



To the Saint Gabriel Parish Community:

The Athletics Program at Saint Gabriel Parish is offered to students of Saint Gabriel School and school-age children within Saint Gabriel Parish. Our program is oriented towards participation in team sports. It seeks to supplement academic and spiritual education programs by encouraging physical activity, school and parish spirit, teamwork and sportsmanship ethics.

The Athletics Board presents this description of our Program, including highlights of our current policies and expectations, as both a summary of the annual operating plan for the program and an overview of its general guidelines. CYO league policies, current sport rules, schedules and additional information are available at the [CYO San Francisco website](#).

Please review this document and keep it for future reference. Please contact your grade-level Athletics Board representative if you have any questions or comments.

Respectfully yours,  
Saint Gabriel Parish Athletics Board

[AthleticsBoard@StGabrielSF.com](mailto:AthleticsBoard@StGabrielSF.com)

2559 40th Avenue | San Francisco CA 94116 | (415) 731-6161

### **Athletics Board Members - as of July 1, 2022**

#### **Elected Members**

3rd / 2028	-	Xavier Morgado	<a href="mailto:Athletics2028@stgabrielsf.com">Athletics2028@stgabrielsf.com</a>
4th / 2027	-	Karla Scott	<a href="mailto:Athletics2027@stgabrielsf.com">Athletics2027@stgabrielsf.com</a>
5th / 2026	-	Gabriel McDill-Zamarripa	<a href="mailto:Athletics2026@stgabrielsf.com">Athletics2026@stgabrielsf.com</a>
6th / 2025	-	Eric Sentlinger	<a href="mailto:Athletics2025@stgabrielsf.com">Athletics2025@stgabrielsf.com</a>
7th / 2024	-	Jessica Wallace	<a href="mailto:Athletics2024@stgabrielsf.com">Athletics2024@stgabrielsf.com</a>
8th / 2023	-	Tom Kahle	<a href="mailto:Athletics2023@stgabrielsf.com">Athletics2023@stgabrielsf.com</a>

#### **Appointed Members**

Athletics Director	-	Michael Lofberg	<a href="mailto:AthleticsDirector@stgabrielsf.com">AthleticsDirector@stgabrielsf.com</a>
Parish Pastor	-	Fr. Tom Hamilton	
School Principal	-	Gina Beal	

#### **Staff**

Gym / Facilities Manager - TBA



# Saint Gabriel Parish

## ATHLETICS PROGRAM HANDBOOK

### 1. **Mission & Program Description:**

The Athletics Program seeks to encourage the physical and emotional growth of Saint Gabriel Parish students by offering a sports program that inspires school and parish spirit, instills teamwork and sportsmanship ethics, and insists that dignity and respect take precedence over winning and losing.

Program:

Saint Gabriel Athletics welcomes all parish-affiliated children in grades 3-8. Saint Gabriel School attendees, members of parishioner families, and those residing and/or attending other schools within parish boundaries may participate in SG Athletics programs as an extracurricular activity. CYO controls league play in all parish-sponsored sports.

Boys Grades 3 – 8	(CYO Soccer, CYO Basketball, CYO Volleyball)
Girls Grades 3 – 8	(CYO Volleyball, CYO Soccer, CYO Basketball)
Anyone in Grades 3 – 8	(CYO Cross Country, CYO Baseball, CYO Track Meet)

### 2. **Program Emphasis:**

Engagement and participation is emphasized in the lower grades, with a concentration on learning the basic skills of the sport and on individual physical and mental conditioning. The educational and social dynamics of competition become more important as grade levels increase. Ability/Skill-based team rostering begins in the 4th Grade, refer to Section 12 for details.

### 3. **Team Commitment & Game Participation:**

Participation in Parish Athletics signifies an inherent commitment to play each sport season alongside a *variety* of classmates and peer parishioners. Team rosters, like athletes, will evolve over the years.

**It is SG Athletics and CYO policy that every athlete** (in good standing) **at every grade-level is to play in every game.** Playing time minimums are specified for each sport, yet there is no guarantee of 'equal' game participation across any team roster. This is particularly relevant to the most-competitive team at each grade-level, and in playoff game situations.

Coaches may reduce or pause playing time for violations of stated team expectations, such as missing practice without a valid excuse (e.g. documented illness or injury, absence from school, or other pre-approved reason). Promptly communicating participation issues with the coach is of the utmost importance.

