



Player Uniforms & Equipment

1. Required items are the blue jersey, white jersey, blue shorts socks and training shirt. Each player is provided with one no-charge training shirt that is handed out by the team manager.
2. Also recommended but not required is a bag, extra training shirt (Octane Poly), warm-up jacket and spirit wear for the family! Bags will be embroidered with the player's last name. Getting 2-3 pairs of socks to cover you at tournaments is a good idea as well.
3. Players who primarily play goalie should purchase their own set of gloves and their own jersey in any style of their choosing. Goalies who need financial assistance with the additional expense, should contact socspremier@gmail.com.

Home vs. Away jerseys:

Our default jersey color is blue regardless if game is home or away. Wear your blue jersey to the game and always keep your white jersey in your bag. If the opposing team's color is also blue, change to white per league rules:

MYSL: away team changes

MSPSP: home team changes

4. Players must wear shinguards and soccer cleats (no metal) of any style they choose. Cleats or turf shoes may be worn for indoor.
5. Every player should bring his/her own ball and water bottle to practice and games. Name and phone number should be marked in Sharpie on both of these items. Check occasionally to see if the sharpie is worn off to avoid conflicts regarding ball ownership.

Questions?

Soccer.com customer service: [800-967-8326](tel:800-967-8326)

If you do not see your player's name at the team store, contact:
socsregistrar@gmail.com

SIZING CHARTS

ADIDAS MEN'S APPAREL

Size	Chest	Waist	Hip	Inseam
Small	34-36	28-31	34-36	31
Medium	38-40	31-34	38-40	32
Large	42-44	35-38	42-44	33
X-Large	46-48	39-41	46-48	34
2X-Large	48-50	42-44	48-50	35

ADIDAS YOUTH APPAREL

Size	Height	Weight
Small	50-53	55-75
Medium	54-59	76-95
Large	60-64	96-117
X-Large	64-68	118-138

ADIDAS WOMEN'S APPAREL

Size	Chest	Waist	Hip	Inseam
X-Small	31-32	23-25	33-35	30
Small	33-35	25-27	36-38-	30.5
Medium	36-38	28-30	39-41	31
Large	39-41	31-33	42-44	31.5
X-Large	42-44	33-36	45-47	32

ADIDAS SOCKS

Adidas Socks (by shoe size)		
Size	Men	Women
X-Small	12T-2	1-4
Small	2-5	4-7
Medium	5-9	7-10
Large	9+	10+

GOALIES

Measure the circumference of the part of your palm just below the knuckles, excluding your thumb.

Round up to the next whole inch, then add 1 to the measurement to determine your Keeper glove size. ie. 7.5" -> 8" + 1 = 9. Thus, 9 would be the Keeper glove size.

Measure both hands, and order the bigger size if they are different.

Remember: Goalkeeping gloves should be worn big, generally 1/2" to 1" over the end of your fingertips.

GOALIE SHIRT

See sizing chart for Adidas Men's and Youth



**adidas Revigo Goalkeeper
Jersey For SOUTH OAKLAND
SOCCER ASSOCIATION**

from \$55.99

Item #PV4027431

Sizing Information

PRACTICE SHIRTS

AUGUSTA OCTANE JERSEY



ADULT SMALL	ADULT MEDIUM	ADULT LARGE	ADULT XL
Height: 5' 8"	Height: 5' 11"	Height: 5' 10"	Height: 6' 0"
Weight: 138	Weight: 153	Weight: 188	Weight: 202

FITS TRUE TO SIZE.

AUGUSTA OCTANE JERSEY



YOUTH SMALL	YOUTH MEDIUM	YOUTH LARGE	YOUTH XL
Height: 4' 4"	Height: 5' 0"	Height: 5' 0"	Height: 5' 8"
Weight: 60	Weight: 86	Weight: 107	Weight: 112

FITS TRUE TO SIZE.

Shin Guards

SHINGUARDS

Size*	Recommended Height Range
XXS/Y5	Up to 3'3"
XS/YM	3'4" - 3'11"
S/JS/YL	4'0" - 4'7"
M/JR	4'8" - 5'3"
L/SR	5'4" - 5'11"
XL	6'0" and up

*As a shinguard increases in size, it becomes longer and wider to accommodate larger leg diameters.

Balls

U7: SIZE 3 BALL

U8-U12: SIZE 4 BALL

U13 and up: SIZE 5 BALL