever let any player feel like they lost the game. The team wins and the team loses.

Your opponents:

5. Never yell at or speak negatively to an opposing coach, parent or player.
6. Do not engage in cheering that could be considered disrespectful to or might interfere with the performance of the opposing team.

The umpires:

7. **Never yell at, criticize or even offer advice to an umpire (even in a polite manner). Comments should be directed to your coach or a league administrator.**
8. Never blame the outcome of a game on an umpire. Umpire's decisions are not always correct, but successful players learn how to overcome those decisions, not use them as excuses.

Your coach/team:

9. **Do drop off and pick up your child on time for practices and games.**
10. Do keep your coach informed about absences or late arrivals that can't be avoided.
11. Do remain off the field and out of the dugout unless you are serving in an official capacity.
12. Do help the coach or team parent out by volunteering for team duties. Make sure you are doing your fair share.
13. If you are not satisfied with an aspect of your child's experience, talk to the coach about it at a time he/she can listen. Generally, this is not immediately before or after a game.

The League:

14. **Understand that ELL only happens through the efforts of our volunteers. Be appreciative of their efforts.**

15. Criticisms should be directed to a Board member or your coach.
16. If any confrontation does occur, please step in and act as a peacemaker.
17. Never swear.
18. Shall be drug and alcohol free at all ELL events.
19. Shall not ridicule or demean coaches, players, umpires, or league officials.
- 20. Parents will respect the decision of league officials.**

Consequences: Parents that cannot live up to this code of conduct will be prevented from attending games and/or will have their child's playing privileges suspended.

Violence and Harassment Policy

To protect the climate of safety and security for all participants and to make clear Eastvale Little League's long standing position toward any threat or harassment toward any league participant; the League's Board of Directors has chosen to document this policy as a code of conduct.

The Eastvale Little League (ELL) hereby adopts a zero-tolerance policy toward any form of violence and harassment, understood as: physical hitting, shoving, kicking, throwing of objects, unwanted sexual advances, all forms of physical assault; abusive language or e-mails, threats, harassment and intimidation; ejection from a game; any attitude or action that can be reasonably construed as violence toward another.

The ELL Board will immediately communicate this policy to all ELL members and stakeholders, especially managers, coaches, umpires, parents, and players, and advise them of their responsibility to report all incidents that can reasonably be construed as violence.

Upon receipt of any report of alleged violence, the President of ELL or his lawful representative and an appointed sub-committee, will conduct an investigation to determine if the allegations are substantiated. The investigation will commence within 7 days of the reported incident.

If the allegations of misconduct are substantiated, one or more of the following consequences will be recommended to the board.

- Be given a verbal/written warning that the action/behavior must stop immediately.
- Be reprimanded verbally before the board and in writing and placed on probation for one year.
- Be suspended from managing/coaching/umpiring any ELL team for any length determined by the board, and/or restriction from any and all activity associated with Eastvale Little League.

It is the intent of Eastvale Little League to ensure a safe, productive, and professional baseball environment and the board will render decisions with these principles in mind.

Final decisions must be approved by the board of directors. If any consequences are given by the board, the aforementioned sub-committee will appropriately inform the person(s) involved. Violation of any terms of consequence will result in a more severe consequence.

Sideline Suggestions
(10 Things Kids Say They Don't Want Their Parents to Do)
By Darrell J. Burnett, Ph.D.

1. **Don't yell out instructions.** During the game I'm trying to concentrate on what the coach says and working on what I've been practicing. It's easier for me to do my best if you save instructions and reminders for practice or just before the game.
2. **Don't put down the officials.** This embarrasses me and I sometimes wonder whether the official is going to be tougher on me because my parents yell.
3. **Don't yell at me in public.** It will just make things worse because I'll be upset, embarrassed, or worried that you're going to yell at me the next time I do something "wrong."
4. **Don't yell at the coach.** When you yell about who gets to play what position, it just stirs things up and takes away from the fun.
5. **Don't put down my teammates.** Don't make put-down remarks about any of my teammates who make mistakes. It takes away from our team spirit.
6. **Don't put down the other team.** When you do this you're not giving us a very good example of sportsmanship so we get mixed messages about being "good sports."
7. **Don't lose your cool.** I love to see you excited about the game, but there's no reason to get so upset that you lose your temper! It's our game and all the attention is supposed to be on us.
8. **Don't lecture me about mistakes after the game.** Those rides home in the car after the game are not a good time for lectures about how I messed up -- I already feel bad. We can talk later, but please stay calm, and don't forget to mention things I did well during game!
9. **Don't forget how to laugh and have fun.** Sometimes it's hard for me to relax and have fun during the game when I look over and see you so tense and worried.
10. **Don't forget that it's just a game!** Odds are, I'm not going to make a career out of playing sports. I know I may get upset if we lose, but I also know that I'm usually feeling better after we go get a pizza. I need to be reminded sometimes that it's just a game.

(From **Playbook for Kids: A Parent's Guide to Help Kids Get the Most Out of Sports**. The Gatorade Company)

Dr. Darrell Burnett is a clinical psychologist and a certified sports psychologist specializing in youth sports. He has been in private practice in Laguna Niguel, California for 25+ years. He is a member of the Little League International Board of Directors. He was listed among the "Top 100 Most Influential Sports Educators in America" by the Institute for International Sport. His book, **IT'S JUST A GAME!** (*Youth, Sports, & Self Esteem: A Guide for Parents*), and his Sportsmanship Card Game, **GOOD SPORT!** are described at his website, www.djburnett.com, along with his other books, booklets, and CDs on youth sports and family life.

Little League® "Returning" Volunteer Application - 2024

Do not use forms from past years. Use extra paper to complete if additional space is required.

If you filled out a volunteer application last year and your league uses the background check tools provided by Little League International, please fill out the returning volunteer application. Otherwise, please use the standard volunteer application. You must provide the information to all the questions in this section

Have you ever been convicted or plead guilty to any crime(s) involving or against a minor? No

If Yes, describe each in full: _____ Yes

Are there any criminal charges pending against you regarding any crime(s) involving or against a minor?

Yes No

If Yes, describe each in full: _____

Have you ever been refused participation in any other youth program? If Yes, explain: _____

Yes No

In which of the following would you like to volunteer? (Check one or more) League Official

Manager Score Keeper Concession Stand Coach Umpire

Please update ONLY the information in this section which has changed since last year. Name: _____

Address: _____

City: _____

Home Phone: _____ Work Phone: _____ E-Mail Address: _____

Driver's License #: _____ Occupation: _____

Employer: _____

Address: _____

State: _____ ZIP: _____ Cell Phone: _____ State: _____

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:

Name/ Phone: _____

_____/ _____ -

_____/ _____

Special professional training, skills, hobbies: _____

Special Certifications (CPR, Medical, etc): Field Maintenance _____

Other: _____

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Name (please print or type): _____

Applicant Signature: _____ Date: _____

If Minor - Parent Signature: _____ Date: _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

Special Affiliations (Clubs, Service Organizations, etc): _____

Previous volunteer experience (including baseball/softball and year(s)): _____

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE:

<http://www.littleleague.org/learn/programs/childprotection/state-laws-bg-checks.htm>

LOCAL LEAGUE USE ONLY:

Background Check completed by league officer _____ on _____

System(s) used for background check (minimum of one must be checked): Regulation I(c)(9) Mandates First Advantage or another provider that is comparable

*First Advantage

Sex Offender Registry Data along with a National Criminal Records check of at least 281 million records

*Please be advised that if you use First Advantage and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter directly from First Advantage in compliance with the Fair Credit Reporting Act containing information regarding all the criminal association with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.



