

## **HYMAX FHC RETURN TO PLAY COVID-19 GUIDELINES**



First and foremost, we hope that you and your loved ones are safe and healthy. We have received questions from the Hymax field hockey community about if and how COVID-19 will change this year's athletic season. We know this outbreak has been stressful to many and recognize that exercising and participating in activities like sports can be a healthy way to cope with stress and connect with our community. After careful thought and planning, we are excited to let you know that we plan to resume Hymax FHC Training while following CDC, State of Maryland, Baltimore County Government, USA Field Hockey, and Spooky Nook Facility Guidelines (Nook Guidelines include specifics to the State of PA) & Considerations, to protect players, families, and our community.

It is our sincere hope, that clearly defined and followed procedures by All, will allow our players to return to play & enable them to refine their field hockey skills, increase their physical fitness level, continue pursuing college recruiting plans, and step back on the turf for the love of the game.

The health and safety of our athletes, staff, volunteers, and hosting facility remain our highest priority. Below, you will find a summary of actions that must be followed, to help ensure we are lowering COVID-19 risk as much as possible while also allowing our athletes to play.

### **Hymax FHC COVID-19 Training Procedures:**

1. **WAIVER-** All Hymax FHC players/parents /coaches have acknowledged & signed the COVID-19 Participant Waiver prior to participation in practices/training during the Registration Process.
2. **Face Coverings-** All Hymax FHC staff, spectators, and players shall wear face coverings while arriving and leaving the facilities. Face covering will not be required for staff or players while on the field during training. Spectators are required to wear a face covering at all times at the facility.
3. **Hygiene-** All Hymax FHC staff and players are required to have a personal/individual bottle of hand sanitizer to utilize before, during and after practice. Guidance strongly advised individuals to thoroughly wash hands with soap and water for 20 seconds prior to attendance & as soon as possible after dismissal.
4. **Arrival Procedures-** Players are to arrive 20 min prior start of practice for a temperature check, fully geared & ready to play. **\*There is absolutely no sharing of equipment or individual items of any kind. \*Exception-** Goalie may arrive in practice clothes & gear up in designated area of training field. Players will enter the field only once & must wait until the prior group has exited the training area. Do not warm-up with your own practice balls. Only utilize Hymax provided balls & warm-ups will be structured & started as a group. It is important to arrive in a timely &

orderly fashion to ensure the extra COVID measures are adhered to, while still maintaining ample training time.

5. **Temperature Checks-** with the support of Hymax FHC staff or volunteers, there will be regular screening of players/coaches/additional personnel /\*\*as well as HYMAX Spectators, through non-contact, infrared temperature checks prior to practice/training sessions. Players and Staff, as well as HYMAX Spectators, are to arrive 20 minutes prior to the start of each practice/training to have their temperature taken. Per CDC guidelines, any player/staff/spectator with a temperature of 100.4 or greater will not be permitted to participate in scheduled practice/training/spectating. The parents of a player with a temperature of 100.4 or greater will be advised and that player should be tested for COVID-19. Any staff with a temperature of 100.4 or greater will be advised and that staff should be tested for COVID-19. Players/Staff may return to sessions after bringing/emailing HYMAX a verifiable negative test result or 14 days after high temp check- whichever comes first. Players/Staff who test positive for COVID-19 may not attend practice/training until they are cleared for release from isolation according to CDC guidelines and cleared to return by a healthcare provider. \*If spectators are included in the sessions, they will be receiving temperature checks and follow the same procedures & guidelines as players & staff.
6. **Training Sessions-**
  - i) Training Groups will be limited to appropriate sizes per HYMAX & Nook Covid Guidelines
  - ii) If applicable, sessions with spectators – limited to 1 spectator per player
  - iii) Attendance by all will be limited to those that can confirm no symptoms of COVID-19 for the past 14 days
  - iv) Hymax will minimize changes is small group participants
  - v) Training/Scrimmage Sessions will be 1 HR 55 Minutes or less, always with a 5 min break between sessions to allow for transfer of teams on/off of field area
  - vi) Coaches/Staff will handle all shared equipment
  - vii) Athletes use own water bottle, towels and personal hygiene products
  - viii) No high fives or handshakes permitted
  - ix) Frequent cleaning of equipment with disinfectant before and after training session will be considered
  - x) Players are to adhere to proper social distancing & minimize ball handling during training
  - xi) \*Players must ensure to notify coach of any physical issues they are experiencing
  - xii) \*Tournaments at Nook- Nook & not HYMAX will be in charge of all Covid-19 procedures & HYMAX participants will adhere to the guidelines provided by Nook.
7. **Departure Procedures-** Players are to exit the field & immediately cleanse hands with personal hand sanitizer, pack up & exit the training area. This must be done in a quick & orderly fashion to ensure the proper arrival of the next scheduled teams. \*If a player or parent has additional questions for the coach, text/email after the session, and the messages will be responded to, as soon as time/ability permits.

### **Designated COVID-19 point of contact/ Communications System:**

1. Coach Webber is the designated point of contact. She can be reached at 443-928-9272 or [hymaxhockey@yahoo.com](mailto:hymaxhockey@yahoo.com)
2. Consistent with applicable law and privacy policies, staff and families should self- report to the designated COVID-19 contact person, Coach Webber if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days in accordance with health information sharing regulations for COVID-19 and other applicable privacy and confidentiality policies, laws and regulations.
3. Hymax FHC staff will protect the privacy of people at higher risk for severe illness regarding underlying medical conditions in accordance with applicable privacy and confidentiality policies, laws, and regulations.
4. Hymax FHC staff will notify families of program closures and restrictions in place to limit COVID-19 exposure should they be necessary, and policies will be developed for a return to the program.
5. If spectators are part of the sessions, they are to follow the same procedures as players & staff.

### **PREPARING FOR WHEN SOMEONE GETS SICK:**

#### **1. Participants or staff members who become sick:**

- a. Sick individuals should not come to practice sessions.
- b. Sick individuals will be advised of Home Isolation Criteria and advised that he or she should not return to the program until they have complied with the CDC's criteria to discontinue home isolation: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#discontinue-isolation>, and are **cleared to return by a healthcare provider**.
- c. Participants and staff must notify Hymax FHC's designated COVID-19 point of contact, Coach Michelle Webber, if they become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with symptoms or a confirmed or suspected case.
- d. Participants and staff who have been exposed to someone with symptoms or a confirmed or suspected case should not return to practice until they have submitted a negative test result via email to Hymax FHC's point of contact, Coach Michelle Webber [hymaxhockey@gmail.com](mailto:hymaxhockey@gmail.com).
- e. If spectators are part of the sessions, they are to follow the same procedures as players & staff.

## 2. Notify Health Officials and Close Contacts:

- a. In accordance with state and local laws and regulations, Hymax FHC administrators will notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).

### **PROMOTE BEHAVIORS THAT REDUCE SPREAD:**

1. Per CDC guidelines, practice proper handwashing, proper social distancing, and facial covering as required/advisable
2. Staff and participants who are sick or have recently had close contact with a person with COVID-19 should stay home.
3. Staff and participants must stay home if they have tested positive for, or are showing COVID-19 symptoms.
4. Staff who have recently had close contact with a person with COVID-19 will stay home and monitor their health.

Remember, to take care of yourself & each other- this is our field hockey community.

Let's All adhere to the guidelines set forth above, and watch our players return to the turf for the love of the game!