- A. Saint Gabriel Athletics takes precedence over other league practices and other league games. e.g. If a coach warns of a forfeit, choose your SG teammates over an elective personal-interest conflict.



- B. Depending on the circumstances and impact on their team, an athlete who quits a sport after the final team roster has been published **may be suspended** from future Saint Gabriel Athletics registrations.
- Exemptions, such as a documented injury or to deflate an overcrowded team roster, are rare, and determined on a case-by-case basis by the Athletics Director.
  - Rule 3B suspensions may be appealed in writing, with supporting documentation. Parents should contact the Athletics Director to begin that process.

#### 4. **Personal Conduct:**

We all represent Saint Gabriel Parish. Everyone participating in and supporting our Athletics Program must maintain acceptable standards of conduct. Failure to do so will result in suspension from the Athletics Program. Similarly, a coach or the Athletics Board may restrict a child from participating for poor conduct while at practice or at any athletics program activity, or if a student is on school probation. Players are expected to show courtesy and respect for their coaches, teammates, opponents, and officials - All the Time.

#### **CYO ATHLETICS PARENT CODE OF CONDUCT**

The CYO Athletics Program is designed to be representative of the Christian character in life. As Christians, we are constantly challenged to better ourselves. In team sports we strive for improvement both as individuals and as a group. The development of such values is the primary objective of CYO Athletics. CYO Athletics is the arena in which the youngster practices the principles of Christian values and also provides opportunities for healthy growth and development. Within this arena the coaches, directors, and participants must manifest and exemplify the ideals of a Christian life. The guiding principle behind the enforcement of the code is that the behavior of everyone involved in CYO shall not detract from the children's enjoyment of the sport. When the soul of a young person is injured, who usually is responsible for this situation? It is typically an adult who has lost control of the situation. CYO Athletics has a duty to each of its participants (coaches, players, officials), and that is to provide the best possible atmosphere of competition.

*THE ESSENTIAL ELEMENTS OF CHARACTER-BUILDING AND ETHICS IN SPORTS ARE EMBODIED IN THE **SIX CORE ETHICAL VALUES OF SPORTSMANSHIP** :*

*TRUSTWORTHINESS* – Be worthy of trust in all you do. Be loyal to your child's team and to the whole youth sports organization. Live up to high ideals of ethics and sportsmanship. Teach your children the importance of integrity, honesty, reliability and loyalty.

*RESPECT* – Treat all people with respect at all times and require the same of your children. Treat game officials with respect. Don't complain or argue about calls or decisions during or after an athletics event. Teach your children to treat other players, coaches, officials and spectators with respect regardless of race, creed, color, gender or ability.

*RESPONSIBILITY* – Consistently exhibit good character and conduct yourself as a positive role model. Exercise self-control; avoid displays of anger and frustration. Don't retaliate.

*FAIRNESS* – Live up to high standards of fair play. Treat all competitors fairly. Be open-minded.

*CARING* – Offer positive reinforcement. Consistently demonstrate concern for athletes as individuals and encourage them to look out for one another and think and act as a team.

*CITIZENSHIP* – Honor the spirit of the rules. Teach your children to avoid temptations to gain competitive advantage through improper techniques that violate the highest traditions of sportsmanship.

THE CYO PARENT & SPECTATOR MANTRA: **“THE GAME IS FOR THE KIDS”**

- I will respect the rules of the game and the policies of the CYO league.
- I will respect the officials and their authority before, during and after games and will never confront



officials and/or coaches before, during or after the game. If I have a concern, I will take time to speak with my child's coach at an agreed upon time and place. If I have further concerns beyond my conversations with the coach, I will contact my child's Athletics Director.

- I understand only my child's Athletics Director may contact CYO. I may not at any time contact CYO or any other school or program regarding my concerns. I must go through my Athletics Director.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and taunting; or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- I understand CYO events are free from drugs, tobacco and alcohol and I will refrain from their use at all sports events.
- I will refrain from coaching my child or other players during games. I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action.

## 5. **Uniforms:**

Game uniforms will be ***loaned*** to each child who participates in a team sport. Uniforms should be cleaned before each game (care instructions are handed out with uniforms). Unless otherwise authorized, uniforms are for game use only. At the end of each season, a uniform is to be returned clean and in good condition.

