



## How To Stop Scoring

when you are  
already  
killing it



Eastview  
Soccer Club

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**By joining the Eastview Soccer Club program, you have agreed to the Soccer Code of Conduct which can be found via this link:**

<https://www.evaasports.org/page/show/5875067-soccer-code-of-conduct>

One of these rules is:

I/We will promote the emotional and physical well-being of the athletes ahead of any personal desire to win.

But when we start scoring so many goals that we are annihilating the opposition (6-0, 7-0, 7-1 etc), we are breaking that rule and how do you think the other team feels? The players, their parents, their coach? Let's save embarrassment for your opponent, save embarrassment for your team. It's the right thing to do!

So how do we manage this so we don't run up the score. What can you do when your team is obviously better than the opposition and the score is likely to get out of hand AND do it in a subtle way that doesn't further embarrass the other team.

One way is at half time, speak to the other coach (s) and agree you will be taking measures to ease off, so they know.



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Just switching your team around doesn't always stop the flow of goals. But you can try putting your weaker players in forward positions at first.

**Stop Shooting** - This is the simplest option but this is an opportunity to try skills in a game with no risk, so try these:

- ⚽ Shots **MUST** be from outside the penalty area
- ⚽ Tell your players to make at least 3,4 or 5 passes before shooting ( 1touch from the opponent resets the pass count)
- ⚽ **EVERY** player must touch the ball before anyone can shoot
- ⚽ **PASS** the ball to the opposition goalkeeper - don't shoot
- ⚽ Allow only one player in the opposition half
- ⚽ Reduce your number of players
- ⚽ Play "keep possession"
- ⚽ If players ignore the new rules, substitute them
- ⚽ If they are right footed can only play left footed and the other way round for 5 mins
- ⚽ Nominate the weakest player as the next one to score and try to get them to score
- ⚽ Provide more playing time to players who pose less of a scoring threat

**This is about R-E-S-P-E-C-T.**

**Sportsmanship starts with the players and the coaches.**

**It extends to the opponents and spectators.**