

## T.O.W. International Training Camp Information

The Columbus Wrestling Club is proud to present the 2018 Top of the World – International Training Camp. This a great opportunity for both male and female wrestlers to learn new technique, live wrestle, and prepare yourself for upcoming events such as the Ohio State Fair and Junior Olympics.

Our highly skilled staff will teach 2 on1 setups, front head offense, leg attack takedowns, overhooks and leg attack defense. The main focus and goal of this camp is to exposure wrestlers to world class techniques, while drilling and wrestling in live situations and matches. This is an excellent opportunity to receive personalized instruction and motivation to attain your goals.

### 2018 Guest Belarus Athletes

- *Viktar Serada – 65KG*
- *Artisiom Rudzianok – 90KG*
- *Raman Shyh – 74KG*

### Camp Schedule – (Mon Tues \*Thur)

Arrival/Registration.....5:15PM  
Warm Up ..... 5:30 PM - 6:00PM  
Technique Session I ..... 6:00PM - 6:45PM  
Break ..... 6:45PM – 7:00PM  
Technique Session II.....7:00 PM - 7:45PM  
Break ..... 7:45PM – 8:00PM  
Live Wrestling..... 8:00 PM - 8:20PM  
Cool down/Exit..... 8:20PM - 8:30PM  
\*Thursday- Tshirts /Camp Cookout 7:30PM

### Wednesday Camp Schedule:

Arrival ..... 3:45PM – 4:00PM  
Warm Up ..... 4:00 PM - 4:20PM  
Live Matches Session I ..... 4:20PM - 4:50PM  
Break ..... 4:50PM – 5:00PM  
Live Matches Session II....., 5:00 PM - 5:30PM  
Snack Break /Exit..... 5:30PM - 5:45PM  
**Pool Activity- \$5 Pool Fee) 5:45 PM – 8:30PM**

# 2018 TOP OF THE WORLD –INTERNATIONAL WRESTLING CAMP JULY 23TH-26TH

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WORLD CLASS CLINICIANS  
&  
WORLD CLASS TECHNIQUE:

**SERGEI KITAEV - BELARUS OLYMPIC COACH  
(MASTER OF INTERNATIONAL WRESTLING)  
MARYIA IVANOVA - WOMENS WORLD MEDALIST  
MELIS DZHAKIPOV – ASIAN NATIONAL CHAMPION**



**WESTERVILLE SOUTH H. S.**

303 S. OTTERBEIN AVE  
WESTERVILLE OHIO 43081

**COST: \$100**

(INCLUDES CAMP T-SHIRT)

CHECKS PAYABLE TO: WESTERVILLE SOUTH BOOSTERS

CAMP DIRECTOR BRIAN CHURCH  
614 496-6369

**2018**  
**TOP OF THE WORLD – INTERNATIONAL WRESTLING CAMP**  
**REGISTRATION FORM:**

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Last Name First Name Age

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Address Zip Code

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/ YS / - / YM / - / YL / - / AS / - / AM / - / AL / - / AXL /

School Circle T-Shirt size

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(      )

Emergency contact Phone number in case of emergency

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Email address Cell Number

**Waiver of Liability:** (please sign and date)

I verify that my child has been seen by a physician and is physically able to participate in the Top of the World International Wrestling Camp. I agree to allow my child to be treated by personnel at camp if necessary. This camp can be intensive at times and I understand the combative nature of the sport of wrestling and seasonal temperatures associated with training camps during the summer. My wrestler has a primary insurance carrier.

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Signature of Parent or Legal Guardian Date

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Printed Name of Parent or Legal Guardian Date