Hymax FHC

## HYMAX FHC COVID 19 PRACTICE GUIDELINES RESOURCES

- ***CDC Considerations for Youth Sports 5.29.20 PDF:***

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

- ***ORDER OF GOVERNOR STATE OF MD No 20-08-03-01 Allowing Certain Business & Masks 8.3.20 PDF:***

<https://governor.maryland.gov/covid-19-pandemic-orders-and-guidance/>

- ***Maryland Executive Order 2020-14 No 20-08-03-01 - Readable Baltimore County 8.3.20 PDF:***

<https://www.baltimorecountymd.gov/Agencies/executive/orders/2020-014.html>

- ***MARYLAND YOUTH-SPORTS-COVID-19 BEST PRACTICES GUIDANCE 8.8.20 PDF:***

<https://commerce.maryland.gov/Documents/BusinessResource/Youth-Sports-COVID-19-Best-Practices.pdf>

<https://www.baltimorecountymd.gov/News/COVID19/index.html>

# Considerations for Youth Sports

Considerations for Youth Sports  
Updated May 29, 2020

As some communities in the United States begin to start youth sports activities again, the Centers for Disease Control and Prevention (CDC) offers the following considerations for ways in which youth sports organizations can protect players, families, and communities and slow the spread of the Coronavirus Disease 2019 (COVID-19). Administrators of youth sports organizations can consult with [state and local health officials](#) to determine if and how to put into place these considerations. Each community may need to make adjustments to meet its unique needs and circumstances. Implementation should be guided by what is practical, acceptable, and tailored to the needs of each community. These considerations are meant to supplement – **not replace** – any state, local, territorial, or tribal health and safety laws, rules, and regulations with which youth sports organizations must comply.

## Guiding Principles to Keep in Mind

There are a number of actions youth sports organizations can take to help lower the risk of COVID-19 exposure and reduce the spread during competition and practice. The more people a child or coach interacts with, the closer the physical interaction, the more sharing of equipment there is by multiple players, and the longer that interaction, the higher the risk of COVID-19 spread. Therefore, risk of COVID-19 spread can be different, depending on the type of activity. The risk of COVID-19 spread increases in youth sports settings as follows:

- **Lowest Risk:** Performing skill-building drills or conditioning at home, alone or with family members.
- **Increasing Risk:** Team-based practice.
- **More Risk:** Within-team competition.
- **Even More Risk:** Full competition between teams from the same local geographic area.
- **Highest Risk:** Full competition between teams from different geographic areas.

If organizations are not able to keep in place safety measures during competition (for example, maintaining social distancing by keeping children six feet apart at all times), they may consider dropping down a level and limiting participation to within-team competition only (for example, scrimmages between members of the same team) or team-based practices only. Similarly, if organizations are unable to put in place safety measures during team-based activities, they may choose individual or at-home activities, especially if any members of the team are at [high-risk for severe illness](#).

## Assessing Risk

The way sports are played, and the way equipment is shared can influence the spread of COVID-19 among players. When you are assessing the risk of spread in your sport, consider:

- **Physical closeness of players, and the length of time that players are close to each other or to staff.** Sports that require frequent closeness between players may make it more difficult to maintain social distancing, compared to sports where players are not close to each other. For close-contact sports (e.g., wrestling, basketball), play may be modified to safely increase distance between players.
  - For example, players and coaches can:
    - focus on individual skill building versus competition;
    - limit the time players spend close to others by playing full contact only in game-time situations;
    - decrease the number of competitions during a season.

Coaches can also modify practices so players work on individual skills, rather than on competition. Coaches may also put players into small groups (cohorts) that remain together and work through stations, rather than switching groups or mixing groups.

- **Amount of necessary touching of shared equipment and gear (e.g., protective gear, balls, bats, racquets, mats, or water bottles).** It is also possible that a person can get COVID-19 by touching a surface or object that has the virus on it, and then touching their own mouth, nose, or eyes. Minimize equipment sharing, and clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.
- **Ability to engage in social distancing while not actively engaged in play (e.g., during practice, on the sideline, or in the dugout).** During times when players are not actively participating in practice or competition, attention should be given to maintaining [social distancing](#) by increasing space between players on the sideline, dugout, or bench. Additionally, coaches can encourage athletes to use downtime for individual skill-building work or cardiovascular conditioning, rather than staying clustered together.
- **Age of the player.** Older youth might be better able to follow directions for social distancing and take other protective actions like not sharing water bottles. If feasible, a coach, parent, or other caregiver can assist with making sure that athletes maintain proper social distancing. For younger athletes, youth sports programs may ask parents or other household members to monitor their children and make sure that they follow social distancing and take other protective actions (e.g., younger children could sit with parents or caregivers, instead of in a dugout or group area).
- **Players at higher risk of developing serious disease.** Parents and coaches should assess level of risk based on individual players on the team who may be at [higher risk for severe illness](#), such as children who may have asthma, diabetes, or other health problems.
- **Size of the team.** Sports with a large number of players on a team may increase the likelihood of spread, compared to sports with fewer team members. Consider decreasing team sizes, as feasible.
- **Nonessential visitors, spectators, volunteers.** Limit any nonessential visitors, spectators, volunteers, and activities involving external groups or organizations.
- **Travel outside of the local community.** [Traveling](#) outside of the local community may increase the chances of exposing players, coaches, and fans to COVID-19, or unknowingly spreading it to others. This is the case particularly if a team from an area with high levels of COVID-19 competes with a team from an area with low levels of the

virus. Youth sports teams should consider competing only against teams in their local area (e.g., neighborhood, town, or community).

## Promoting Behaviors that Reduce Spread

Youth sports organizations may consider implementing several strategies to encourage behaviors that reduce the spread of COVID-19.

- **Staying Home when Appropriate**
  - Educate staff and player families about when they should stay home and when they can return to activity
    - Actively encourage sick staff, families, and players to stay home. Develop policies that encourage sick employees to stay at home without fear of reprisal, and ensure employees aware of these policies.
    - [Individuals, including coaches, players, and families, should stay home](#) if they have tested positive for or are showing COVID-19 [symptoms](#).
    - Individuals, including coaches, players, and families, who have recently had a [close contact](#) with a person with COVID-19 should also [stay home and monitor their health](#).
    - CDC's criteria can help inform return to work/school policies:
      - [If they have been sick with COVID-19](#)
      - [If they have recently had a close contact with a person with COVID-19](#)
- **Hand Hygiene and Respiratory Etiquette**
  - Teach and reinforce [handwashing](#) with soap and water for at least 20 seconds
    - If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older children who can safely use hand sanitizer).
  - Do not allow spitting and encourage everyone to cover their coughs and sneezes with a tissue or use the inside of their elbow. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.
    - If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.
- **Masks**
  - Teach and reinforce the use of [masks](#). Masks are not intended to protect the wearer, but rather to reduce the risk of spreading COVID-19 from the person wearing the mask (who may not have any symptoms of disease). Masks may be challenging for players (especially younger players) to wear while playing sports. Masks should be worn by coaches, youth sports staff, officials, parents, and spectators as much as possible.
  - Wearing masks is most important when physical distancing is difficult.
  - People wearing masks should be reminded to not touch the mask and to [wash their hands](#) frequently. Information should be provided to all participants on the [proper use, removal, and washing of masks](#).
    - Note: Masks should **not** be placed on:
      - Babies and children younger than 2 years old;



- Anyone who has trouble breathing or is unconscious;
  - Anyone who is incapacitated or otherwise unable to remove the mask without assistance.
- **Adequate Supplies**
  - If hand washing facilities are available, support healthy hygiene by providing supplies including soap, paper towels, tissues, and no-touch/foot pedal trash cans. If hand washing facilities are not available, provide hand sanitizer with at least 60% alcohol (for coaches, staff and older players who can safely use hand sanitizer).
- **Signs and Messages**
  - Post signs in highly visible locations (e.g., at entrances and exits, and in restrooms) that [promote everyday protective measurespdf icon](#) and describe how to [stop the spreadpdf icon](#) of germs such as by [properly washing hands](#) and [properly wearing a maskimage icon](#).
  - Broadcast [regular announcements on public announcement \(PA\) system](#)
  - Include COVID-19 prevention messages (for example, [videos](#)) about behaviors that prevent spread of COVID-19 when communicating with staff, volunteers, officials, and families. This could include links, videos, and prevention messages in emails, on organization websites, and through the team and league's [social media accounts](#).
  - Find freely available CDC print and digital resources on [CDC's communication resources](#) main page.

