

ROSEMOUNT



BASKETBALL

2024 RAAA 3rd – 6th Grade
Parent Meeting

Monday, December 4th, 2023

In-House Board/High School Coaches



ROSEMOUNT

In House Board:

- **Open** - Director(s)
- Ben Millmann- Equipment Coordinator
- Jake Schulz- SSYBL (3rd-6th)
- Jamie Maxwell- SSYBL (3rd-6th)
- Adam Scholze- Schedules / Pictures
- Jon Luebke - Schedules / Pictures
- Matt Fischard- K-2nd Clinic Lead(s)
- **Open** - Communications and Uniforms

**We are actively looking
for new members to join
the team in any capacity!**

High School Coaches:

- Lance Walsten - RHS Head Boys Basketball Coach
- Chris Orr - RHS Head Girls Basketball Coach



The 3 Goals of RAAA Basketball

1. Skill Development
2. Retention - Want to Continue
3. Positive Experience! Fun!

Desire to excel and no fear of failure!

RAAA Basketball Player Pathway



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RAAA In House Program



Kindergarten Clinics
(Fall)



1st-2nd Grade League
(Fall)
1st-2nd Grade Clinics
(Winter)



3rd-6th Grade Clinics
(Fall)
3rd-6th Grade League
(Winter)



RAAA Traveling Program



3rd-8th Grade Travel
(Fall-Winter)



Player Expectations

Respect the coach

- Be coachable
- Work hard
- Follow Directions

Be a good teammate

- Encourage and cheer for all
- Do what is best for your team
- Be a leader on and off the court

Experience in sports is like a hard teacher. It gives you a test first, so you can understand the lesson afterwards.



Communication and Resources

- SportsEngine: Write emails to team, parents mark if child will be at practice.
- Rosemount Basketball Site - www.rosemountbasketball.com
 - Coaching resources
rosemountbasketball.com/page/show/238140-coaches-resources
- Weather Concerns - Mass Email and facebook
- Conflict or Cancellation – Please communicate with the board
- Like us on Facebook! www.facebook.com/rosemountbasketball
- Coach Walsten and Coach Orr

Website



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- Schedules
- Rules
- News and Notes
- Coaching drills etc.
- Post pictures

Rosemount Basketball

Home Calendar High School Boys High School Girls In-House Traveling More +

HOME > News Document Library

ROSEMOUNT BASKETBALL

FRI DEC 21 @ 7:00PM	THU DEC 27 @ 7:45PM	FRI DEC 28 @ 6:00PM	FRI JAN 4 @ 7:00PM	SAT JAN 5 @ 2:00PM	TUE JAN 8 @
Hastings Boys Varsity SCHEDULED	Boys Varsity East Ridge SCHEDULED	Boys Varsity New Prague SCHEDULED	Farmington Boys Varsity SCHEDULED	Boys Varsity Bloomington Jeff... SCHEDULED	Eastview Boys Varsity SCHEDULED

DONATE NOW TO ROSEMOUNT GIRLS BASKETBALL USING PAYPAL

[Donate](#)

VISA MASTERCARD AMERICAN EXPRESS

WELCOME TO ROSEMOUNT BASKETBALL

Welcome to Rosemount Irish basketball.

You will find a lot of useful information about Rosemount basketball including the Rosemount High School boys and girls teams, girls and boys traveling and In House basketball programs. Find what you need by clicking on a link to one of these great programs.

GO IRISH!!

SportsEngine



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- Scheduling
- Communication to team
- Mark if child will be at practice/game.

