

Northwest Area Sundays: Grades 3 - 6

Practices Sundays 3:30 – 5:00 pm January 5th through February 23rd (No Practice Feb. 2nd)

Register Online at: <u>www.NWwrestlingclub.org</u>

Northwest Area Wrestling:

- o Cost <u>\$30</u> (Does Not Include USA Card)
- o USA Wrestling Card is required in order to practice \$45
 - o This is a secondary insurance policy that covers competition, practice, and travel!
 - o Allows wrestler to to compete in MN/USA Qualifying Tournaments and MN/USA State
 - o Wrestler can compete in Spring MN/USA Freestyle & Greco Wrestling Tournaments
- o 7 Focused technique session, and live matches, for wrestlers with experience
- o Large wrestling facility with 3 full mats behind Detroit Lakes High School
- o Find different wrestling partners from Northwest Area schools
- o For Further questions contact: Mike Fiedler, 218-790-3324, mfiedler@detlakes.k12.mn.us

In case of weather cancellation please check any of the following:



Train Together, Win Together