

Chain Reaction

Spring 2025



A Quarterly Publication of



Orange County Wheelmen

OCW CLUB LINKS

HOME PAGE: www.ocwheelmen.org

CALENDAR: www.ocwheelmen.org/page/show/418357-calendar

OFFICERS: www.ocwheelmen.org/page/show/418687-officers-directors-2020

EVENTS: www.ocwheelmen.org/page/show/418365-events-site-map

SUPPORTING MEMBERS: www.ocwheelmen.org/page/show/424483-support-members

MONTHLY BOARD MEETINGS

Check website for location, day and time. All Officers and Directors are expected to attend. Other interested members may also attend.

GENERAL MEETINGS

Held typically the fourth Wednesday every other month at Irvine Ranch Water District, Sand Canyon Ave. in the city of Irvine. Light dinner starting at 6:30pm with meeting starting at 7pm. Different speaker each meeting.

REGISTRATION FOR OCW EVENTS

All Registration for OCW events require the registrant to be logged in. Be sure to always check for discount codes. You will only see the discount code if you are a current member of OCW. The discount code if applicable will be located on a separate page in the specific event area. To confirm if you are current, check the membership data base. If you do not see the link for the membership data base, your membership has expired by at least a month or more.

The new website, registration code, and discount codes are only visible to current members. Our website constantly updates new and different ways of maintaining privacy for our members from email skimmers and other nefarious internet hacking. The website continually upgrades to protect your personal information along with having it available for our members to connect to each other.

Thank you for your continued support and membership to OCW!

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Editors Musings



Michelle Vester

Happy Spring!

I hope everyone is enjoying the nice weather and getting outdoors to check out all the flowers popping up everywhere.

One of my favorite spots for poppies is the Weir Canyon Trail. This is a great trail for mountain biking and hiking and it's never disappointed this time of the year.

Speaking of spring, be sure to check out our new board members for 2025, you can find out more about them on page 15.

There are some exciting events coming this year and you can read about some of them here in Chain Reaction. Check it out!

Enjoy Spring and don't forget if you ride a springtime event or do something fun be sure to write about it and share it here in the next Chain Reaction.

Michelle Vester
Editor, Chain Reaction



President's Dan Ignosci Message

Your current Orange County Wheelmen Board is working on a 2025 Amtrak Century ride in early September. In our return to the road, we are hoping to provide an experience that is somewhere between a self-supported ride and the ride that has taken place for more than 40 years.

We have 90 metric century train tickets departing from Solana Beach at 2:40 pm and 180 century tickets leaving San Diego around 5pm. I am told that this same type of headcount was how the Amtrak Century started around 50 years ago.

Many of our Board members have met weekly via Zoom and have willingly taken on roles to put another successful group ride together. I have led many special events in my lifetime, yet this one has already been more challenging than any that I have been a part of.

We have had several volunteers already step forward and if you are interested in lending a hand, please click on this [link](#) and provide your contact info so that we can get you involved. We are also seeking sponsors for the Amtrak Century, in return for jersey recognition, etc. Also, if you, your company, or someone you know are interested in supporting OCW with a donation of any kind, please reach out to me at the email address provided at the end of this message.

Here is a back-of-the-napkin draft of what we have in store for you (definitely subject to change):

- Depart from the Irvine Transportation Center after checking in, labeling your bag, and placing it in the truck heading south.
- The first rest stop is in San Juan Capistrano.
- The second rest stop is planned at Las Pulgas and the 5 freeway.
- Our last rest stop is at La Colonia Park in Solana Beach. This stop will serve lunch to those doing the metric, as well as provide a quick break for those riding the century. Those riding the metric will then head toward the train station, drop off their bike at the truck and get ready to board the train for a ride back to Irvine.
- We are working on a KOM and QOM segment that will have an award for the fastest climbers of the Torrey Pines inside and outside routes.
- At the top of Torrey Pines, we will have a popsicle waiting for metric and century riders, should they want one. For metric riders, this will add on some additional miles, but the treat will be worth the extra effort.
- Century riders continue south and end their ride in Downtown San Diego, have lunch, put their bike on the truck and board the train for the ride back to Irvine.