The screenshot shows the SportsEngine interface for a team named "1G Dream". The page title is "Schedule" and it includes tabs for "Games & Events", "Calendar", and "RSVPs". The main content area displays a table of events for November 2023. The table has columns for "EVENT", "DATE", "TIME", and "LOCATION". Each row includes a checkbox in the "EVENT" column. The events listed are:

EVENT	DATE	TIME	LOCATION
<input type="checkbox"/> Open Gym	Nov 3	6:15 pm - 8:15 pm CDT	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> @ 1G Aces	Nov 4	8:00 am - 9:00 am CDT	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> Practice	Nov 10	6:15 pm - 7:15 pm CST	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> @ 1G Wings	Nov 11	9:00 am - 10:00 am CST	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> Practice	Nov 16	6:15 pm - 7:15 pm CST	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> @ 1G Sun	Nov 18	10:00 am - 11:00 am CST	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> Open Gym	Nov 20	6:15 pm - 8:15 pm CST	Shannon Park Elementary School - Shannon Park Elementa
<input type="checkbox"/> Practice	Nov 28	6:15 pm - 7:15 pm CST	Shannon Park Elementary School - Shannon Park Elementa

Can't attend a game or practice? Let your coach know!
(Email, text, or SportsEngine)


Facebook



ROSEMOUNT

- Like and Follow!
- Weather announcements
- High school team updates

The screenshot shows the Facebook profile for Rosemount Basketball. At the top, there are login fields for 'Email or phone' and 'Password', with 'Log In' and 'Forgot Account?' buttons. The profile header includes the team name 'Rosemount Basketball' and a menu icon. Below this is an 'Intro' section with a welcome message and contact information: 'Page · Sports & Fitness Instruction', '3335 142nd Street West, Rosemount, MN, United States, Minnesota', '(651) 285-2763', and 'rosemountbasketball.com'. A 'Photos' section is visible, featuring several promotional posters for 'IRISH!' basketball, 'RAAA TRAVELING BASKETBALL', and 'FALL WORKSHOPS ROSEMOUNT'. The main post is dated August 10 and reads: 'Fantastic Week of O-Skills Camp was capped off by an amazing Championship Thursday for the Gatorades!!'. It includes a grid of photos showing a team photo, a basketball court, and a player. The post has 29 likes and 1 comment.



**South Suburban Youth
Basketball League
Kickoff Meeting**

- Rosemount
- Eagan
- Eastview
- Farmington
- Mendota Heights
- Apple Valley
- South St. Paul

SOUTH SUBURBAN

YOUTH BASKETBALL LEAGUE



SSYBL Mission Statement and Philosophy

Eastview, Farmington, Rosemount, Apple Valley, South St. Paul, Mendota Heights, and Eagan have joined together in grades 3rd - 6th to offer a competitive environment for players to play basketball without the level of commitment of a traveling program.

With this, our philosophy is to **develop the basketball skills** of our youth; to **encourage sportsmanship** at all times; to **build character and confidence**; and above all to **enable the youth to enjoy the game** of basketball and have fun playing with their friends and against area competition.



SSYBL Representatives

2024

- **Jamie Maxwell and Jake Schulz - Rosemount**
- **Tom Madden and Jeremy Opsahl - Eastview**
- **Edie Anderson - Eagan**
- **Kristen Witt and KalliJo Olson - Farmington**
- **Becky Sandahl and Jason Welke - Apple Valley**
- **Matt O'Brien - Mendota Heights**
- **Nolan Cornell - South St.Paul**

How the league works



Member Associations

- Manage player registrations
- Build teams with the association
- Order uniforms
- Plan association practices
- Provide gym availability for games to the league



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South Suburban League

- Create game schedules
- Plan end of season tournament
- Coordinate referees
- Provide governance for the league (rules, manage issues)



By the numbers...



In 6 years this league has grown from 35 teams in the first year to **113 teams across 7 associations** this year.

Thank you for believing and supporting our mission statement and our goal for this league!

Let's make 2024 the best season yet!

SSYBL 3rd Grade



3rd Grade Girls: Total 8 teams

- 3-Rosemount teams
- 3-Eastview teams
- 2-Apple Valley teams

3rd Grade Boys: Total 21 teams

- 5-Rosemount teams
- 7-Eastview teams
- 4-Farmington teams
- 4-Apple Valley teams
- 1-South St Paul team

Represent Associations with class on and off the court!

