



The local newsletter featuring Hastings High School athletics.
Connecting, informing, & celebrating HHS student-athletes & programs.

AUGUST 2021
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SPRING SPORTS, '20-21 IN REVIEW

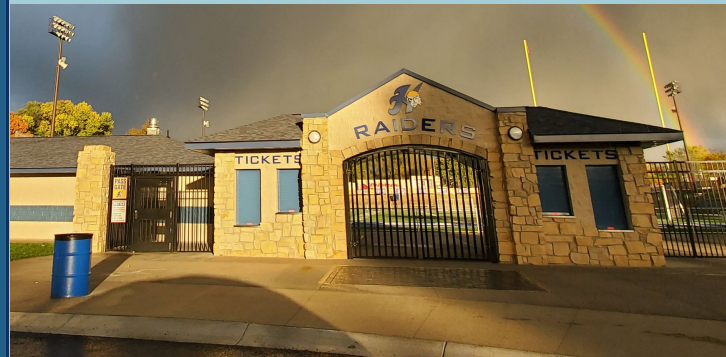
SPRING SPORTS

- It was a rewarding season for the 299 student-athletes that participated in a spring sport at HHS! Highlights include:
- Average team GPA of 3.41 and multi-sport athlete rate of 55%.
 - Spring season average team GPA and athlete survey rates were both at the highest rates in four years.
 - Girls golf was MEC runner-up and Section 3AA 4th Place.
 - Softball was MEC 3rd place and won multiple section playoff games.
 - Linnea Urban was MEC Individual Champion in the 1600M run, marking her 4th career title in that event and 10th individual conference title overall across three different sports.
 - Six female athletes were named academic all-state; Shea Levos in golf and Jaylen Hanson, Jaylyn Pistner, Maddison Kennedy, Caroline Gathright and Linnea Urban in track and field.

2020-21 SCHOOL YEAR

- Overall participation: 48% of the HHS student-body played at least one MSHSL sport.
- Average athletic team cumulative GPA was 3.43, a full .40 higher than the average GPA of all students at HHS.
- 24 seniors earned "Outstanding Senior Athlete" Awards and 19 seniors were named MEC Academic All Conference
- 90%+ of student-athlete surveys from 754 responses representing all sports, levels, and genders reported that they had fun, improved skills, developed friendships, their coach cares about them as a person, and they are proud to be on their team.

CASH NOT ACCEPTED AT GAMES IN 2021-22



Effective with the fall of 2021, **NO CASH** will be accepted for admission to home athletic events. Spectators will have three options to purchase game tickets:

1. Purchase online in advance.
2. Purchase at the door with credit card
3. Purchase a digital season pass

Admission is charged at most HHS athletic events. Prices set by the MEC are \$6 for adults and \$4 for students. Please see the event admission page on the athletics website for more information and to access direct links for purchasing [HERE](#).

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CHARACTER COMMUNITY COMPETITION

COMMUNITY SERVICE COMMITMENT 2021-22

As part of an ongoing commitment to our purpose of developing character and creating community, athletes and teams will be coming together in a variety of service learning projects throughout the school year.

Keep your eye out for student-athletes who continue to make Hastings a dynamic place to live and work. Reach out to HHS athletics if you have a project that needs support from as few as 2 or as many as 200 people to make a difference for you!



HHS COACHES PARTICIPATE IN ANNUAL PROFESSIONAL DEVELOPMENT

In August each year athletic coaches from all sports, levels, and roles come together to plan, learn, and grow. 102 different people fill 135 different paid and volunteer coaching roles at HHS. A half-day session brings over 90% of them together in one place to collaborate with each other.

Individual and group tasks, review of data and research, and alive coaches panels highlight the session. Coaches also opt-in to book studies and peer observation experiences in addition to other online and in-person seasonal sessions.

All activities are focused on taking intentional steps towards achieving our purpose of developing **CHARACTER** and **COMMUNITY**. Coaches plan, practice, and play to win. That is our **goal**. As education-based activities however, our **purpose** is much larger and goes far beyond the scoreboard. We aim to develop the whole person and create a place of belonging for student-athletes.

We are committed to achieving a winning legacy according to this collective definition of success:

- * **Develop lifelong relationships & Raiders values**
- * **Grow towards performance goals & objectives**
- * **Contribute positively to the Hastings community**



HANSON LEADS ON STATE, NATIONAL STAGE

Trent Hanson has been a teacher, coach, and administrator at HHS for 17 of the past 23 years. He also serves in a variety of state and national leadership roles. Hanson is a member of multiple MSHSL committees, including the coaches education faculty where he certifies hundreds of new coaches across MN each year.

Since 2020, he has also been an instructor for the InsideOut Initiative. ISOI partners with 15 different National Football League franchises and their companion high school associations across the country. In his ISOI role, Trent leads training for educational leaders focused on purpose-based leadership in education-based athletics. This year he will work directly with Seattle, Kansas City, California, & New England.

Importantly, Hanson infuses HHS athletics with learning and research from his partnerships across the country in order to positively impact our own coaches, athletes & programs.