



## 2019 MN BOYS HIGH SCHOOL VOLLEYBALL LEAGUE RULES & GUIDELINES

**SEASON GOALS:**  
**HAVE FUN!!!! GROW THE GAME!!!!**  
**KEEP THINGS SIMPLE!!!! BE PATIENT!!!!**

A. **SCHEDULE:** Each TEAM will be scheduled to play UP TO 10 competition dates.

**LAST MINUTE SCHEDULE ADJUSTMENTS:** Game Day Schedules, Gyms/Facility, Locations, and Start Time adjustments may occur due to inclement weather and spring sport cancellations/rescheduling and indoor practice needs. **FLEXIBILITY WILL BE CRITICAL!** Real-time adjustments will be communicated as quickly as possible via the site director and/or MN Boys HSVB Assn.

### **COMPETITION DATES & TIMES:**

- Competitions will be played on Mondays, Wednesdays, and/or Thursdays in April and May to the best of the League's ability. Other days/dates may be available to accommodate conflicts, but are not guaranteed.
- A single match schedule will be played by EACH team on EACH competition date. Each School will play 1 JV Match (3 Sets to 25) followed by 1 Varsity Match (3 of 5 Sets). The "HOME" site will assist with officiating for the 2 matches.
  - IF 2 teams are playing at a neutral site, 1 team will be designated HOME and 1 as VISITOR. The HOME team will provide 2 score people and R2 (Varsity Match Only) for both matches. The VISITOR team will provide 2 line judges for both matches.
- JV matches will begin at approximately 6:00pm with Varsity matches starting 20 minutes after completion of the JV match.
- Anthem or Pledge of Allegiance and announcement of Varsity Players is strongly encouraged (not required) prior to the start of each regular weekday competition.

### **CONFERENCE PLAY:**

- Each SCHOOL will play EACH CONFERENCE SCHOOL at least once.
- Conference Champions will be determined by the win-loss record.
- Schools that play each other more than once will ONLY count the LATEST of multiple competition dates.
- Tournament match-ups of conference teams will NOT count for conference play or season rankings.

### **CONFERENCE TIES:**

- IF there is a tie for Conference Champion, head-to-head competition (ONLY the LATEST match if multiple competitions) will be used for tie breaking purposes.
- IF there is a 3-WAY TIE, the following procedure will be used:
  - (a) match record between all tied teams;
  - (b) set record during matches between all tied teams;
  - (c) set record of ALL conferences matches OR point spread during matches between all tied teams;
  - (d) flip of the coin.

**NON-CONFERENCE PLAY:** Non-Conference competition match-ups will take into consideration proximity and host availability.

**IN-SEASON TOURNAMENTS:**

- Tournaments are **OPTIONAL** for all schools and are an **additional fee** to participate.
- Tournament fees are **NOT** covered as part of the MN Boys HSVB Assn League Fee.
- Tournaments locations, dates, and availability to JV and Varsity Teams vary.
- There are no limitations to the number of tournaments played by any school or team.
- Each tournament format will be determined by the host site.

**STATE TOURNAMENT:** 8 VARSITY TEAMS WILL CONTEND FOR THE STATE CHAMPIONSHIP. This is a 2 Day tournament on May 18 and 19, 2019.

- Each Conference Champion will advance to the State Championship Tournament.
- This tournament will have an **additional \$200 entry fee**.
- IF there is a Conference Champion tie, refer to page 1 for tie breaker process.
- A Conference Champion will have the option to accept or decline the state tournament bid. IF a bid is declined, the Conference Runner-Up will be offered the bid. This process will continue until a bid is accepted from each conference.
- A total of 15 players, 2 managers and/or statisticians, and 2 coaches are allowed on the state tournament roster.

B. **LEAGUE RULES:** The MSHSL girls volleyball rules will be the basis for competitive play. In attempt to increase the number and length of rallies, create excitement, and improve overall technique long term, the MN Boys HSVB Association determined the following will apply to the 2019 Boys High School Club Season:

**GENERAL:**

- Teams will generally consist of 9th – 12th Grade Boys - Schools may include 7-8<sup>th</sup> if needed
- Net height set at regulation Men's Height of 7' 11 5/8"
- JV Warm-Ups will be 10 minutes (5 Visitor On, 5 Home On)
- Varsity Warm-Ups will be 20 minutes (4 Shared, 6 Visitor On, 6 Home On, 2 Visitor Serving, 2 Home Serving)
- JV Matches are best 2 of 3 sets to 25 with the 3rd set ALWAYS played. No switching sides in 3rd, Win by 2 points – No Cap
- Varsity Matches are best 3 out of 5 to 25 pts, 5th set played to 15 pts, No switching sides in 5th, Win by 2 points – No Cap
- A modified score sheet and libero/line-up/substitution tracking form will be used in place of an official scorebook.

