

2025-26 Low Country Volleyball Club Parent/Player Handbook



A Tradition of High Level Competition

Page 2:	Introduction
Pages 3-7:	<u>Boys and Girls Travel Program</u>
Page 3:	Commitment, Team Divisions, Playing Time, Tryouts
Page 4:	Registration Process, Travel Team Fees, Tournament Schedules, Payment Plan
Page 5:	Refund Policy, Scholarship Program, Reducing Club Dues, Delinquent Dues, Parent Involvement
Page 6:	Team Representative - Super Parent, Player Attendance, Hotel Travel
Page 7:	Travel Days, Palmetto Volleyball Association, Meeting with Coaches, Player Release, Folding of a Team,
Page 8:	Player and Parent Codes of Conduct

INTRODUCTION

WHY CHOOSE LOW COUNTRY VOLLEYBALL CLUB

- We are the Palmetto Volleyball Association's oldest, continuously operating club
- We provide a highly professional coaching staff and ensure challenging programs
- We have a proven record of developing high quality volleyball players who continue playing at the collegiate level
- We have been recognized as a Palmetto Region Volleyball Association's Club of the Year
- We believe in challenging the status quo to ensure that every player has a first-rate club volleyball experience
- We provide continuous development and learning for coaches and players that values new ideas and thinking outside the box, while simultaneously building on our proven culture of success
- Our program includes an emphasis on individual achievement of goals, and an atmosphere that allows players to leave every practice and every tournament with the knowledge that they have improved their skills

Formed in 1996, LCVC is the oldest, continuously operating club in the Palmetto Region. The club is a 501(c)(3) non-profit corporation. **Volleyball clubs vary in their goals, philosophy, cost, coaching, intensity, and tournament travel. We want you to have as much information as possible to make the best decision for your family.** We are excited you are considering LCVC for your 2025-26 club season.

LCVC PROGRAMS

Low Country Volleyball Club offers a variety of programs aimed at meeting our mission of providing student athletes with advanced skills training and tactical instruction in a positive, competitive learning environment that fosters personal growth and team development. During 2025-26, Low Country Volleyball Club will offer boys and girls individualized lessons, fall elementary program, club travel teams, winter skills academy, middle school spring league, AAU summer teams, summer clinics, and summer camps. We are committed to ensuring LCVC athletes have a positive experience that fuels their love of volleyball and competition.

Our mission is two-fold: provide our student athletes with the highest level of volleyball training and teach life lessons that will stay with them long after they have finished their volleyball careers. Our coaches are mentors, role models, and above all, teachers. We teach our athletes to be disciplined, compete and train at full effort, be positive and supportive teammates, push beyond their comfort zones, compete with confidence and enthusiasm, and pursue excellence. We value and teach sportsmanship and leadership and have been recognized by the Palmetto Region, other clubs and officials for demonstrating these values.

LCVC CLUB GOALS

To provide the best volleyball experience for all members by ensuring that:

- Players have the opportunity to play, compete, and grow with greater opportunity and enjoyment of the game
- Players have the greatest opportunity to play on their school team and become varsity players
- Players have the greatest opportunity to play at the college level with many qualifying for scholarships
- Players are positively impacted with life lessons
- Players always have the opportunity to practice and compete in a safe environment
- Coaches receive continuing education and training
- Members receive a better value for our program than other volleyball clubs
- The greater volleyball community is positively impacted by the existence of LCVC

BOYS AND GIRLS TRAVEL TEAMS

WHAT WILL BE YOUR COMMITMENT?

LCVC will have up to 3 divisions of travel teams for the 2025-26 season. All teams will practice Saturday morning and/or Sunday afternoon on non-tournament weekends and 1-2 additional practices per week depending on the team division. Local level teams will have a total of two practices per week (non-tournament weekends), and Regional and National level teams will have a total of three practices per week (non-tournament weekends). Practice schedules will be published approximately two-three weeks in advance and will be subject to change if conflicts arise (rare but possible).

