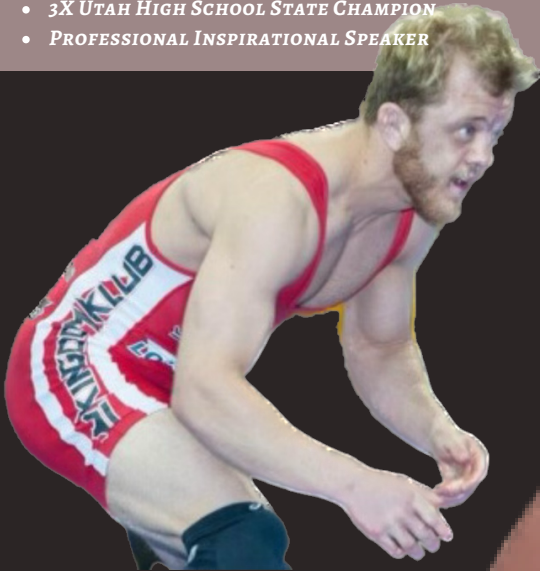


THE ULTIMATE WARRIOR WRESTLING CAMP

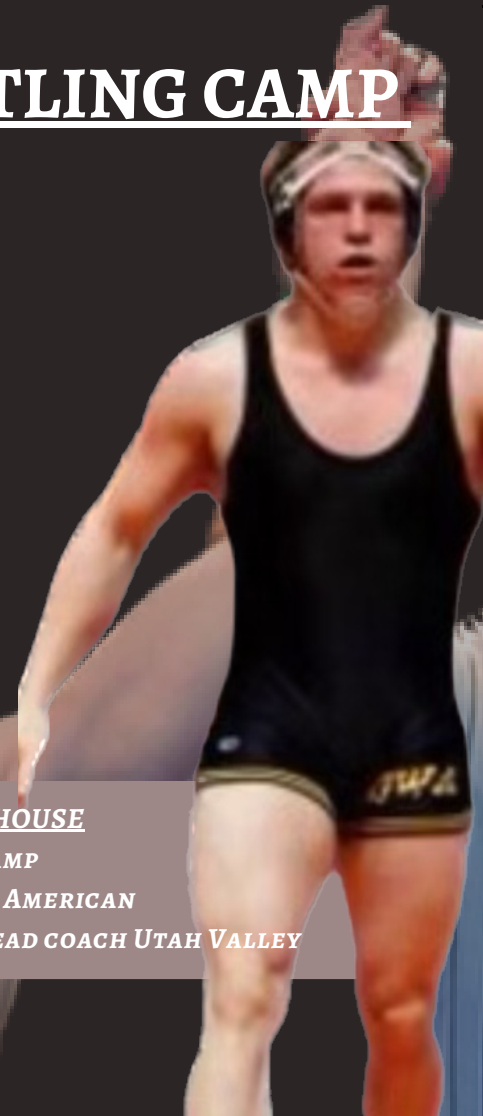
BEN KJAR

- 2012 FREESTYLE OLYMPIC TRIALS - 4 TH PLACE
- FIRST-EVER NCAA DIVISION I ALL-AMERICAN @ UTAH VALLEY UNIVERSITY
- 2X NCAA DIVISION I ACADEMIC ALL-AMERICAN
- NUMEROUS SENIOR LEVEL ALL-AMERICAN IN GRECO-ROMAN AND FREESTYLE
- RANKED AS HIGH AS #2 IN THE USA AT SENIOR LEVEL AT 55 KGS. IN FREESTYLE
- 5X HIGH SCHOOL NATIONAL CHAMPION
- 3X UTAH HIGH SCHOOL STATE CHAMPION
- PROFESSIONAL INSPIRATIONAL SPEAKER



ETHEN LOFTHOUSE

- 4X STATE CHAMP
- 2X NCAA ALL AMERICAN
- ASSOCIATE HEAD COACH UTAH VALLEY



BROCK HARDY

- 4X UTAH STATE CHAMPION
- 6X FARGO ALL AMERICAN
- 1X FARGO NATIONAL CHAMPION
- 2022 CLIFF KEEN 141 CHAMPION
- 2023 BIG10 FINALIST
- 2023 NCAA ALL AMERICAN



