





# The First Tee of the Twin Cities

2019

Minneapolis Program Handbook









## **Mission Statement**

The First Tee of the Twin Cities is a non-profit 501(c)(3) organization, our mission is to impact the lives of young people by providing learning facilities and educational programs that promote character development and life-enhancing values through the game of golf.

## **Program Locations**

Hiawatha Golf Club 4553 Longfellow Ave Minneapolis, MN 55407 Columbia Golf Learning Center 445 St. Anthony Pkwy. Minneapolis, MN 55418

Gross National Golf Club 2201 St. Anthony Blvd. Minneapolis, MN 55418

## No clubs? No problem!

All golf equipment necessary for golf lessons can be provided to First Tee Participants. Juniors will have access to the driving range, practice putting green, and the golf course (select classes). Safety is stressed during all lessons. Thank you for your support and interest in our program.

## What to Expect

The First Tee of the Twin Cities Coaches are focused on making the lessons FUN while learning golf's valuable lessons. Every golf experience at The First Tee of the Twin Cities has these ingredients:

- 1. Fundamental golf skills (grip, stance, posture, ball position, aim, putting, chipping and full-swing with irons and wood (70% of the lesson)
- 2. Life Skills & Values (How to introduce themselves, set goals, role playing, Honesty, Integrity, & sportsmanship)
- 3. USGA rules and etiquette of the game.

All camps and lessons meet at the driving range of the program location. Lessons include range balls, instruction, practice green access, prizes, bag tag, and clubs/equipment.

Should you need to miss a class, simply tell an instructor and the student will be welcome to join in for one session the next time the class is offered. This same policy applies to cancellations due to weather.

## How to Register for Class

- 1. Online registration available at www.thefirstteetwincities.org or www.minneapolisparks.org
- **2.** Print out registration form and mail or drop off with payment to: Hiawatha Golf Club, Attn: First Tee, 4553 Longfellow Ave, Minneapolis, MN 55407

## Contact Us

Grant Shafranski, PGA
Director of Minneapolis Programs
(612) 203-5135
gjshafranski@gmail.com



## **Class Overview**

## <u>Little Chippers (Ages 4-6) & PLAYer (ages 7-8):</u>

The youngest golfers are introduced to the nine core values, golf fundamentals, etiquette and rules of golf in a safe environment that creates curiosity about the game.

## Par (Ages 9+):

Continues emphasis on the golf skills, etiquette and rules of golf while focusing on interpersonal communication and self-management skills.

## Birdie/Eagle (Ages 11+):

Continues emphasis on the golf skills, etiquette, interpersonal communication, self-management skills and emphasizes goal setting.

## First Tee League (ages 8+):

No experience required! Includes on-course playing every week along with instruction. One Coach walks with every group so that students learn skills, on-course etiquette, rules, and most important – we play A LOT of games!

#### Minneapolis Junior League (ages 7+)

Some experience helps! 9 weeks of on-course play. Players will have a tee time every Monday at Hiawatha with TONS of games and prizes given away on the course and practice facilities each week. Did I mention we play a lot of games?

#### <u>Little Chippers League (ages 6+):</u>

Offered on the Little Chippers Course at Theo Wirth Par 3 on select Saturday mornings. Includes 30 minutes of First Tee games on the practice green, then play on the golf course!

#### **USGA-LPGA Girls Only (ages 6+):**

Girls only! A great class for youth girls of all skill levels. Instruction will be based on the ability level of the learner and will include time on the driving range, practice greens, and golf course. Curriculum always centers on FUN and includes learning the fundamentals for beginning players and refining skills for more experienced player.

#### STUDENTS ARE EXPECTED TO:

- Abide by The First Tee Code of Conduct
- Be on time
- Listen carefully to Coaches, Staff and Volunteers
- Be friendly and meet new friends Wear golf shoes or sneakers to lessons
- Follow all rules of safety and golf
- Respect each other's differences and abilities

#### **LESSON OBJECTIVES**

- Fundamental golf skills
- Character building values
- USGA rules and etiquette of the game
- Practical links of golf lesson to life lessons
- Goal setting and self-evaluation
- Course respect and management
- Encourage maximum play
- Outfit kids with clubs to keep
- Have FUN!