Our regular season will run from mid-November through early April with tournament play beginning in January. In addition, our Girls 14U-18U National teams will compete in the USAV Girls' Junior National Championship if they qualify. Teams will compete in the division in which they earn a National Championship bid. The GJNC18 will take place May 1-3, 2026 in Reno, NV and the GJNC 14-17 will take place June 25th - July 3, 2026 in Indianapolis, IN. If our 12U-13U and all boys' teams qualify by winning the Region Championship, they will compete in the AAU Junior National Championships in Orlando, FL. If a 14U-17U Girls National level team does not qualify for GJNC, they may choose to compete in the AAU Junior National Championships through a formal process that includes the master coach, team coaches, players, and families. AAU Junior National Championships dates differ by age division and span from mid-June to early July in Orlando, FL. For players wanting to continue into the summer season, AAU Summer Team tryouts will take place late April, early May.

Commitment is vital. Our goal and philosophy are to have a serious, competitive and intense club, while still having fun. We want the player who has the desire to be the best they can be, players who are punctual (be ready to play BEFORE the announced start time), who stay for the entire practice, who are in the proper frame of mind to work hard, and who are willing to cooperate with the coaches and their teammates. Player discipline is essential. Attitude and mental toughness are critical ingredients to success in club volleyball. Every player and parent will be required to sign and abide by the Player/Parent Code of Ethics. Violations of this Code may result in the player being suspended for a practice, set, match, tournament, or the season, depending on the frequency and seriousness of the offense(s).

TEAM DIVISIONS

This season we will have up to three divisions of travel teams: Local, Regional, and National. The division of the team and the ages of each team will not be determined until after tryouts. The team division will be determined based on the ability of the team. 12U teams may be co-ed. All teams typically have 10-12 players but there may be rare exceptions to this rule.

PLAYING TIME

Local and Regional teams will offer fair, but not equal, playing time to each team player. Fair is defined as playing in at least 50% of all pool play sets and, in those sets, playing at least 3 rotations (front or back row). Fair is not based on time, playing a specific requested position, or being able to serve. At the local and regional levels, once the team enters the playoff phase of a tournament, there is no guarantee of playing time. National teams have NO guarantee of playing time during pool or tournament play. This could mean a player sits out several sets and/or matches during the day. Coaches will do their best to provide playing time, but you MUST be willing to accept this rule to participate at this higher level.

TRYOUTS

LCVC will hold tryouts for different age groups and genders at different times. Each age division will have no less than a 2-hour tryout. Players will be notified within 48 hours of team selection.

TRYOUT REGISTRATION

All players **MUST** be registered with USAV **AND** LCVV through SportsEngine before they can attend tryouts. All registration **MUST** be completed **AND ACTIVATED** before players can participate in ANY USAV club activity. THIS INCLUDES TRYOUTS AND PRACTICES!!!

1. To register with USAV go to: <https://www.palmettoregionvb.org/reginfo>

Read and follow the instructions carefully. Junior age players will need to have a parent complete the process and the parent will need their driver's license number (used for electronic signature). Club Directors may not register their players or coaches. Each player, or parent of a junior player, must register him/herself.

✱ Each player will pay the \$20 USAV/Palmetto Tryout Membership unless the player has a current USAV membership (applies to Summer Tryouts ONLY for players with 2025 season membership).

2. To register for LCVV tryouts, go to: <https://lowcountryvolleyball.sportngin.com/register/form/186633912>.

Fill out the forms on the Registration page and pay online the \$50 tryout fee plus processing fee by credit card/debit card/checking account

⦿ This registration is in addition to the USAV membership and both must be completed before tryouts.

LCVV is a member of the Palmetto Volleyball Association. To review PVA's Tryout Policy please visit the [PVA Tryout Information webpage](#).