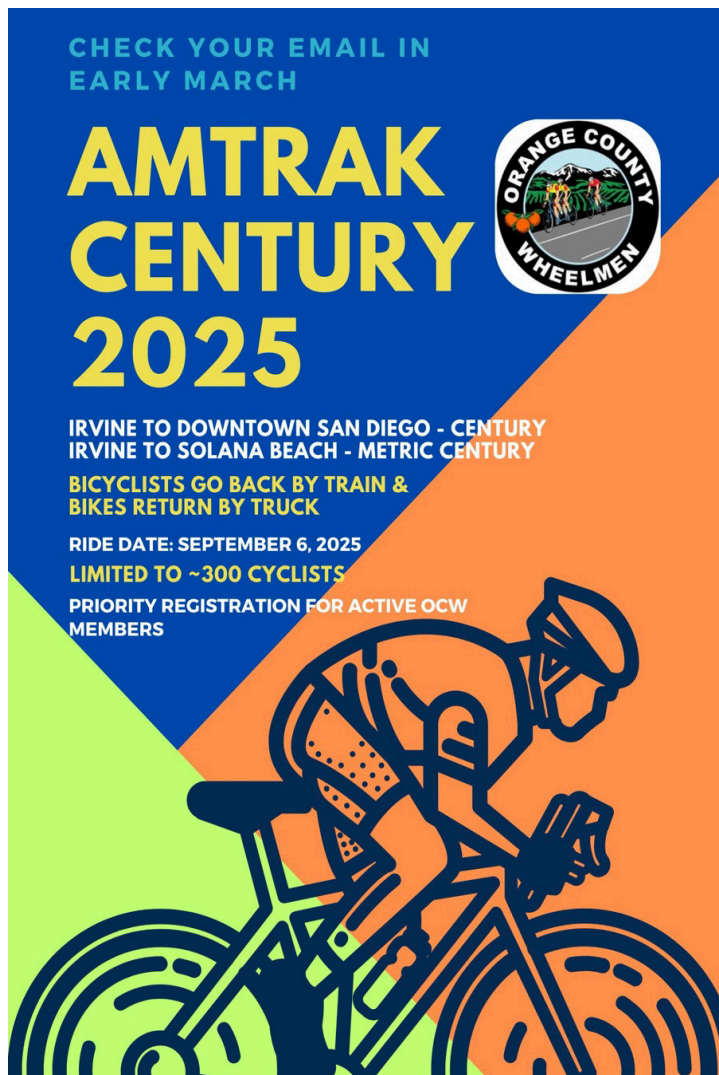
As I said earlier, the timeline above is definitely

subject to change, but hopefully this provides some insight on the big components of the ride.

Our hope is to open registration for OCW members shortly after we establish ride pricing at our April Board Meeting, ride partners will register second and then non-members will be offered any seats that we may have left. You will also have an opportunity to purchase commemorative cycling gear and receive it in time to wear it at the 2025 Amtrak Century.


OCW members will get an email when registration opens and please register as soon as possible, to avoid missing out on the return of the Amtrak Century.

Safe riding and as always, feel free to reach out to me for any OCW matter at VP@OCWwheelmen.org



CHECK YOUR EMAIL IN EARLY MARCH

AMTRAK CENTURY 2025



IRVINE TO DOWNTOWN SAN DIEGO - CENTURY
IRVINE TO SOLANA BEACH - METRIC CENTURY

BICYCLISTS GO BACK BY TRAIN & BIKES RETURN BY TRUCK

RIDE DATE: SEPTEMBER 6, 2025
LIMITED TO ~300 CYCLISTS
PRIORITY REGISTRATION FOR ACTIVE OCW MEMBERS



OCW CYCLING BAGS **NOW** AVAILABLE!