Little League. Baseball and Softball MEDICAL RELEASE



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or eligibility affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____

Parent (s)/Guardian Name: _____ Relationship: _____

Parent (s)/Guardian Name: _____ Relationship: _____

Player's Address: _____ City: _____ State/Country: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR GUARDIAN AUTHORIZATION:

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____ City: _____ State/Country: _____

Hospital **Preference:** _____

Parent Insurance Co: _____ Policy No.: _____ Group ID#: _____

League Insurance Co: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/guardian cannot be reached In case of emergency, contact:

Name Phone Relationship to Player

Name Phone Relationship to Player

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms. _____

Authorized Parent/Guardian Signature

Date:

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____

Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.
Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.

Activities/Reporting

A Safety Awareness Program's Incident/Injury Tracking Report

League Name: _____ League ID: ____ - ____ - ____ Incident Date: _____ Field

Name/Location: _____ Incident Time: _____

Injured Person's Name: _____ Date of Birth: _____

Address: _____ Age: _____ Sex: ☐ Male ☐ Female

City: _____ State _____ ZIP: _____ Home Phone: () _____

Parent's Name (If Player): _____ Work Phone: () _____

Parents' Address (If Different): _____ City _____

Incident occurred while participating in:

A.) ☐ Baseball ☐ Softball ☐ Challenger ☐ TAD

B.) ☐ Challenger ☐ T-Ball (5-8) ☐ Minor (7-12) ☐ Major (9-12) ☐ Junior (13-14) ☐ Senior (14-16) ☐ Big League (16-18)

C.) ☐ Tryout ☐ Practice ☐ Game ☐ Tournament ☐ Special Event

☐ Travel to

☐ Travel from

☐ Other (Describe): _____

Position/Role of person(s) involved in incident:

D.) ☐ Batter ☐ Baserunner ☐ Pitcher ☐ Catcher ☐ First Base ☐ Second ☐ Third ☐ Short Stop ☐ Left Field ☐ Center Field ☐ Right Field ☐ Dugout

☐ Umpire

☐ Coach/Manager ☐ Spectator

☐ Volunteer

☐ Other: _____

Type of injury: _____

Was first aid required? ☐ Yes ☐ No

If yes, what: _____

Was professional medical treatment required? ☐ Yes ☐ No If yes, what: _____ (If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of incident and location:

A.) On Primary Playing Field

☐ Base Path: ☐ Running or ☐ Sliding

☐ Hit by Ball: ☐ Pitched or ☐ Thrown or ☐ Batted

☐ Collision with: ☐ Player or ☐ Structure

☐ Grounds Defect

☐ Other: _____

B.) Adjacent to Playing Field

☐ Seating Area

☐ Parking Area

C.) Concession Area

☐ Volunteer Worker

☐ Customer/Bystander

D.) Off Ball Field

☐ Travel:

☐ Car or ☐ Bike or

☐ Walking

☐ League Activity

☐ Other: _____

Please give a short description of incident: _____

Could this accident have been avoided? How: _____

This form is for Little League purposes only, to report safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all claims or injuries which could become claims, please fill out and turn in the official Little League Baseball

Accident Notification Form available from your league president and send to Little League Headquarters in Williamsport (Attention: Dan Kirby, Risk Management Department). Also, provide your District Safety Officer with a copy for District files. All personal injuries should be reported to Williamsport as soon as possible.

Prepared By/Position: _____ Phone Number: (____) _____

Signature: _____ Date: _____

CLAIM FORM INSTRUCTIONS



WARNING — It is important that parents/guardians and players note that: *Protective equipment cannot prevent all injuries a player might receive while participating in baseball/softball.*

To expedite league personnel's reporting of injuries, we have prepared guidelines to use as a checklist in completing reports. It will save time -- and speed your payment of claims.

The National Union Fire Insurance Company of Pittsburgh, Pa. (NUFIC) Accident Master Policy acquired through Little League® contains an "Excess Coverage Provision" whereby all personal and/or group insurance shall be used first.

The Accident Claim Form must be fully completed, including a Social Security Number, for processing. To help explain insurance coverage to parents/guardians refer to *What Parents Should Know* on the internet that should be reproduced on your league's letterhead and distributed to parents/guardians of all participants at registration time.

If injuries occur, initially it is necessary to determine whether claimant's parents/guardians or the claimant has other insurance such as group, employer, Blue Cross and Blue Shield, etc., which pays benefits. (This information should be obtained at the time of registration prior to tryouts.) If such coverage is provided, the claim must be filed first with the primary company under which the parent/guardian or claimant is insured.

When filing a claim, all medical costs should be fully itemized and forwarded to Little League International. If no other insurance is in effect, a letter from the parent/guardian or claimant's employer explaining the lack of group or employer insurance should accompany the claim form.

The NUFIC Accident Policy is acquired by leagues, not parents, and provides comprehensive coverage at an affordable cost. Accident coverage is underwritten by National Union Fire Insurance Company of Pittsburgh, a Pennsylvania Insurance company, with its principal place of business at 175 Water Street, 18th Floor, New York,

NY 10038. It is currently authorized to transact business in all states and the District of Columbia. NAIC Number 19445. This is a brief description of the coverage available under the policy. The policy will contain limitations, exclusions, and termination provisions. Full details of the coverage are contained in the Policy. If there are any conflicts between this document and the Policy, the Policy shall govern.

The current insurance rates would not be possible without your help in stressing safety programs at the local level. The ASAP manual, **League Safety Officer Program Kit**, is recommended for use by your Safety Officer.

TREATMENT OF DENTAL INJURIES

Deferred Dental Treatment for claims or injuries occurring in 2002 and beyond: If the insured incurs injury to sound, natural teeth and necessary treatment requires that dental treatment for that injury must be postponed to a date more than 52 weeks after the date of the injury due to, but not limited to, the physiological changes occurring to an insured who is a growing child, we will pay the lesser of the maximum benefit of \$1,500.00 or the reasonable expense incurred for the deferred dental treatment. Reasonable expenses incurred for deferred dental treatment are only covered if they are incurred on or before the insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury is sustained.

CHECKLIST FOR PREPARING CLAIM FORM

1. Print (Black or Blue Ink) or type all information.
2. Complete all portions of the claim form before mailing to our office.
3. Be sure to include league name and league ID number.

PART I- CLAIMANT, OR PARENT(S)/GUARDIAN(S), IF CLAIMANT IS A MINOR

1. The adult claimant or parent(s)/guardians(s) must sign this section, **if the claimant is a minor.**
2. Give the name and address of the injured person, along with the name and address of the parent(s)/guardian(s), if claimant is a minor.
3. Fill out all sections, including check marks in the appropriate boxes for all categories. **Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.**
4. It is mandatory to forward information on other insurance. Without that information, there will be a delay in processing your claim. If no insurance, written verification from each parent/spouse employer must be submitted.
5. Be certain all necessary papers are attached to the claim form. (See instruction 3.) Only itemized bills are acceptable.
6. On dental claims, it is necessary to submit charges to the major medical and dental insurance company of the claimant, or parent(s)/guardian(s) if claimant is a minor. "Accident-related treatment to whole, sound, natural teeth as a direct and independent result of an accident" must be stated on the form and bills. Please forward a copy of the insurance company's response to Little League International. Include the claimant's name, league ID, and year of the injury on the form.