SSYBL 4th grade



4th Grade Girls: Total 15 teams

- 3-Rosemount
- 4-Eagan
- 3-Farmington
- 3-Eastview
- 2-Apple Valley

4th Grade Boys: Total 21 teams

- 6-Rosemount
- 4-Eastview
- 5-Eagan
- 3-Farmington
- 2-Apple Valley
- 1-South St Paul

Represent Associations with class on and off the court!

SSYBL 5th and 6th Grade



5/6th Girls - Total 11 teams

- 3-Eagan
- 2-Rosemount
- 2-Farmington
- 2-Eastview
- 2-Apple Valley

5th Boys - Total 20 teams

- 3-Rosemount
- 4-Eagan
- 4-Eastview
- 4-Farmington
- 2-Mendota Heights
- 2 Apple Valley

6th Boys - Total 18 Teams

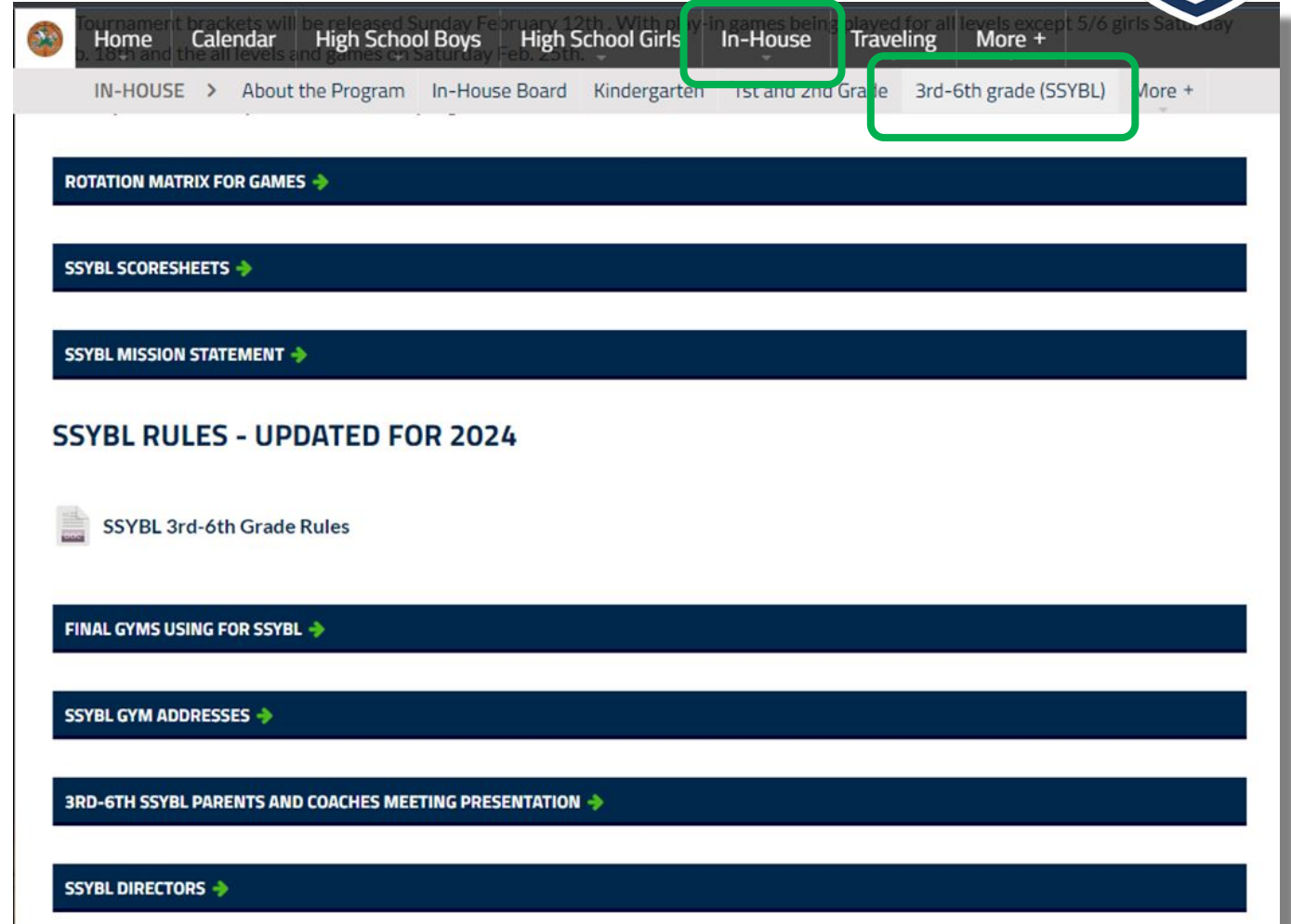
- 4-Rosemount
- 3-Farmington
- 3-Eagan
- 4-Eastview
- 2-Apple Valley
- 2-Mendota Heights