TRAVEL TEAM FEES

LOCAL TEAMS (L) - \$1300

- Tournament entry fees (7)
- ½ day, 1 day, and Regional Championship (2-3 days)
- Coaches' pay and travel
- HUDL
- Gym rental – 2/week
- Practice Equipment
- 1-Uniform Jersey
- 1-Practice Shirts
- 1-Sponsor Shirt
- 1-Indoor Volleyball
- 1-Individual Backpack with Ball Bag
- 1-LCVV Towel

REGIONAL TEAMS (R) - \$2100

- Tournament entry fees (7-Girls, 6-Boys)
- 1-day, 2 day, and 3 day tournaments
- Coaches' pay and travel
- HUDL PLUS
- Gym rental – 3/week
- Practice Equipment
- 2-Uniform Jerseys
- 2-Practice, 1-Sponsor Shirts
- 1-Indoor Volleyball
- 1-Individual Backpack with Ball Bag
- 1-LCVV Towel

NATIONAL TEAMS (N) - \$2600

- Tournament entry fees (7)
- 2 day and 3 day tournaments
- Coaches' pay and travel
- HUDL PLUS
- Gym rental – 3/week
- Practice Equipment
- 2-Uniform Jerseys
- 2-Practice Shirt
- 1-Sponsor Shirt
- 1-Indoor Volleyball
- 1-Individual Backpack with Ball Bag
- 1-LCVV Towel

***Tuition fees do NOT cover players' or parents' travel expenses. If a National team qualifies for post-season play, there will be additional fees as well as additional travel expenses.

TOURNAMENT SCHEDULE

The 2025-26 tournament schedule is posted to the Low Country Volleyball Club [tournament schedule webpage](#).

PAYMENT PLAN To assist in minimizing the impact of club dues, there is a **six payment plan option this season:**

\$300 Deposit due on August 15,
followed by 6 equal payments of
the remaining balance on-

- September 15, 2025
- October 15, 2025
- November 15, 2025
- December 15, 2025
- January 15, 2026
- February 15, 2026

***RegSaver Insurance is **HIGHLY** encouraged for all and **REQUIRED** for families choosing the payment plan option.
(more information under REFUND POLICY)

REFUND POLICY

Full seasonal dues are non-refundable after a player has accepted a position on a team. Once a player commits to a team, most of the team budget is expended in the first few weeks to cover gym rental fees, tournament entry fees, equipment purchases, uniform purchases, etc. that are non-refundable to the club. **Registration Saver (RegSaver)** is a registration insurance option provided at the time of online registration. It provides parents the opportunity to insure the non-refundable registration fees they pay for their child to participate. In the case of injury, illness, or other covered peril that prevents the child from participating, the parent can file a claim to seek reimbursement of their registration cost. The policy is offered during the SportsEngine registration process and additional details can be found [here](#). RegSaver Insurance is **REQUIRED** for all families choosing the payment plan to pay their season dues. There are no credits/refunds for players who are unable to attend tournaments or practices, including postseason, regardless of prior notification. There are no credits or refunds for players who quit.

SCHOLARSHIP PROGRAM

LCVC has a scholarship program for those that have a financial need, of up to 75% of the player's club dues. To request a scholarship, contact the Club at lowcountryvolleyball@gmail.com to get a copy of the form and scholarship volunteer and fundraising requirements. **The form must be filled out and turned in prior to the BEGINNING of the player's tryout.**

REDUCING CLUB FEES

Low Country Volleyball Club is committed to do everything we can to lower the cost of playing club volleyball. During the regular season, we will have one club-level fundraiser, the LCVC Sponsorship program. The profits from this program will be split 70-30 between the players and the club. The player's share will be determined based on how much they sell. **This program IS mandatory for all scholarship players.**

With club director approval, there can be team-level fundraising that will be controlled at the team level. All the money raised from that fund raising will stay with the players based on what each player sells. Teams can coordinate if multiple teams want to participate in the same fundraising event. LCVC will provide 501(c)(3) information to businesses and provide support as needed for these efforts.

DELINQUENT DUES

All dues will automatically be paid by credit or debit card on the above due dates. If a payment bounces or declines causing a player to be delinquent in their club dues, the player will not be allowed to play in tournaments. Any player who is over 3 days' delinquent in their club dues will not be allowed to practice.