CLASSIC, PRO, WL AND
GIANT SIZES AVAILABLE

STARTING AT \$84.99

<https://pedalindustries.com/collections/ocw-orange-county-wheelmen-store>

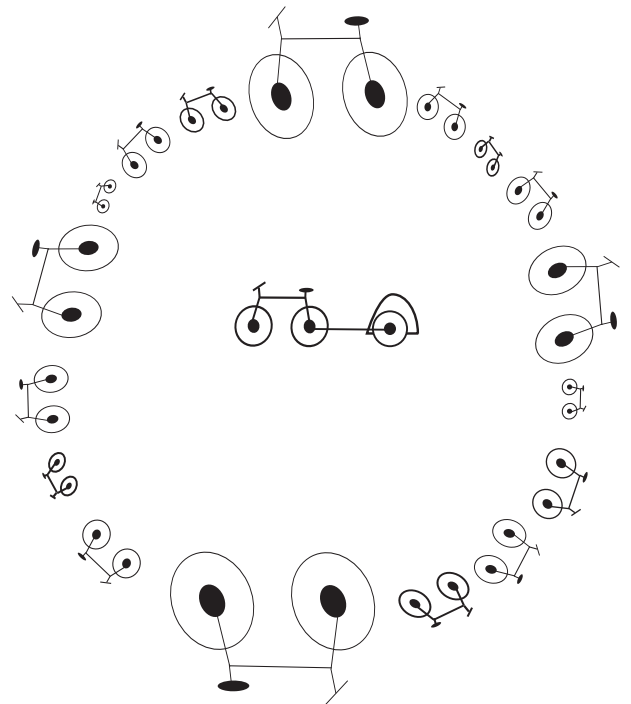
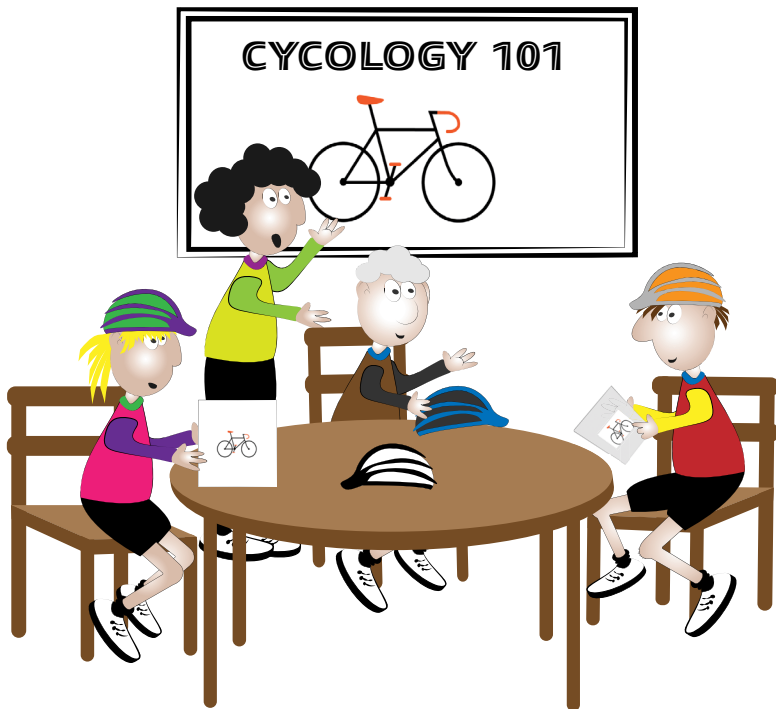


BOARD MEETING MINUTES

Find all the bikes!

There are SEVERAL "stick figure" bikes, including the ones below, all throughout this issue. Can you find them?

The answer is on the bottom of page 20. Did your numbers match??





Vice President's Rob Crawford Message

For those of you who I haven't had a chance to meet, I'm Rob Crawford and I recently joined the Board of OCW as the new Vice-President, stepping in to backfill behind Dan Ignosci, our new President. I'm originally from Texas, but have lived in Laguna Beach for the last 14 years with my wife and three great kids, who are all now grown and successfully launched out of the house.

I retired last year after a long career in the technology business, and the first thing I did was jump on my bike to take a trip across the United States - Portland, OR to Portland, ME. The trip covered almost 4,000 miles and over 150,000 feet of climbing and took about a month and a half. This experience exposed me to the joys and challenges of touring by bicycle, something I love and plan to continue doing for many years to come.

Now that I'm retired and have some time on my hands, I've become more involved with OCW and have enjoyed the opportunity to get to know many of you on weekly rides and quarterly metrics. I have always loved cycling and have been a member of OCW for a while, but just recently became more involved after my retirement. Like many of you, I originally joined the club several years ago to ride in the Amtrak Century, but family commitments and a full work schedule made it hard to do much more.

Now, as a part of the OCW Board, I'd like to work with Dan and the rest of the club leadership to reinvigorate our membership and make the club more engaging for our members. The first step that we're taking is to bring back the Amtrak Century ride in September. While this event has always served as an annual cornerstone for the club, I think it's also going to be important to carry that momentum forward to maintain engagement for

our members throughout the year.