PART II-LEAGUE STATEMENT

1. This section must be filled out, signed and dated by the **league official.**
2. Fill out all sections, including check marks in the appropriate boxes for all categories. **Do not leave any section blank. This will cause a delay in processing your claim and a copy of the claim form will be returned to you for completion.**

IMPORTANT: Notification of a claim should be filed with Little League International within 20 days of the incident for the current season.



LITTLE LEAGUE® BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Send Completed Form To:
Little League® International
539 US Route 15 Hwy,
PO Box 3485
Williamsport PA 17701-0485
Accident Claim Contact Numbers:
Phone: 570-327-1674

Accident & Health (U.S.)

1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and exclusion provisions of the plan.
5. **Limited** deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
6. Accident Claim Form must be fully completed-including Social Security Number (SSN)- for processing.

League Name

League I.D.

PART 1

Name of Injured Person/Claimant

SSN

Date of Birth (MM/DD/YY)

Age

Sex

☐ Female ☐ Male

Name of Parent/Guardian, if Claimant is a Minor

Home Phone (Inc. Area Code)

Bus. Phone (Inc. Area Code)

()

()

Address of Claimant

Address of Parent/Guardian, if different

The Little League Master Accident Policy provides benefits in excess of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan
Individual Plan

☐ Yes
☐ No

☐ Yes
☐ No

School Plan
Dental Plan

☐ Yes
☐ No

☐ Yes
☐ No

Date of Accident

Time of Accident

Type of Injury

☐ AM ☐ PM

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in each column:

BASEBALL

CHALLENGER (4-18)

PLAYER

TRYOUTS

SPECIAL EVENT

SOFTBALL

T-BALL (4-7)

MANAGER, COACH

PRACTICE

(NOT GAMES)

CHALLENGER

MINOR (6-12)

VOLUNTEER UMPIRE

SCHEDULE GAME

SPECIAL GAME(S)

TAD (2ND SEASON)

LITTLE LEAGUE (9-12)

PLAYER AGENT

TRAVEL TO

(Submit a copy of

INTERMEDIATE (50/70) (11-13)

OFFICIAL SCOREKEEPER

TRAVEL FROM

you approval from

JUNIOR (12-14)

SAFETY OFFICER

TOURNAMENT

Little League

SENIOR (13-16)

VOLUNTEER WORKER

OTHER (Describe)

Incorporated)

BIG (14-8)

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given. I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form. I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photo static copy of this authorization shall be considered as effective and valid as the original.

Date

Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)

Date

Claimant/Parent/Guardian Signature

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material there to, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material there to commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

· PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant

Name of League	Name of Injured Person/Claimant	League.D.Number
Name of League Official	Position in League	
Address of League Official	Telephone Numbers(Inc.AreaCodes) Residence: () Business: () Fax: ()	

Were you a witness to the accident? D Yes D No

Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
D 01 1sr	O 01 ABRASION	O 01 ABDOMEN	O 01 BATTEDBALL
O 02 2No	O 02 BITES	D 02 ANKLE	D 02 BATTING
O 03 3Ro	D 03 CONCUSSION	D 03 ARM	D 03 CATCHING
D 04 BATTER	D 04 CONTUSION	D 04 BACK	D 04 COLLIDING
D 05 BENCH	O 05 DENTAL	D 05 CHEST	D 05 COLLIDINGWITHFENCE
O 06 BULLPEN	O 06 DISLOCATION	D 06 EAR	D 06 FALLING
O 07 CATCHER	O 07 DISMEMBERMENT	D 07 ELBOW	D 07 HITBYBAT
D 08 COACH	D 08 EPIPHYSES	D 08 EYE	D 08 HORSEPLAY
D 09 COACHING BOX	D 09 FATALITY	D 09 FACE	D 09 PITCHEDBALL
D 10 DUGOUT	O 10 FRACTURE	D 10 FATALITY	D 10 RUNNING
D 11 MANAGER	O 11 HEMATOMA	D 11 FOOT	D 11 SHARPOBJECT
D 12 ONDECK	D 12 HEMORRHAGE	D 12 HAND	D 12 SLIDING
D 13 OUTFIELD	O 13 LACERATION	D 13 HEAD	D 13 TAGGING
D 14 PITCHER	D 14 PUNCTURE	D 14 HIP	D 14 THROWING
D 15 RUNNER	D 15 RUPTURE	D 15 KNEE	D 15 THROWNBALL
D 16 SCOREKEEPER	O 16 SPRAIN	D 16 LEG	D 16 OTHER
D 17 SHORTSTOP	D 17 SUNSTROKE	D 17 LIPS	D 17 UNKNOWN
D 18 TO/FROMGAME	D 18 OTHER	D 18 MOUTH	
D 19 UMPIRE	O 19 UNKNOWN	D 19 NECK	
D 21 UNKNOWN	O 20 PARALYSIS/ PARAPLEGIC	D 20 NOSE	
D 22 WARMINGUP		D 21 SHOULDER	
		D 22 SIDE	
		D 23 TEETH	
		D 24 TESTICLE	
		D 25WRIST	
		D 26 UNKNOWN	
		D 27 FINGER	

Does your league use breakaway bases on: DALL DSOME DNONE of your fields?

Does your league use batting helmets with attached face guards? DYES ONO

If YES, are they D Mandatory or D Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date	League Official Signature
------	---------------------------

Concession Stand Tip

Requirement 9

12 Steps to Safe and Sanitary Food Service Events: The following information is intended to help you run a healthful concession stand. Following these simple guidelines will help minimize the risk of foodborne illness. This information was provided by District Administrator George Glick, and is excerpted from "Food Safety Hints" by the Fort Wayne-Allen County, Ind., Department of Health.

1. Menu.

Keep your menu simple, and keep potentially hazardous foods (meats, eggs, dairy products, protein salads, cut fruits and vegetables, etc.) to a minimum. Avoid using precooked foods or leftovers. Use only foods from approved sources, avoiding foods that have been prepared at home. Complete control over your food, from source to service, is the key to safe, sanitary food service.

2. Cooking.

Use a food thermometer to check on cooking and holding temperatures of potentially hazardous foods. All potentially hazardous foods should be kept at 41° F or below (if cold) or 140° F or above (if not be allowed in the food concession area. hot). Ground beef and ground pork products should be cooked to an internal temperature of 155° F, poultry parts should be cooked to 165° F. Most foodborne illnesses from temporary events can be traced back to lapses in temperature control.

Reheating.

Rapidly reheat potentially hazardous foods to 165° F. Do not attempt to heat foods in crock pots, steam tables, over sterno units or other holding devices.

Slow-cooking mechanisms may activate bacteria and never reach killing temperatures.

Cooling and Cold Storage.

Foods that require refrigeration must be cooled to 41° F as quickly as possible and held at that temperature until ready to serve. To cool foods down quickly, use an ice water bath (60% ice to 40% water), stirring the product frequently, or place the food in shallow pans no more than 4 inches in depth and refrigerate. Pans should not be stored one atop the other and lids should be off or ajar until the food is completely cooled. Check temperature periodically to see if the food is cooling properly. Allowing hazardous foods to remain unrefrigerated for too long has been the number ONE cause of foodborne illness.

Hand Washing.

Frequent and thorough hand washing remains the first line of defense in preventing foodborne disease. The use of disposable gloves can provide an additional barrier to contamination, but they are no substitute for hand washing!

Health and Hygiene.

Only healthy workers should prepare and serve food. Anyone who shows symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, jaundice, etc.) or who has open sores or infected cuts on the hands should and should not smoke in the concession area. The use of hair restraints is recommended to prevent hair ending up in food products.