### **RULE MODIFICATIONS:**

- The ONLY allowed “DOUBLE” contact call will be when a player contacts the ball 2 times in a row. **THERE WILL BE NO BALL HANDLING, “DOUBLE” CONTACT CALLS.**
- A “LIFT” will be called without leniency for ANY touch having a prolonged contact where the ball came to rest before traveling in another direction.
- The R1 will ***be patient and explain calls in depth*** the first 2 weeks of competitive play. No yellow cards will be used for delays in game during this time.
- The R1 will be responsible to check line-ups and watch overlapping instead of the R2. The R1 will correct overlapping situations without calling a violation.

- C. **OFFICIATING:** Limited knowledge of volleyball and official’s hand signals is expected in the beginning years of Boys High School Volleyball. In an effort to provide good instruction, sport advancement, and League credibility, the MN Boys HSVB Association will provide one paid referee (R1) for each court.
- All players and coaches will attend 1 mandatory officiating training conducted by Metro Volleyball Association prior to competition.
  - There will be 1 paid official serving as the R1 or “UP” Referee also taking on R2 “DOWN” umpire duties and calls, as necessary. Metro Volleyball Association will assign officials at their discretion.
  - Referees, coaches, parents, and players are **EXPECTED TO BE PATIENT** and assist with teaching the rules of volleyball. This may include coaches taking time to physically instruct on the court during the match.
  - **BOTH TEAMS will assist with officiating BOTH JV AND VARSITY matches for ALL game days.**
    - The “HOME” team will provide people for the score table and R2 for the night.
    - The “VISITOR” team will provide people for line judges for the the night.
  - **NO shared officiating will occur for tournaments. Teams will be assigned matches to officiate.**
  - **R2 Requirements:** R2 responsibilities will be limited to calling Net and Centerline Fouls ONLY. R2 will assist with touch and line calls. An R2 will NOT be used for JV matches. An Adult or Experienced JV Player is recommended as the R2 for Varsity matches.
  - “Off” Players will line judge, operate the score board, track the score, and manage the libero/line-up/substitution tracking sheet. A coach must but must be present and overseeing the officiating crew at all times.
  - NO PLAYERS ALLOWED ON CELL PHONES WHILE OFFICIATING.
  - NO EXTRA, NON-TEAM PLAYERS SITTING AT SCORE TABLE.

D. **TEAM SIZE AND SETS PLAYED PER NIGHT:** ALL schools will play a JV **AND** a Varsity Match regardless of number of rostered players. (Northern MN Conference is the ONLY exception.)

- A MINIMUM of 6 players will be required for ANY JV or Varsity competition. If less than 6 players, a team will be required to forfeit, but allowed to scrimmage 3 sets to 25 with 5 players OR offer opposing team players to join their team to scrimmage if both coaches agree.
- IF a team starts the match with 6 players and 1 player is injured during play, the team will be allowed to continue play with 5 players and use the “ghost” rule for the 6th player for the remainder of the match.
- 6 rostered player MINIMUM per school with NO maximum limit. If a school does not have enough players to field 2 separate teams (JV and Varsity), players will be allowed to play in ALL sets of BOTH matches. \*\*See “DON’T BE A JERK RULE” below for recommended play guidelines.
- “DON’T BE A JERK RULE” - Requiring all schools have a JV and Varsity Match will emulate a girls match and helps many boys get the chance to play more even when a school has limited players.
- The intention is NOT to “stack” the best players on a JV team AND have them play the Varsity match while less capable players sit out. Calling it the “DON’T BE A JERK RULE” emphasizes a common sense idea of playing fair and providing opportunities.
- Although there will not be official rosters or enforcement of total sets played (due to the coming and going of dual activity players) it is generally expected that the least experienced players will play the JV match and the most experienced players play the Varsity match.

#### **RECOMMENDED SET PLAY GUIDELINES**

- IF 12 OR LESS PLAYERS for an entire school (JV and Varsity combined), it is recommended that any player be allowed to play as many sets as needed in one night. It is recommended, IF POSSIBLE, that a maximum of 2 players play an unlimited number of sets on both JV AND Varsity. All other players limited to 5 sets maximum per night. Keep in mind and when in doubt “DON’T BE A JERK”!
- IF 12-15 PLAYERS for an entire school (JV and Varsity combined), it is recommended that ALL players be limited to playing a 5 set maximum per night.
- IF MORE THAN 15 PLAYERS for an entire school (JV and Varsity combined), it is recommended that ALL players be divided equally between JV and Varsity teams and limited to playing the JV - 3 set or Varsity - 5 set maximum per night.

- E. **HOST SITE MANAGEMENT REQUIREMENTS:** Each school will determine the best way to handle site management on competition dates. If additional fees are incurred, the hosting school will incorporate this into their own budget and player fees.

