



NOW OPEN!! SAINT CROIX SELECT TRYOUTS

2022-2023

Premier lacrosse club on the East Side of the Twin Cities. Play close to home and compete with the best girls from the East Metro area.

Same great club, fresh new direction, no longer exclusive to Stillwater!

All Athletes! Be a part of St. Croix Select lacrosse program! We are looking for players with ***commitment, athleticism, speed, strong work ethic and passion for lacrosse.*** Our experienced coaching staff provide lacrosse training and skill development to help each player reach her full potential on the lacrosse field.

REGISTER TODAY ALL ARE WELCOME!

Tryouts:

**Players must attend one session to be considered for the team. However, we recommend attending all sessions for maximum exposure/evaluation time.

U18 & U16 (Class of 2023-2026) - July 26-27, 2022 700-830AM

U14 & U12 (Class of 2027- 2030) July 18-19, 2022 700-830AM

Tryouts will be held at Stillwater High School athletic turf fields

5701 Stillwater Blvd N, Oak Park Heights, MN 55082

COST \$20

Multi-Sport Athletes St. Croix Select supports the multi-sport athlete at all ages - in fact, the majority of our players continue playing more than one sport throughout their HS years. We provide year-round instruction and development and strength and condition training for our players that is scheduled for minimal interference with your other sports.

Why St. Croix Select?

Our Mission

To provide the highest level of lacrosse training, leadership development, and a club team environment to help every team member become the best lacrosse player they are capable of becoming while emphasizing the importance of fundamental skills, teamwork, leadership, character, & friendships. St. Croix Select teammates are some of our players' strongest friendships! Team membership will help each athlete achieve her individual lacrosse goals as a middle school, high school, and collegiate player.

Our Vision

SCSLC coaches, administrators, and support staff are dedicated to providing the highest quality club lacrosse team experience for girls who play community and high school lacrosse in the surrounding Stillwater Area/ East Metro. The SCSLC team encourages community lacrosse participation for our non-high school level team members.

Our History

The coaching staff at Stillwater Area High School established a unique community-based summer club team lacrosse-training program in 2008. Over the last 14 years, our training methods have helped Stillwater produce 14 US Lacrosse All-Americans, 3 Pioneer Press Minnesota Players of the Year, 7 Ms. Lacrosse Finalist, a Ms. Lacrosse Goalie of the Year, 12 MSHSL State Tournament All-Tournament Team Members, 47 All-State Team members, 72 S.E.C All-Conference Team Members, and multiple NCAA DI, DII, DIII, and college club team members. Since team establishment in 2008, the Stillwater Area High School girls' lacrosse teams have won 10 Suburban East Conference Championships and 9 consecutive Section 4 Championships. We will continue to use what we have learned in the past as we continue to expand the program outside of the Stillwater area.

St. Croix Select has experienced coaches who are dedicated to each player's development. We strive to develop each player's full potential.

College Recruiting We offer guidance and help prospective collegiate players find a place at the next level. There is a place for you if you wish to play at the college level.

Visit our webpage for more information: www.stcroixlaxeagles.com