6. Food Handling.

Avoid hand contact with raw, ready-to-eat foods and food contact
Use an acceptable dispensing utensil

SAFETY FIRST

to serve food. Touching food with bare hands can transfer germs to food.

Dishwashing.

Use disposable utensils for food service. Keep your hands away from food contact surfaces, and never reuse disposable dishware. Wash in a four-step process:

1. Washing in hot soapy water;
2. Rinsing in clean water;
3. Chemical or heat sanitizing; and
4. Air drying.

Ice.

Ice used to cool cans/bottles should not be used in cup beverages and should be stored separately. Use a scoop to dispense ice; never use the hands. Ice can become contaminated with bacteria and viruses and cause foodborne illness.

Wiping Cloths.

Rinse and store your wiping cloths in a bucket of sanitizer (example: 1 gallon of water and 1/2 teaspoon of chlorine bleach). Change the solution every two hours. Well sanitized work surfaces prevent cross-contamination and discourage flies.

Insect Control and Waste.

Keep foods covered to protect them from insects. Store pesticides away from foods. Place garbage and paper wastes in a refuse container with a tightfitting lid. Dispose of wastewater in an approved method (do not dump it outside). All water used should be potable water from an approved source.

Food Storage and Cleanliness.

Keep foods stored off the floor at least six inches. After your event is finished, clean the concession area and discard unusable food.

Set a Minimum Worker Age. Leagues should set a minimum age for workers or to be in the stand; in many states this is 16 or 18, due to potential hazards with various equipment.

Volunteers Must Wash Hands

HOW



WHEN

Wash your hands before you prepare food or as often as needed.

Wash after you:

- ▶ use the toilet
- ▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- ▶ interrupt working with food (such as answering the phone, opening a door or drawer)
- ▶ eat, smoke or chew gum
- ▶ touch soiled plates, utensils or equipment
- ▶ take out trash
- ▶ touch your nose, mouth, or any part of your body
- ▶ sneeze or cough

Do not touch ready-to-eat foods with your bare hands.

Use gloves, tongs, deli tissue or other serving utensils.

Remove all jewelry, nail polish or false nails unless you wear gloves.

Wear gloves.

when you have a cut or sore on your hand
when you can't remove your jewelry

If you wear gloves:

- ▶ wash your hands before you put on new gloves

Change them:

- ▶ as often as you wash your hands
- ▶ when they are torn or soiled

Developed by UMass Extension Nutrition Education Program with support from U.S. Food & Drug Administration in cooperation with the MA Partnership for Food Safety Education. United States Department of Agriculture Cooperating. UMass Extension provides equal opportunity in programs and employment.



**UMASS
EXTENSION**

Facility surveys may also be entered online

LITTLE LEAGUE BASEBALL® & SOFTBALL **NATIONAL FACILITY SURVEY**

2024



League Name: **EASTVALE LITTLE LEAGUE**

District #: 72

ID #: 405-24-21

(if needed) I D #: N/A

(if needed) I D #: N/A

City: EASTVALE State: CA

President: **CHRIS GORMAN**

Safety Officer: **JULIO MENDEZ**

Address: 7056 ARCHIBALD AVE., #102-402

Address: 12672 Limonite Ave., #3e-324

Address: _____ Address: _____

City: EASTVALE City: EASTVALE

State: CA ZIP: 92880 State: CA ZIP: 92880

Phone (work): _____ Phone (work): _____

Phone (home): (714) 313-7044 Phone (home): (562) 714-8881

Phone (cell): (714) 313-7044 Phone (cell): (562) 714-8881

Email: chrisgorman@eastvalelittleleague.com Email: julio@eastvalelittleleague.com

PLANNING TOOL FOR FUTURE LEAGUE NEEDS

What are league's plans for improvements?	Indicate number of fields in boxes below.		
	Next 12 mons.	1-2 yrs.	2+ yrs.
a. New fields			
b. Base path/infield			
c. Bases			
d. Scoreboards		0 FOR ALL	
e. Press box			
f. Concession stand			
g. Restrooms			
h. Field lighting			
i. Warning track			
j. Bleachers			
k. Fencing			
l. Bull pens			
m. Dugouts			
n. Other (specify):			

SPECIFIC BALLFIELD QUESTIONS

- Please list all fields by name.

[illegible]

[illegible]

FIELD DIMENSION DATA

Please complete for each field. Use additional space if necessary.

Field No.	Height of outfield fence	Distance from home plate to:				Foul territory distance from:					
		Outfield fence			Back stop	Left field line to fence at:			Right field line to fence at:		
		Left	Center	Right		Home	3rd	Outfield foul pole	Home	1st	Outfield foul pole
1	18'	202'	200'	200'	23'	30'	25'	18'	30'	25'	18'
2	18'	270'	270'	270'	20'	30'	30'	18'	30'	30'	18'
3	5'	200'	200'	200'	15'	20'	20'	10'	N/A	N/A	N/A
4	5'	200'	200'	200'	15'	20'	20'	10'	N/A	N/A	N/A
5	5'	150'	150'	150'	10'	10'	N/A	N/A	N/A	N/A	N/A
6	5'	150'	150'	150'	10'	10'	N/A	N/A	N/A	N/A	N/A
7	5'	200'	200'	200'	10'	10'	N/A	10'	N/A	N/A	10'
8											
9											
10											
11											
12											
13											
14											
15											
16											
17											
18											
19											
20											

Mailing address:
 Little League International
 PO Box 3485
 Williamsport, PA 17701

Shipping address: Little League International
 539 US Route 15 Hwy.
 South Williamsport, PA 17702



EASTVALE LITTLE LEAGUE

COVID-19 SAFETY PLAN

ELL BOARD RULES

- Maintain Incident Log:
 - Only one assigned ELL Board member (Safety Officer) will access/handle log. Any issues will be reported back to ELL Safety Officer for further discussion with Board President and/ or Vice President.
 - Players, coaches, or spectators displaying COVID-19 related symptoms will not be allowed to participate in any team activity until a pre-designated time has passed or a doctor's note or test is shown indicating that they are not positive with COVID-19.
- Emergency communication plan in effect in case of a positive case.
 - If positive case is reported or if player/coach cannot play due to displaying COVID related symptoms, all players-volunteers having had direct contact with positive individual will be promptly notified of potential exposure by ELL Safety Officer or ELL Board Member designee.
- Contact tracing is an important tool for slowing the spread of COVID-19.
 - People who have tested positive may be asked about people they were with and who they may have exposed while they were contagious. ELL Safety Officer or ELL Board Member designee will notify those close contacts to let them know that they may have been exposed. When they do this, they keep the name of the person who tested positive confidential.
- Children considered "At Risk" should have doctor note indicating any necessary additional safety precautions.

If COVID-19 Plan is implemented

Pre-Game/ Practice Rules

- Pre-game/practice warm-up field space will be designated prior to team arrival. Teams are not permitted to occupy same field space until directed by umpire/coaches.
- Any team warming-up for a game may not leave the outfield / warm-up area until the prior team has finished sanitizing and is completely out of the dugout.
- Players and their families will be encouraged to remain in their vehicles until the designated warm-up time.
- Cones and signage may be setup to designate entrance and exit pathways to incoming and outgoing players and families to maintain social distance regulations.