WED-SAT AUG 2ND-5TH, 2023

LOCATION: WASILLA MIDDLE SCHOOL

ARCTICWARRIORSWRESTLING1@GMAIL.COM

EVAN BOCKMAN

- 3X ALASKA STATE CHAMPION
- 2X BIG TWELVE CONFERENCE PLACER
- 2X NCAA QUALIFIER
- HS FARGO ALL AMERICAN
- HS FOLKSTYLE NATIONAL FINALIST



PRESENTED BY: WASILLA HIGH & ARCTIC WARRIORS WRESTLING

REGISTER AT: [HTTPS://WWW.LEAGUELINEUP.COM/WELCOME.ASP?](https://www.leaguelineup.com/welcome.asp?url=arcticwarriorswrestling)

URL=ARCTICWARRIORSWRESTLING

SCHEDULE:

WEDNESDAY, AUGUST 2ND

830-930AM- CAMP REGISTRATION/GAMES
930-1100AM- TECHNIQUE SESSION
11-1130AM- SKILLS AND DRILLS
1130-12PM- MOTIVATIONAL SPEECH
1200-130PM- LUNCH BREAK (LUNCH PROVIDED)
130-300PM- TECHNIQUE SESSION
300-330PM- SKILLS AND DRILLS
330-430PM- LIVE WRESTLING, CROSS-TRAINING AND CONDITIONING

THURSDAY, AUGUST 3RD

830-900AM- WARRIOR PEAK PERFORMANCE
930-1100AM- TECHNIQUE SESSION
11-1130AM- SKILLS AND DRILLS
1130-12PM- MOTIVATIONAL SPEECH
1200-130PM- LUNCH BREAK (LUNCH PROVIDED)
130-300PM- TECHNIQUE SESSION
300-330PM- SKILLS AND DRILLS
330-430PM- LIVE WRESTLING, CROSS-TRAINING AND CONDITIONING

FRIDAY, AUGUST 4TH

830-930AM- WARRIOR PEAK PERFORMANCE
930-1100AM- TECHNIQUE SESSION
11-1130AM- SKILLS AND DRILLS
1130-12PM- MOTIVATIONAL SPEECH
1200-130PM- LUNCH BREAK (LUNCH PROVIDED)
130-300PM- TECHNIQUE SESSION
300-330PM- SKILLS AND DRILLS
330-430PM- LIVE WRESTLING, CROSS-TRAINING AND CONDITIONING

SATURDAY, AUGUST 5TH

830-900AM- VIDEO AND DRILL REVIEW
900-1030AM- TECHNIQUE SESSION
1000-1030AM- SKILLS AND DRILLS
1030-1100AM- MOTIVATIONAL SPEECH
1100-1200PM- CAMP OVERVIEW
1200-130PM- LUNCH BREAK (LUNCH PROVIDED)
130-230PM- TECHNIQUE SESSION
330-430PM- WRESTLING COMPETITION
430-5PM- AWARDS AND CONCLUSION TO CAMP
AWARDS- OUTSTANDING WRESTLER, MOST IMPROVED, ULTIMATE WARRIOR

COST: \$250

\$125 AWWC OR WHS WRESTLER
ONSITE REGISTRATION: \$300
8U AND OLDER

DEAR SUPPORTER,

AWWC IS A 501 (C)(3) NON-PROFIT ORGANIZATION.

WE CONTINUALLY WORK TO GROW THE SPORT OF

WRESTLING FOR ALL BOYS AND GIRLS, WITH YOUR

CONTINUED SUPPORT WE CAN EXPAND THE

KNOWLEDGE AND LOVE OF THE TOUGHEST SPORT.

THANK YOU- AWWC & WHS WRESTLERS



QUESTIONS: BRANDI COOLEY

ARCTICWARRIORSWRESTLING1@GMAIL.COM

CALL OR TEXT: 907-775-4248