I look forward to meeting you all out on the road and listening to what you might like to see from the club this year. We're open to suggestions and look forward to your feedback.

Rob





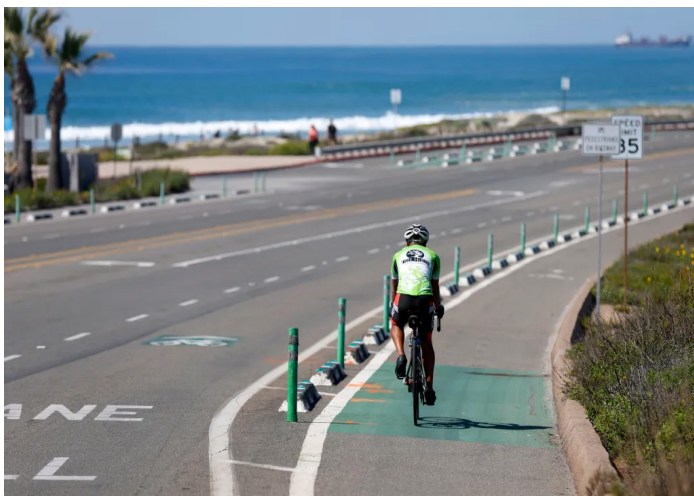
A Critical Look at Segregated Bikeways

Pete van Nuys

Dr. Paul Schimek of TranSystems presented analysis of studies from the EU where “sidepaths,” Radwege, and Fietspads have been tried since the 1930s. Today they’re called Class 4 Cycletracks.

Mention of “moped” data herein is relevant to our current situation with Ebikes, too.

Link [here](#).



Along a previously benign section of Pacific Coast Highway in Cardiff, Senator Catherine Blakespear imposed a Class 4 cycletrack. In two years it has produced 33 bicyclist crashes and one fatality. [Cardiff 101 Crash List](#).

Dr. Paul Schimek has also reviewed Massachusetts’ facilities and the dangers bicyclists face every day. Be sure to read his presentation notes to understand the difference between safer looking, and actually safer. PowerPoint application required.

[PortsmouthITE_SeparatedBikeLanes](#)



WORD SEARCH

WORDS CAN BE FOUND FORWARD, BACKWARD AND DIAGONAL

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| D | F | R | V | B | L | O | S | S | O | M | S | S | K | L |
| H | F | L | O | R | A | L | G | H | J | U | Y | R | W | Q |
| G | A | R | D | E | N | T | G | S | H | O | W | E | R | S |
| M | L | K | J | Z | G | H | B | U | N | N | Y | A | G | P |
| N | B | V | G | Z | F | R | Y | N | G | F | V | S | B | R |
| E | L | O | P | Y | A | M | D | S | R | C | X | T | Z | I |
| Q | E | D | F | R | L | X | W | H | E | F | V | E | V | N |
| U | L | M | R | A | W | K | J | I | E | H | G | R | F | G |
| I | Y | T | B | L | O | O | M | N | N | R | W | Q | A | T |
| N | N | B | S | E | I | G | R | E | L | L | A | D | S | I |
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| X | D | F | B | U | T | T | E | R | F | L | I | E | S | E |
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| D | A | C | V | B | L | O | F | L | O | W | E | R | S | P |
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| | | | |
|--------------------|-------------------|-----------------|-----------------|
| Balmy | Bloom | Warm | Sunshine |
| Butterflies | Breezy | Showers | Easter |
| Garden | Springtime | Maypole | Equinox |
| Blossoms | Allergies | Baseball | Daisies |
| Floral | Flowers | Bunny | Green |

✱ Find the solved puzzle at the back of this issue



Handcrafted Bicycle Adventures in Europe

By Pete van Nuys

Great riding through 3 countries!

Lynn and I have been organizing “handcrafted bicycle adventures in Europe” for 8 years now. If you’re thinking about an early summer getaway we still have spots open on our June [Switzerland, Austria, and Italy](#) trip.

This is an easy downstream roll along the Inn and Adige Rivers. Gorgeous and varied scenery with many miles on dedicated bike paths. Plus optional climbs of Fourn, Offen, and Stelvio Passes. St. Moritz to Bolzano, so fun people have done it twice!

June 24- July 3, 10 days, 9 nights. Rental road and Ebikes available. [Details here.](#)





Is It Really Spring??