Game/ Practice Rules

- Masks/face coverings are highly recommended for use by:
 - Game umpire o Coaches o Players in dugout
- Parents and spectators will also be encouraged to wear masks.
- ELL may implement COVID-19 pre-screen for all involved in games or practices (umpire, coaches, and players).
 - Pre-screening will include the use of non-contact thermometer (to be handled by ELL volunteer).
 - Anyone showing symptomology of COVID-19, will not be allowed to participate in any game/practice activities.
- Additional hand sanitizing stations may be added to allow coaches, players, and spectators.
 - Coaches should disinfect the dug-out and other equipment prior to use by players and at the end of each game.
 - Parents are advised to disinfect personal equipment, prior to and after game/practice.
 - Social distancing of at least 6' in stands will be required in stands and any outdoor viewing areas. Only members of the same household may sit next to each other.
 - Each team may play with their own team ball.
 - Umpires may wear gloves.
 - Coaches should have readily available access to hand sanitizer.
- ELL may implement for games and practices the following;
 - After game salutations will not include shaking of hands or "high fives".
 - Players will be reminded to avoid contacting each other.
 - Post-game gatherings will not be permitted.
 - Team snacks and team water are not permitted. All players/volunteers are to bring their own snacks & water.
 - Game/practice player gear will not be shared (bats, catcher equip., gloves, helmets, etc.)
 - Bats used during games/practices to be moved aside by umpire or coaches.

Other

- Additional signage reminding all volunteers, players, and spectators of modified rules will be posted as necessary.
- Additional hand sanitizing stations will be setup.
- Concession stands is designated as Pick-Up / Take-Out food and drink only.
 - All pertinent County guidelines for retail-food vending will be strictly adhered to.
 - Social distancing markers / sneeze guards will be added to mitigate exposure.
- All other park facility amenities (restrooms, playgrounds, picnic tables, etc.) are maintained by JCSD Parks and Recreation and will be sanitized in accordance with CDC guidelines to mitigate COVID-19 exposure.
 - JCSD Parks and Recreation will have park monitors patrolling all game/practice facilities to advise park patrons of safety guidelines. Any issues or violations of required guidelines will be forwarded to ELL board for further action.
- **Any adjustments to this plan may only be made by ELL Board in compliance with all current and pertinent State and County public health directives.**



LITTLE LEAGUE®

CHILD PROTECTION PROGRAM

PURPOSE

The safety and well-being of all participants in the Little League® program is paramount. Little League promotes a player-centric program where young people grow up happy, healthy, and, above all, safe. Little League strives to create an environment that is as safe as possible both on and off the field. Little League does not tolerate any type of abuse against a minor, including, but not limited to, sexual, physical, mental, and emotional (as well as any type of bullying, hazing, or harassment). Little League's goal is to prevent child abuse from occurring through required screenings, training and education, awareness, and mandated reporting of abuse.

Local Little League programs must establish a zero-tolerance culture that does not allow any type of activity that promotes or allows any form of misconduct or abuse (mental, physical, emotional, or sexual) between players, coaches, parents/guardians/caretakers, spectators, volunteers, and/or any other individual. League officials must remove any individual that is exhibiting any type of mental, physical, emotional, or sexual misconduct and report the individual to the authorities immediately. Local Little League programs who fail to enforce the zero-tolerance culture or fail to abide by the terms of this policy will face potential revocation or termination of their Little League charter.

NOTE: Commencing with the 2024 season, Little League has updated its Child Protection Program to include all the provisions of Little League's Child Protection Policy into one, comprehensive document, which will be known as Little League Child Protection Program. Incorporating the Policy into the full Program, as outlined here, provides all the information a league needs regarding the protection of its players in one location that clearly outlines the requirements of the local league. The goal is to ensure that local leagues, parents/guardians/caretakers, and all volunteers in the local league understand the obligation and requirements of the local league regarding the protection of its players. Please note that going forward, Little League International will refer to these local league and volunteer requirements as the Little League Child Protection Program, and we will continue to provide educational resources to bring this essential program to life for local leagues and volunteers.

APPLICABILITY

The Child Protection Program applies to anyone who has any involvement in a local Little League program, as well as anyone who participates in Little League-approved programs and activities, including, but not limited to, Board of Directors members, volunteers, managers, coaches, umpires, spectators, players, or anyone who provides regular services to the league and/or have repetitive access to or contact with players or teams. Anyone with questions on who the Child Protection Program applies to should contact Little League International at SecuritySpecialist@LittleLeague.org.

ENFORCEMENT

Local leagues should establish a culture prohibiting any type of activity that promotes or allows any form of mental, physical, emotional, or sexual misconduct behavior between players, coaches, parents, volunteers, and any other individual. League officials must remove any individual that is exhibiting any type of mental, physical, emotional, or sexual misconduct and report the individual to the authorities immediately.

As part of the chartering process, local leagues agree to comply with all aspects of the Little League Child Protection Program. Any violation of the Child Protection Program may result in the suspension or revocation of a local league's tournament privileges and/or charter by action of the Charter or Tournament Committees in South Williamsport, Pennsylvania.

Any questions regarding the interpretation of the Child Protection Program should be directed to Little League International at SecuritySpecialist@LittleLeague.org. The Little League Child Protection Program will be updated and modified as necessary.

DEFINITIONS

Defining child abuse is the first step in battling it. Child abuse can take several different forms, and it is important to understand what is considered child abuse and other terms that are mentioned herein.

Abuse or Neglect: The Federal Child Abuse Prevention and Treatment Act (CAPTA) (42 U.S.C.A §5106g), as amended by the CAPTA Reauthorization Act of 2010, defines child abuse and neglect as, at a minimum, "any recent act or failure to act on the part of a parent or caretaker which results in death, serious physical or emotional harm, sexual abuse or exploitation;" or "an act or failure to act which presents an imminent risk of serious harm."

Different types of Child Abuse or Neglect

- Neglect is the negligent failure of a minor's caretaker to provide adequate food, clothing, shelter, medical care, or supervision which threatens harm to a minor's health, safety, or welfare.
- Physical Abuse is any non-accidental, intentional, deliberate act that results in physical injury.
- Emotional and Psychological Abuse is any act that diminishes the sense of identity, dignity, and self-worth by humiliation, intimidation, verbal assault, and emotional deprivation.
- Sexual Abuse is any type of maltreatment, violation, or exploitation that refers to the involvement of the child in sexual activity to provide sexual gratification or financial benefit to the perpetrator.
- Bullying is the intentional, repetitive harmful act, words, and behavior that makes the victim feel hurt, scared, and/or ashamed. Bullying can also be an imbalance of real or perceived power between the bully and the victim. Different types of bullying include, but are not limited to, physical bullying, verbal bullying, emotional bullying, harassment, and hazing.
- Grooming is the process where an individual creates a relationship with a minor or the minor's family to gain trust so he or she can take advantage of a minor for a sexual purpose.

Child/Minor: Any individual who is younger than 18 years of age or who is not an emancipated minor.

League Programs and Activities: Any games, practices, tournaments, approved activities, and/or approved special games are considered Little League programs and activities.

Volunteer: Any person in the organization who provides regular service to the league and has contact with minors: coaches, managers, the Board of Directors, program workers, concession volunteers or workers, bus and carpool drivers, maintenance workers, or anyone that has repetitive access to or contact with players or teams.

LOCAL LEAGUE CHILD PROTECTION REQUIREMENTS

All chartered Little League programs **must** adhere to the following requirements to remain affiliated with Little League Baseball and Softball:

1. COMPLETE BACKGROUND CHECKS

Utilize the Little League volunteer application form to conduct annual background checks on volunteers and prohibit anyone with any offenses that would disqualify them as a participant in any Little League activity.

2. MANDATORY TRAINING & CONTINUING EDUCATION

Annually require all volunteers to complete an Abuse Awareness Training provided

by USA Baseball or a comparable training.