Website

rosemountbasketball.com

In-house (3rd-6th)

- Schedules
- Results
- Rules
- News and Notes



www.rosemountbasketball.com/page/show/238138-3rd-6th-grade-ssybl-information



SSYBL Game and Tournament Schedule

- Regular Season will consist of 6 weeks
 - Games begin on January 6th
 - Some teams may play doubleheaders
 - Regular season ends on February 10th
- SSYBL tournament - February 17th and 24th
 - Two Saturdays (8am-4pm)
 - Every team will play at least one game each Saturday of the tournament
 - Brackets will be available on Feb 12th





Gyms Locations

- Pinewood Elementary: 4300 Dodd Blvd. Eagan, MN 55123
- Red Pine Elementary: 530 Red Pine Lane, Eagan, MN 55123
- East Lake Elementary: 4715 162nd St. W, Lakeville, MN 55044
- Diamond Path Elementary: 14455 Diamond Path Rd, Apple Valley 55124
- Oak Ridge Elementary: 4350 Johnny Cake Ridge Rd, Eagan, MN 55122
- Shannon Park Elementary: 13501 Shannon Pkwy, Rosemount, MN 55068
- Rosemount Elementary School: 3155 143rd St.W, Rosemount, MN 55068
- Rosemount Middle School: 3135 143rd St W, Rosemount
- Scott Highlands Middle School: 14011 Pilot Knob Rd, Apple Valley
- Levi Dodge Middle School: 4200 208th St W Farmington, MN 55024
- Robert Boeckman Middle School: 800 Denmark Ave, Farmington, MN 55024
- Riverview Elementary: 4100 208th St W, Farmington, MN 55024
- Apple Valley High School: 14450 Hayes Rd, Apple Valley, MN 55124
- Valley Middle School: 900 Garden View Dr, Apple Valley, MN 55124





Parent, Coach & Player Expectations

- Honor the game
- Respect for:
 - **R**ules - Obey and follow
 - **O**pponents - Worthy opponents make you better.
 - **O**fficials - Accept the call, play on and thank them
 - **T**eammates - Support, encourage and play together
 - **S**elf - We live up to own standards even if opponent doesn't

Experience in sports is like a hard teacher. It gives you a test first, so you can understand the lesson afterwards.



Important Rules for SSYBL

- Games cannot end in a tie. Overtime will be played.
- Hoops: 9 ft for 3rd grade. 10 ft for 4th-6th
- Ball size: 27.5 ball 3rd- 4th grade. 28.5 5th-6th
- Players foul out with 5 fouls 3rd grade - 6th grade
- Bonus free throw after 7 team fouls and double bonus after 10 fouls
- 3 point shot will only be counted for 5th/6th grade if there is a 3 point line on the court
- Head coach is the only coach that can stand up during the game
- Assistant coaches cannot talk to referees
- No coaches on the floor to help match up players



Complete rules by grade available on SSYBL website



Defensive Rules

3 & 4th Grade:

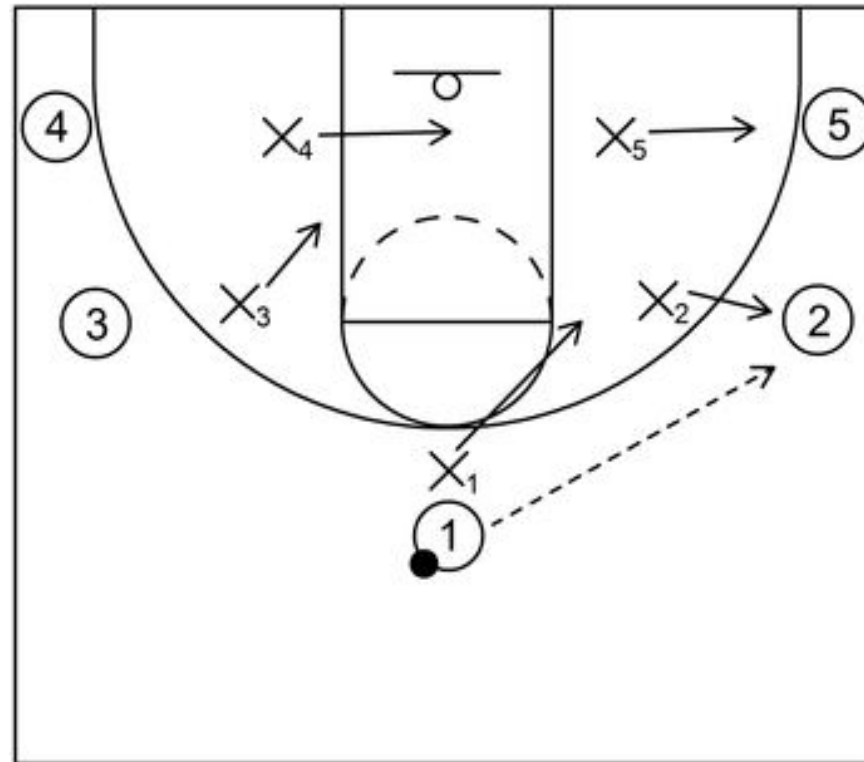
- Defense starts at top of 3 point line extended
- Player to player only/No pressing

5 & 6th Grade:

- Pick-up at half line
- Player to player only
- No trapping - Help and then recover
- Pressing is allowed in last 3 minutes
- Mercy rule: fall back to 3pt line extended (and no press) if ahead by 10+ points

Proper Man to Man D Positioning

Shell Defense should be taught





Coaches' Game Checklist

- Have team there 15 minutes before game time
- If first game- find scoreboard/clock and scorebook/binder and help setup
- Games start on the hour
- For 3rd grade make sure hoops at 9 feet
- Plan rotation matrix if have more or less than 10 players
- Home team (Color jersey)- Find 1 Person to keep track of fouls
- Visiting team (White jersey)- Find 1 Person to run the scoreboard
- **End of game-Winning team enter the score by 6 pm Saturday night in results document (<https://www.rosemountbasketball.com>)**
- If last game- Please put chairs, balls, binder and scoreboard away



Recording SSYBL Results

- Winning team should record the score by 6 pm Saturday
- Results document: <https://www.rosemountbasketball.com>
 - Coaches Resources

SSYBL WEEKLY RESULTS

Scores should be entered by the winning team's coach, each Saturday, by 6:00 pm.