By Theresa Nelson

According to Mark Twain, “In the spring, I have counted 136 different kinds of weather inside of 24 hours.”

Travelling to the Minneapolis area often for work, I loved how much the people there embraced being outside and enjoying summer. There were extensive bike paths throughout the cities and I would sometimes rent a bike to explore the many paths at the end of my work day. I also took advantage of the local hiking and walking paths. In the winter I used the indoor walking tracks where I’ve seen people with loaded backpacks and hiking boots training for the upcoming summer backpacking trips. Winter in the Midwest is harsh so people take advantage of the beautiful summer months and stay outside until the sun sets.

However, I’ve often been told that in the Midwest, the summer is short and in the fall a chill starts in the air early and the spring is really just “slush” season as the melting snow doesn’t really have a place to drain off well. Last year at this time we were camping and visiting our daughter in Northern Arizona. At that time, since we still had snow in Northern Arizona, we drove down to Sedona for a day to take advantage of the lower elevation and drier hiking trails. (See Chain Reaction article in Summer 2024).

This year our Spring camping trip found us in Cottonwood, Arizona for a week and then back to Flagstaff to welcome Spring (at least on the Calendar). As Southern California wildflowers begin to emerge, Northern Arizona had

another snowstorm that closed the roads coming in and out of Flagstaff during the second week of March. It dipped down in the 20s at night and I became obsessed with the weather app checking actual temperature versus “feels like” temperature so I could figure out how to dress each day.



We were camping in our RV but by midweek the snow started to melt and made for beautiful clear days and dry enough trails for hiking.

The Coconino National Forest backed up to the campground where we were staying and it was minutes from our door to be immersed in pine trees and easy trails. The 7000-foot elevation reminded me that I was no longer at sea level but the quiet and peacefulness of the forest and occasional deer sighting made the extra effort worth it.

Flagstaff is only a one hour, 30 minute drive to the Grand Canyon, however there are three

National Parks in the Flagstaff area:

- Walnut Canyon National Monument: Known for its cliff dwellings and views of a deep canyon.
- Sunset Crater Volcano National Monument: Features the youngest volcano on the Colorado Plateau.
- Wupatki National Monument: Features a prehistoric Native American pueblo and a museum.

These monuments have great visitor centers providing education about indigenous people that lived and moved through the area. Each time I visit I discover new information and look forward to seeing the area in person on the trails.

This trip we chose to hike in “Picture Canyon” which is a natural and cultural preserve. The Arizona Trail runs through Picture Canyon and it is also designated as an “Arizona Watchable Wildlife Experience Site” since there are so many birds and animals that live in the Canyon.

There is water running through the canyon as well as a couple of small waterfalls tumbling over rocks. We did have patches of snow still left on the shaded slopes by the trail. The trail includes views of 1000-year-old petroglyphs which gives the canyon preserve area its name.

Although the calendar said it was spring, we wore light fleece tops and long pants as we made our way through the winding trail through the canyon. I’m looking forward to returning in August when Northern Arizona wildflower season starts.





Do eBikes Cause Cognitive Dissociation?

April 1, 2025 – An in-depth exploration of the psychological effects of using electric bicycles, more popularly “eBikes,” was conducted by researchers at Weatherly Technical Foundation and has been published in **The Annals of Modern Mentality Today**.

“We’d heard many stories about apparent personality changes in riders who’d opted for bicycles with electric motors,” according to Dr. Leonard Pinth-Garnell, W.T.F.’s director, “and it seemed worth exploring.”

More than 300 cyclists applied for the survey. The final study group included e-Bikers and traditional “Acoustic” riders. Participants were interviewed on and off the bike. Additionally, popular bike ways were surveilled by drones and undercover riders to document and establish behavioral baselines.

“Oddly, we immediately noticed contradictions in what eBikers said when “off-the-bike” and what they actually did while riding,”

Pinth-Garnell said.

Two examples were cited in the report.

Rider A, on a Class 3 power-assist-only Road eBike:

A female, the rider was observed by on-road researchers and drone tracking on a group cycle-club ride. At the start, she “Seemed comfortable in the pack.” But after approximately 5 miles she “looked agitated and anxious.” At this point the rider made a motion consistent with changing the bike’s power zones and passed the lead riders to their right and abruptly swung left, still accelerating, cutting in front of the riders and behind a car making a turn.