# Little Chippers

\$60 – Ages 4-6 (4) 30-minute Sessions

A wonderful class for young juniors to learn about the very basics of golf such as grip, stance & aim. We will be spending time on the putting green, chipping green and driving range. Most importantly we will be having lots of fun and learning some introductory life skills such as respect for the game of golf. Prizes are given for good behavior and for participating in contests. For 4-year-old students, one parent/guardian attendance is mandatory the first lesson. Clubs available if needed.

## **HIAWATHA**

| Dates                | Time          | Session # |
|----------------------|---------------|-----------|
| April 27/May 4/11/18 | 10:00-10:30am | HLC01     |
| June 10-13           | 9:00-9:30pm   | HLC02     |
| June 17-20           | 9:00-9:30am   | HLC03     |
| July 8-11            | 9:00-9:30am   | HLC04     |
| July 14/21/28/Aug 4  | 6:15-6:45pm   | HLC05     |
| July 22-25           | 9:00-9:30am   | HLC06     |
| Aug 5-8              | 9:00-9:30am   | HLC07     |
| Aug 12-15            | 9:00-9:30am   | HLC08     |
| Sept 7/14/21/28      | 9:00-9:30am   | HLC09     |
|                      |               |           |

## **COLUMBIA**

(Value is set for 5 classes)
ign up for a session and come to as many dates as you can

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|-----------------|-------------|-----------------|-------------------------------|-----------------|-------------------|-----------------|-------------|--|
| Sprin           | g Session   | Early           | Summer                        | Late            | Summer            | Fall            | Session     |  |
|                 | \$60        | Sess            | Session - \$60 Session - \$60 |                 | Session - \$60    |                 | \$60        |  |
| Date            | Time        | Date            | Time                          | Date            | Time              | Date            | Time        |  |
| 1-May           | 4:00-4:45pm | 11-Jun          | 9:00-9:45am                   | 30-Jul          | 9:00-9:45am       | 4-Sep           | 4:00-4:45pm |  |
| 4-May           | 9:00-9:45am | 12-Jun          | 9:00-9:45am                   | 1-Aug           | 9:00-9:45am       | 7-Sep           | 9:00-9:45am |  |
| 8-May<br>Gross  | 4:00-4:45pm | 18-Jun<br>Gross | 9:00-9:45am                   | 3-Aug<br>Gross  | 9:00-9:45am       | 10-Sep<br>Gross | 4:00-4:45pm |  |
| 14-May          | 4:00-4:45pm | 20-Jun          | 9:00-9:45am                   | 6-Aug           | 9:00-9:45am       | 12-Sep          | 4:00-4:45pm |  |
| 16-May          | 4:00-4:45pm | 22-Jun          | 9:00-9:45am                   | 8-Aug           | 9:00-9:45am       | 17-Sep          | 4:00-4:45pm |  |
| 18-May<br>Gross | 9:00-9:45am | 25-Jun<br>Gross | 9:00-9:45am                   | 12-Aug<br>Gross | 9:00-9:45am       | 19-Sep<br>Gross | 4:00-4:45pm |  |
| 21-May          | 4:00-4:45pm | 27-Jun          | 9:00-9:45am                   | 14-Aug          | 9:00-9:45am       | 21-Sep          | 9:00-9:45am |  |
| 23-May          | 4:00-4:45pm | 8-Jul           | 9:00-9:45am                   | 19-Aug          | 9:00-9:45am       | 23-Sep          | 4:00-4:45pm |  |
| 29-May<br>Gross | 4:00-4:45pm | 10-Jul<br>Gross | 9:00-9:45am                   | 21-Aug<br>Gross | 9:00-9:45am       | 25-Sep<br>Gross | 4:00-4:45pm |  |
| 3-Jun           | 4:00-4:45pm | 13-Jul          | 9:00-9:45am                   | 24-Aug          | 9:00-9:45am       | 30-Sep          | 4:00-4:45pm |  |
| 5-Jun           | 4:00-4:45pm | 15-Jul          | 9:00-9:45am                   | 26-Aug          | 9:00-9:45am       | 2-Oct           | 4:00-4:45pm |  |
| 8-Jun           | 9:00-9:45am | 17-Iul          | 9·00-9·45am                   | 28-Дия          | 9·00-9·45am       | 5-Oct           | 9·00-9·45am |  |
| MEADOWBROOK —   |             |                 |                               |                 |                   |                 |             |  |

