



JOIN MIDWEST'S #1 TEAM

CALLING ALL SNOWBOARDERS & FREESKIERS

G*TEAM 2024-2025

G Team provides the opportunity for snowboarders and freeskiers (K-12) who have acquired their basic skills to train with experienced coaches. The team gives the opportunity for riders of various skill levels, including the recreational and competitive riders to train in a structured team environment. G Team also offers training in a camp environment for non team members.



**CONTACT G*TEAM
FOR MORE INFO**

**WWW.THEGTEAM.COM
COACH@THEGTEAM.COM
952.846.4317**

**REGISTRATION
IS OPEN!**

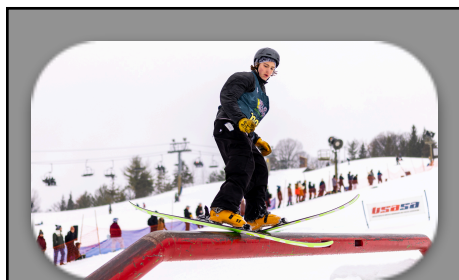
OUR MISSION is to help young men and women achieve their personal goals and become successful individuals through participation in snowboarding and freeskiing. Riders and skiers seeking an introduction to snowboarding are encouraged to register for lessons through their local ski area!

**2024 SKI &
SNOWBOARD SWAP!**

**NOV 2 - 9AM-3PM
TONS OF NEW & USED GEAR
AT LOW PRICES!**

**ELM CREEK WINTER RECREATION AREA
MAPLE GROVE, MN**

WWW.THEGTEAM.COM



**SIGN UP NOW & GET FREE
SWAG!
REGISTRATION DISCOUNT ENDS
OCT 16!**

G*TEAM 2024-2025

G Team is being offered at various ski areas in coordination with Three Rivers Park District & Buck Hill. The G Team has been the leader in snowboard development since 1992. The G Team snowboarders & freeskiers interested in progressing their skills to the next level! Current & former G team members have achieved greatness in snowboarding, which includes participation on the US Snowboard Team, championship wins at the X Games, Olympic appearances and USASA National Championships. G Team provides the opportunity for motivated riders and skiers, who have acquired their basic skills all the way to advanced levels, to train under the direction of experienced and professional coaches. The program is geared towards recreational and competitive snowboarders and skiers of all ages. G Team provides a "structured team" experience in an alcohol, tobacco and drug free environment.

Riders and skiers train in a small group setting and placed in a group based on their age, desired discipline (freeriding, freestyle, alpine) and by skill level. The team member to coach ratio is maintained at approximately 8:1 or less and there is no set requirement for attendance. Our goal as a program is not only to help riders and skiers reach their personal goals, but to also create a unique team experience.

Your rider or skier will train under the direction of experienced, professional and National champion coaches. Our Executive Team Director, Jessica Zalusky, is a former professional snowboarder and Junior National Team Coach and has decades of experience coaching. Our coaches have a tremendous amount of experience coaching children of all ages and abilities. All coaches are highly qualified and exceed our high standards to coach.

TEAM LOCATIONS & PROGRAMS OFFERED SEE TEAM DESCRIPTIONS BELOW

Hyland Snowboard & Freeski - G "Fun" Team, ShredX, G Team Development & Competition

Buck Hill Snowboard & Freeski - G "Fun" Team, ShredX, G Team Development & Competition

Elm Creek Snowboard - G "Fun" Team, G Team Development & Competition



HYLAND HILLS
SKI AREA



BUCK HILL



G "FUN" TEAM SNOWBOARD & FREESKI TEAMS

This division offers the intensity and camaraderie of the G Team with a lesser commitment but with all the "fun." G "Fun" Team is open to K-12 and will focus on on-hill safety, basic fundamentals to advanced techniques while improving their skills. This division is designed for riders and skiers who have acquired their basic skills through advanced, to train once per week throughout the winter (except holiday weeks) on Tuesday, Thursday, Saturday or Sunday at Hyland (skiing is only Tuesdays) and Monday or Wednesday at Buck Hill.

3:30 G "Fun" Teams at Buck Hill offers bussing from St. Michael Catholic School in Prior Lake for a fee.

G TEAM DEVELOPMENT SNOWBOARD & FREESKI TEAMS

The G Team Development Team is for riders in grades, K-12. Riders and skiers of various levels have the option to train 2- 3 times per week, plus 2 scheduled Saturdays. G Team Development Division is a non-competitive program and are geared towards the recreational snowboarder or skier who enjoys practicing and achieving their potential without the focus of competing. Training begins with dryland in September and will consist of strength training, cardio, cross-training and team building. On-snow training begins in late November, snow permitting.

SHRED X SNOWBOARD & FREESKI TEAM

This division offers children in grades 5-12 to train once per week. Additionally, they have opportunities to compete in our local USASA competitions.

G TEAM COMPETITION SNOWBOARD & FREESKI TEAMS

The Competition Team is for riders and skiers in grades, K-12. Riders and skiers of various levels have the option to train 2- 3 times per week, plus 2 scheduled Saturdays. Additionally, they have opportunities to compete in our local USASA competitions.