## Maintaining Healthy Environments

Youth sports organizations may consider implementing several strategies to maintain healthy environments.

- **Cleaning and Disinfection**
  - [Clean and disinfect](#) frequently touched surfaces on the field, court, or play surface (e.g., drinking fountains) at least daily, or between uses as much as possible. Use of shared objects and equipment (e.g., balls, bats, gymnastics equipment) should be limited, or cleaned between use by each individual if possible.
  - Develop a schedule for increased, routine cleaning and disinfection.
  - Ensure [safe and correct use](#) and storage of disinfectants, including storing products securely away from children. Use products that meet [EPA disinfection criteriaexternal icon](#).
  - Identify an adult staff member or volunteer to ensure proper cleaning and disinfection of objects and equipment, particularly for any shared equipment or frequently touched surfaces.
  - Cleaning products should not be used near children, and staff should ensure that there is adequate ventilation when using these products to prevent children or themselves from inhaling toxic fumes.
  - Use gloves when removing garbage bags or handling and disposing of trash. [Wash hands after removing gloves](#).
- **Shared Objects**

- Discourage sharing of items that are difficult to clean, sanitize, or disinfect. Do not let players share towels, clothing, or other items they use to wipe their faces or hands.
- Make sure there are adequate supplies of shared items to minimize sharing of equipment to the extent possible (e.g., protective gear, balls, bats, water bottles); otherwise, limit use of supplies and equipment to one group of players at a time and clean and disinfect between use.
  - Keep each player's belongings separated from others' and in individually labeled containers, bags, or areas.
  - If food is offered at any event, have pre-packaged boxes or bags for each attendee instead of a buffet or family-style meal. Avoid sharing food and utensils. Offer hand sanitizer or encourage hand washing.
- **Ventilation**
  - If playing inside, ensure ventilation systems or fans operate properly. Increase circulation of outdoor air as much as possible, for example by opening windows and doors. Do not open windows and doors if doing so poses a safety or health risk (e.g., risk of falling or triggering asthma symptoms) to players or others using the facility.
- **Water Systems**
  - To minimize the risk of [Legionnaires' disease](#) and other diseases associated with water, [take steps](#) to ensure that all water systems and features (e.g., drinking fountains, decorative fountains) are safe to use after a prolonged facility shutdown. Drinking fountains should be cleaned and disinfected but encourage staff and players to bring their own water to minimize touching water fountains.
- **Modified Layouts and Social (Physical) Distancing**
  - Identify adult staff members or volunteers to help maintain [social distancing](#) among youth, coaches, umpires/referees, and spectators (if state and local directives allow for spectators).
  - Space players at least 6 feet apart on the field while participating in the sport (e.g., during warmup, skill building activities, simulation drills)
  - Discourage unnecessary physical contact, such as high fives, handshakes, fist bumps, or hugs.
  - Prioritize outdoor, as opposed to indoor, practice and play as much as possible.
  - Create distance between players when explaining drills or the rules of the game.
  - If keeping physical distance is difficult with players in competition or group practice, consider relying on individual skill work and drills.
  - Encourage players to wait in their cars with guardians until just before the beginning of a practice, warm-up, or game, instead of forming a group.
  - Limit the use of carpools or van pools. When riding in an automobile to a sports event, encourage players to ride to the sports event with persons living in their same household.
  - If practices or competition facilities must be shared, consider increasing the amount of time between practices and competitions to allow for one group to leave before another group enters the facility. If possible, allow time for cleaning and/or disinfecting.
- **Physical Barriers and Guides**

- Provide physical guides, such as signs and tape on floors or playing fields, to make sure that coaches and players remain at least 6 feet apart.
- **Communal Spaces**
  - Close shared spaces such as locker rooms, if possible; otherwise, stagger use and [clean and disinfect](#) between use.
  - Limit the number of players sitting in confined player seating areas (e.g., dugouts) by allowing players to spread out into spectator areas if more space is available (e.g., if spectators are not allowed).


<div class="noscript"><a href="//www.youtube-nocookie.com/embed/LMBzjaVRChY?autoplay=0&enablejsapi=1&playerapiid=65549&modestbranding=1&rel=0&origin=https://www.cdc.gov?autoplay=0&enablejsapi=1&playerapiid=65549&modestbranding=1&rel=0&origin=https://www.cdc.gov&wmode=opaque?enablejsapi=1" target="\_blank">Youth Sports: Tips to Protect Players from COVID-19</a></div>

## Maintaining Healthy Operations

Youth sports organizations may consider implementing several strategies to maintain healthy operations.

- **Protections for Staff and Players at Higher Risk for Severe Illness from COVID-19**
  - Offer options for individuals at [higher risk of severe illness from COVID-19](#) that limit exposure risk (such as virtual coaching and in-home drills).
  - Limit youth sports participation to staff and youth who live in the local geographic area (e.g., community, city, town, or county) to reduce risk of spread from areas with higher levels of COVID-19.
- **Regulatory Awareness**
  - Be aware of state or local regulatory agency policies related to group gatherings to determine if events can be held.
- **Identifying Small Groups and Keeping them Together (Cohorting)**
  - Keep players together in small groups with dedicated coaches or staff, and make sure that each group of players and coach avoid mixing with other groups as much as possible. Teams might consider having the same group of players stay with the same coach or having the same group of players rotate among coaches.
  - Consider staging within-team scrimmages instead of playing games with other teams to minimize exposure among players and teams.
- **Staggered Scheduling**
  - Stagger arrival and drop-off times or locations by cohort (group) or put in place other protocols to limit contact between groups and with guardians as much as possible. One example is increasing the amount of time between practices and competitions to allow for one group to depart before another group enters the facility. This also allows for more time to clean the facility between uses.
  - When possible, use flexible worksites (e.g., telework) and flexible work hours (e.g., staggered shifts) to help establish policies and practices for social distancing (maintaining a distance of approximately 6 feet) between employees and others,

especially if social distancing is recommended by state and local health authorities.

- **Gatherings, Spectators, and Travel**
  - Avoid group events, such as games, competitions, or social gatherings, where spacing of at least 6 feet between people cannot be maintained.
  - Limit any nonessential visitors, spectators, volunteers, and activities involving external groups or organizations as much as possible – especially with individuals not from the local geographic area (e.g., community, town, city, or county).
  - Avoid activities and events such as off-site competitions or excursions (e.g., watching a professional team compete).
- **Designated COVID-19 Point of Contact**
  - Designate a youth sports program staff person to be responsible for responding to COVID-19 concerns. All coaches, staff, officials, and families should know who this person is and how to contact them.
- **Communication Systems**
  - Put systems in place for:
    - Consistent with applicable law and privacy policies, having coaches, staff, umpires/officials, and families of players (as feasible) self-report to the youth sports organization if they have [symptoms](#) of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days in accordance with [health information sharing regulations for COVID-19](#) (e.g. see “Notify Health Officials and Close Contacts” in the **Preparing for When Someone Gets Sick** section **below**), and other applicable laws and regulations.
    - Notifying staff, officials, families, and the public of youth sports facility closures and restrictions in place to limit COVID-19 exposure (e.g., limited hours of operation).
- **Leave (Time Off) Policies**
  - Implement flexible sick leave policies and practices for coaches, officials, and staff that enable employees to stay home when they are sick, have been exposed, or [caring for someone who is sick](#).
    - Examine and revise policies for leave, telework, and employee compensation.
    - Leave policies should be flexible and not be punitive to people for taking time off and should allow sick employees to stay home and away from co-workers. Leave policies should also account for employees who need to stay home with their children if there are school or childcare closures, or to care for sick family members.
  - Develop policies for return-to-play after COVID-19 illness. CDC’s criteria to [discontinue home isolation and quarantine](#) can inform these policies.
- **Back-up Staffing Plan**
  - Monitor absenteeism of coaches and officials, cross-train staff, and create a roster of trained back-up personnel.
- **Coach and Staff Training**
  - Train coaches, officials, and staff on all safety protocols.

