



Summer 2024

10,000 Shot Club

10,000 Shot Club: Between May to August 2024, take 10,000 shots. Record them on this sheet and turn it in to the HS Office in September!

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Name: _____ **Grade:** _____

Parent Signature: _____ **Long Sleeve Shooting Shirt Size :** _____

Bonus Shots: Attending any Little Chute Girls/Boys Summer basketball program gives you a bonus of 100 shots for that day. (Examples: Ryan Borowicz Camp, Girls Shooting League)

Ideas for shots!

- 20 set shots ■ 20 one dribble jump shot ■ 20 jab/layup ■ 20 two move jump shots ■ 20 free throws ■ 20 Mikan drill ■ 20 two moves/layup ■ 20 flip to yourself jump shots ■ Around the world ■ Try to make up your own combination! ■ Aim to make a certain amount of shots per set (ex: 14 for 20) ■ Pretend you are in a real game when shooting ■ Working with a friend is the best ■