MULTIPLE DISCIPLINES FOR SNOWBOARDERS & FREESKIERS

G Team Development, Competition and Shred X snowboarders will choose a Primary Team: Slopestyle/Rail Jam or Alpine (riders may select both primary teams for an additional fee) Teams and Freeskiers will be on the Slopestyle/Rail Jam Team. Secondary teams include Boardercross, Halfpipe and Rail Jam. Any secondary teams will have an additional fee, except riders can choose to be on the Rail Jam Team at no additional cost. All additional disciplines offer additional training in the selected discipline. You may try out any discipline once with no additional fee.

PRO AM TEAM & AM TEAM - SNOWBOARD & FREESKI TEAMS

Our Am Team is open to the high level, up and coming athletes, who are ready to take it to the next level! Our Pro Am Team is open to the highest level athlete who is looking to be the next National Champion contender. Both teams will accept riders based on competition results or demonstrated ability plus our open tryout in December 2024. Contact the team to be considered.

COMPETITION OPPORTUNITIES

Competition Team members and Shred X have the option to compete (not required to participate in competitions). Opportunities are offered for Slopestyle, Rail Jam, Boardercross, Halfpipe and Alpine (alpine racing is only offered to snowboarders). The team has many riders who enjoy practicing and achieving their potential without pursuing the competitive aspects of snowboarding and freeskiing. Riders who want to compete have the option to compete in local competitions at the USASA Upper Midwest Snow Series events on weekends. Coaches will prepare athletes for competitions and will be on-hand at the competitions to assist our riders in achieving their potential!

HIGH SCHOOL LETTERING

Earn your High School Letter through participation on G Team at several participating schools around the metro. Riders and skiers who are in grades 7-12 may be eligible to a High School Letter qualify based on a set of criteria. Team members! More info: www.thegteam.com/lettering



CAMPS ARE OPEN TO ALL AGES & NON-G TEAM MEMBERS

LOCAL CAMPS @ HYLAND

Winter Holiday Camp - Dec 26-27
Martin Luther King Day, January 20
Presidents Day, February 17

NATIONAL CAMPS @ COPPER MT, COLORADO

Presidents Day, February 14-17
Spring Break Camp, March 25-30 & March 30-April 4

WWW.SHREDDERSCAMP.COM

ON SNOW SCHEDULES & COST HYLAND TEAM



G Team Development & Competition Snowboard Team

(Primary Team - Slopestyle/Rail Jam or Alpine)

Grades 7-12 - Monday, Tuesday, Thursday

Weekday Practice 5:15-7:00pm & 2 scheduled Saturdays 9:30-11:30am

Team Fees:

-Development: \$1275 on/before Oct 16 ; \$1375 after Oct 16

-Competition: \$1575 on/before Oct 16 ; \$1675 after Oct 16

Grades 6 & under - Tuesday, Thursday

Weekday Practice 5:30-7:15pm & 2 scheduled Saturdays 9:30-11:30am

Team Fees:

-Development : \$1075 on/before Oct 16 ; \$1175 after Oct 16

-Competition: \$1375 on/before Oct 16 ; \$1475 after Oct 16

Add a 2nd Primary Team \$195

Add each additional Secondary Discipline \$175

G Team Development & Competition Freeski Team

Weekday Practice Tuesday, Thursday 5:30-7:15pm and 2 scheduled Saturdays, 9:30-11:30am

Team Fees:

-Development : \$1075 on/before Oct 16 ; \$1175 after Oct 16

-Competition: \$1375 on/before Oct 16 ; \$1475 after Oct 16

Add each additional Secondary Discipline \$175

Shred X Competition Snowboard & Freeski Team

(Primary Team - Slopestyle/Rail Jam or Alpine Snowboard)

Grades 7-12 - Monday, Tuesday* or Thursday

Weekday Practice 5:15-7:00pm

Grades 5-6 - Tuesday* or Thursday

Weekday Practice 5:30-7:15pm

Team Fees: -\$1025 on/before Oct 16 ; \$1125 after Oct 16

*Ski only offered on Tues. Add each additional Secondary Discipline \$175

G "Fun" Team for Snowboard & Freeski Teams:

Tuesdays* 5:30-7:15pm: Dec 3,10,17, Jan 7,14,21,28, Feb 4,11

Thursdays 5:30-7:15pm: Dec 5,12,19, Jan 9,16,23,30, Feb 6,13

Saturdays 9:30-11:15am: Dec 7,14,21, Jan 4,11,25, Feb 1,8,22

Sundays 1:00-2:45pm: Dec 8,15,22, Jan 5,12,26, Feb 2,9,23

Team Fees: G "Fun" Team \$399 on/before Oct 16 ; \$449 after Oct 16

*Freeski is only on Tues, SB is all days. Save 20% on each additional team!