- Conduct training virtually, or ensure that [social distancing](#) is maintained during training.
- **Recognize Signs and Symptoms**
  - If feasible, conduct daily health checks (e.g., [symptom checking](#)) of coaches, officials, staff, and players safely and respectfully, and in accordance with any applicable privacy and confidentiality laws and regulations.
  - Youth sports program administrators may use examples of screening methods found in CDC’s supplemental [Guidance for Child Care Programs that Remain Open](#) as a guide for screening children, and CDC’s [General Business FAQs](#) for screening staff.
- **Sharing Facilities**
  - Encourage any organizations that share or use the youth sports facilities to also follow these considerations.
- **Support Coping and Resilience**
  - Encourage employees to take breaks from watching, reading, or listening to news stories, including social media if they are feeling overwhelmed or distressed.
  - Promote healthy eating, exercising, getting sleep, and finding time to unwind.
  - Encourage employees to talk with people they trust about their concerns and how they are feeling.
  - Consider posting signs for the national distress hotline: 1-800-985-5990, or text TalkWithUs to 66746

## Preparing for When Someone Gets Sick

Youth sports organizations may consider implementing several strategies to prepare for when someone gets sick.

- **Advise Sick Individuals of Home Isolation Criteria**
  - Sick coaches, staff members, umpires/officials, or players should not return until they have met CDC’s [criteria to discontinue home isolation](#).
- **Isolate and Transport Those Who are Sick**
  - Make sure that coaches, staff, officials, players, and families know that sick individuals should not attend the youth sports activity, and that they should notify youth sports officials (e.g., the COVID-19 point of contact) if they (staff) or their child (families) become sick with COVID-19 [symptoms](#), test positive for COVID-19, or have been [exposed](#) to someone with COVID-19 symptoms or a confirmed or suspected case.
  - Immediately separate coaches, staff, officials, and players with COVID-19 [symptoms](#) (i.e., fever, cough, shortness of breath) at any youth sports activity. Individuals who are sick should go home or to a healthcare facility, depending on how severe their symptoms are, and follow [CDC guidance for caring for oneself and others](#) who are sick. Individuals who have had [close contact](#) with a person who has [symptoms](#) should be separated and sent home as well, and follow [CDC guidance for community-related exposure](#) (see “Notify Health Officials and Close Contacts” below). If symptoms develop, individuals and families should follow [CDC guidance for caring for oneself and others](#) who are sick.

- Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.
- **Clean and Disinfect**
  - Close off areas used by a sick person and do not use these areas until after [cleaning and disinfecting](#) them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
  - Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure [safe and correct use](#) and storage of [cleaningexternal icon](#) and disinfection products, including storing them securely away from children.
- **Notify Health Officials and Close Contacts**
  - In accordance with state and local privacy and confidentiality laws and regulations, youth sports organizations should notify [local health officials](#), youth sports program staff, umpires/officials, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the [Americans with Disabilities Act \(ADA\)external icon](#) and other applicable laws and regulations.
  - Work with [local health officials](#) to develop a reporting system (e.g., letter) youth sports organizations can use to notify health officials and close contacts of cases of COVID-19.
  - Advise those who have had [close contact](#) with a person diagnosed with COVID-19 to stay home and [self-monitor for symptoms](#), and to follow [CDC guidance](#) if symptoms develop.

### Communication Resources

## CHECKLIST FOR COACHES

Protect Players from COVID-19

- ☐ Send a welcome email or call parents and/or players. Inform them about actions that the sports program will take to protect players. Remind them to stay home if sick or if they have been around someone who is sick.
- ☐ Be a role model. Wear a cloth face cover and encourage parents, fans, officials, and sports staff to wear one during practices and games.
- ☐ Provide hand sanitizer with at least 60% alcohol to players before and after practice/game, or encourage them to wash their hands with soap and water.
- ☐ Educate players about covering coughs and sneezes with a tissue or their elbow. Discourage spitting.


### Checklist for Coaches

Help protect players and staff from COVID-19

[Download pdf icon](#)[\[PDF – 315 KB\]](#)





Keep Youth Athletes Safe (Poster)

Follow these tips to reduce the spread of COVID-19 in youth sports

[Download pdf icon](#)[\[PDF – 418 KB\]](#)



Assess Your Risk (Graphic)

Game plan on to how reduce risk while playing sports

[Download image icon](#)[\[IMAGE – 425 KB\]](#)

Letter Template for Sports Administrators and Coaches

Send out a customized letter to parents to inform them about steps taken to protect players.

[Download word icon](#)[\[DOC – 65 KB\]](#)



LETTER LINK

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>



[https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/youth-sports-covid-banner-print\\_6x3.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/youth-sports-covid-banner-print_6x3.pdf)





*The State of Maryland*  
**Executive Department**

ORDER  
OF THE  
GOVERNOR OF THE STATE OF MARYLAND

NUMBER 20-08-03-01

AMENDING AND RESTATING THE ORDER OF JULY 29, 2020, ALLOWING  
REOPENING OF CERTAIN BUSINESSES AND FACILITIES, SUBJECT TO LOCAL  
REGULATION, AND GENERALLY REQUIRING USE OF FACE COVERINGS

- WHEREAS, A state of emergency and catastrophic health emergency was proclaimed on March 5, 2020, and renewed on March 17, 2020, April 10, 2020, May 6, 2020, June 3, 2020, and July 1, 2020 to control and prevent the spread of COVID-19 within the state, and the state of emergency and catastrophic health emergency still exists;
- WHEREAS, COVID-19, a respiratory disease that spreads easily from person to person and may result in serious illness or death, is a public health catastrophe and has been confirmed throughout Maryland;
- WHEREAS, To reduce the spread of COVID-19, the U.S. Centers for Disease Control and Prevention and the Maryland Department of Health recommend canceling large gatherings and social distancing in smaller gatherings;
- WHEREAS, The currently known and available scientific evidence and best practices support limitations on large gatherings and social distancing to prevent exposures and transmissions, and reduce the threat to especially vulnerable populations, including older individuals and those with chronic health conditions;
- WHEREAS, To reduce the threat to human health caused by transmission of the novel coronavirus in Maryland, and to protect and save lives, it is necessary and reasonable that individuals in the state refrain from congregating;
- WHEREAS, To protect the public health, welfare, and safety, prevent the transmission of the novel coronavirus, control the spread of COVID-19, and save lives, it is necessary to control and direct the movement of individuals in Maryland, including those on the public streets;

- WHEREAS, It is further necessary to control and direct in Maryland the occupancy and use of buildings and premises, as well as places of amusement and assembly;
- WHEREAS, the Coronavirus Recovery Team continues to advise on related public health and emergency management decisions;
- WHEREAS, the State has implemented measures to reduce community transmission rates of COVID-19, while strategically activating the Maryland Strong: Roadmap to Recovery plan;
- WHEREAS, the State is continuously expanding COVID-19 laboratory testing capacity and locations throughout Maryland, and has increased its disease-investigation capabilities by implementing operations to trace the contacts of up to 1,000 new cases per day;
- WHEREAS, the State has carefully monitored hospital capacity, and has worked with hospitals to ensure their surge capacity can accommodate Marylanders who may become ill;
- WHEREAS, the State is procuring necessary protective equipment to safeguard critical facilities and staff; and
- WHEREAS, the Coronavirus Recovery Team has advised that widespread use of Face Coverings is likely to help control the spread of COVID-19;

NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, BY VIRTUE OF THE AUTHORITY VESTED IN ME BY THE CONSTITUTION AND LAWS OF MARYLAND, INCLUDING BUT NOT LIMITED TO TITLE 14 OF THE PUBLIC SAFETY ARTICLE, AND IN AN EFFORT TO CONTROL AND PREVENT THE SPREAD OF COVID-19 WITHIN THE STATE, DO HEREBY ORDER:

I. Administrative and Implementing Provisions.

- a. The Order of the Governor of the State of Maryland, dated March 12, 2020, entitled "Prohibiting Large Gatherings and Events and Closing Senior Centers," as amended and restated on March 16, 2020, and further amended and restated on March 19, 2020 by Order Number 20-03-19-01, and further amended and restated on March 23, 2020 by Order Number 20-03-29-01, and further amended and restated on March 30, 2020 by Order Number 20-03-30-01, and further amended and restated on May 6, 2020 by Order Number 20-05-06-01, and further amended and restated on May 13, 2020 by Order Number 20-05-13-01, and further amended and restated on May 27, 2020 by Order Number 20-05-27-01, further amended and restated on June 3, 2020 by Order Number 20-06-03-01, and further amended and restated on June 10, 2020 by Order Number 20-06-10-01, is further amended and restated in its entirety as set forth herein.
- b. The Order of the Governor of the State of Maryland Number 20-04-15-01, dated

April 15, 2020, entitled "Requiring Use of Face Coverings Under Certain Circumstances and Requiring Implementation of Certain Physical Distancing Measures" is hereby rescinded and of no further effect.

- c. The Secretary of Health is hereby authorized to issue directives under this Order ("Secretary's Directives"), as the Secretary deems necessary, to monitor, treat, prevent, reduce the spread of, and suppress COVID-19 in relation to any activity permitted under this Order or any business, organization, establishment, or facility that is permitted by this Order to be open to the general public, which directives may consist of binding requirements and/or non-binding recommendations, and may include, without limitation, requirements for physical distancing, cleaning, and/or disinfection.
- d. Political subdivisions are not prohibited from opening outdoor public spaces to the general public (such as parks, sports fields and courts, beaches, dog parks, and playgrounds), subject to the following:
  - i. The decision to do so shall be made after consultation with the health officer for the county in which the outdoor public space is located (or, in the case of outdoor public spaces located in Baltimore City, the Commissioner of Health for Baltimore City) (the "Local Health Officer").
  - ii. The Local Health Officer may issue such directives or orders as may be necessary to monitor, prevent, reduce the spread of, and suppress COVID-19 with respect to the use of the outdoor public space ("Health Officer Directives").
  - iii. The political subdivision must require persons using the outdoor public space to comply with applicable Secretary's Directives, applicable Health Officer Directives, and applicable social distancing guidance published by the U.S. Centers for Disease Control and Prevention ("CDC") and the Maryland Department of Health ("MDH").
- e. If a political subdivision determines that doing so is necessary and reasonable to save lives or prevent exposure to COVID-19, the political subdivision is hereby authorized to issue orders that are more restrictive than this Order ("Local Orders"):
  - i. requiring any businesses, organizations, establishments, or facilities (except schools) to close or modify their operations; and/or
  - ii. requiring individuals to remain indoors or to refrain from congregating.
- f. Local Orders may remain in effect for so long as the authority granted by paragraph I.e (as it may be amended from time to time) remains in effect. The authority granted by paragraph I.e (as it may be amended from time to time) is in

addition to, not in derogation of, any authority of a political subdivision under its charter, laws, ordinances, or regulations.

II. Social Distancing.

- a. It is strongly recommended that all Marylanders continue following the most current guidance from CDC and MDH regarding social distancing, including, without limitation, avoidance of large gatherings and crowded places.
- b. The Secretary of Health is hereby authorized to issue Secretary's Directives requiring individuals to remain indoors or to refrain from congregating, as the Secretary deems necessary to monitor, treat, prevent, reduce the spread of, and suppress COVID-19.

III. Businesses, Organizations, Establishments, and Facilities That May Be Open.

- a. Religious Facilities. Subject to applicable Local Orders and Secretary's Directives, churches, synagogues, mosques, temples, and other similar religious facilities of any faith in Maryland ("Religious Facilities") may open to the general public, *provided, however*, that the total number of persons permitted in a Religious Facility at any one time shall not exceed 50% of that Religious Facility's Maximum Occupancy (defined below).

- b. Retail Establishments and Malls.

- i. Subject to applicable Local Orders and Secretary's Directives:

1. retail businesses, organizations, establishments, and facilities in the State of Maryland ("Retail Establishments") may open to the general public, *provided, however*, that the total number of persons permitted in a Retail Establishment at any one time shall not exceed 50% of that Retail Establishment's Maximum Occupancy (defined below); and
    2. shopping centers in the State of Maryland that have one or more enclosed pedestrian concourses may open to the general public.

- ii. All Retail Establishments shall, in good faith and to the extent possible:

1. where any queue is expected to form, designate with signage, tape, or by other means at least six-foot spacing for persons in line;
      2. sanitize, or provide customers with a means to sanitize, handles of carts and baskets that are available to customers;
      3. provide staff and customers with clean restrooms stocked with soap or sanitizer, and allow staff to wash their hands at least once

every 30 minutes; and

4. post signage at each entrance advising customers about the requirement to wear Face Coverings described in paragraph IV.b.
- c. Manufacturing. Subject to applicable Local Orders and Secretary's Directives, all manufacturing businesses and facilities in Maryland may open.
- d. Personal Services.

- i. Subject to applicable Local Orders, applicable Secretary's Directives and paragraph III.d.ii below, the following establishments in Maryland ("Personal Services Establishments") may open to the general public:

1. beauty salons;
2. barber shops;
3. tattoo parlors;
4. tanning salons;
5. massage parlors; and
6. establishments that provide esthetic services or provide nail technician services (as described in Title 5 of the Business Occupations Article of the Maryland Code);

- ii. All Personal Services Establishments shall:

1. provide services on an appointment basis only;
2. not allow the number of persons in the Personal Services Establishment to exceed 50% of the Personal Services Establishment's Maximum Occupancy (defined below); and
3. after providing services to each customer, clean and disinfect the area in which services were performed in accordance with applicable guidance from the CDC and MDH.

- e. Other Recreational Establishments.

- i. Subject to applicable Local Orders and Secretary's Directives, the following establishments in Maryland may open to the general public:

1. golf courses and driving ranges;
2. outdoor archery and shooting ranges;
3. marinas and watercraft rental businesses;
4. campgrounds;
5. horse boarding and riding facilities;
6. drive-in movie theaters;
7. outdoor swimming pools;
8. outdoor day camps;
9. tour boats;

10. amusement parks;
11. miniature golf establishments;
12. go-kart tracks; and
13. the outdoor areas of any other establishments that are subject to the admission and amusement tax under Title 4 of the Tax-General Article of the Maryland Code.

ii. Subject to applicable Local Orders and Secretary's Directives, the following establishments in Maryland ("Indoor Recreation Establishments") may open to the general public:

1. bingo halls;
2. bowling alleys;
3. pool halls;
4. roller and ice skating rinks;
5. social and fraternal clubs (including without limitation, American Legion posts, VFW posts, and Elks Clubs) ("Social Clubs"); and
6. the indoor areas of any other establishments that are subject to the admission and amusement tax under Title 4 of the Tax-General Article of the Maryland Code;

*provided, however, that the total number of persons permitted in an Indoor Recreation Establishment at any one time shall not exceed 50% of that Indoor Recreation Establishment's Maximum Occupancy (defined below).*

iii. As used in this paragraph III.e:

1. the term "indoor area" has the meaning provided in COMAR 10.19.04.02.B(9); and
2. the term "outdoor area" means an area that is not an indoor area.

f. Foodservice Establishments.

