

# Guidelines for Open Hockey

## Worthington, MN 2025-2026

Overall, the vision for open hockey is to allow youth hockey players an opportunity to have ice time to have unstructured play. This allows them to work on their skills and creativity. There are however some rules and restrictions that will be in place. The Worthington Hockey Association will have a volunteer that will act as a Monitor during this time.

- Only USA registered players and coaches are allowed on the ice.
- Full gear required for players. Helmets for coaches.
- Open Hockey monitor will be present and will have the authority to discipline and/or remove players from the ice. Open Hockey is a privilege and it can be taken away from players if necessary.
- Ice will be sectioned off by age.
- Players encouraged to utilize the ice time
  - Discourage laying on the ice, hanging out in the lobby or benches, scrimmaging with too many kids etc.
- No checking.
- No sitting on board or nets.