## THEO WIRTH

| Dates                | Time          | Session # |
|----------------------|---------------|-----------|
| April 27/May 4/12/19 | 10:00-10:30am | TLC01     |
| June 17-20           | 9:00-9:30am   | TLC02     |
| July 15-18           | 9:00-9:30am   | TLC03     |
| July 29-Aug 1        | 9:00-9:30am   | TLC04     |
| Aug 12-15            | 9:00-9:30am   | TLC05     |



| Dates                | Time          | Session # |
|----------------------|---------------|-----------|
| April 27/May 4/11/18 | 10:00-10:30am | MLC01     |
| June 17-20           | 9:00-9:30am   | MLC02     |
| July 8-11            | 9:00-9:30am   | MLC03     |
| July 22-25           | 9:00-9:30am   | MLC04     |
| Aug 5-8              | 9:00-9:30am   | MLC05     |
| Sept 7/14/21/28      | 9:00-9:30am   | MLC06     |





## **PLAYer**

\$75 - Ages 7-8

(5) 60-minute Sessions

or

(4) 75-minute Sessions

Introductory golf classes that emphasize fun! In these progressive classes, golf training focuses on the basics of grip, stance, posture, aim, putting, chipping, pitching, full swing (woods and irons) and basic rules/etiquette. Life Skills focus on honesty, respect and sportsmanship. We will play fun games and drills to learn and enhance a desired golf motion, & an emphasis on fundamentals and fun. Range balls, prizes & clubs included.

## **HIAWATHA**

| Dates                | Time         | Session # |
|----------------------|--------------|-----------|
| April 27/May 4/11/18 | 10:45-12:00  | HPL01     |
| June 10-13           | 6:15-7:30pm  | HPL02     |
| June 17-20           | 9:45-11:00am | HPL03     |
| June 24-28           | 9:00-10:00am | HPL04     |
| July 8-11            | 9:45-11:00am | HPL05     |
| July 15-19           | 9:00-10:00am | HPL06     |
| July 29-Aug 2        | 9:00-10:00am | HPL07     |
| Aug 12-16            | 9:45-10:45am | HPL08     |
| Sept 7/14/21/28      | 9:45-11:00am | HPL09     |

## **THEO WIRTH**

| Dates                | Time         | Session # |
|----------------------|--------------|-----------|
| April 27/May 4/11/18 | 10:45-Noon   | TPL01     |
| June 17-20           | 9:45-11:00am | TPL02     |
| July 15-18           | 9:45-11:00am | TPL03     |
| July 29-Aug 1        | 9:45-11:00am | TPL04     |
| Aug 12-15            | 9:45-11:00am | TPL05     |



## **COLUMBIA/GROSS**

(Value is set for 5 classes) Sign up for a session and come to as many dates as you can!