In the debrief, Rider A had no recollection of the incident. “That’s certainly not how I cycle,” she said indignantly, and was stunned when shown the video. Other riders in that group who knew her said her cycling “person-

ality” had been peppered with such instances since she’d gotten the eBike. “She’s usually a joy to be around,” one commented, “but sometimes she’ll get a strange look on her face, her brow furrows, and she becomes the Rider From Hell.”

This behavior was only evident under power. “After the ride, when we’re having lunch, it’s like nothing ever happened,” another observed, “She’s in total denial, and we let it slide.”

When asked about her power usage and setting, Rider A claimed she often didn’t use the power assist, and except for steep hills it was set at Level 1. Downloaded data contradicted this assertion.

Rider B, on a Class 2 throttle and pedal assist Flat-Bar eBike

This rider, a male, told researchers he “Loved to climb.” But it was noted that as soon as he hit the “Power On” switch he suggested to other riders near him (note: all on Class 2 eBikes) “Let’s change the route and cut out the hills.” Afterwards, away from the eBike, he was bemused when this audio was played back. “Beats me why I said it,” was his only explanation.

While he started out pedaling, as soon as there was any slowing he was on the throttle and on his way. It was consistently noted that “Born to Be Wild” was blaring from his bar-mounted speaker. When asked about it, he claimed he “... didn’t even like ‘Steppenwolf’ or ‘Easy Rider.’”

Conclusions

The initial hypothesis suggested that something was affecting riders’ Orbitofrontal and Medial Prefrontal cortices. These parts of the brain are critical to a person’s ability to wait patiently and practice impulse control. Ironically, this “shorts out” the functionality of these areas, seriously affecting personality.

Given the riders’ return to their “normal” personality traits away from their eBike (and in

cases where the eBike rider opted to try an Acoustic bike), it is clear that the eBike is a contributing factor.

To test this, WTF conducted lab testing in a controlled environment. When the eBike was “on,” the issues quickly manifested themselves. With power off, or on an Acoustic bike, the only impatience was from older riders who needed a “Pee break.”

Lab techs “...noted and measured odd levels of electromagnetic emissions from the eBike drive systems.”

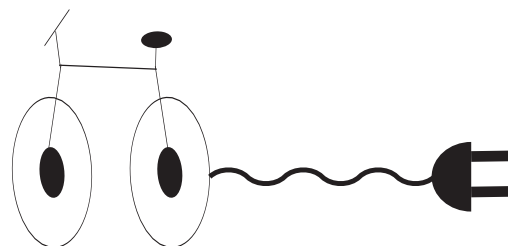
Initial attempts to reduce these transmissions using shielding were unsuccessful, as the systems quickly overheated.

But an easy and effective solution was discovered.

As of now, eBike riders are encouraged to cover their helmets in aluminum foil. Any of the available “Heavy Duty” options, the investigators concluded, “...perform impressively.”

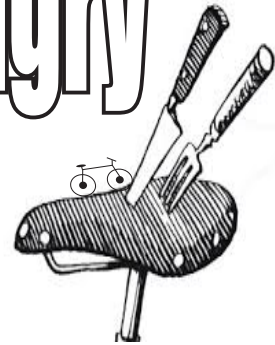
April Fools.....

Author unknown





The Hungry Eyelist



Pot-Roast Gyros

By [HalfbakedHarvest](#)

INGREDIENTS

- 1 yellow onion, sliced
 - 2 shallots, sliced
 - 8 cloves garlic, chopped
 - 1 tablespoon sweet/smoked paprika
 - 1 tablespoon ground cumin
 - 1 tablespoon dried oregano
 - 2 tablespoons fresh thyme
 - 1/2 teaspoon cayenne
 - 1 teaspoon pink Himalayan salt
 - 4 pound chuck roast
 - 1 (12 ounce) beer (or use chicken broth)
 - 1/4 cup lemon juice
 - 3 tablespoons salted butter
-
- 6 fresh pitas or naan, warmed
 - pickled red onion, lettuce, and herbs for serving
 - Tzatziki, for serving

INSTRUCTIONS

1. Arrange the onions, shallots, and garlic, in the bowl of the crockpot.
2. In a bowl, mix the paprika, cumin, oregano, thyme, and cayenne, and season with 2 teaspoons of salt. Place the roast on the onions and rub all over with the spice mix. Pour over the beer and lemon juice. Cover and cook on LOW for 5-6 hours or on HIGH for 3 hours.
3. Remove the meat from the pot and shred it using two forks.
4. Crank the heat on the crockpot to HIGH and cook the remaining sauce with the butter until just barely reduced. Toss the beef with the sauce.
5. Stuff the beef and onions into warmed pitas with tzatziki. Then add lettuce, red onions, and herbs. Drizzle over more tzatziki. YUM! Enjoy!

