

# Winter 2025-2026 Basketball Season – FAQs

## What is CBL and CGBL?

Gordon Athletic Association (GAA) is a member of the [Chesterfield Basketball League \(CBL\)](#) and [Chesterfield Girls Basketball League \(CGBL\)](#). Information about each league including bylaws, rules, administrators, schedules, standings, etc. can be found on each league's respective website.

CBL is the league that all GAA co-ed teams will participate in during the winter season. CBL is a co-ed basketball league (mostly boys). CBL allows our teams to compete for the county championship.

CGBL is the league that all GAA girls' teams participate in during the winter season. CGBL is a girls only league. CGBL allows our teams to compete for the girl's county championship.

## Who is eligible to participate?

Participation is limited to student-athletes aged 6-18 who reside in the Gordon Elementary School attendance zone and any other school without an association (Reams Road Elementary, A.M Davis Elementary). If your child does not reside in the Gordon attendance zone, he/she must receive a waiver or loaner from his/her "home" association.

CBL - 6-18 years old, age as of 12/31/25

CGBL - 7-18 years old, age as of 9/30/25

For CBL and CGBL purposes, GAA will be able to accept players from the following school districts that do not have a boys basketball program for the 2025-2026 season: Reams, AM Davis, Crestwood, Greenfield, and any additional Chesterfield County school that does not have an athletic association.

## For our younger players:

**Goal height is 10 feet for all participants.** No exceptions. If your child is unable to shoot on a 10-foot goal, then your best basketball development opportunity is for your student athlete to join a YMCA league. Many of our GAA student-athletes started in YMCA leagues where they accommodate various goal heights.

## I love Basketball, can I assist by coaching a basketball team?

Absolutely you can coach. All our coaches are volunteers and without our volunteer coaches we would not be able offer a winter basketball season to all our amazing student-athletes at Gordon Elementary School, Midlothian Middle and Monacan High, and throughout the rest of Chesterfield County. Please note, ALL COACHES and assistant coaches are required to have, and *display during games*, a valid Chesterfield County Volunteer Eligibility Card. This certifies that they have passed a background check by the Chesterfield County Police Department. For More information: [Background Checks \(click link\)](#)

## Are teams age based or grade-based?

Teams are age-based and will be based on your age as of 12/31/25 for CBL, 9/30/25 for CGBL. Younger players are allowed to play up, however players will not be allowed to play down an age level. The only

exception to the play down rule (CBL only) is if a player is age 9 and this is the student-athlete first year in organized basketball, then the student-athlete is allowed to play down in the Rookies division. Please note, prior approval from league commissioner is needed to play down.

**What are the ages of the teams?**

	<b>CBL</b>		<b>CGBL</b>
Rookies	6-8 yrs.	Instructional	7-8 yrs.
Tigers	8 yrs. & 9 yrs. (1 <sup>st</sup> yr. only)	Minor	10 yrs. & under
Cubs	9 yrs. & under	Intermediate	12 yrs. & under
Bears	10 yrs. & under	Junior	14 yrs. & under
Minors	11 yrs. & under	Senior	18 yrs. & under
Nets	12 yrs. & under		
Intermediate	13 yrs. & under		
Juniors	15 yrs. & under		
Seniors	18 yrs. & under		

**Notes:**

- Eighteen (18) year old players CANNOT participate if they reach the age of nineteen (19) prior to the end of the Senior Division season, which is normally end of February.
- Six (6) year old players MUST be six prior to December 31, 2025.
- For the CGBL league only, 2nd year instructional players aged 8 years can play in the Minors division.

**Is GAA having tryouts?**

We will not be officially having tryouts, but informal player assessments/evaluations may occur during open gyms. Our goal is to ensure that every student-athlete that wants to play basketball an opportunity to play and ideally play at the appropriate skill-level. Once we reach 14 players for each division level, we maybe have player assessment to determine the teams based on skill level.

Note: In the event of fielding multiple teams per division, GAA goal for Co-Ed/Boys is to have at least one highly competitive ‘A’ level team and multiple ‘B’ level teams per division.

**Can my student-athlete play with his/her friends?**

Absolutely, your student-athlete can play with their friends. We believe that our student athletes love of the game grows when they have neighbors, classmates, and friends on the same team. During the registration process, please list your student-athlete preferred teammates and preferred coach and we will try our best to accommodate the request.

**Note:** For CBL, Please be aware that if both student-athletes want to play together and they both want to play on the “A” level team, then they both will need to be selected via the assessment process. You will not have this concern if both players are willing to play on the “B” level team.

**How many games will the teams play?**

There will be a minimum of 10 Games for all teams (**Note:** assumes preseason games participation) except for Rookies (CBL) and Instructional (CGBL) level teams. Both Rookies and Instructional teams will have a minimum of 4 games, coupled with clinics and scrimmages. The Rookies and Instructional divisions are focused on teaching the basic of basketball prior to live game action.

For CGBL, games will be held between December 2nd through March 2nd. For CBL, games will be held January 10th through March 14th and will be on Saturday or Sunday for most divisions as well as on weeknights in the Junior and Senior divisions. Rookies and Instructional live games will most likely begin in February, maybe sooner for Instructional Girls.

**Note:** Makeups games or postseason games may occur during the week for all divisions.

**What are the tentative game locations?**

All our games will be in Chesterfield County Public Schools Gymnasiums and may involve 30 minutes or more of drive time.

**Does everyone on the team get to play in each game?**

All players will get an opportunity to play in games, but the coach will determine the amount of playing time.

CBL and CGBL require must sit rules (every player must sit a full quarter). If you have questions or concerns, please direct your concerns to your team coach first and if not fully resolved to the GAA Basketball Director.

**What is minimum team size?**

Minimum team size will be 7 players per team; maximum team size will be 12 players per team. Although, we will strive to have between 8-10 players per team.

**How much does it cost to be on a GAA basketball team?**

The registration fee and uniform fee is \$195. Split payment available.

**What are the gameplay rules?**

[CBL Rules](#)

[CGBL Rules](#)

**What are the basketball ball size and goal height?**

League	Division	Ball Size
CBL	8U Rookies & Tigers	27.5 (Size 5)
	9U Cubs	28.5 (Size 6)
	10U Bears	
	11U Minors	
CGBL	All Girls Teams	
CBL	12U Nets	29.5 (Size 7)
	13U Intermediate	
	15U Junior	

	18U Senior	
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