***A current season uniform will be withheld if any from previous seasons have not been returned.*** If a uniform is lost or damaged, a replacement fee - up to \$75 - will be charged.

## 6. **Fees:**

A registration fee is charged for each sport season played. The Athletics Board sets each fee amount based upon the expenses of providing each particular sport, plus general program expenses. **Registration Fees are not refundable.**

Financial Assistance is available and may be requested at time of registration. Requests for aid should be submitted to the Athletics Director, and will be kept *confidential*.

## 7. **Recognizing Athlete Participation:**

The Athletics Board hosts an Athletics Year-End Reception toward the end of each school year. All athletes who participated in an SG-sponsored sport will receive a participation memento.

The following **cumulative career** Honors are bestowed onto graduating **8th Grade** athletes and their coaches:

- **Achievement Series Games:** Each 8th Grade CYO team sends 1-2 exemplary player(s) to participate in an 'all-league' exhibition game at the conclusion of its season. Saint Gabriel representatives are



selected for displaying leadership qualities and sportsmanship ethics, along with athletic abilities and performance. All players receive a commemorative t-shirt and are listed in the game program.

- **May Cantwell Award:** Recognizes a Saint Gabriel 8th grade girl as the Most Inspirational Athlete. She is nominated by her coaches and then selected by the Athletics Director.
- **Lou Ferrigno Award:** Recognizes a Saint Gabriel 8th grade boy as the Most Inspirational Athlete. He is nominated by his coaches and then selected by the Athletics Director.
- **Harry Jensen Award:** Recognizes 1-2 Saint Gabriel volunteer/s as the Most Inspirational Coach/es. They are nominated by the 8th Grade athletes, and are then selected by the Athletics Director.

## 8. **Coach Selection and Responsibilities:**

### COACH SELECTION AND ASSIGNMENT:

The Athletics Director will determine all coaching assignments, with insight from the Athletics Board if necessary. All prospective head and assistant coaches **must register** in the SportsEngine system ([Athletics.StGabrielSF.com](http://Athletics.StGabrielSF.com)) just as any other athlete would for that sports season. SG Athletics alumni are warmly welcomed back as coaches and assistants during their high school and college years (and beyond).

Coaching assignments are ideally made independently of athlete tryouts. The Athletics Director will evaluate all prospective coaches and make every effort to place a very qualified and seasoned head coach on the First team in each grade. Other head coaches will be placed with each subsequent team according to the Director's evaluation. Any grievance related to a coaching assignment that cannot be resolved by the Athletics Director should be referred to the Athletics Board within 72 hours of roster determinations for further review.

Coaching assignments and/or player placements may need to vacillate between the teams within each grade-level, so as to afford volunteers the convenience of coaching their own children. (note: *Coaching a team that your child isn't on can be a very rewarding - and often preferable - experience, if the additional scheduling burden is tolerable.*)

Official coach apparel is available at the [SG Athletics Coach Shop](#).

### COACHING RESPONSIBILITIES:

- Be fully-compliant with all Parish & CYO screening, certification, and coach training requirements
- Be organized and knowledgeable of league rules and procedures.
  - Ensure 'Minimum Game Participation' requirements are met for all players in good standing.
- Be present at games and practices. If not, he or she must get a properly certified replacement.
  - Coaches are responsible for recruiting their own substitutes. The Athletics Director must be aware of any coaching replacements.
- Construct a solid **practice strategy** for at least 90-120 minutes per week.
  - Pre and Post season extra practices using Bedford Hall must be pre-approved and scheduled through the Athletics Director.
- Communicate continuously with their team throughout the season.
  - Use of the SportsEngine ([Athletics.StGabrielSF.com](http://Athletics.StGabrielSF.com)) platform and mobile app to manage practice / game schedules and team communications, is ***strongly*** encouraged.
- Work diligently to head-off attendance-related issues, and/or schedule conflicts with school-related clubs or activities. Flexibility and understanding are key, but ***game forfeits must be avoided.***



- Be responsible for the care and timely return of loaned SG equipment.
  - Arrange storage of loaned SG equipment if committed to coach future SG teams.
- Be responsible for fan behavior. The CYO General Rules and Code of Ethics consider coaches in charge of spectators.
- Inform the referee or umpire when protesting a game, if appropriate.
  - The Athletics Director must be notified.
  - All protests must be in writing, within 72 hours of the incident and accompanied with \$20.