Welcome 2025 OCW Board Members



Our 2025 OCW Board is excited to step up and work together to keep our ever-evolving bike club a welcoming and dynamic space where we can all experience the camaraderie and joy of being part of a passionate cycling community.

This year, we have a blend of new and returning board members, as well as some role changes. They've been hard at work, bringing fresh energy and a renewed direction to the club. We encourage you to reach out to these leaders, offering your gratitude, support, and any ideas you may have.

Dan Ignosci - President
Rob Crawford - Vice President
Steve Loughran - Secretary
Lee Stebbins - Treasurer
Larry Locken - Ride Captain

Tony Perez - Webmaster
Rene Costales - Membership Director
Liz & Stuart Gaston - Metric Century Directors
Michelle Vester - Editor



Mountain Bike Dude

By Alan Vester

Mountain and Gravel Bike Riding Geared Toward the 60+ Rider

Spring Pre-Flight MTB Inspection Time

Hello OCW mountain bike riders. The riding season is upon us and now is the time to get your bike in good working order for the year ahead. I'm going to list, and in no particular order, the items that should be inspected on your mountain bike.

Have a professional bike mechanic perform these checks if you are not a competent do-it-yourself type of person.

Personally, I perform many of these tasks myself but leave the more advanced repairs for the professionals.

Tires and sealant. Most of us run tubeless tires with sealant. I prefer Orange Sealant which I've used for years. Sealant should be checked every three months and changed if it has dried up or added if it is low. Inspect your tires for cuts, worn knobs and sidewall cracks.

Tire pressure inflation. Lots of controversy with this topic. I run most of my mountain bike tires, front and rear at approximately 20 psi. This psi applies to conventional 29 or 27.5 tires. Fat-tire bikes take a totally different lower pressure. Downhill and pedal-assist bikes take slightly higher pressures.

Drivetrain. Carefully inspect the chainring, chain, derailleur and rear cassette for wear and damage. The chain is the weak link of the drivetrain, and you can use a chain checker to check for wear.

Front fork. The front fork should be rebuilt at least once a year. I would leave this job for a professional bike mechanic. Check for leaks, nicks and damage

to the fork.

Rear shock. Like the front fork, the rear shock should be rebuilt once a year. I believe this is a job better suited for a bike shop mechanic with lots of experience. If you decide to do it yourself, just be aware the shock supports the rear triangle, and it must be supported before removing the rear shock for any reason.

Brakes. The brake fluid should be flushed and changed at least once every two years. Inspect the brake pads for wear along with the disk rotor for minimum thickness, wear and warpage.

Suspension set-up. Setting up the suspension correctly is the difference between a harsh brutal-riding mountain bike and a well-behaved comfortable great-handling rig. You must set sag, rebound and compression. You normally find the specs on the bike's manufacturer website or go to the website of either Fox or RockShox for specifications. Again, if you are not comfortable doing this, get a professional involved.

Good time to check all bolts and fasteners on your bike. Don't guess. Use an inch lb./Newton meter torque wrench and tighten all bolts to specifications.

Wheels. Make sure they are running true and no loose or broken spokes.

Frame pivot bearings. Most full suspension mountain bikes have rear frame pivot bearings for smooth suspension operation. If your bike is 5 years old or older there is a good chance the bear-

ings are worn and need to be replaced. It requires a special bearing removal/installer tool kit, so might want to have your bike shop mechanic handle this operation.

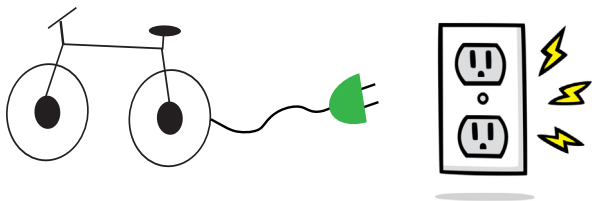
Tool and medical kits. Check your existing supplies. Make sure all your medical supplies are up to date and throw out any expired medications. Ensure you have the necessary tools for changing a flat tire: tire levers, a CO2 cartridge, and an adapter. Multi-tool, air pump. Latex gloves and master chain link.