PARENT INVOLVEMENT

Parents are an essential part of a travel volleyball program, from supplying nutritional snacks and emotional support to transportation, and everything in between. At the beginning of the season, all parents will be required to sign a Parent's Code of Ethics. This requires proper behavior to ensure that everyone sets the best example possible for players, coaches, and officials as well as the health and safety of all. Violation(s) by a parent will result in the parent being removed from the gym and violations could result in their player being suspended from Low Country Volleyball Club and/or Palmetto Volleyball Association. Violation(s) could result in parent suspension by the Palmetto Volleyball Association, USAV, AAU, and/or JVA.

Transportation of the players to tournaments is the responsibility of the parents. If parents cannot attend a tournament, they should make other arrangements for their player to travel with and stay with another family.

TEAM REPRESENTATIVE - SUPER PARENT

Each team will have an adult (parent) team representative who will be responsible for managing team-level fundraising, coordinating meals or food tables at all tournaments, coordinating transportation of players from hotel to tournament facility, and handling parent communications per the coach's requests. The Super Parent will serve as a positive role model for the other team parents. He/she has the opportunity to purchase a USAV/AAU membership and complete online training to be rostered thus gaining free entry into tournaments. LCVC will provide all Super Parents with a sponsorship shirt and a discount towards spirit wear items. The Super Parent **MUST** be organized and extremely responsive via email/text to the coach and club directors. To be a Super Parent, contact your team's head coach. Past team representatives in good standing will be given priority.

PLAYER ATTENDANCE:

When it comes to practices, players must make every effort to make EVERY scheduled practice. If a player has to miss a practice, they will be expected to notify their coach **in advance** and **attend another team's practice** in place of theirs. Players participating in an in-season school sport are exempt from attending another team's practice if missing due to a game.

- If you miss a practice, are unable to make up the practice time, and are **excused** by your coach PRIOR to the practice, expect to sit on the bench for one set in the next tournament
- If you miss a practice **without being excused** by your coach PRIOR to practice, but your reason for missing practice is valid (e.g., school commitment, sick), expect to sit on the bench for one match in the next tournament
- If you miss a practice and your coach **does not accept your excuse as valid**, expect to sit on the bench for two matches in the next tournament

Club volleyball is for serious players, if you miss practice you are missing specific drills designed for your position, working with YOUR teammates, thus hurting your ability to play at 100%.

- All players are expected to play in every tournament: any player that misses more than one tournament will be subject to being dismissed from the club
- Coaches will be keeping an attendance log for both practices and tournaments

HOTEL TRAVEL

The Club seeks to find the most affordable, high-quality hotels that include breakfast if possible. When our teams travel and stay overnight, ALL players **MUST** stay at the same hotel as the rest of their team, unless they are staying with family members that live within a 20-mile radius of the tournament. Players must inform the coach in advance for any tournament for which it applies. Any players who do not stay at their team's hotel and do not inform the coach prior to tournament weekend, will sit out for one match the next day of play. There are many reasons for this policy, but team bonding and the coach's assurance of player attendance and timeliness are the most important. Players are required to be present at all scheduled team meetings, breakfasts at the hotel, and lunches.

If for some reason a families' with multiple players/teams aren't all at the same hotel (stay-to-play tournaments), they can choose one of the team hotels. Parents and other relatives of players are encouraged to stay with the team when we travel. However, non-relatives such as boyfriends and girlfriends are not permitted to travel with or stay with the team, as it has proven to be a major distraction to players and parents alike

TRAVEL DAYS

Families wishing to drive to a multi-day tournament the morning of the first day of play may do so but only under the following condition:

- The tournament is within a 4-hour drive AND the team is playing or working in the late wave starting at 2pm or later. Players will stay at the team hotel for subsequent nights unless staying with family as outlined above. Players must inform the coach if they are doing this prior to the tournament weekend for any tournament for which it applies.

Players are required to be present at the scheduled team meetings, breakfasts, and lunches. **Violation** of this rule will result in the player being benched the first match of each day of penalty.

RELATIONSHIP OF LCVC TO PALMETTO VOLLEYBALL ASSOCIATION

When joining Low Country Volleyball Club, the player and parents are contracting with LCVC for services, not with Palmetto Region. In choosing a club, parents may question the master coach on how their club manages its business affairs. In the event a club fails to meet its contractual obligations to their members, Palmetto Region has the right and authority to sanction or terminate a club's membership in the Palmetto Region. If a parent has a concern regarding their club not meeting their contractual obligations, they may contact the Palmetto Region Office. Our relationship with Palmetto Region and USA Volleyball (USAV) is a critical part of our success.

