WELCOME TO THE WORLD OF FIGURE SKATING!

New skating family cheat sheet

Things to know when you have a new skaler

After participating in the Park City Ice Arena Skating Academy, your skater may be interested in joining the Figure Skating Club of Park City's Aspire program. All of the information included in this document can be found in the club hand book, accessible under More and then Resources tab. Club handbook

Aspire Program: Aspire is an introductory program designed to introduce skaters to the fundamentals of figure skating. This program is level-based. Skaters generally "graduate" from Aspire once they land their axel jump or accomplish all of their single jumps and basic spin positions. That being said, there is no right or wrong time to move into strictly private lessons.

What happens next?

Your first year of the Aspire program, you will join the club as an introductory member, after your first year you will need to become a club full member. The biggest difference is cost and the fundraising/volunteer requirements.

Membership Fees:

- Full club members: S150 for first skater S125 for each additional member
- Introductory member: \$75 for first skater \$50 for each additional member
- Spring season only first time Introductory/Aspire member \$40 (must have current Learn to Skate USA membership)

Volunteer hours: You are required to complete all your volunteer hours or you will be charged the full amount of the volunteer fee at the end of the season. Volunteer hours are tracked by DIBS which can be found on the club website. There are many opportunities to volunteer throughout the year. Look for emails regularly.

- Full member volunteer hours: 20 hours Fee if hours not met \$300.
- Introductory member hours: 10 hours Fee if hours not met \$150
- Spring Introductory/Aspire Members: 5 hours
 (families with more than one skater don't have more volunteer hours than a single skater family).

Fundraising requirement: Full members have a fundraising requirement, introductory members do not. The fundraising requirement is \$100 per skater.

Skating attire: skates, skate socks/tights, skating pants, skating jacket, headband, gloves. Skating dresses/outfits (we do a swap each year if you don't want to purchase one). Attire & Equipment links

Skates: If your skater has committee to joining the club and becoming a figure skater, then having proper equipment is IMPERATIVE. Please do NOT order skates blindly online. If they are cheap, it's most likely because they are cheap. Park City Ice Arena has some used skates for sale and can also order new skates. They sell several boot brands including Jackson, Edea, and Risport and blade brands including Ultima, MK, Wilson, and Paramount. Erika Roberts does the fitting and the ordering. Not only is ordering through the rink convenient, it includes the extra services with your skate purchase such as the fitting, neat molding, mounting (if necessary), and sharpening. There are also a couple other skate ordering options in Provo and Bountiful.

Club jacket: THE most important part to a new club member! "When can I get the leaf jacket?!". Make sure you order the bling, it is all about the sparkles! <u>Order here</u>

Finding a coach: A private coach is necessary to prepare your skater for competitions and test sessions. Private lessons are not necessary to start with, but skaters will progress more quickly with one-on-one time. Semi-private and group lessons are also excellent options. Erika can help you find a coach. This is where they will grow and learn skills as a skater. Private lessons are scheduled directly with the coaches and are paid separately from the ice fees.

Practice time/lesson time: The more time skaters spend on the ce the faster they will progress. Skating is an equation of time and money. How much time can you commit and how much money can you spend? Either way, practice time is imperative. For every lesson or class they take, they should spend twice as much time practicing what they have learned. Public skate sessions are a great way to get some more time or the ice. Plan a playdate with a friend or a family skale day. SKALE! SKALE! SKALE!

- Club ice: This ice time you register for on the club website. You can buy punch passes, pay
 individually or pay for a specific time each week at the beginning of the session. You will get
 an email from the club when registration opens for each session. Sessions run after Labor
 Day until before Holiday preak and January through before Memorial Day.
- Rink ice (freestyle sessions): This ice time is paid for through Park City Ice Arena. You cannot use your dublice punch pass for rink ice.

Rink music: As a member of the club, a key card is included with your membership fees. The keycard allows your skater to use our music system and put their program music into a digital queue to be played overhead at the rink. There is a \$10 fee to replace the keycard if lost. You will pay a \$10 membership fee per year for your rink music account. This is where you upload music for your skater. This can be found on the club website under 'Resources'. You will make an account and then be able to add and remove music from your skaters keycard.

Hollday show: Your skater can do one holiday program. It can be done as a solo, duet or group. If your skater participates in the Monday Aspire program, they can do a number with that group. You or your skater must sign up for the music they plan to use. You will want to do this as soon as registration opens, music selections are first come first serve.

Spring show: First year Introductory members will participate in the Aspire program group number. Rehearsals will occur on Monday evenings after spring break. Subsequent year members (second year and beyond) have the option to try out for a part or participate in the Aspire program number. Spring show try-outs this year are February 6th. The spring show is May 5th & 6th, the theme is "The Createst Show on Ice".

Skating Clinics: The club hosts skating clinics occasionally with coaches from out of town. These clinics are designed to help our skaters boost their skills and usually have a theme (spins, jumps, edges, etc.). Clinic dates and registration information will be shared via email from the club.

Skating competitions: You will register for competitions through either Entryeeze or EMS on usfsaonline.org where you will make an account. You will need your skaters USFS member number and password and you will be given a pin that you will use when you sign up for competitions. Your skaters coach will let you know what level your skater will be competing.