Ok, now that your task list is completed, get out there and ride!!!

Rules of the Trail

- Ride open trails
- Leave No Trace
- Control your bicycle
- Yield appropriately
- Never scare animals
- Plan ahead

Alan Vester
Goat Hill Mountain Bike Dude
ocwgoathill@gmail.com



JOIN OR RENEW YOUR MEMBERSHIP



CLICK HERE



WORD SEARCH

SOLVED



THE MOST DIVERSE BICYCLE CLUB IN ORANGE COUNTY



COME RIDE WITH US!

EVENTS

Mark Your Calendar

CHECK YOUR EMAIL IN
EARLY MARCH

AMTRAK CENTURY 2025



IRVINE TO DOWNTOWN SAN DIEGO - CENTURY
IRVINE TO SOLANA BEACH - METRIC CENTURY

**BICYCLISTS GO BACK BY TRAIN &
BIKES RETURN BY TRUCK**

RIDE DATE: SEPTEMBER 6, 2025
LIMITED TO ~300 CYCLISTS
PRIORITY REGISTRATION FOR ACTIVE OCW
MEMBERS



2025 OCW MEMBER CHALLENGE

Are you the type of rider who gets additional motivation from completing challenges?

Do you want to actively contribute to our club? If so, we have some good news for you... This year, the Board is launching a new activity-based challenge to encourage and recognize active member participation and promotion of club activities in 2025.

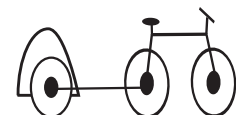
The OCW Member Challenge comprises of nine separate challenges for which club members will be awarded points:

1. Ride 2025 Challenge - riding more than 2,025 miles in 2025 (max 25 points)
2. Mountain Goat Challenge - climbing more than 2,025 feet each month (max 10 points)
3. Calendar Challenge - participating in at least one club ride each month (max 10 points)
4. Ride Leader Challenge - lead an official club ride (max 5 points)
5. Club Metric Challenge - participating or volunteering in each club event (max 20 points)
6. Charity Challenge - participating in a charity event wearing your club kit (10 points)
7. Membership Challenge - bringing a new member to the club (10 points)
8. Press Member Challenge - contributing to an issue of Chain Reaction (10 points)
9. Clean Sweep Award - bonus for completing all the other challenges! (10 points)

At the end of the year, the male and female member with the highest points totals will receive a special prize!

So, what do you need to do to participate in the challenge? Not much! You must be a club member in good standing as of December 31, 2025; upload rides from your device to your Strava account (free to sign up); and connect your account to the [OCW Strava Group](#). We will take care of crunching all the numbers and keeping track of points totals.

We hope that you will all embrace this challenge in 2025 and enjoy the friendly competition while putting in the miles! Challenges start effective February 1 (except for annual miles ridden), so don't forget to sign up for the upcoming Winter Metric and claim your points!

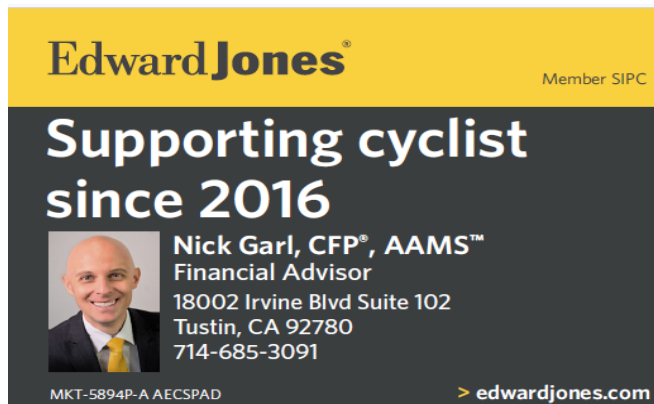


Please Support The Premier Partners of Orange County Wheelmen

Many of our partners offer discounts to OCW members.
Tell them you are from OCW and continue to support those who support us!

If you are interested in becoming an Orange County Wheelmen club Sponsor
or to donate goods or services that we can raffle please contact Tony Perez
tony.perez@ocwheelmen.org

We obviously welcome support from Cycling businesses; others may be
subject to approval by the Board



✿ Number of stick figure bikes is 38