ON SNOW SCHEDULES & COST BUCK HILL TEAM



G Team Development & Competition Snowboard & Freeski Team

Monday, Thursday 5:30-7:15pm & 2 scheduled Saturdays 9:30-11:30am

Team Fees:

-Development: \$1175 on/before Oct 16 ; \$1275 after Oct 16

-Competition: \$1475 on/before Oct 16 ; \$1575 after Oct 16

-Add each additional Secondary Discipline \$175

G "Fun" Team Schedule for Snowboard & Freeski Team

Mondays, 3:30-5:15pm or 5:45-7:30pm;

Dec 2,9,16, Jan 6,13,27, February 3,10,24

Wednesdays, 3:30-5:15pm

Dec 11,18, Jan 15, 22, 29, Feb 12,19,26, Mar 5

G "Fun" Team Fees:

1 Team \$399 on/before Oct 16 ; \$449 after Oct 16.

2 Teams \$775 on/before Oct 16 ; \$825 after Oct 16.

Shred X Competition Snowboard & Freeski Team

(Primary Team - Slopestyle/Rail Jam or Alpine)

Grades 5-12 - Mondays, 3:30-5:15pm or 5:30-7:15pm, Wednesdays, 3:30-5:15pm, or Thursday 5:30-7:15pm

1 Team \$1025 on/before Oct 16 ; \$1075 after Oct 16.

2 Teams \$1125 on/before Oct 16 ; \$1175 after Oct 16.

Add each additional Secondary Discipline \$175

ON SNOW SCHEDULES & COST ELM CREEK TEAM



G "Fun" Team Snowboard Schedule

Tues., 5:30-7:15pm: Dec 17, Jan 7,14,21,28, Feb Team 4,11,18,25

Fee:

G "Fun" Team \$399 before Oct 16 ; \$449 after Oct 16

G Team Development & Competition Snowboard Team

All Tuesdays 5:30-7:15pm and 2 scheduled Saturdays, 1:00-3:00pm. Comp Team will also have 5 Thursdays, 5:30-7:15pm

Team Fees:

Development: \$595 on/before Oct 16 ; \$645 after Oct 16

Competition: \$1025 on/before Oct 16 ; \$1125 after Oct 16

DRYLAND SCHEDULES

This is an opportunity for our Development, Competition and Shred X Teams to prepare for the winter season. Training consists of cross-training practices including fitness, strength training, cardio and team building all outdoors. Dryland training is optional and begins on September 19 and is held outdoors.

Hyland Schedule (Normandale Lake in Bloomington)

G Team (13* & older): Tuesday, Thursday 4-5:10pm and Saturday 10:30am-12pm

G Team (13* & under): Tuesday, Thursday 5:10-6:10pm and Saturday 9:00-10:30am

Elm Creek Schedule (Elm Creek in Maple Grove)

3 Select Saturdays, 1:00-2:45pm

Buck Schedule (Lakefront Park in Prior Lake)

G Team (13* & older): Mondays and Thursdays, 4-5:10pm and Saturdays, 10:30am-12pm

G Team (13* & under): Mondays and Thursdays, 5:10-6:10pm and Saturdays, 9-10:30am

*If you are 13 years old, you may go to either time!

Membership includes the following :

1. On-snow practice and coaching
2. Dryland training for Fall (additional fee for G "Fun" Team & Shred X)
3. Hillside coaching for all practices (approximately 8:1 or less athlete to overall coach ratio)
4. Regional Event Coaching (except G "Fun" Team & Development Team)
5. Regular Updates on our TeamApp
6. Fall parent & athlete orientation
7. Discounts at snowboard shops
8. A safe, tobacco free, alcohol free, and drug free environment
9. T-shirt while supplies last
10. Fully paid registration by October 1 includes a complimentary team hoodie!

Membership does not include the following:

1. A season pass or daily lift tickets.
2. For riders or skiers competing in the USASA regional series, a USASA membership is required.
3. Regional competition fees (average \$15-40 per event), plus lift tickets, travel, lodging, and meals.
4. Camps elected by the athletes.
5. Personal Equipment
6. For riders who qualify and compete in the USASA National Championships pay a coaching fee (fee may vary and is based on venue, number of riders, other expenses; as a reference, fees in 2024 were \$325+).

VOLUNTEER DEPOSIT FOR ALL TEAM MEMBERS:

Fun Team \$35, Development Team \$80, All Competitive Teams \$100

The *volunteer deposit* is paid in addition to the program fee at the time of registration. The purpose of this program is to ensure that volunteers are available to assist the G Team with team and special events as needed. One deposit only for families with multiple members.

The volunteer deposit is paid in addition to the program fee at the time of registration.

Payment/Refunds/Credit Info: No refunds or credits will be given for G Team registration fees at anytime throughout the season for any reason including but not limited to injury, COVID-19, grades or scheduling; there are no (zero) exceptions to this policy. Fees paid by credit card throughout the season incur an additional fee of 3% plus \$1. Returned or Unpaid Checks Policy: A \$35.00 handling fee will be charged each time a check is returned unpaid by the bank.

OTHER IMPORTANT STUFF:

Schedules are subject to change and practices are subject to cancellation.

Refer additional athletes and receive \$50 for each referral, except "Fun" Team and Shred X referrals. New member must include current team member name on his or her registration form as the source of the referral to be eligible. Bonuses paid after 1/1/25.

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