

GGHO Covid-19 Policies and Procedures for Return to Play

Program Registration

Families will be required to complete the standard GGHO registration forms for each child enrolled in the ice hockey program. Waiver/Release for Communicable Diseases Including COVID-19 are required prior to the players first day in the program. See Attached waiver.

Each team will have at least one (1) designated coach and one (1) designated safety/hygiene manager (Team Manager).

Participants will engage only in distanced group training and organized no/low-contact group training per USA Hockey Guidelines.

All players, coaches and additional volunteer support staff will "self" check EVERY time prior to attending any practices or GGHO events. Any person exhibiting signs or symptoms of illness indicated on the "self-check" that they have potentially been exposed to COVID-19 will not be allowed to participate. Please refer to the *Policies and Procedures* if there is a confirmed or probable case of COVID-19. See Attached Self-Check form.

All coaches, staff, safety/hygiene managers and any other designated adults will wear a face covering at all times.

Any person refusing to follow or adhere to safety guidelines as set forth by GGHO Board of Directors will not be allowed to participate or remain on the ice until they are willing to comply with the set guidelines.

Designated Safety/Hygiene Manager Role/Responsibilities

- Must wear face coverings at all times.
- Maintain first aid kit with all necessary supplies including additional face masks, gloves, hand sanitizer and disinfectant spray.
- Maintain up to date contact information for all players parent(s)/guardian.
- Maintain adherence of “self” checks prior to participating in GGHO practice or event.
- Ensure parent(s)/guardian follow drop off and pick up policy.
- If someone during an activity is injured, feels ill or demonstrates symptoms, the safety/hygiene manager should work to separate the individual from the group, assess the situation while maintaining distance, and contact parents or if necessary, call for medical assistance.
- If a return to play clearance is required by a licensed medical provider due to COVID-19 or another injury, the safety/hygiene manager should be the point of contact, and the documentation should be shared with the President of GGHO Executive Board.
- Should communicate any concerns about participants adherence to safety practices during program practice or event to Matt Valenti, GGHO Vice-President
- Should maintain all information related to minimizing COVID-19 transmission and risk of mitigation practices for the team/activity.

Program Player Arrival

The Following procedures must be followed during all player arrivals times

- All Mites, Squirts, PeeWees and Bantams must arrive and exit their vehicles with face-mask on, 'Dressed to Play' with all equipment on with the exception of helmet, gloves and skates.
- All Mites, Squirts, PeeWees and Bantams need to report to their designated space that is socially distanced.
- All Midgets will arrive with their face-masks on and report to their designated space where they will be socially distanced. Midget players who DO NOT drive themselves to practice need to arrive 'Dressed to Play' should with the exception of helmet, gloves and skates.
- Player families are strongly encouraged to clean and disinfect player equipment between use.
- Players must bring personal water bottled filled and labeled with their name with them each time they attend practice. No water station will be available. No sharing of water bottles will be permitted.
- Any player exhibiting symptoms or reporting symptoms, temperature of 100.4 or higher or potential exposure to COVID-19 on their "self" check will not be permitted to participate.
- Spectators will **NOT** be permitted in the Ice Rink.
- Goal Tenders and Midget players who drive will report to a designated locker room space that is socially distanced to 'Dress for Play'

PLEASE NOTE THAT ALL PLAYERS MUST "RSVP" IN SPORTS ENGINE FOR PRACTICE/GAMES PRIOR TO ARRIVAL. THIS WILL BE USED FOR CONTRACT TRACING.

Physical Distancing Guidelines

- Coaches, Staff, Safety/Hygiene Managers and any other designated adults will wear face coverings at all times.
- During exercises/drills players will be positioned at least six feet apart in all directions, to the greatest extent possible.
- Practices will adhere to the NYSAHA guidelines
- No physical checking will be permitted during play.
- All coaches/volunteers will complete a safety check each day of program. Any coach/volunteer exhibiting symptoms or reporting symptoms, temperature of 100.4 or higher or potential exposure to COVID-19 on their safety check will not be permitted to participate.

Program Departure

- Players will return to designated space and remove their helmets, gloves and skates **ONLY**.
- Players will put face-masks on.
- Players will remain socially distanced when exiting.
- Players should take all equipment and personal belongings with them when they leave the Ice Rink.
- Coaches, volunteers should not handle anyone's personal belongings.

Policies & Procedures if a Player, Coach, or Volunteer answers "YES" to any questions on the Covid "Self-Check"

- Please contact your Primary Care Provider.
- Player cannot return to play until cleared by PCP and no longer expressing symptoms. Coach or Volunteer

Policies & Procedures if there is a confirmed or probable case of Covid-19 in Player, Coach or Volunteer

- If a coach, volunteer or player tests positive for COVID-19, regardless of whether they are symptomatic or asymptomatic, they may return upon completing at least 10 days of isolation from onset of symptoms or 10 days of isolation after the first positive test.
- If a coach, volunteer or player has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is experiencing COVID-19 related symptoms, the coach, volunteer or player may return to program upon completing at least 10 days of isolation from the onset of symptoms.

NYS DOH considers a close contact to be someone who was within 6 feet of an infected person for at least 10 minutes starting from 48 hours before illness onset until the time the person was isolated. The local health department should be contacted if the extent of contact between an individual and a person suspected or confirmed to have COVID-19 is unclear.

- If a coach, volunteer or player has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is not experiencing COVID-19 related symptoms, the coach, volunteer or player may return to program upon completing 14 days of self-quarantine.
- If a coach, volunteer or player is symptomatic upon arrival at program or becomes ill with COVID-19 symptoms while at program, absent, close or proximate contact with a person with COVID-19, the coach, volunteer or player must be separated and sent home immediately and may return program upon completing at least 10 days of isolation from the onset of symptoms OR upon receipt of a negative COVID-19 test result.

Policies & Procedures if there is a confirmed case of COVID-19 in Family or Household of Coach, Volunteer or Player enrolled in program

- If a parent, household member of player, coach or volunteer is being quarantined as a precautionary measure, without symptoms or a positive test the child must not return to program for the duration of the quarantine.