| Sprin           | Spring Session |                 | Early Summer |                 | Late Summer |                 | Session     |
|-----------------|----------------|-----------------|--------------|-----------------|-------------|-----------------|-------------|
|                 | \$60           | Session - \$60  |              | Session - \$60  |             |                 | \$60        |
| Date            | Time           | Date            | Time         | Date            | Time        | Date            | Time        |
| 1-May           | 4:00-4:45pm    | 11-Jun          | 9:00-9:45am  | 30-Jul          | 9:00-9:45am | 4-Sep           | 4:00-4:45pm |
| 4-May           | 9:00-9:45am    | 13-Jun          | 9:00-9:45am  | 1-Aug           | 9:00-9:45am | 7-Sep           | 9:00-9:45am |
| 8-May<br>Gross  | 4:00-4:45pm    | 18-Jun<br>Gross | 9:00-9:45am  | 3-Aug<br>Gross  | 9:00-9:45am | 10-Sep<br>Gross | 4:00-4:45pm |
| 14-May          | 4:00-4:45pm    | 20-Jun          | 9:00-9:45am  | 6-Aug           | 9:00-9:45am | 12-Sep          | 4:00-4:45pm |
| 16-May          | 4:00-4:45pm    | 22-Jun          | 9:00-9:45am  | 8-Aug           | 9:00-9:45am | 17-Sep          | 4:00-4:45pm |
| 18-May<br>Gross | 9:00-9:45am    | 25-Jun<br>Gross | 9:00-9:45am  | 12-Aug<br>Gross | 9:00-9:45am | 19-Sep<br>Gross | 4:00-4:45pm |
| 21-May          | 4:00-4:45pm    | 27-Jun          | 9:00-9:45am  | 14-Aug          | 9:00-9:45am | 21-Sep          | 9:00-9:45am |
| 23-May          | 4:00-4:45pm    | 8-Jul           | 9:00-9:45am  | 19-Aug          | 9:00-9:45am | 23-Sep          | 4:00-4:45pm |
| 29-May<br>Gros  | 4:00-4:45pm    | 10-Jul<br>Gross | 9:00-9:45am  | 21-Aug<br>Gross | 9:00-9:45am | 25-Sep<br>Gross | 4:00-4:45pm |
| 3-Jun           | 4:00-4:45pm    | 13-Jul          | 9:00-9:45am  | 24-Aug          | 9:00-9:45am | 30-Sep          | 4:00-4:45pm |
| 5-Jun           | 4:00-4:45pm    | 15-Jul          | 9:00-9:45am  | 26-Aug          | 9:00-9:45am | 2-Oct           | 4:00-4:45pm |
| 8-Jun           | 9:00-9:45am    | 17-Jul          | 9:00-9:45am  | 28-Aug          | 9:00-9:45am | 5-Oct           | 9:00-9:45am |

## **MEADOWBROOK**

| Dates                | Time         | Session # |
|----------------------|--------------|-----------|
| April 27/May 4/11/18 | 10:45-Noon   | MPL01     |
| June 17-20           | 9:45-11:00am | MPL02     |
| July 8-11            | 9:45-11:00am | MPL03     |
| July 22-25           | 9:45-11:00am | MPL04     |
| Aug 5-8              | 9:45-11:00am | MPL05     |
| Sept 7/14/21/28      | 9:45-11:00am | MPL06     |
| April 28/May 4/11/18 | 10:45-Noon   | MPL07     |



## Par

\$115 – Ages 9+ (5) 90-minute Sessions

Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & irons full swing and basic rules/etiquette. Par Core Values taught are honesty, respect and sportsmanship. Life Skills include how to introduce oneself, the importance of rules and respect in life, staying cool on and off the golf course and how to maximize fun while learning something new. Students receive golf prizes, bag tag, golf balls, range balls, tees, and golf clubs provided if needed.

## COLUMBIA/GROSS (Value is set for 5 classes)

Sign up for a session and come to as many dates as you can!

## HIAWATHA

| Dates                     | Time          | Session # |
|---------------------------|---------------|-----------|
| April 24/May<br>1/8/15/22 | 4:00-5:30pm   | HPA01     |
| June 17-21                | 11:15-12:45pm | HPA02     |
| July 15-19                | 10:15-11:45am | HPA03     |
| July 29-Aug 2             | 10:15-11:45am | HPA04     |
| Aug 12-16                 | 11:30-1:00pm  | HPA05     |
| Sept 7/14/21/28/Oct 5     | 11:15-12:45pm | HPA06     |

