## 2023 HASTINGS Youth Football Camp

**WHAT**: Youth Football Camp (No Pads)

**WHEN**: July 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup>

**WHERE**: Todd Field

**TIME**: 6:30-8:00pm (7:30pm finish on Wed)

**COST:** FREE OF CHARGE

**WHAT TO BRING**: Wear workout gear and football cleats; *bring personal water jug* 

**REWARD**: Free Raider Gear

**WHO**: All youth going into 5<sup>th</sup>-8<sup>th</sup> grade next year

**COACHES**: Hastings High School Football Coaches and Players will work with kids

<u>Please note</u>: This is a non-padded camp where physical contact will be at a minimum; however, there is always a risk of injury and we will not have medical staff on hand; parents are encouraged to attend and watch the camp

<u>In case of inclement weather</u>: Use your own judgment if you think it is safe for your child to attend each night. We will not run the camp any night lightning is occurring during the practice time. In cases of high heat, we will protect kids with extra water breaks and activities that are less physically exerting.

## **Questions?** *Contact:*

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