



# IRONMAN 70.3 GOA, INDIA 2024 - Event Schedule

| DATE          | TIME                | EVENT   | VENUE                                |
|---------------|---------------------|---|--------------------------------------|
| Fri, 25th Oct | 10:30 AM to 6:30 PM | Event information booth open  | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 10:30 AM to 6:30 PM | IRONMAN 70.3 INDIA, GOA: Merchandise store open                           | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 10:30 AM to 6:30 PM | IRONMAN 70.3 INDIA, GOA: EXPO   | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 10:30 AM to 6:30 PM | IRONMAN 70.3 INDIA, GOA: Athlete check-in                                 | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 10:30 AM to 6:30 PM | IRONKIDS Goa: Bib collection & check-in for participants                  | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 10:30 AM to 6:30 PM | IRONMAN 70.3 INDIA, GOA: Bike service shop open                           | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 11:30 AM to 12 noon | Q&A with Race Director  | Taleigao Community Centre (Taleigao) |
| Fri, 25th Oct | 4:00 to 4:30 PM     | Q&A with Race Director  | Taleigao Community Centre (Taleigao) |
| DATE          | TIME                | EVENT   | VENUE                                |
| Sat, 26th Oct | 6:15 AM to 7:00 AM  | IRONKIDS Goa: Participants assembling time                                | Miramar beach                        |
| Sat, 26th Oct | 7:00 AM to 7:15 AM  | IRONKIDS Goa: Briefing for participants                                   | Miramar beach                        |
| Sat, 26th Oct | 7:15 AM             | IRONKIDS Goa: Category C (13 to 16 years) - Start                         | Miramar beach                        |
| Sat, 26th Oct | 7:50 AM             | IRONKIDS Goa: Category A (6 to 8 years) - Start                           | Miramar beach                        |
| Sat, 26th Oct | 8:00 AM             | IRONKIDS Goa: Category B (9 to 12 years) - Start                          | Miramar beach                        |
| Sat, 26th Oct | 8:00 AM to 9:30 AM  | IRONKIDS Goa: Refreshments for participants                               | Miramar beach                        |
| Sat, 26th Oct | 9:00 AM to 7:00 PM  | Event information booth open  | Taleigao Community Centre (Taleigao) |
| Sat, 26th Oct | 9:00 AM to 6:30 PM  | IRONMAN 70.3 INDIA, GOA: EXPO   | Taleigao Community Centre (Taleigao) |
| Sat, 26th Oct | 9:00 AM to 5:30 PM  | IRONMAN 70.3 INDIA, GOA: Bike service shop open                           | Taleigao Community Centre (Taleigao) |
| Sat, 26th Oct | 9:00 AM to 4:30 PM  | IRONMAN 70.3 INDIA, GOA: Athlete check-in                                 | Taleigao Community Centre (Taleigao) |
| Sat, 26th Oct | 9:00 AM to 5:30 PM  | IRONMAN 70.3 INDIA, GOA: Merchandise store open                           | Taleigao Community Centre (Taleigao) |
| Sat, 26th Oct | 11:30 AM to 5:30 PM | IRONMAN 70.3 INDIA, GOA: Compulsory overnight bike racking (Transition 1) | Transition - Miramar beach           |
| Sat, 26th Oct | 11:30 AM to 12 noon | Q&A with Race director on athlete briefing                                | Taleigao Community Centre (Taleigao) |
| DATE          | TIME                | EVENT   | VENUE                                |
| Sun, 27th Oct | 5:00 AM to 3:00 PM  | IRONMAN 70.3 INDIA, GOA: Event information booth open                     | Miramar Beach - Race precinct        |
| Sun, 27th Oct | 5:15 AM to 6:30 AM  | Transition open   | Transition - Miramar beach           |
| Sun, 27th Oct | 7:00 AM             | Race start (Rolling Start)  | Miramar beach                        |
| Sun, 27th Oct | 11:10 AM (approx)   | First male finisher expected  | Miramar beach                        |
| Sun, 27th Oct | 11:45 AM (approx)   | First female finisher expected  | Miramar beach                        |
| Sun, 27th Oct | 1:30 PM to 5:00 PM  | Transition open for bike check-out  | Miramar beach                        |
| Sun, 27th Oct | 5:30 PM             | 2025 IRONMAN 70.3 World Championship Roll Down ceremony                   | Taleigao Community Centre (Taleigao) |
| Sun, 27th Oct | 6:00 PM             | IRONMAN 70.3 INDIA, GOA: Awards presentation                              | Taleigao Community Centre (Taleigao) |