|                 | Sign up for a session and come to as many dates as you can: |                 |                          |                 |                   |                 |                   |  |  |
|-----------------|---|-----------------|--------------------------|-----------------|-------------------|-----------------|-------------------|--|--|
| Sprin           | g Session   | Early           | Early Summer Late Summer |                 | Fall              | Session         |                   |  |  |
|                 | \$120   | Sessi           | Session - \$120 Session  |                 | Session - \$120   |                 | \$120             |  |  |
| Date            | Time  | Date            | Time                     | Date            | Time              | Date            | Time              |  |  |
| 1-May           | 5:00-6:30pm   | 11-Jun          | 10:00-<br>11:30am        | 30-Jul          | 10:00-<br>11:30am | 4-Sep           | 5:00-6:30pm       |  |  |
| 4-May           | 10:00-<br>11:30am   | 12-Jun          | 10:00-<br>11:30am        | 1-Aug           | 10:00-<br>11:30am | 7-Sep           | 10:00-<br>11:30am |  |  |
| 8-May<br>GROSS  | 5:00-6:30pm   | 18-Jun<br>GROSS | 10:00-<br>11:30am        | 3-Aug<br>GROSS  | 10:00-<br>11:30am | 10-Sep<br>GROSS | 5:00-6:30pm       |  |  |
| 14-May          | 5:00-6:30pm   | 20-Jun          | 10:00-<br>11:30am        | 6-Aug           | 10:00-<br>11:30am | 12-Sep          | 5:00-6:30pm       |  |  |
| 16-May          | 5:00-6:30pm   | 22-Jun          | 10:00-<br>11:30am        | 8-Aug           | 10:00-<br>11:30am | 17-Sep          | 5:00-6:30pm       |  |  |
| 18-May<br>GROSS | 10:00-<br>11:30am   | 25-Jun<br>GROSS | 10:00-<br>11:30am        | 12-Aug<br>GROSS | 10:00-<br>11:30am | 19-Sep<br>GROSS | 5:00-6:30pm       |  |  |
| 21-May          | 5:00-6:30pm   | 27-Jun          | 10:00-<br>11:30am        | 14-Aug          | 10:00-<br>11:30am | 21-Sep          | 10:00-<br>11:30am |  |  |
| 23-May          | 5:00-6:30pm   | 8-Jul           | 10:00-<br>11:30am        | 19-Aug          | 10:00-<br>11:30am | 23-Sep          | 5:00-6:30pm       |  |  |
| 29-May<br>GROSS | 5:00-6:30pm   | 10-Jul<br>GROSS | 10:00-<br>11:30am        | 21-Aug<br>GROSS | 10:00-<br>11:30am | 25-Sep<br>GROSS | 5:00-6:30pm       |  |  |
| 3-Jun           | 5:00-6:30pm   | 13-Jul          | 10:00-<br>11:30am        | 24-Aug          | 10:00-<br>11:30am | 30-Sep          | 5:00-6:30pm       |  |  |
| 5-Jun           | 5:00-6:30pm   | 15-Jul          | 10:00-<br>11:30am        | 26-Aug          | 10:00-<br>11:30am | 2-Oct           | 5:00-6:30pm       |  |  |
| 8-Jun           | 10:00-<br>11:30am   | 17-Jul          | 10:00-<br>11:30am        | 28-Aug          | 10:00-<br>11:30am | 5-Oct           | 10:00-<br>11:30am |  |  |







# Birdie/Eagle

\$130 – Ages 11+ (5) 120-minute Sessions

Classes address more advanced golf techniques. For ages 11-18, the golf training in these classes focuses on a solid foundation of fundamentals and builds on the long game, short game, swing plane, effective practice techniques, course management, swing aids, rules of golf and on-course playing. Life Skills focus on applying goal setting, honesty, respect and sportsmanship on and off the golf course. Eligible participants will be coached on mentoring and volunteering. Select classes will participate in a 30-minute Financial Literacy Program sponsored by Price Waterhouse Cooper!

Participants in Birdie Class will also form a Junior Board Advisory, this advisory will help mentor, create ways to engage juniors, learn how to promote and grow the game of golf and apply the Life Skills learned. Juniors that participate will be eligible to apply to for First Tee local & National Programs such as college scholarships (Scholars Program), Nature Valley First Tee Pebble Beach Golf Tournament, Life Skill Leadership Academy, and local events such as The First Tee Burl Invitational Two Day Golf Tournament in July & the 3M Championship Junior Course Reporter.