[SSYBL WEEKLY RESULTS 2024](#) →



Recording SSYBL Results

- Winning team should record the score by 6 pm Saturday night

Enter scores in the yellow cells

3rd Girls							
Results							
Date	Team	Score	Team	Score	Date	Team	Score
1/7	RS1	30	AV2	22	1/14	AV1	
	RS2	15	EV1	20		EV2	
	RS3	17	EV2	18		EV3	
	AV1	28	EV3	21		EV1	
Date	Team	Score	Team	Score	Date	Team	Score
1/28	AV1		EV2		2/4	EV1	
	EV3		RS1			EV3	
	RS2		AV2			EV2	
	RS3		EV1			RS1	
Standings							
Wins	Losses	Team	Name				
1	0	AV1	Apple Valley 1				
1	0	EV1	Eastview 1				
1	0	RS1	Rosemount 1 (Sky)				
1	0	EV2	Eastview 2				
0	1	RS2	Rosemount 2 (Wings)				
0	1	EV3	Eastview 3				
0	1	RS3	Rosemount 3 (Dream)				
0	1	AV2	Apple Valley 2				

Team code reference available in the standings at the bottom of the sheet

Find the tab with the correct age/gender



Additional Opportunity: MYAS Rec State

• Rec State Tune Up Tournament

- March 10
- Entry Fee: \$240.00
- Entry deadline: February 26
- Prior Lake or Buffalo
- 3 games in one day
- 20-minute running time halves
- Stopped time last two minutes of each half
- Certified officials



• Rec State Tournament

- March 16-17
- Entry Fee: \$280.00
- Entry deadline: February 26
- Maple Grove, Prior Lake, Osseo and Spring Lake Park
- Grades 2nd/3rd, 4-12
- A (highest), B, and C (lowest) levels of competition



Questions???



Email- inhouse-basketball@rosemount-aaa.org

SSYBL

Competitive but equal playing time!
Developmental League!
Build Character and Confidence!
Play for the love of the game!



Coach Session Agenda



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- Expectations
- Rules and Refeing
- Resources
- Practice Courts
- Pictures
- Equipment

Coaching Expectations



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- **Be Positive** - Encourage and Compliment
- **Be Patient** - Encourage Efforts and Compliment Success
- **Be Prepared** - Short Attention Spans
 - Have a plan and include plenty of FUN!
 - Describe it! Demonstrate it! Do it!
 - Get to know the players
- **Have FUN** and know where the players are at by season's end
 1. Players get better?
 2. Did they grow as a team?
 3. Do they want to keep playing?

PROACTIVE
COACHING
LLC

COACH...

Inspires and teaches
Models and builds character
Challenges and encourages
Expects our best effort and behavior
Takes time to know us
Committed to our team
Requires teamwork
Servant leader

proactivecoaching.info

Coaching Resources



ROSEMOUNT

- Rosemount Basketball Website

[rosemountbasketball.com/page/show/238140-coaches-resources](https://www.rosemountbasketball.com/page/show/238140-coaches-resources)

- NBA Jr.

<https://jr.nba.com/jr-nba-instructional-curriculum/>

“Rookie” or “Starter” are most appropriate in this age group

“All Star” has some more challenging plans for older teams

- Coach Walsten and Coach Orr



Season Schedule

- Monday, Dec 11 - Saturday, Feb 24
 - Practices are 1 hour in length at District 196 schools
 - Pictures are Saturday, 1/20 (Time TBD)
 - Winter Break has no practices or games
- 6 Season Game-day Saturdays:
 - 1/6, 1/13, 1/20, 1/27, 2/3, 2/10
- 2 Tournament Saturdays:
 - 2/17, 2/24
 - All teams will play both weeks

SportsEngine



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- Scheduling practices and games
- Messaging the team

