

TRAINING CAMP

There are two Training Camp days for each division.

Enrollment for this program is limited.

COST: \$70 for 2 days of camp

Players not registered for Training Camp days should still plan to attend their Evaluation Skate.

Get ready for the season! Players will have two days of on-ice training along with an evaluation skate. This program is conducted by the Rooftop Hockey League Coaches.

REGISTRATION OPENS AUGUST 9TH!

EVALUATION SKATE

In order to promote equitable play between all teams, non-returning players should participate in the evaluation skate process prior to the start of the House League season. Returning players need to contact Hockey@MedStarCapitalsIceplex.com if they would like to participate in the evaluation skate.

Following Training Camp and the Evaluation Skate, a draft will be conducted by the Hockey Director and all Rooftop Hockey League coaches. Players will be drafted onto teams and only following the draft are coaches assigned to teams.

Mini-Mites are not divided into teams for the season. However, all Mini-Mites are invited to an on-ice Orientation Skate as an introduction to the RHL program.

TEAM ASSIGNMENTS

Siblings who are playing in the same age division will be placed on the same team. Unfortunately, due to the high number of participants in our Rooftop Hockey League, we are unable to accept additional requests for specific teams, practices, or game days/times.

The American Development Model provides age appropriate guidelines and curriculum to hockey associations across America to help more kids play, love, and excel in hockey.



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RHL MISSION STATEMENT:

The Mission of the Rooftop Hockey League is to provide a fun, competitive, and safe hockey environment which improves skills, develops self-confidence and respect for others, and fosters teamwork in our student athletes. RHL is committed to the development of hockey players and teaching life skills through individual and team concepts, resulting in a lifelong enjoyment of hockey. Our program is designed to provide the opportunity to play for enjoyment and healthy competition.

627 N. Glebe Rd Suite 800
Arlington, VA 22203
www.MedStarCapitalsIceplex.com

TRAINING CAMP EVALUATION SKATES SELECTS TRYOUTS



 MedStar
Capitals Iceplex

This program is for registered Rooftop Hockey League participants only.

MINI-MITES:

All Mini-Mite registrants skate at the same time. There is no fee for the Mini-Mite Orientation Skate.

Orientation Skate (2013-2014 birthyears):

Friday	Sept. 20	5:00pm - 5:50pm
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MITES:

2012 Training Camp:

Friday	Sept. 13	4:50pm-5:50pm
Saturday	Sept. 14	2:40pm-3:40pm

2012 Evaluation Skate:

Monday	Sept. 16	5:00pm - 6:00pm
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2011 Training Camp:

Friday	Sept. 13	5:40pm - 6:40pm
Saturday	Sept. 14	3:50pm - 4:50pm

2011 Evaluation Skate:

Monday	Sept. 16	6:10pm - 7:10pm
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SQUIRTS:

2010 Training Camp:

Friday	Sept. 13	6:00pm - 7:00pm
Saturday	Sept. 14	5:00pm - 6:00pm

2010 Evaluation Skate:

Monday	Sept. 16	5:40pm - 6:40pm
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2009 Training Camp:

Friday	Sept. 13	7:10pm - 8:10pm
Saturday	Sept. 14	6:10pm - 7:10pm

2009 Evaluation Skate:

Monday	Sept. 16	6:50pm - 7:50pm
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PEEWEEES:

2008 Training Camp:

Friday	Sept. 13	6:50pm - 7:50pm
Sunday	Sept. 15	2:00pm - 3:00pm

2008 Evaluation Skate:

Monday	Sept. 16	7:20pm - 8:20pm
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2007 Training Camp:

Friday	Sept. 13	8:00pm - 9:00pm
Sunday	Sept. 15	3:10pm - 4:10pm

2007 Evaluation Skate:

Monday	Sept. 16	7:20pm - 8:20pm
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BANTAM/MIDGETS:

Bantam/Midgets are NOT divided by birth year for Training Camp. All registrants skate at the same time.

Training Camp:

Friday	Sept. 13	8:20pm - 9:20pm
Sunday	Sept. 15	4:20pm - 5:20pm

Evaluation Skate:

Monday	Sept. 16	8:00pm - 9:00pm
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PLAYER NOTIFICATION

Following the RHL draft, players will be notified of their team within a few days. Practice days/times, game schedules, and coaches will be announced once the draft is complete and certified by the Hockey Director. All information will be posted on www.MedStarCapitalsIceplex.com and will be emailed to all participants.

*Once the RHL season has begun, coaches will keep teams and players updated in addition to direct contact from the Hockey Director.

RHL SELECT TEAMS:

The RHL Selects program is for the experienced house player that is looking for additional opportunities to develop as a hockey player. By playing in the Selects program, these players will have the opportunity to participate in additional practices as well as multiple away tournaments. There is also the possibility of exhibition games against local area teams. RHL Select Teams will be fielded based on interest.

We anticipate fielding four or more teams at the Mite level and at least one team at each of the following levels: Squirrt, Pee wee, and Bantam.

MITE (2011-2012) Selects Tryouts:

Friday	Sept. 20	5:50pm - 6:50pm
Saturday	Sept. 21	4:00pm - 4:50pm

SQUIRT (2009-2010) Selects Tryouts:

Friday	Sept. 20	6:00pm - 6:50pm
Saturday	Sept. 21	5:00pm - 6:00pm

PEEWEE (2007-2008) Selects Tryouts:

Friday	Sept. 20	7:00pm - 8:00pm
Saturday	Sept. 21	7:10pm - 8:10pm

BANTAM (2005-2006) Selects Tryouts:

Friday	Sept. 20	8:10pm - 9:10pm
Saturday	Sept. 21	8:20pm - 9:20pm

Please plan to attend both tryout dates for your age division.

TRYOUT REGISTRATION:

OPEN AUGUST 9TH

COST:

Tryout fee - \$70

Season fee - \$595 for Mites;

\$725 for Squirts/Pee wees/Bantams

Questions about player readiness?

Hockey@MedStarCapitalsIceplex.com