## HIAWATHA

| Dates      | Time          | Session # |
|------------|---------------|-----------|
| June 24-28 | 10:15-12:15pm | HBE01     |
| July 22-26 | 9:45-11:45am  | HBE02     |
| Aug 5-9    | 9:45-11:45am  | HBE03     |



#### COLUMBIA/GROSS

(Value is set for 5 classes)
Sign up for a session and come to as many dates as you can!

| 5-8 ap a cross-or and committee to you can |                   |                 |                   |                 |                   |                 |                   |  |
|--|-------------------|-----------------|-------------------|-----------------|-------------------|-----------------|-------------------|--|
| Spring                                     | g Session         | Early           | Summer            | Late            | Summer            | Fall            | Session           |  |
|  | \$120             |                 | Session - \$120   |                 | Session - \$120   |                 | \$120             |  |
| Date                                       | Time              | Date            | Time              | Date            | Time              | Date            | Time              |  |
| 1-May                                      | 5:00-6:30pm       | 11-Jun          | 10:00-<br>11:30am | 30-Jul          | 10:00-<br>11:30am | 4-Sep           | 5:00-6:30pm       |  |
| 4-May                                      | 10:00-<br>11:30am | 13-Jun          | 10:00-<br>11:30am | 1-Aug           | 10:00-<br>11:30am | 7-Sep           | 10:00-<br>11:30am |  |
| 8-May<br>Gross                             | 5:00-6:30pm       | 18-Jun<br>Gross | 10:00-<br>11:30am | 3-Aug<br>Gross  | 10:00-<br>11:30am | 10-Sep<br>Gross | 5:00-6:30pm       |  |
| 14-May                                     | 5:00-6:30pm       | 20-Jun          | 10:00-<br>11:30am | 6-Aug           | 10:00-<br>11:30am | 12-Sep          | 5:00-6:30pm       |  |
| 16-May                                     | 5:00-6:30pm       | 23-Jun          | 10:00-<br>11:30am | 8-Aug           | 10:00-<br>11:30am | 17-Sep          | 5:00-6:30pm       |  |
| 18-May<br>Gross                            | 10:00-<br>11:30am | 25-Jun<br>Gross | 10:00-<br>11:30am | 12-Aug<br>Gross | 10:00-<br>11:30am | 19-Sep<br>Gross | 5:00-6:30pm       |  |
| 21-May                                     | 5:00-6:30pm       | 27-Jun          | 10:00-<br>11:30am | 14-Aug          | 10:00-<br>11:30am | 21-Sep          | 10:00-<br>11:30am |  |
| 23-May                                     | 5:00-6:30pm       | 8-Jul           | 10:00-<br>11:30am | 19-Aug          | 10:00-<br>11:30am | 23-Sep          | 5:00-6:30pm       |  |
| 29-May                                     | 5:00-6:30pm       | 10-Jul          | 10:00-<br>11:30am | 21-Aug          | 10:00-<br>11:30am | 25-Sep          | 5:00-6:30pm       |  |
| 3-Jun<br>Gross                             | 5:00-6:30pm       | 13-Jul<br>Gross | 10:00-<br>11:30am | 24-Aug<br>Gross | 10:00-<br>11:30am | 30-Sep<br>Gross | 5:00-6:30pm       |  |
| 5-Jun                                      | 5:00-6:30pm       | 15-Jul          | 10:00-<br>11:30am | 26-Aug          | 10:00-<br>11:30am | 2-Oct           | 5:00-6:30pm       |  |
| 8-Jun                                      | 10:00-<br>11:30am | 17-Jul          | 10:00-<br>11:30am | 28-Aug          | 10:00-<br>11:30am | 5-Oct           | 10:00-<br>11:30am |  |





## LPGA Girls Golf



\$75 – Ages 6+ (5) 60-minute Sessions + End-of-Season Event

A nationally recognized, wonderful program for girls interested in golf. The lessons include LPGA instruction, green fees, snacks, special events, prizes and range balls. Each player also receives a hat, bag tag & LPGA tees & golf balls. Girls must fill out the LPGA Application, which will be linked in the online registration. Golf clubs provided if needed.

Studies show that when girls learn in a "girl friendly" environment, they experience higher levels of engagement and participation, are more comfortable learning and developing skills, have heightened confidence in their abilities for self-expression and communication & are more likely to engage in group activities. Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & irons full swing and basic rules/etiquette.

