



# RAIDERS REPORT

The local newsletter featuring Hastings High School athletics.  
Connecting, informing, & celebrating HHS student-athletes & programs.

JUNE 2023  
ISSUE XIII

## SPRING SPORTS REVIEW

It was an awesome season for the 370 student-athletes that participated in a spring sport at HHS! Highlights include:

- Average team GPA of 3.22.
- Average program retention rate of 81%.
- Average multi-sport athlete rate of 55%.
- Average team survey positivity rate of 86% across all sports & levels.
- Achieved 100% of overall and 95% of grade 9 participation targets.
- Combined varsity team winning percentage in MEC games was 53%.

- Four sports finished in the top 3 in the Metro East Conference; baseball (2), boys track & field (1), girls track & field (2), boys golf (3).
- Boys track and field were MEC Conference Champions.
- Four sports won at least one section playoff game: baseball, boys lacrosse, girls lacrosse, and softball.

- 11 athletes qualified for the state track and field meet; Carlee Kordosky (10) in the 100 MHurdles and 300 MHurdles, Olyvia Erickson (9) in the 200M Dash, Ellie Magnus (9) in the 200M and 400M Dash, Johnny Bezdicek (12), Peyton Burrow (12), Jack Cloutier (10) Lane Hoffman (9) in the 4x100M & 4x200M Relay, Max Albertson (12), Jared Hanson (12), Peyton Lee-Dean (11), Sebas Straus (9) in the 4x400 Relay. Johnny Bezdicek also qualified in the 200M Dash.
- Four MEC records were broken in the conference track and field championship meet; Carlee Kordosky in the 300 Hurdles, Ellie Magnus in the 400M Dash, and both the boys 4x200M and 4x400M relays.

- Evan Nelson (12) was named MEC Baseball Player of the Year

## FALL SPORTS REGISTRATION



Registration for HHS fall sports will open on July 14, 2023. The first day of practice for all fall sports is Monday, August 14, 2023. In order to start on time on August 14, student-athletes must be registered no later than Thursday, August 10. For all details and further information, visit the registration page of the athletics website [HERE](#).

All athletes must have a current sports-qualifying physical on file. Physicals are good for three years. Twin Cities Orthopedics is offering a series of free athletic physicals at a variety of east metro locations in July and August. Registration is required. For a complete schedule and more information, visit their website at [THIS LINK](#).

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## ATHLETE FEEDBACK

HHS surveys student-athletes on all teams and all levels in the final third of their sport seasons. We conducted 758 surveys during the 2022-23 school year and are proud of the feedback results. The average positivity rate per question was 91%. All 14 of the survey questions scored above the benchmark target of 80% positivity.

Among the positive trends, over 90% of athletes agreed on the following:

- I had fun this year.
- I improved my skills.
- I developed friendships with teammates.
- My coach defines success by more than just wins and losses.
- I am proud to be a member of this team.



## RAIDERS SPORTS AWARDS

HHS was thrilled to host our first-ever Raiders Sports Awards on May 8. The intent was to celebrate outstanding accomplishments by HHS teams and individuals throughout the last year. The event featured fifteen different individual award categories, four team categories, and three coach categories. Over 100 different student-athletes were recognized. The livestream of the event can be viewed at [this link](#).

The pre-event slide show can be [accessed here](#).

The program slide show can be found at [this link](#).

We look forward to continuing this new tradition next spring.  
GO RAIDERS!

# CHARACTER COMMUNITY COMPETITION



## ELEMENTARY READING PARTNERSHIP

The purpose of HHS athletics is to provide diverse sports opportunities that develop CHARACTER and COMMUNITY.

We are successful when we:

- Develop lifelong skills and Raiders values (integrity, sportsmanship, work ethic, fun)
- Make growth toward performance objectives (improve skills, achieve competition metrics)
- Contribute positively to the Hastings community (we are part of something bigger than ourselves)

As part of our commitment to this purpose, athletes and teams are engaged with a variety of community service activities. This spring **Raiders athletics was excited to partner with Pinecrest Elementary in a pilot reading project.** Athletes representing all spring sports took turns visiting school classrooms every Friday to read books and make connections.

The initiative was so successful that it will likely be expanded to all three district elementary schools and all three sport seasons next school year. GO RAIDERS!