3. MANDATORY REPORTING REQUIREMENTS

Report Child Abuse, including sexual abuse involving a minor, to the proper authorities within 24 hours.

4. NON-RETALIATION FOR REPORTING

Adopt a policy that prohibits retaliation against “good faith” reports of child abuse.

5. PROHIBIT ONE-ON-ONE INTERACTIONS

Adopt a policy that limits one-on-one contact with minors without being in an observable and interruptible distance from another adult.

1. COMPLETE BACKGROUND CHECKS

A. VOLUNTEER APPLICATION

All local leagues are required to use the [Little League Official Volunteer Application](#) for all managers, coaches, members on the Board of Directors, and any other person, or volunteer, who provides regular service to the league and/or has access to minors. The Little League Official Volunteer Application is available through the [JDP Quick App](#), within the Little League registration platform [through Sports Connect](#) or online at [LittleLeague.org/BackgroundChecks](#). The applicant must submit a government-issued photo identification card for the league to verify that the information on his/her volunteer application is correct. The completed volunteer application enables the local Little League program to run and review a background check.

An annual background check, in compliance with Little League Regulation I(c) 8 and 9, is required to be conducted on every individual before the applicant assumes **any** of his/her duties for the current season. The background check must, at a minimum, meet the standard of a nationwide criminal search, a national sex offender registry search, a review of the [U.S. Center for SafeSport's Centralized Disciplinary Database](#) and the Little League International Ineligible/Suspended List. Information regarding free background check services is available at [LittleLeague.org/BackgroundChecks](#).

Each league shall have the right to interview applicants. The applicant must be interviewed by an approved board member. All volunteers selected to participate must be educated on Little League's Child Protection Program and his/her role in the protection of minors in the program. The volunteer must also be advised that as a volunteer, he/she is a mandatory reporter per the [SafeSport](#) Law.

A minimum of three reference checks must be provided by each new volunteer. The board shall have the right to have an approved board member conduct reference checks before a new volunteer is allowed participation in a Little League program. All information from reference checks should be documented, dated, and signed by the board member conducting the reference check. Reviewing the reference check is important to determine if any information from the reference differs from what is represented on the volunteer application and/or during the review. A league is not required to conduct reference checks on returning volunteers.

B. BACKGROUND CHECK PROCESS

Per Little League Regulation 1(c) 8 and 9, every individual is required to complete a volunteer application **every year** before the applicant assumes **any** of his/her duties for the current season. The individual is required to consent to a background check during the volunteer application process. The local league Board of Directors must conduct, review, and verify that the background check process is completed.

The league's Board of Directors must review the results of the background check with the Little League Official Volunteer Application and a government-issued photo identification card to verify that the information provided on both is identical (full name, DOB, and address). The league should confirm that the full **legal** name is correct (for example, John J Smith JR. not Johnny Smith). Some states and local counties only provide full legal

name, and DOB as identifiers for the National Criminal Database.

Little League provides every chartered league up to 125 free background checks through [JD Palatine \(JDP\)](#). JDP offers a quick and easy option for potential volunteers to complete their volunteer application and a background check in the same process – the [JDP QuickApp](#). To use this tool, the League Official needs the potential volunteer's full name and email address. The League Official will input the potential participant's information into the JDP platform, which automatically sends an email to the potential participant with a secure link to the Little League Official Volunteer Application for the potential volunteer to submit their own information for a background check.

For leagues that utilize [Sports Connect](#), there is an opportunity for potential volunteers to complete the Official Little League Volunteer Application and background check in one platform. As the Preferred League Technology Platform Provider of Little League, Sports Connect is integrated together with JDP to provide a process for the league officer to review and approve a potential volunteer directly in the Sports Connect platform. For more information on how a league can utilize the Sports Connect/JDP Integration, visit [LittleLeague.org/JDPSC](#).

Each October, the background check system will reset for the upcoming season. The background check must, at a minimum, meet the standard of a nationwide criminal search, a national sex offender registry search, a review of the U.S. Center for SafeSport's Centralized Disciplinary Database, and the Little League International Ineligible/Suspended List. Background checks conducted by JDP for local Little League programs include all of the required database searches. Background checks completed through JDP include a National Criminal File, plus Developed Names search and social security ID search. Local leagues may utilize other background check providers but will need to confirm the provider's ability to satisfy all of the above requirements for a complete search, which may require contacting Little League International for a review of the Little League International Ineligible/Suspended List.

NOTE: Some states have enacted laws that require additional background check requirements that are different from or supplement those mandated by Little League. For additional information on state requirements, visit [LittleLeague.org/StateLaws](#). Local leagues are required to satisfy both the state-specific requirements and the Little League requirements.

C. OFFENSES THAT PROHIBIT PARTICIPATION

Local Leagues shall not permit any person to participate in any manner whose background check reveals a pending charge, conviction for, guilty plea, no contest plea, or admission to any crime involving or against a minor. An individual is also prohibited from participating as a volunteer if he/she appears on the [U.S. Center for SafeSport's Centralized Disciplinary Database](#) and/or Little League International Ineligible/Suspended List. A local league may impose stricter guidelines and prohibit any individual from participating as a volunteer if the league deems the individual unfit or inappropriate to work or volunteer in the league. If a potential volunteer appears on the National Sex Offender Registry, the league must contact Little League International at [SecuritySpecialist@LittleLeague.org](#) before appointing the volunteer to participate in any capacity in the league. Little League International will advise of the next steps and aid the decision-maker in the process.

NOTE: If an individual involved with a league, or any activity of the Little League program, is under investigation for any type of child abuse, or has a pending charge against, or involving, a minor, that individual must be suspended until the outcome of the investigation or pending charges are complete and the allegations are resolved.

If a local league becomes aware of information at any time, by any means whatsoever, that an individual, including, but not limited to, volunteers, or players has been charged with, convicted of, pled guilty, pled no contest, or admitted to any crime involving or against a minor, the local league must immediately contact the applicable governmental agency to confirm the accuracy of the information before allowing the volunteer to participate in their position or per their Little League Constitution suspend the volunteer until the information is received and reviewed.

D. Properly Handling Sensitive Documents

The local Little League program must exercise due diligence to protect any information that is provided. To protect the privacy of volunteers and others, the following best practices have been established:

- The local League President shall only share, on a need-to-know basis, any personal, non-public record or information contained in the volunteer application or attached documents, with other League Officers to make personnel decisions.
- If a league is utilizing the JDP QuickApp, the records of a volunteer will remain on the JDP Portal as long as the local league is an active user with JDP.

If a league is still utilizing paper Volunteer Applications, the league must adhere to the following protocol:

- The local League President must maintain the record of a volunteer in a locked, secured location for at least two (2) years after the volunteer is no longer in the league. When it is time to dispose of these records, the records must be **shredded or confidentially destroyed**. All actions concerning these records must comply with any applicable laws.
- If a local Little League Board of Directors has records utilized for reviewing a potential volunteer's background check, the Board of Directors must maintain these records for the same length of time that the league maintains the volunteer's application. The records must be maintained in a locked and secured area, such as the League President's home, and not in a clubhouse or similar public facility. The records must also be properly shredded or confidentially destroyed when it is time to dispose of the records.

2. MANDATORY TRAINING AND CONTINUING EDUCATION

Training and Education are important tools in the prevention of abuse. In 2018, the "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became Federal law. As part of SafeSport, abuse awareness training has been highly encouraged for participants and volunteers in the Little League program. Commencing with the 2024 season, all individuals who complete the volunteer application for a league must annually complete Abuse Awareness Training.