All LPGA participants are invited to attend the end-of-season Parent-Child 9-hole event. Girls and their parent/guardian will play 9 holes of golf followed by a pizza party and prizes. The event will take place Sunday, August 21st from 5:00-8:00pm at Fort Snelling.

#### HIAWATHA

| Dates                  | Time         | Session # |
|------------------------|--------------|-----------|
| July 14/21/28/Aug 4/11 | 5:00-6:00pm  | HG01      |
| July 29-Aug 2          | 9:00-10:00am | HG02      |
| Aug 12-16              | 9:45-11:00am | HG03      |

## THEO WIRTH

| Dates                  | Time         | Session # |
|------------------------|--------------|-----------|
| July 14/21/28/Aug 4/11 | 5:00-6:00pm  | TG01      |
| July 15-18             | 9:45-11:00am | TG02      |
| July 29-Aug 1          | 9:45-11:00am | TG03      |
| Aug 12-15              | 9:45-11:00am | TG04      |

#### **MEADOWBROOK**

| Dates      | Time         | Session # |
|------------|--------------|-----------|
| July 22-25 | 9:45-11:00am | MG01      |
| Aug 5-8    | 9:45-11:00am | MG02      |







## First Tee Instructional League

\$150 – Ages 8+ (4) 150-minute Sessions

The class includes instruction and golf course access. Golf balls can be provided for use on the golf course. Coaches will help juniors with their golf game on the range as well as on the golf course. Classes include 30 minutes of instruction on the driving range or practice green, then play on the golf course. Golf training covers putting, chipping, pitching, grip, stance, ball position, posture, pivot, weight shift, woods & iron full swing and basic rules/etiquette. Juniors will be grouped based on age and playing ability.

## **HIAWATHA**

| Dates                | Time        | Session # |
|----------------------|-------------|-----------|
| April 28/May 5/12/19 | 4:30-7:00pm | HL01      |
| June 2/9/16/23       | 4:30-7:00pm | HL02      |
| July 14/21/28/Aug 4  | 4:30-7:00pm | HL03      |
| Sept 8/15/22/29      | 3:30-6:00pm | HL04      |

## THEO WIRTH PAR 3

| Dates                | Time         | Session # |
|----------------------|--------------|-----------|
| April 28/May 5/12/19 | 4:30-7:00pm  | TL01      |
| June 2/9/16/23       | 4:30-7:00pm  | TL02      |
| July 10/17/24/31     | 11:15-1:45pm | TL03      |
| Sept 8/15/22/29      | 3:30-6:00pm  | TL04      |

## **COLUMBIA**

| Dates              | Time      | Session # |
|--------------------|-----------|-----------|
| Apr 28/May 5/12/19 | 4:30-7:00 | CL01      |

#### **GROSS**

| Dates            | Time        | Session # |
|------------------|-------------|-----------|
| June 2/9/16/23   | 4:30-7:00pm | GL01      |
| July 10/17/24/31 | 1:00-3:30pm | GL02      |

## **MEADOWBROOK**

| Dates                | Time         | Session # |
|----------------------|--------------|-----------|
| April 28/May 5/12/19 | 4:30-7:00pm  | ML01      |
| June 2/9/16/23       | 4:30-7:00pm  | ML02      |
| July 10/17/24/31     | 11:15-1:45pm | ML03      |
| Sept 8/15/22/29      | 3:30-6:00pm  | ML04      |



# Little Chippers League

\$75 – Ages 6+ (4) 60-minute Sessions

Class includes golf instruction and play on the Theo Wirth Par 3 course. A great way to introduce youth golfers to playing on the course in a fun, non-competitive atmosphere on a golf course designed for kids. The Classes will include instruction and play on the golf course. Instruction will include grip, stance, posture, ball position, and putting and chipping basics. Clubs provided if needed.