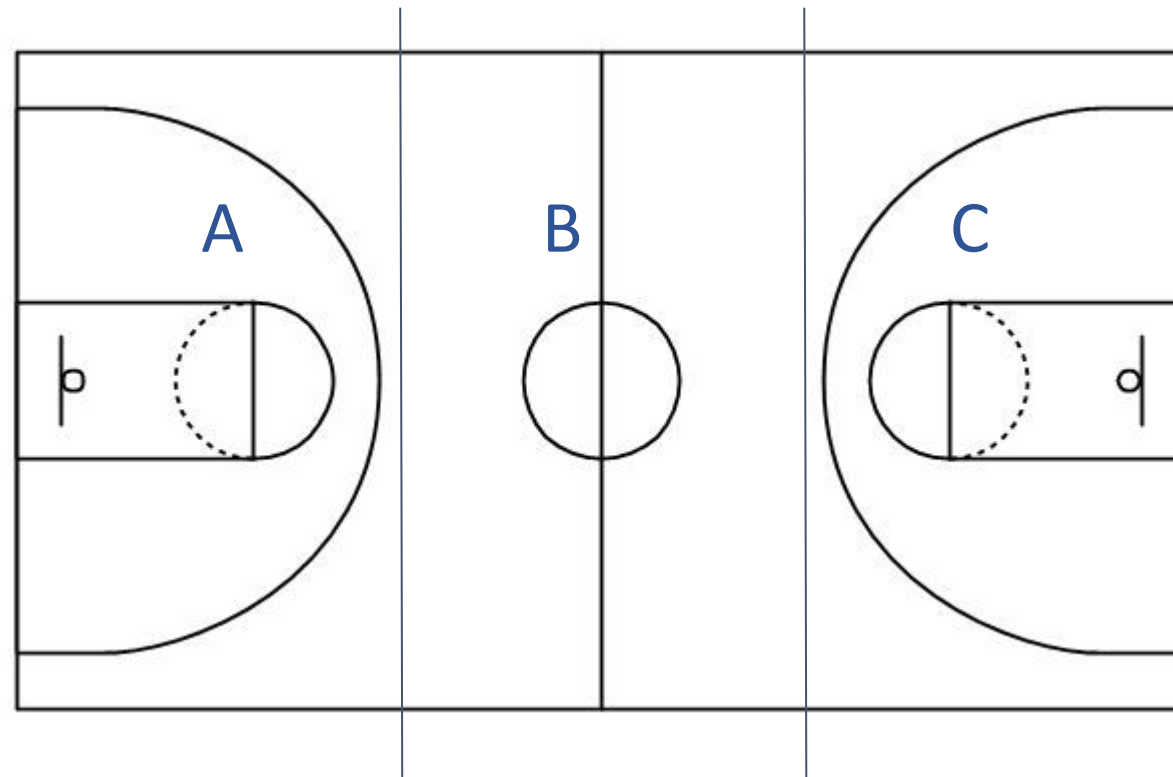
The screenshot shows the 'Schedule' page for the 6B Mavericks team. The page includes a sidebar with navigation options: Schedule, Roster, Chat, and Settings. The main content area is titled 'Schedule' and has tabs for 'Games & Events', 'Calendar', and 'RSVPs'. The 'Calendar' tab is active, showing a calendar for December 2023. Two buttons, '+ NEW EVENT' and '+ NEW GAME', are highlighted with a green circle. The team information on the left includes '6B Mavericks', '2024 In House Basketball (SSYBL) - 3-6 Grade Season | 6th Boys', and a 'Private' status indicator.

The screenshot shows the 'Roster' page for the 6B Mavericks team. The page includes a sidebar with navigation options: Schedule, Roster, Chat, and Settings. The main content area is titled 'Roster' and has tabs for 'Players' and 'Sta'. The 'Players' tab is active, showing a list of players with their names and 'Opted-In' status. A 'MESSAGE' button is highlighted with a green circle. The team information on the left includes '6B Mavericks', '2024 In House Basketball (SSYBL) - 3-6 Grade Season | 6th Boys', and a 'Private' status indicator. A 'Need Help?' button is visible in the bottom right corner.



Practice Courts

- Practices at East Lake and Shannon Park
- If only two courts (A and C) are scheduled, you may open the walls and each use half the court, or scrimmage if age appropriate.



Pictures



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- Saturday, January 20th
- Rosemount Elementary
- Schedules will be distributed soon
 - Timeslots by team, but open for drop ins as well
 - Team pictures will be compiled virtually

Equipment



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- Tonight: Ball bags distributed to many
- Jerseys: before the first game
- End of season