This includes anyone who wishes to be a manager, coach, member of the Board of Directors, volunteer, and any other person who provides regular services to the league and/or has repetitive access to or contact with players or teams. As part of creating a player-centric environment, each local league should also provide ongoing education to its members beyond the minimal required training. Each league should create a program within its league to keep parents, volunteers, and players informed in all aspects of player protection and safety.

A. Mandatory Abuse Awareness Training

Annual Abuse Awareness Training, in compliance with Little League Regulation I(c)(10), is required to be conducted by every individual before assuming **any** of his/her duties for the current season. Each local league is permitted to determine which specific abuse awareness training program should be completed by their league. The Abuse Awareness training provided by USA Baseball is hosted by former Chicago Cubs catcher, David Ross. The free Abuse Awareness for Adults course provides resources to create a positive and safe environment for all athletes, coaches, parents, legal guardians, and umpires by understanding how to recognize misconduct and abuse of all types. Topics covered include how to identify and report incidents and what abuse awareness policies should be in place. The interactive

Abuse Awareness training should take approximately 30 minutes. The training can be accessed at USABDevelops.com/page/3532/courses.

Leagues may consider other Abuse Awareness trainings such as the trainings provided by:

- U.S. Center for SafeSport
USCenterForSafeSport.org
- Darkness to Light
D2L.org
- Abuse Prevention
AbusePreventionSystems.org

The league is responsible for verifying that each required individual has completed the training by obtaining certificates of completion from each individual and retaining a copy of the certificate. The training must be completed on or after October 1 of each year to be considered valid for the upcoming season.

It is important that all volunteers in a league complete the training on an annual basis. Even though it may be that the individual has completed in the past, it is important to keep the information that comes from this training fresh in everyone's mind. The more individuals in a league or involved in a league that have the information that the Abuse Awareness Training provides, the better.

B. Recommended Continuing Education Opportunities for Leagues:

To help create a player-centric environment, each league should implement the following continuing education for its members:

- **Meet with Volunteers:** As Little League is a volunteer-led program, membership in local leagues changes from year to year. It is important to hold regular meetings in which both volunteers and parents can talk about child abuse and ask questions. The Child Protection Program should be reviewed with participants annually. Since Little League could not exist without the time and effort from volunteers and parents, it is important to communicate directly with the volunteers. For that reason, the Little League Child Protection Program should be freely copied and distributed to all adults in the local league. Local Leagues are encouraged to maintain a link on their local league website to the Little League Child Protection Program.
- **Make Your Position Clear:** Little League has clearly defined rules for dealing with child abuse. Make adults and minors aware that the local league will not tolerate child abuse in any form. Suspected abuse must be reported and retaliation for good faith reporting is prohibited.
- **Stress the Role of Adults in Your League:** Minors should be encouraged to take an active role in protecting themselves, but the responsibility for ensuring their safety ultimately rests with the adults. Adults can identify potentially uncomfortable situations, for themselves, as well as for children. The welfare of the players in your league is the highest priority in any situation.
- **Advise Parents of Training Opportunities for Minors:** USA Baseball also provides Abuse Awareness for Minors training at USABDevelops.com/page/3532/courses. Parents should be advised of this resource that is available for their children.
- **Participate in ASAP:** More than 93% of leagues in the United States participate in the [A Safety Awareness Program \(ASAP\)](#). Basic safety procedures can help in the identification and prevention of child abuse. Leagues can also include their own additional best practices to prevent child abuse in their league's ASAP program. One of the requirements for the ASAP program is to properly distribute the plan, which should incorporate the Little League Child Protection Program.
- **Provide Additional Resources:** Many organizations will gladly assist your efforts to protect your players, several of which are listed below. Feel free to provide the name of the below organizations and the websites to parents, volunteers, umpires, as well as

minors.

- [SafeSport](#)
- [SafetoCompete.org](#)
- [USABDevelops.com/page/3532/courses](#)
- [National Center for Missing and Exploited Children](#)
- [American SPCC](#)

C. Grooming

Grooming is a tactic used by sexual predators to methodically build a trusting relationship with victims, parents, and the community to place themselves in a position of trust, which the perpetrator then uses to draw the victim into a sexual relationship. Many times, the perpetrator becomes a family friend. Grooming can be subtle and hard to recognize. It's important to bring awareness of grooming to all individuals in the league. Understanding the grooming process and behaviors of grooming can help prevent abuse from occurring. The required Abuse Awareness training for all volunteers is one way to begin to raise awareness within the league of grooming. The more individuals in the league who are equipped with knowledge to understand and recognize grooming the better protected the children are within the league.

Leagues can use the following resources to help educate the members of the league on grooming:

USA Center for SafeSport:

- [What Parents Need to Know: Grooming in Sport](#)

Safe to Compete:

- [The Discussion Guide \(Ages 5-10\)](#)
- [The Discussion Guide \(Ages 11-17\)](#)
- [Tips for Protecting Child Athletes from Sexual Abuse](#)

D. Bullying

Any type of bullying can have serious effects on players. Anyone who engages in harassment, in any form (verbal, physical, cyber, etc.), or commits violence or acts of intimidation shall be prohibited from participating in Little League. This applies to player-to-player, adult-to-player, player-to-adult, and adult-to-adult interactions. The League should strive to have a safe and encouraging environment for all individuals participating in the league. The following types of behavior are not accepted in the Little League culture and should not be tolerated at the Local League:

- **Physical Bullying:** Hitting, pushing, shoving, punching, strangling, hair-pulling, stealing, excessive tickling, or any other deliberate and inappropriate touching.
- **Verbal Bullying:** Hurtful, deliberate name-calling, banter, taunting, intimidating, threatening, gossiping, and teasing.
- **Emotional Bullying:** Rejection, terrorizing, extorting, humiliating, blackmailing, rating/ranking of personal characteristics, such as race, disability, ethnicity, or perceived sexual orientation, manipulating friendships, isolating, and peer pressure.
- **Social/Cyber Bullying:** Deliberately excluding, alienating, ignoring, spreading rumors, impersonation, inappropriate photographs, video shaming, and hacking social media accounts.
- **Harassment:** Harassment includes bullying and all of the actions listed above, as well as subjecting someone to unwanted sexual advances, involving physical contact or explicit written or verbal language.
- **Hazing:** An initiation, ritual process involving different types of harassment that intentionally humiliates the individual or a group.

Leagues can use the following resources to help educate members of the league on bullying: [Bullying 101: Understanding and Responding | Resources | USAB Develops](#)

E. Creating a Player-Centric Environment

Both children and adults may experience frustration at times. It is important to recognize when a person needs to take a break from activities to calm down. Adult volunteers should never escalate a situation when someone is upset. Instead, he/she should attempt to de-escalate any stressful situation.

Little League recommends that local leagues create and issue a "Code of Conduct" that is upheld by players, managers, coaches, board members, umpires, other volunteers, and parents. This should be reviewed each season to establish a safe environment for everyone involved with the local Little League season.

If an individual (player, volunteer, or parent) feels stressed out and cannot handle the situation, he/she should remove themselves from the area until the issue is de-escalated. These situations might include:

- A coach screaming at an umpire - the game should be paused until the coach and umpire can remove themselves until the issue is de-escalated.
- A player gets emotional about a bad play and starts to break down on his teammates - The coach should remove the player from the dugout until he can resolve the issue.
- A parent in the crowd that does not agree with the placement of their child in the lineup/field - A volunteer should remind the parent about respecting the game and ask them to step away or to respect the coach's decision.

