

Rules for McBrook Sports Basketball League...

- 20-minute halves
- 3 minute half-time
- Clock stops last 15 seconds of 1st half
Last minute of 2nd half
- Two 20 second timeouts per half
- Pressing is allowed (6th grade and up). Once a team is up 20 take press off.
- Each player is allowed 5 personal fouls
- 7 team fouls are a one and one
10 team fouls is double bonus
- Overtime will be 2 minutes with the clock stopping last 15 seconds. Each team will receive one additional timeout.
- 2nd overtime will be sudden death being first point scored free throw or basket.
- If a coach receives a technical foul, they must sit remainder of game. If you receive two technical fouls you will be ejected from game.
- You're allowed two coach's per team. They don't have to pay.
- Each team must provide score keeper or do book. That person does not have to pay admission.
- Only one coach is allowed to stand while coaching during game.
- Please pick up all trash by your bench after each game.

Coach's I'm trying to have a safe and friendly environment where kids can go and play a great game and have fun. Please talk to your parents and keep them under control during the games.

I'm excited about what McBrook is going to offer. We're thankful for your business and hope you come back!