

Babe Ruth In-House Rules - 2025

The official rules of Babe Ruth Baseball shall apply except as noted herein. These exceptions take precedence over any rules that conflict with them.

Pitching

We will use the PitchSmart Rules endorsed by the Greater Hudson Valley League as a way to minimize risk of injuries to our pitchers. It is not recommended that a pitcher throw more than 7 innings in a single week.

Daily Max = 95 Pitches

<u>Number of Pitches</u>	<u>Number of Days Rest</u>
1 - 20	0 - can pitch the next day
21 - 35	1 full day of rest
36 - 50	2 full days of rest
51 - 65	3 full days of rest
66 - 95	4 full days of rest

Substitutions

Starters who are removed from the game must re-enter in the same spot in the batting order.

A starter and his substitute are interchangeable. Neither may bat anywhere else in the batting order during the course of a game except in the case of an injury (see next rule).

A substitute who is not a starter may be moved in the batting order in the event of an injury to another player.

A running lineup is allowed. Teams may bat as few as 9 players at a time.

All players must receive at least one at bat each game and play a minimum of two defensive innings in the field.

Run Limits/Mercy Rule

A maximum of 5 runs may be scored in a single inning before the team on offense returns to playing defense. The purpose of this rule is to limit the total number of innings in which pitchers are asked to throw more than 25 pitches and to keep the game moving at a quick pace.

A game is to be called after 3 ½ innings if one team is ahead by 15 or more runs.

A game is to be called after 4 ½ innings if one team is ahead by at least 10 runs.

Miscellaneous

A team must have a minimum of 8 players in order to play. Teams may request players from the other In-House teams in the event of a player shortage. Please contact another coach if you are looking for a replacement player. We have to try to avoid re-scheduling games.

Players are not allowed to leave the dugout unless they receive permission from a coach. Please encourage all kids to remain in the dugout at all times in order to cheer their teammates on.

WE WANT CLOSE GAMES! Blowouts are deflating. Please do not give your players the steal sign or encourage them to advance on a passed ball/wild pitch if your team is winning by 10 or more runs.

All games must be played within a 2:20 window. Play fast!