i. Subject to applicable Local Orders, applicable Secretary's Directives, and paragraph III.f.ii below, (a) restaurants, bars, nightclubs, and other similar establishments that sell food or beverages for consumption on-premises in Maryland, and (b) Social Clubs with dining facilities (collectively, "Foodservice Establishments") may, to the extent permitted by applicable law:

1. serve food and beverages to customers for consumption in outdoor seating areas;
2. sell food and beverages that are promptly taken from the premises, i.e., on a carry-out or drive-through basis;
3. deliver food and beverages to customers off the premises; and
4. serve food and beverages to customers for consumption in indoor seating areas.

ii. Foodservice Establishments shall:

1. not allow the number of persons in the Foodservice Establishment to exceed 50% of the Foodservice Establishment's Maximum Occupancy (defined below);
2. not serve food in a buffet format;
3. not serve customers who are not seated; and
4. clean and disinfect each table between each seating in accordance with CDC and MDH guidelines, using cleaning products that meet the criteria of the U.S. Environmental Protection Agency for use against COVID-19.

iii. As used in this paragraph III.f:

1. the term "indoor seating area" means a portion of a Foodservice Establishment that is an indoor area, as defined in COMAR 10.19.04.02.B(9); and
2. the term "outdoor seating area" means a portion of a Foodservice Establishment that is not an indoor seating area.

g. Fitness Centers. Subject to applicable Local Orders and Secretary's Directives, fitness centers, health clubs, health spas, gyms, aquatic centers, and self-defense schools in Maryland ("Fitness Centers") may open to the general public; *provided, however*, that the total number of persons permitted in a Fitness Center at any one time shall not exceed 50% of that Fitness Center's Maximum Occupancy (defined below).

h. Casinos, Racetracks, and Simulcast Betting Facilities.

i. Effective as of 5:00 p.m. on June 19, 2020:

1. the Order of the Governor of the State of Maryland dated March 15, 2020, entitled "Closing Casinos, Racetracks, and Simulcast Betting Facilities" is rescinded and of no further effect;
2. subject to applicable Local Orders and Secretary's Directives, the following establishments ("Gaming Facilities") may open to the general public:
  - a. MGM National Harbor;
  - b. Live! Casino & Hotel;
  - c. Horseshoe Casino Baltimore;
  - d. Hollywood Casino Perryville;
  - e. Ocean Downs Casino;
  - f. Rocky Gap Casino Resort; and
  - g. all simulcast betting facilities in the State, to the extent not otherwise included in the buildings and premises listed

above; and

3. subject to applicable Local Orders and Secretary's Directives, the following establishments may open for racing and other customary operations, but not to the general public:

- a. Laurel Park;
- b. Pimlico Race Course;
- c. Timonium Race Course;
- d. Fair Hill Races;
- e. Rosecroft Raceway; and
- f. Ocean Downs.

- ii. The total number of persons permitted in a Gaming Facility at any one time shall not exceed 50% of that Gaming Facility's Maximum Occupancy (defined below).

- i. Other Businesses. Except as otherwise closed by this Order or any other Order of the Governor of the State of Maryland, subject to applicable Local Orders and Secretary's Directives, businesses, organizations, establishments, and facilities that are not part of the critical infrastructure sectors identified by the U.S. Department of Homeland Security's Cybersecurity and Infrastructure Security Agency (currently described at <https://www.cisa.gov/identifying-critical-infrastructure-during-covid-19>) may open to the general public.

- j. Determination of Maximum Occupancy. With respect to a Religious Facility, Retail Establishment, Foodservice Establishment, Fitness Center, Gaming Facility, Indoor Recreation Establishment, or Personal Services Establishment (a "Facility"), "Maximum Occupancy" means:

- i. The maximum occupancy load of the Facility under the applicable fire code, as set forth on a certificate issued for the Facility by a local fire code official; or

- ii. If no such certificate has been issued for the Facility by the local fire code official, the maximum occupancy of the Facility pursuant to applicable laws, regulations, and permits.

- k. Operating Requirements.

- i. All businesses, organizations, establishments, and facilities in Maryland shall comply with:

1. applicable Local Orders;
2. applicable Secretary's Directives;
3. applicable social distancing guidance published by CDC and MDH; and



4. orders issued by the applicable Local Health Officer pursuant to the Order of the Governor of the State of Maryland Number 20-04-05-02, dated April 5, 2020, entitled "Delegating Authority to Local Officials to Control and Close Unsafe Facilities", as it may be amended from time to time.

#### IV. Face Coverings.

##### a. Definitions. As used herein:

- i. "Face Covering" means a covering that fully covers a person's nose and mouth and is secured to the person's head, but is not a Medical-Grade Mask. The term "Face Covering" includes, without limitation, scarves, bandanas, and plastic full-face shields.
- ii. "Medical-Grade Mask" means an N95, KN95, surgical, or other mask that would be appropriate for a health care setting.
- iii. "Public Transportation" means shared-ride surface transportation services that are open to the general public, including without limitation, taxi services, ride-sharing services, car services, transit services provided by any other unit of the State or any political subdivision, and all related stations and platforms. Examples of Public Transportation include, but are not limited to MTA bus service, MARC train service, Light Rail train service, MTA Metro subway service, and Mobility and Paratransit services.

##### b. Requirement to Wear Face Coverings.

- i. Except as provided in paragraph IV.c, all persons in Maryland over the age of five (5) years old are required to wear a Face Covering when they are:
  1. in or on any Public Transportation;
  2. indoors at any location where members of the public are generally permitted, including without limitation, Religious Facilities, Retail Establishments, Foodservice Establishments, Fitness Centers, Gaming Facilities, Indoor Recreation Establishments, and Personal Services Establishments;
  3. outdoors and unable to consistently maintain at least six feet of distance from individuals who are not members of their household;
  4. obtaining healthcare services, including without limitation, in offices of physicians and dentists, hospitals, pharmacies, and laboratories; and

5. engaged in work in any area where:

- a. interaction with others is likely, including without limitation, in shared areas of commercial offices; or
- b. food is prepared or packaged.

ii. Single-use Face Coverings shall be properly discarded in trash receptacles. It is recommended that all reusable Face Coverings be cleaned frequently (at least once per day).

iii. Wearing a Medical-Grade Mask satisfies any requirement in paragraph IV.b.i to wear a Face Covering, but all Marylanders are urged to reserve Medical-Grade Masks for use by health care workers and first responders.

c. Exceptions. Paragraph IV.b.i does not require persons to wear Face Coverings:

i. if, due to a bona fide disability or medical condition, it would be unsafe for the person to do so;

ii. to the extent wearing a Face Covering would impede communication by or with persons who have a hearing impairment or other disability, where the ability to see the mouth is essential for communication;

iii. if wearing a Face Covering would subject the person to an unsafe working condition, as determined by federal, state, or local occupational safety regulators or workplace safety guidelines;

iv. to the extent wearing a Face Covering would make it impossible to receive services requiring access to the face, mouth, or head, including without limitation, dental care, shaving, and facial treatments;

v. while consuming food or beverages;

vi. while swimming or engaging in other physical activities where the use of a Face Covering is likely to pose a bona fide safety risk; or

vii. while operating any Public Transportation conveyance, provided that the person is (1) the sole operator of the conveyance, and (2) located in a separate compartment that is off-limits to riders.

V. Businesses, Organizations, Establishments, and Facilities Required to Close.

- a. Senior Centers. All senior citizen activities centers (as defined in Section 10-501(i) of the Human Services Article of the Maryland Code) shall remain closed.

b. Theaters.

i. This Order controls the occupancy and use of theatres in Maryland at which live performances occur or motion pictures are shown ("Theaters").

ii. Except as permitted by paragraph III.c.i.6, all Theaters shall remain closed to the general public.

c. Minimal Operations. Staff and owners may continue to be on-site at any business, organization, establishment, or facility that is required to be closed pursuant to this Order for only the following purposes:

i. Facilitating remote working (a/k/a/ telework) by other staff;

ii. Maintaining essential property;

iii. Preventing loss of, or damage to property, including without limitation, preventing spoilage of perishable inventory;

iv. Performing essential administrative functions, including without limitation, picking up mail and processing payroll; and

v. Caring for live animals.

d. Closure By Other Order. All businesses, organizations, establishments, and facilities that are required to close pursuant to any other Order of the Governor of the State of Maryland or any other Order of a political subdivision, shall be and remain closed in accordance with such other Order, as the case may be.