GRIEVANCE PROCEDURE

1. If a player has a concern regarding playing time, here is the 4-step protocol that must be followed:
 - Step 1 – Player requests a meeting with the coach either before or after practice. The player states what their concerns are, and the coach responds why they are doing what they are doing vis-à-vis their role and what the player needs to do to improve things. If Step 1 does not resolve the issue then,
 - Step 2 – Player requests a meeting with the coach and the club director either before or after practice to discuss why the coach's response in Step 1 was not adequate. At that meeting the coach must present a written list of the things that the player must do to get better. If Step 2 does not resolve the issue then,
 - Step 3 – Player requests a meeting with the coach, club director and parent(s) either before or after practice to try and resolve the issue.
 - Step 4 - If the member is still not satisfied, they may appeal, in writing, to the LCVC Board of Directors who makes the final decision, with or without a face-to-face meeting.
2. If a player or parent has a concern other than playing time, they are encouraged to speak with the coach first and then schedule a meeting with the master coach.

PLAYER RELEASE

If a player requests to be released from their team prior to the official end of season (final day of USAV Nationals) to play with another club, LCVC will approve the request if:

- The player's team has completed its playing schedule for the season (includes USAV Nationals if bid is earned).
- All the player's fees and other monies owed to LCVC have been paid.

FOLDING OF A TEAM

If a team folds before the end of the season's tournament schedule for that team, players will be reimbursed for the tournaments that are not played as follows:

- Their prorated share of 80% of the estimated cost of the coach's travel for those tournaments.
- Their prorated share of 100% of any tournament entry fees that are recovered by a refund to LCVC.

Any player who quits their team leading up to the folding of that team will receive no reimbursement at all.

Parent and Player Codes of Conduct



Players' Code of Conduct

I hereby pledge to abide by all the requirements spelled out in the 2025-26 Player/Parent Handbook and provide positive support and encouragement for my teammates by following this Players' Code of Conduct:

1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every tournament, match, set, and practice.
2. I will place the emotional and physical well-being of my teammates ahead of my personal desire to win.
3. I will treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
4. I will encourage my teammates at all times and this encouragement will always be positive in nature, whether I am playing or on the sideline.
5. I will not criticize my teammates or coaches to anyone at any time, in person or via social media.
6. I will arrive at practice on time (which means 15 minutes early) and will not leave early; if I must miss practice I will contact my coach in advance to be excused.
7. I will observe all training rules, curfews when traveling, and other directions that I may receive from my coaches.
8. I will do everything I can to foster a playing and practice atmosphere that makes volleyball fun for everyone.
9. I will be prepared to play positions that are not my usual position because I know that when asked to do so it is for the good of the team.
10. I will not smoke, vape, consume alcohol, use illegal drugs, or text while driving.
11. I will stay with my team following tournament play for all work team assignments.

Parents' Code of Conduct

I hereby pledge to abide by all the requirements spelled out in the 2025-26 Player/Parent Handbook and provide positive support, care, and encouragement for my daughter's participation in volleyball by following this Parents' Code of Conduct:

1. I will encourage good sportsmanship by demonstrating only positive support for all players, coaches, and officials at every tournament and in every match and set, as well as all other times regardless of the situation.
2. I will place the emotional and physical well-being of my child and her teammates ahead of my personal desire to win.
3. I will insist that my child play in a safe and healthy environment.
4. I will support coaches and officials working with my child in order to encourage a positive and enjoyable experience for all.
5. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and will refrain from their use at all volleyball events.
6. I will remember that the game is for youth - not adults.
7. I will do my very best to make volleyball fun for my child and her teammates.
8. I will require that my child treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
9. I will not question my child's coach about playing time or what position(s) my child plays on any day of competition.
10. I will not criticize any of my daughter's teammates or coaches to anyone at any time, in person or via social media.
11. My child will stay with his/her team following tournament play for all work team assignments.