



WESTHILLS BASEBALL RETURN TO PRACTICE PLAN

MANDATORY PRACTICE POLICIES:

- Players must wear face coverings at all times when in the facility and on the field. Players may remove their mask only if they are exerting themselves and can maintain 8 feet of distance between each player.
- Players and coaches must refrain from all physical contact with each other.
- Hand washing or sanitizing is required for all individuals when entering and exiting the facility.
- Dugouts are closed.
- No participant is allowed to share any equipment or personal items (glove, bat, helmet, etc.). Gear should only be used by the individual owner and should be sanitized before and after every practice.
- Baseballs are to be used exclusively by the team on the field. Balls can be thrown to each other in pairs. Before balls can be introduced for skills in small groups the balls must be sanitized by the coaches.
- Each team is responsible to collect foul balls. Do not let a spectator retrieve.
- All shared field prep equipment must be sprayed or wiped down before and after use.
- No food or drinks to be shared. No team coolers. Each participant must bring their own water bottle.
- Water fountains are only allowed to be used to fill personal water bottles.
- No spitting or chewing seeds, gum or other similar products.
- A full sanitized wipe down of all high touch points around the field must be done before and after use.
- Bathrooms will be open. A maximum of 2 people is allowed in the bathroom at any given time. You must sanitize upon entering and washing or sanitizing hands when exiting the bathrooms.
- All must enter the facility at the pedestrian entrance to the left of the main double gate.
- All must exit the facility at the pedestrian exit to the right of the main double gate.
- Only one team will be allowed to practice on a field during a week day.
- More teams will practice on the weekends with 30-minute gaps between practices to allow for social distancing.



MANDATORY SPECTATOR POLICIES:

- Spectators must wear a face covering at all times when in the facility.
- Spectators must adhere to 6-foot distancing guidelines for anyone not residing in the same home.
- Spectators must conduct daily symptom self-evaluation assessments. Anybody experiencing symptoms or living with someone experiencing symptoms must stay home.
- Spectators need to bring their own chairs. Bleachers will be closed off.
- Spectators are not allowed on the playing field or around the team/coaches at any time.
- Snack Shack will be closed. Spectators may bring their own food or drink, but no sharing of any kind will be allowed.
- Bathrooms will be open. A maximum of 2 people is allowed in the bathroom at any given time. You must sanitize upon entering and washing or sanitizing hands when exiting the bathrooms.
- All must enter the facility at the pedestrian entrance to the left of the main double gate.
- All must exit the facility at the pedestrian exit to the right of the main double gate.
- No spitting or chewing seeds, gum or other similar products.
- Water fountains are only allowed to be used to fill personal water bottles.
- Spectators please exit the facility in a timely manner to allow social distancing for the next team coming in.
- Spectators are to refrain from gathering any foul balls in the facility. That is the responsibility of the team using those balls.



MANDATORY FACILITY/LEAGUE POLICIES:

- Bathrooms will be cleaned and sanitized daily before and after teams arrive.
- Entire facility will be sanitized with an Electrostatic Backpack Sprayer every day to ensure all high touch and frequently visited areas are safe.
- Fields will be prepared prior to teams arriving each day to mitigate the spread on equipment.
- Dugouts will be closed.
- Snack shack will be closed.
- Scorers booths will be closed.
- Westhills Baseball will disseminate information to all families, volunteers and spectators about Covid-19 risk and the efforts our league will take to mitigate those risks. Information will be distributed by way of email, league website, social media, coach talks and public announcements.

NOTICE FACE MASKS REQUIRED

1. Face masks are required in order to enter the facility and must be worn at all times.
(No Mask, No Entry)

2. You may enter the facility **ONLY** if you are **NOT** experiencing **any symptom associated with COVID-19 (including but not limited to: cough, shortness of breath, loss of taste or smell, difficulty breathing and fever or chills)** or have **NOT** had contact with a person known or suspected to be infected with the Novel Coronavirus (COVID-19) within the last 14 days.

3. You must maintain 6 feet **from one another** for Social Distancing.
(unless you reside in the same household)

4. No Sharing of Equipment, No High Fives, No Handshakes, No Fist Bumps.

We all need to do our best to stop the spread
and want you to once again enjoy this facility with your child and family.



Sincerely,
Westhills Baseball