**THE HOST SITE WILL PROVIDE THE FOLLOWING:**

1. SCHOOLS WILL BE ALLOWED TO CHARGE **ADMISSION FEES** AT THEIR DISCRETION. IF A SCHOOL CHOOSES TO CHARGE ADMISSION, RECOMMENDED FEE ARE **\$5 FOR ADULTS, \$3 FOR SENIORS, AND ALL STUDENTS ARE FREE.** HOST SCHOOLS MAY CHOOSE TO SOLICIT "DONATION-ONLY" SUPPORT FOR THEIR BOYS VOLLEYBALL TEAM.
2. IDENTIFY SITE MANAGER. – THIS COULD BE A PARENT VOLUNTEER, TEACHER OR ADMINISTRATOR. COACHES WILL NOT BE AVAILABLE TO ACT AS THE ONSITE MANAGER AS THEY WILL BE COACHING OR OFFICIATING AT ALL TIMES.
3. 10 BALLS AND 1 CART PER COURT MINIMUM. **ALL MATCHES WILL BE PLAYED WITH THE BADEN VCOR VOLLEYBALL PROVIDED BY THE HOST SCHOOL.**
4. A SCORE TABLE WITH VISUAL SCOREBOARD (FLIP SCORE IS FINE), LINE-UP SHEETS, LIBERO TRACKING SHEETS, SCORE SHEETS, TIMER & PENS/PENCILS ON EACH COURT.
5. PROVIDE ACCESS TO ICE AND BASIC FIRST AID, IF NEEDED.
6. IDENTIFY BATHROOMS OR LOCATION WHERE PLAYERS CAN CHANGE.
7. A NATIONAL ANTHEM OR PLEDGE OF ALLEGIANCE AND ANNOUNCEMENT OF ALL VARSITY PLAYERS PRIOR TO START OF THE VARSITY MATCH IS ENCOURAGED.

**SCORESHEETS:**

- HOST SITES WILL SEND SCORESHEETS (SCANNED IMAGES OR PHOTOS) TO [MNBOYSHSVBALL@GMAIL.COM](mailto:MNBOYSHSVBALL@GMAIL.COM) **BY MIDNIGHT OF COMPETITION DATE.**
- **HOME TEAMS WILL INPUT SCORES TO THEIR TEAM PAGE BY MIDNIGHT OF COMPETITION DATE.**
- **JV SCORES DO NOT NEED TO BE PUT INTO THE SYSTEM.** JV COACHES SHOULD KEEP TRACK OF THEIR OWN TEAM RECORDS.

- F. **TEAM ROSTERS:** Schools will post team rosters on corresponding League Web Page **BY APRIL 7.** Team rosters will be publically accessible at [www.mnboyshighschoolvolleyball.com](http://www.mnboyshighschoolvolleyball.com).

G. **UNIFORMS:**

- Uniforms will have a number on the front – 4" Minimum
- Uniforms will have a number on the back – 6" Minimum
- Libero jersey will be a contrasting color (Black & Navy are not contrasting colors)
- Athletic Shoes are Required, Kneepads & Volleyball Shoes are optional

#### H. **COMBINED SCHOOLS & SINGLE PLAYER PLACEMENT:**

- **COMBINED SCHOOL POLICY:** Schools will be allowed to combine with other schools in close proximity in order to field teams. Schools wishing to combine with another school will seek approval from the MN Boys HSVB Assn to do so. Schools must be within general proximity or adjacent to each other to be considered for combining.
- **SINGLE PLAYER POLICY:** Players that are interested in playing boys high school volleyball, but their high school does not have a program can apply for possible placement on a league team. MN Boys High School Volleyball Association will review applications and decide if an existing high school program has a need for an additional, SINGLE PLAYER. **Placement is not guaranteed.** The best way to guarantee playing in the boys high school volleyball league is to work to establish a team at your own school.

#### **The following rules will apply to all SINGLE PLAYERS:**

- i. MN Boys HSVB Assn will decide placement in this priority: Nearest Location then Program Need for Additional Players. Coaches/players will NOT decide placements.
  - ii. Multiple SINGLE PLAYERS from the same school will play together at the same program.
  - iii. A registered high school program does NOT have to accept single players.
  - iv. **SINGLE PLAYERS WILL:**
    1. Pay the School's fee to participate (set by the program you're placed with).
    2. Commit to the team you are joining. This means you are available for all practices and competitions any day of the week.
    3. Transport yourself to/from practice and matches.
    4. Once placed with a School, you will have the choice to accept or decline that placement. If you decline, you are also choosing to withdraw from participation in the 2019 Season.
- i. **INSURANCE:** Junior Volleyball Association (JVA) will be the insurance provider for each 2019 player, coach, and parent chaperone.
- Each SCHOOL is responsible to register players and coaches with JVA prior to competitive play.
  - Each COACH will be required to obtain a background check with good standing from JVA.
  - Each COACH will need to complete the JVA "Abuse Prevention System" (APS) 90 Minute Online Module before your team can participate in a competition. Anyone who completed NCR Safe Sport in 2018 will not have to complete APS for the 2019 season.

#### J. **LETTERING:**

- EACH school will determine their own Lettering Requirements as per its affiliated school policies.