Create a positive area for players to enjoy the game and have fun by implementing a "Cheer Only Zone" at the field to remove the negativity for players. Leagues can utilize training tools for their board members on how to implement a positive coaching experience through:

- [Little League Diamond Leader Training Program](#)
 - Focused on ensuring children have a positive, well-rounded experience on and off the field, the Little League Diamond Leader Training Program is a FREE educational resource that provides coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. Through this course, which navigates Little League volunteers through real-life scenarios that are being faced in local leagues all around the world each year, coaches will have a better understanding of the impact he/she has on the players, both on and off the field.
- [Positive Coaching Alliance](#) ("PCA")
 - PCA offers resources for coaches, parents, athletes, and leaders to make better athletes and better people. As young people return to playing sports after going through the trauma of being away from school, friends, and sports due to the coronavirus, we need to make sure our coaches are equipped with the skills to deal with their social and emotional needs.

3. MANDATORY REPORTING OF CHILD ABUSE

When an allegation of abuse is made against a local Little League volunteer, the league must protect the child from any further potential abuse by keeping the alleged abuser away from all children in the program until the incident is reported to one or more of the below outlets **and** completely investigated. The Safe Sport Act extends mandatory reporting to all volunteers in the league. Fifty (50) States and the District of Columbia have enacted laws which address mandatory reporting of child abuse to protect the health and safety of children. Little League has compiled a summary of all currently existing federal and state laws regarding mandatory reporting of child abuse at [State Specific Information on Child Abuse](#) - [Little League \(LittleLeague.org/StateLaws\)](#). It is strongly recommended that local leagues consult with legal counsel in their jurisdiction to determine the applicability, if any, of federal, state and local requirements and laws to its programs regarding the reporting of child abuse. **An individual who is required, but fails to report suspected child abuse, is subject to criminal and civil penalties.**

A. Investigating Suspected Abuse

Once a report of abuse has been made, the league should promptly notify the alleged abuser that he/she is suspended from any involvement with the league until the investigation is completed. Little League urges local leagues to work with a lawyer who can advise them regarding the obligations of the league and advise about the rights of an alleged abuser. If the investigation substantiates the allegations, the local league must assure that the individual will not have any further contact with the children in the local league.

All information and statements received from the parties involved with the incident (suspect, victim, witness, etc.) must be passed onto the proper authorities. **Local Little League officials should not attempt to investigate suspected abuse. Let law enforcement and child services professionals conduct the investigation.**

B. Reporting of Suspected Abuse

As child abuse reporting laws vary from state to state, each league should refer to the law of its specific state for guidance. Federal law establishes a nationwide standard of duty to report suspected child abuse. Any volunteer who participates in the league must report suspected child abuse, including sexual abuse, within 24 hours to the proper authorities. If a case of abuse is suspected within a league, it must be reported to the appropriate child services organizations and/or local law enforcement, as well as to the League President and District Administrator. **REMEMBER: If you or someone else is in immediate and serious danger, you should call 911.**

After making a report to law enforcement, the league may also consider contacting one of the following organizations for additional support:

- [U.S. Center for SafeSport](#)
- [The National Center for Missing and Exploited Children's](#)
- [The Childhelp National Child Abuse Hotline](#)

After making a report of abuse or becoming aware of a report of abuse involving a volunteer in the league, the local Board of Directors must also notify Little League International by emailing SecuritySpecialist@LittleLeague.org.

C. Suspension/Termination

If allegations of abuse are made against an individual in the league, the local league must take steps to assure that the individual will not have any further contact with the children in the local league.

While allegations of abuse are under investigation or if criminal charges are pending, the league must promptly notify the individual that he/she is suspended until the matter is resolved by an external investigation or through the court system. While an individual is suspended, he/she may not volunteer in any local league activity.

If the allegations of abuse against an individual are substantiated, the local league must notify the individual that he/she is terminated from their position and may no longer volunteer for Little League in any capacity. The Board of Directors should communicate with the members of their local league about the termination.

D. Communication from the League

The local league's Board of Directors must be prepared to contact parents if a substantiated abuse allegation is made against a volunteer or participant within their league. The league must remember that both parties (suspect and victim) have privacy rights. The league must only provide information available in a public record, without any commentary. Public records are documents received from a governmental body/agency that are available to the general public (such as police or sheriff's records, court records, a statement from the arresting police department). If a league is contacted by the media, assistance is available by contacting Little League International at Media@LittleLeague.org. Additional tips on how to handle crisis communications can also be found at [LittleLeague.org/CrisisCommunications](https://www.littleleague.org/CrisisCommunications).

4. NON-RETALIATION FOR REPORTING

A local league may not retaliate against any individual within the league who makes a good faith report of suspected abuse, even if the allegation is later determined to be unsubstantiated. Reporters of abuse cannot be afraid to come forward in cases where he/she either has firsthand knowledge of or a good faith belief that abuse has occurred, even if there is a possibility that the report is wrong. The local league should encourage all individuals in the league to be vigilant and observant in regard to the safety and protection of the children in the league. Many states provide immunity to those who report suspected child abuse in "good faith."

5. PROHIBIT ONE-ON-ONE INTERACTIONS

Most child sexual abuse or grooming is perpetrated in isolated, one-on-one situations. By reducing such interactions between players and adult volunteers, you reduce the risk of child sexual abuse. However, one-on-one time with trusted adults is also healthy and valuable for a child. Policies concerning one-on-one interactions protect children while allowing for these beneficial relationships. To minimize the chance of an individual's opportunity to groom or abuse a player, the league must adopt a one-on-one policy relating to the interactions between a player and any adult volunteer of the league during the league's programs and activities. The League should adopt a policy prior to the start of the season and provide a copy to all volunteers within the league. At a minimum the policy should include the following:

- Volunteers are prohibited from being alone with a minor athlete during the league's programs and events unless:
 - There is an emergency.
 - There is written permission from the player's parent/legal guardian.
 - The volunteer is the player's parent/legal guardian, sibling, or personal care assistant.
- A Volunteer's interactions with players must be observable and interruptible by another adult.
- Volunteers are prohibited from contacting players directly through social media or electronic communication unless another adult volunteer or the player's parent/legal guardian is copied.
- Volunteers are discouraged from interacting one-on-one with unrelated minor athletes in settings outside of local league program and activities (such as the volunteer's home, a restaurant, a vehicle, personal communication including electronic communication).
- Players may not reside with unrelated volunteers for the purpose of participation qualification within the league.
- If a volunteer is in a position where he/she is left alone with a player, he/she should not leave the child so long as the volunteer has exhausted all the options above to comply with the guidelines of the policy. Likewise, if a child is injured and must be transported to a hospital, urgent care, or treatment center, the volunteer should not leave the child alone if all options have been exhausted to comply with the policy in an emergency where medical treatment is necessary.
- Physical contact between volunteers and players should be very limited. Some examples of appropriate physical touch include high fives or administering appropriate first aid.

SUMMARY

The safety and well-being of all participants in the Little League program is paramount. The Little League Child Protection Program provides the necessary tools for local leagues to create an environment that is as safe as possible for its players. Protection begins at the local league level. Every local Little League program must place the safety and well-being of its players above all else. Each league must adhere to the requirements of the Child Protection Program and utilize the additional resources provided to customize its own program to protect its participants which meets the unique needs of the league. Parents/Guardians play a critical role in assuring the safety of their players. It is critical that leagues arm parents/guardians with awareness and share the Child Protection Program with everyone within the league. Little League International is available to offer assistance to local leagues regarding the Child Protection Program by contacting SecuritySpecialist@LittleLeague.org.