VI. Government Buildings and Facilities with Large Occupancy or Attendance.

a. State and local government buildings and facilities with an expected occupancy or attendance of more than 10 people shall:

i. Promptly and conspicuously post in the building or facility a copy of the MDH recommendations for social distancing; and

ii. Provide all occupants and attendees with the capability to wash their hands.

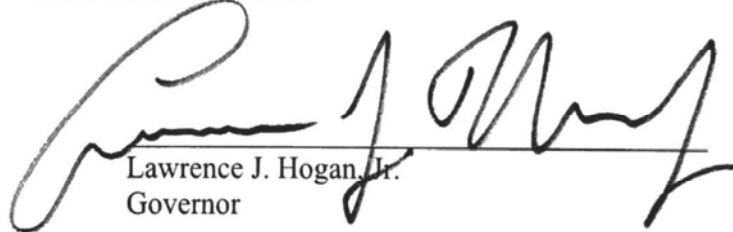
b. A copy of this Order shall be made available to all occupants or attendees at any State or local government building and facility with an expected occupancy or attendance of more than 10 people.

VII. General Provisions.

a. Each law enforcement officer of the State or a political subdivision shall execute and enforce this Order and any Local Order.

- b. A person who knowingly and willfully violates this Order or any Local Order is guilty of a misdemeanor and on conviction is subject to imprisonment not exceeding one year or a fine not exceeding \$5,000 or both.
- c. This Order remains effective until after termination of the state of emergency and the proclamation of the catastrophic health emergency has been rescinded, or until rescinded, superseded, amended, or revised by additional orders.
- d. The effect of any statute, rule, or regulation of an agency of the State or a political subdivision inconsistent with this order is hereby suspended to the extent of the inconsistency.
- e. The underlined paragraph headings in this Order are for convenience of reference only and shall not affect the interpretation of this Order.
- f. If any provision of this Order or its application to any person, entity, or circumstance is held invalid by any court of competent jurisdiction, all other provisions or applications of the Order shall remain in effect to the extent possible without the invalid provision or application. To achieve this purpose, the provisions of this Order are severable.

ISSUED UNDER MY HAND THIS 3RD DAY OF AUGUST, 2020, AND  
EFFECTIVE IMMEDIATELY.



Lawrence J. Hogan, Jr.  
Governor

# **Executive Order 2020-14**

## **Incorporating Governor Lawrence J. Hogan Jr.'s Executive Order 20-08-03-01 Dated August 3, 2020 Amending and Restating Governor Lawrence J. Hogan, Jr.'s Executive Order 20-07-29-01 Dated July 29, 2020 Allowing Reopening of Certain Businesses and Facilities, Subject to Local Regulation, and Generally Requiring Use of Face Coverings**

Whereas, A state of emergency and catastrophic health emergency was proclaimed on March 5, 2020 and renewed on March 17, 2020, April 10, 2020, May 6, 2020 and June 3, 2020 and July 1, 2020 by Governor Larry Hogan of the State of Maryland;

Whereas, On March 13, 2020, a local state of emergency was declared by County Executive John A. Olszewski, Jr., to control and prevent the spread of COVID-19 within Baltimore County, Maryland (the "County"), and the state of emergency still exists;

Whereas, COVID-19, an infectious and contagious respiratory disease that spreads easily from person to person and may result in serious illness or death, is a public health catastrophe and has been confirmed in the County, therefore the County may take such action as is necessary to maintain health and control and prevent the spread of any contagious or infectious diseases within the jurisdiction;

Whereas, To reduce the spread of COVID-19, the U.S. Centers for Disease Control and Prevention and the Maryland Department of Health recommend canceling large gatherings and social distancing in smaller gatherings;

Whereas, The currently known and available scientific evidence and best practices support limitations on large gatherings and the use of social distancing to prevent exposure and transmissions, and reduce the transmission to especially vulnerable populations, including older individuals and those with chronic health conditions;

Whereas, Pursuant to Baltimore County Code, §3-1-504, the County Executive hereby has all authority necessary to protect the health, safety, and welfare of persons within the County to control the spread of COVID-19 including, but not limited to, the right to control traffic, including public and private transportation, designate zones in which the occupancy and use of buildings and vehicles may be controlled; establish requirements to shelter in place, control the sale, transportation, and use of alcoholic beverages, control individuals on public streets, and control places of amusement and places of assembly;

Whereas, To reduce the threat to human health caused by the transmission of COVID-19 in the County, and to protect and save lives, it is necessary and reasonable that individuals in the County refrain from congregating in a manner that may exacerbate the spread of COVID-19, such as, but not limited to, a physical environment in which large numbers of people are in close proximity and have multiple opportunities for close contact with one another that facilitates the spread of COVID-19;

Whereas, The County is continuously expanding COVID-19 laboratory testing capacity and locations throughout the County, and the State of Maryland has increased its disease-investigation capabilities by implementing operations to trace the contacts of up to 1,000 new cases per day;

Whereas, The State has implemented measures to reduce community transmission rates of COVID-19, while strategically activating the Maryland Strong: Roadmap to Recovery plan (the "Plan");

Whereas, On June 3, 2020, the Governor of the State of Maryland issued Order No. 20-06-03-01 further lifting certain restrictions related to gatherings, business organizations, establishments and facilities in accordance with Phase 2 of the Plan, while continuing to permit local jurisdictions and local health officers to extend restrictions based upon the need to contain the spread of COVID-19;

Whereas, On June 10, 2020, the Governor of the State of Maryland issued Order No. 20-06-10-01 further lifting certain restrictions related to gatherings, business organizations, establishments and facilities in accordance with Phase 2 of the Plan, while continuing to permit local jurisdictions and local health officers to extend restrictions based upon the need to contain the spread of COVID-19; and

Whereas, On July 29, 2020, the Governor of the State of Maryland issued Order No. 20-07-29-01 reiterating certain restrictions related to gatherings, business organizations, establishments and facilities as well as requiring the use of face coverings, while continuing to permit local jurisdictions and local health officers to extend restrictions based upon the need to contain the spread of COVID-19; and

Whereas, On August 3, 2020, the Governor of the State of Maryland issued Order No. 20-08-03-01 amending Order No. 20-07-29-01 which reiterated certain restrictions related to gatherings, business organizations, establishments and facilities as well as requiring the use of face coverings, while continuing to permit local jurisdictions and local health officers to extend restrictions based upon the need to contain the spread of COVID-19; and

Whereas, Nothing herein shall be construed to limit or conflict with any order or authority of the local Health Officer.

Now, therefore, I, John A. Olszewski, Jr., County Executive of Baltimore County, Maryland, by virtue of the authority vested in me by Section 3-1-504 of the Baltimore County Code, and in an effort to continue to control and prevent the spread of COVID-19 within Baltimore County do hereby order that:

I. Except as herein otherwise provided, and except as modified by any local guidance issued by Baltimore County, all provisions of Governor Lawrence J. Hogan, Jr.'s Executive Order No. 20-08-03-01 are hereby adopted and incorporated as if restated herein, and Baltimore County Executive Order 2020-013 dated July 31, 2020, which incorporated Governor Hogan's July 29, 2020 Executive Order No. 20-07-29-01 and rescinded Executive Order No. 10 dated June 12, 2020, which incorporated Governor Hogan's Executive Order No. 20-06-10-01 and rescinded Executive Order No. 2020-008 dated June 4, 2020, which incorporated Governor Hogan's June 3, 2020 Executive Order 20-06-03-01 and rescinded Executive Order 2020-007 dated May 29, 2020, which amended and restated Executive Order 2020-006 dated May 22, 2020, which amended and restated Executive Order 2020-005 dated May 15, 2020, which amended and restated Executive Order 2020-003 dated March 16, 2020, is hereby rescinded.