## THEO WIRTH PAR 3

| Dates               | Time   | Session # |
|---------------------|--------|-----------|
| June 8/15/22/29     | 9-10am | TLCL01    |
| July 13/20/27/Aug 3 | 9-10am | TLCL02    |



# First Tee Minneapolis Junior League

\$80 – Ages 7-17 9 weeks of on-course playing (A little experience helps)

Does your young golfer ever ask, "When can we go on a real course?" No worries, we've got you covered!

But our league is different. We play tons of game. We give away tons of prizes. We don't always keep score. And best of all, it's really really fun.

Every Monday you have a tee time at Hiawatha where you can play as many holes as you'd like. We have lots of Coaches who will help teach you everything you need to know to be comfortable on the course. Did I mention we play games? Lots and lots of games.

If you have friends, sign up with them and we'll put you in the same group each week. If not, we'll find a group of friends that fits your style. Fair warning: this is really fun!

#### **HIAWATHA**

| Dates     | Time        | Session # |
|-----------|-------------|-----------|
| June 17   |             |           |
| June 24   |             |           |
| July 1    |             |           |
| July 7    | Tee times   | MJL01     |
| July 15   | from        | IVIJLOT   |
| July 22   | 9:00-10:00a |           |
| July 29   |             |           |
| August 5  |             |           |
| August 12 |             |           |





## First Tee of the Twin Cities - REGISTRATION FORM



| First Name  |  | Last Name  |   |
|---|--|--|---|
|   | A  |  | male  |
| Level   | Session #  | Date of First Clas   | ss Cost   |
| Level   | Session #  |  | cost Cost   |
| Level   | Session #  | Date of First Clas   |   |
| First Name  |  | Last Name  |   |
| Birth Date  | A  | geMale/Fe  | male  |
| Level   | Session #  | Date of First Clas   | ss Cost   |
| Level   | Session #  | Date of First Clas   |   |
| Level   | Session #  | Date of First Clas   | <u>Cost</u>   |
| Parent E-mail:  |  |  |   |
|   |  |  |   |
|   |  |  | ovided for free (Also have Clubs for sale For Reduced Prices)   |
|   |  |  | rgies, asthma, food intolerance, medications that he  |
| In the event that I cannot be reac<br>representatives. I hereby give pe<br>medical attention is needed from<br>Media Release: I hereby give Th<br>informational purposes. I, the p<br>First Tee of St. Paul Chapter and | a healthcare provider, all costs shall be the respon<br>e First Tee Chapter, Headquarters Office and partic<br>arent/legal guardian of the above named youth, giv<br>Headquarters Office from claim(s) of any nature a | determinations of need for medical assistance of<br>First Tee Chapter representatives to secure any<br>sibility of the parent or guardian.<br>cipating agencies permission to use film, video<br>e approval for participation in The First Tee sp<br>rising from any activity, including transportative. | and/or administration of medical attention deemed necessary by The First Tee Chapter and all medical, hospitalization, dental, and/or surgical treatment. In event that such tape and/or photographs of the above mentioned minor for lawful promotional or consored activities. I assume all risks of injury whatsoever and agree to hold harmless The on, connected with The First Tee facility or program. This hold harmless agreement reters Office, its employees, agents, LPGA and PGA Professionals, participating agencies, ticipation via the internet. |
| Parent/Guardian   |  |  |   |
| Signature:  |  |  |   |
| Print Name:   |  | Date   | Total (From above)  |
| Ways to register: (Yo   | ou also can register & pay online  | at   | *Discounts  |
| www.the   | efirstteetwincities.org)   |  | *Discounts  |
| I already signe   | d up online and now I'm sendin   | g in Check payment   | T-4-1 m   |
| (Please inclu   | de Juniors name & Class Numbers  | on check)  | Total Thank you!  |
| I'm mailing th  | is Registration Form with Chec   | k  | Check #   |
| Please Send Registration  | n to:  |  | Make Checks to: The First Tee of St Paul  |

The First Tee of the Twin Cities Hiawatha Golf Club 4553 Longfellow Ave Minneapolis, MN 55407

## Family Discount

If you are registering more than one player in your family this season, you will receive a \$5 discount on the second (and third, if applicable) child's registration fee. Please register all of your players at this time.

\*\*\*Failure to do so will result in a forfeiture of your family's discounted rates.\*\*\*