



## NMAHA's Locker Room Policy

In addition to the development of our hockey players and enjoyment of the sport of hockey, the safety and protection of our participants is central to NMAHA's goals. NMAHA adheres to USA Hockey's SafeSport (aka MAAPP) Program to help protect its participants from physical abuse, sexual abuse and other types of misconduct, including emotional abuse, bullying, threats, harassment and hazing. To help prevent abuse or misconduct from occurring in our locker rooms, NMAHA has adopted the following locker room policy. This policy is designed to maintain personal privacy as well as to reduce the risk of misconduct in the locker rooms.

At the McDermott Athletic Center (MAC) there are currently five (5) locker rooms available for our program's use. The locker rooms share a restroom and shower area (Green/Red & Blue/Yellow). There is one designated "Women's Locker Room" (no facilities) at the first door on the left in the rink side hallway – and this is shared with the Figure Skating coaches.

For the 2025-26 Season, we will use the Blue, Green & Red locker rooms for all males at all practices. For nights with overlapping practices, the early practice will use Red, the later practice will use Blue or Green. Females will use the Yellow or "Women's Locker Room" (on the corner) to change in. Locker Room assignments will be made for games per team, but males & females but change separately then convene in the larger team locker room (Red/Green/Blue/Yellow).

### General Guidelines for Practices:

**YELLOW** is for GIRLS EXCEPT on Thursdays (must use the smaller corner Women's Locker Room on these nights due to Adult League women needing the **YELLOW** locker room)

Generally for the BOYS:

- Mondays: **10U in RED**, **14U in BLUE**, **16U in GREEN**
- Tuesdays/Thursdays: **6U/8U in the lobby/snack bar**, **12U in BLUE** - we **CANNOT** use **RED** or **GREEN** as the Adult League will start arriving around 7pm for their 7:45pm game!
- Wednesdays: **14U in BLUE**, **16U in GREEN**
- Fridays: **10U in RED** and **GREEN** (can overflow to **BLUE** if needed)

**For 12U and up: At NO TIME EVER can a Mom go in the boys locker room or a Dad go into the girls locker room - this is a SafeSport violation and MUST be avoided. The players must come out of the locker room if assistance is needed.**

Some teams in our program may also occasionally or regularly travel to play games at other arenas, and those locker rooms, rest rooms and shower facilities will vary from location to location. NMAHA team organizers will attempt to provide information on the locker room facilities in advance of games away from our home arena. At arenas for which you are unfamiliar, parents should plan to have extra time and some flexibility in planning for their child to dress, undress and shower if desired.

### Locker Room Monitoring

NMAHA has predictable and limited use of locker rooms and changing areas (e.g., generally 20- 30 minutes before and following practices and games). This allows for direct and regular monitoring of locker room areas. While constant monitoring inside of locker rooms and changing areas might be the most effective way to prevent problems, we understand that this would likely make some players uncomfortable and may even place our staff at risk for unwarranted suspicion.

We will conduct a sweep of the locker rooms and changing areas before players arrive, and if the coaches are not inside the locker rooms, either a coach or volunteer locker room monitors (each of which has been background screened & completed the SafeSport Training) will be posted directly outside of the locker rooms and changing areas during periods of use, and leave the doors open only when adequate privacy is still possible, so that only participants (coaches and players), approved team personnel and family members are permitted in the locker room. Team personnel will also secure the locker room appropriately during times when the team is on the ice. This monitoring will extend to ensure players are changing into or out of gear and NOT ROUGHHOUSING, YELLING, or other behavior OTHER than changing into or out of their hockey gear. Monitors will also ensure players are not damaging the rooms in any way.

## **Parents in Locker Rooms**

Except for players in the younger age groups (10U – Squirts and below), we discourage parents from entering locker rooms unless it is truly necessary. If a player needs assistance with his or her uniform or gear, if the player is or may be injured, or a player's disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the player. 12U & up players can exit for assistance as well.

Naturally, with our youngest age groups it is necessary for parents to assist the players in getting dressed. We encourage parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently. In circumstances where parents are permitted in the locker room, coaches are permitted to ask that the parents leave for a short time before the game and for a short time after the game so that the coaches may address the players. As players get older, the coach may (in his or her discretion) prohibit parents from a locker room.

## **Mixed Gender Teams**

All of our teams consist of both male and female players. It is important that the privacy rights of all our players are given consideration and appropriate arrangements made. Where possible, NMAHA will have the male and female players dress/undress in separate locker rooms and then convene in a single locker room before the game or team meeting. Once the game or practice is finished, the players may come to one locker room for a team meeting and then the male and female players proceed to their separate locker rooms to undress. If separate locker rooms are not available, then the players will take turns using the locker room to change.

We understand that these arrangements may require that players arrive earlier or leave later to dress but we believe that this is the most reasonable way to accommodate and respect all of our players.

## **Cell Phones and Other Mobile Recording Devices**

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are **NOT PERMITTED** to be used in the locker rooms. If phones or other mobile devices must be used, they should be taken outside of the locker room. It may be permissible to have the team manager or parents/guardians collect phones from players – particularly those with multiple offenses of this policy.

## **Prohibited Conduct and Reporting**

NMAHA prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Hockey SafeSport Handbook. Participants or volunteers in NMAHA may be subject to disciplinary action for violation of these locker room policies or for engaging in any misconduct or abuse or that violates the USA Hockey SafeSport Policies. Reports of any actual or suspected violations, you may email USA Hockey at [SafeSport@usahockey.org](mailto:SafeSport@usahockey.org) or may call 1-800-888-4656.

Effective: July 2025