II. This Executive Order shall continue until the local proclamation of emergency expires or is terminated.

III. Residents should continue to stay home when possible. Older and more vulnerable residents, and those who live with them, are strongly advised to stay home whenever possible.

Residents and visitors should continue to practice safe physical distancing, and frequently wash their hands and sanitize high-touch areas. Employers should continue to encourage telework for their employees when possible. Individuals who can work from home should continue to do so.

IV. The local Health Officer is authorized further to adopt rules and/or regulations, as needed, to prevent the spread of COVID-19 and protect public health and safety. The local Health Officer may issue orders modifying any business operation or closing any unsafe facility if the Health Officer determines that a specific business operation or facility poses an unreasonable risk of exacerbating the spread of COVID-19, which would include an unreasonable risk deemed to be

the result of non-compliance with Social Distancing Guidelines. The local Health Officer is hereby authorized to request the assistance of Baltimore County Code Enforcement in accordance with the penalties set forth therein, in addition to any enforcement measures authorized by the Governor of the State of Maryland. Any and all businesses, gatherings and activities that open as a result of this Order must abide by:

- a. All State Executive Orders (as amended) and modified by this Local Order; and
- b. Any applicable directives from the State Secretary of Health; and
- c. Any applicable social distancing guidance published by the Center for Disease Control, the Maryland Department of Health and the Baltimore County Health Department; and
- d. Any applicable Federal, State or local laws or Health Directives or Orders by the local Health Officer.

V. A copy of this Executive Order shall be made available online at [www.baltimorecountymd.gov](http://www.baltimorecountymd.gov) for the public.

VI. Each law enforcement officer and local Health Officer of the County shall execute and enforce this Executive Order.

VII. This Order remains effective until rescinded, superseded, amended, or revised by additional orders.

VII. The effect of any local statute, rule, or regulation of an agency and/or department of the County inconsistent with this Executive Order is hereby suspended.

Issued under my hand this 5th day of August, 2020, effective immediately.

Signed:

John A. Olszewski, Jr., Baltimore County Executive

Reviewed for Form and Legal Sufficiency and approved for Execution:

James R. Benjamin, Jr., County Attorney





## Best Practices for YOUTH SPORTS



### OPEN FOR YOUTH SPORTS

- This guidance is specifically addressed for Youth and Amateur Sports Gatherings and Events described in the [CDC Guidance on Considerations for Youth Sports](#).
- Youth sporting events and tournaments that do not meet the license requirements of a youth camp per COMAR 10.16.06 are subject to [MDH order 2020-06-12-01](#) and should properly socially distance with no general public audiences. All events and tournaments may be subject to more restrictive requirements from the local health office per [Executive Order 20-04-05-02](#).
- Develop a plan or checklist for reopening of outdoor facilities on June 12, 2020 at 5:00 p.m. and indoor facilities on June 19, 2020 at 5:00 p.m. that is consistent with [CDC guidance](#) that includes:
  - Staff training should be online as much as possible. For in person training, follow appropriate CDC and MDH guidelines regarding social distancing and COVID-19 prevention.
  - Leave policies, absenteeism, and staff screening.
  - Communications and signage.

- Routine and frequent environmental cleaning and disinfecting, especially for high-touch surfaces, in accordance with [CDC recommendations](#).
- Physical facility evaluation for any damage or issues caused by vacancy. Follow [CDC](#) and [Maryland Department of the Environment](#) guidance on reopening buildings, including checking mechanical air and water/ice systems. Ensure all water lines are flushed, including equipment water lines and connections, according to manufacturer's instructions. Ensure building ventilation meets appropriate standards.
- Social distancing protocols and procedures with staff, vendors, and guests, with special consideration for entrances and exits, bottlenecks, facility layouts and safe capacity limits.
- Facial covering requirements for participants and staff.
- Routine and frequent environmental cleaning and disinfecting, especially high-touch surfaces, in accordance with CDC recommendations.
- Develop a plan for vendors to bring products safely into the facility by arranging for deliveries when there are the fewest staff, and youth athletes.
- Connect with State and local authorities to ensure that all licenses and inspections are up-to-date prior to opening.
- Facility capacity may be limited based upon Executive Order or other local government guidance.



### OPEN FOR EMPLOYEES

- Staff and volunteers should be trained in, and understand current COVID-19 health and workplace guidelines, such as hand hygiene and cleaning protocols, along with proper PPE use and disposal.
- Implement a daily screening process for [staff](#) and [youth athletes](#), which includes [CDC](#) or MDH recommended health questions, and consider temperature testing.
- Direct staff and parents/guardians of youth athletes to follow [CDC](#) and state guidelines regarding home isolation for suspected or confirmed COVID infections.
- Encourage staff to maintain social distancing, including during breaks, and modify procedures to avoid staff congregation.
- Staff should be alert for heat-related signs and symptoms and consider additional protective measures for hot and Code Red days.





## Best Practices for YOUTH SPORTS

- Require face coverings when interacting with other staff, youth athletes, and parents/guardians, particularly if social distancing cannot be assured. If they can be worn safely and consistently, youth athletes age 9 and older should wear face coverings, with the following considerations:
  - Level of physical activity
  - Health issues – asthma, other conditions affecting breathing
  - Outdoor temperature – face coverings are not recommended when outside on very hot days due to the risk of heat injury
  - Ability to maintain distance.
- Train staff on the proper responses to those who challenge social distancing, facial covering, and other protocols.



### OPEN FOR SOCIAL DISTANCING

- Minimize congregating in common areas through signage, barriers, and employee communications. Restrict access to areas where social distancing and social gatherings requirements cannot be followed.
- Consider staggered practice and training times to minimize bottlenecks at entrances and exits of facilities.
- Parents/guardians and family are allowed to attend practice, trainings, and games but should ensure that proper social distancing is maintained. The sports gatherings and events are not open to the general public.



### OPEN FOR CLEANLINESS AND COMFORT

- Keep each group separate from other groups using physical distance, limit or eliminate using shared areas during breaks, and limit the number of people in shared bathroom or locker facilities to minimize exposure.
- Individual groups or teams should not exceed the limit of the sports' sanctioning organization. Group members and teams should limit mixing when possible (that is, try to avoid rearranging group members, even during scrimmages or games).
- Increase cleaning and disinfecting, especially frequently and touched surfaces, in accordance with [CDC guidelines](#).
- Clean and disinfect equipment after each use.
- Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available to parents/guardians, staff, and youth athletes, including at the entrance of the facility and at bathroom facilities.
- Minimize team huddles, high fives, and handshakes or other close contact activities.



### OPEN FOR COMMUNICATION

- For contact sports (e.g., wrestling, basketball, and football), play should be modified to safely increase distance between players following [CDC guidance](#).
- Post signage advising guests to not enter the facility if they are sick or symptomatic.
- Communicate commitment to cleanliness by posting compliance adherence to [CDC's guidelines](#), including social distancing, handwashing, cough and sneeze hygiene, cleaning and disinfection.
- Show everyone care by having signage that details social distancing protocol and COVID-19 prevention.
- Communicate with parents or guardians, staff, and youth athletes on the measures taken for their comfort and on the shared responsibility to monitor their health and stay home if not feeling well.

All Executive Orders still in effect must be complied with. See most up to date orders here: [governor.maryland.gov/covid-19-pandemic-orders-and-guidance](https://governor.maryland.gov/covid-19-pandemic-orders-and-guidance).