**9. Evaluation of Coaches:**

The Athletics Board welcomes and encourages constructive feedback from parents and guardians regarding the performance of volunteer coaches. All feedback is kept confidential. Please send coach feedback to the Athletics Director, or for more general commentary, your grade-level Board representative.

**10. Grievance Procedures:**

If a child or parent has an issue, disagreement, or concern with any aspect of their Athletics Season:

**The parent or child must first discuss the matter with the coach.**

1. If an issue arises regarding one specific event or incident, the Athletics Board strongly suggests that you wait until the *next day or later* to approach the coach.
2. Always presume the volunteer coach's goodwill. Pause. And then communicate.
3. If for some reason the issue is not resolved, it should be presented to the Athletics Director.
4. In the event that a satisfactory solution is still not achieved, a letter may be sent to your grade-level representative for Board consideration:

Saint Gabriel Parish Athletics Board  
 2559 40th Avenue  
 San Francisco, CA 94116  
[AthleticsDirector@stgabrielsf.com](mailto:AthleticsDirector@stgabrielsf.com)  
[AthleticsBoard@stgabrielsf.com](mailto:AthleticsBoard@stgabrielsf.com)

**11. Sports Calendar: [ALL DATES ARE APPROXIMATE AND SUBJECT TO CHANGE]**

\*For *outdoor* sports, [San Francisco Recreation & Parks](#) requires CYO team counts to be submitted **three months before** the start of each season. ***THIS*** is why FINAL Registration for SOCCER and BASEBALL is so urgently needed so far in advance. We ask that families respond to interest & intent-to-play surveys immediately upon request - even if the answer is "no thanks". Additional teams / fields cannot be accommodated after the SF Rec & Park field deadlines for youth leagues have passed.

**GRADES K - 2**

Saint Gabriel Athletics does not facilitate competitive team sports in these grades, but occasionally hosts "Junior Knights Skills Clinics" to spark interest and develop fundamentals. Parents are encouraged to look into various programs that are offered in our area for early team sports development and physical exercise.



## GRADES 3 - 8

### FALL: Early September through November

CYO Boys Soccer, CYO Girls Volleyball, CYO Cross Country  
SG Fall Registration: April 16 - May 31  
Rec&Park Deadline Soccer\*: May 31  
Tryouts & Team Selections: late-August  
First Games: ~September 8

### WINTER: Late November through February

CYO Boys Basketball, CYO Girls Soccer  
Girls Soccer Registration\*: September 1 - 15  
Rec&Park Deadline Soccer\*: September 15  
SG Winter Registration: September 16 - October 15  
Tryouts & Team Selections: mid-November  
First Games: ~December 1

### CYO BASEBALL: Early March through May

FINAL SG Baseball Registration: November 1-15  
*11 player registrations are necessary by mid November to add an SG Baseball team to CYO, and thus secure field permits from SFRec&Park.*  
Rec&Park Deadline Baseball\*: November 15  
FINAL Baseball Team Rosters: late November - mid December  
*Registering for CYO Baseball indicates a **final sport choice** for the Spring CYO Season.*  
Tryouts (if necessary\*): mid-February (\*only to swap players between 2 final rosters)  
First Games: ~March 8

### SPRING: Early March through May

CYO Girls Basketball, CYO Boys Volleyball, CYO Track Meet  
SG Spring Registration January 6 - February 5  
*Rostered CYO Baseball players are **NOT** eligible for other Spring CYO sports registrations.*  
Tryouts & Team Selections: mid-February  
First Games: ~March 8

## 12. Registration, Tryouts, Roster Assignment

**Saint Gabriel Athletics welcomes all SG School & Parish-affiliated children in grades 3-8**, including those living and/or attending other schools within the parish boundaries. *Please* refer interested athletes and families to the Athletics Director for eligibility clearance and an intro to SG Athletics!

**REGISTRATIONS** for each sport are widely publicized and open for several weeks per season, as are the preliminary “intent-to-play” surveys for Soccer. Please refer to Section 11 for more information on timing.



*All athletes are asked to disclose prior scheduling commitments and other extracurriculars during registration. Wherever possible, these factors will be taken into account when determining an athlete's final roster placement.*

There is **no "Late" Registration** opportunity. 'Wait-listing' and other exceptions are rare, and handled on a case-by-case basis at the discretion of the Athletics Director. *Post-deadline registrations must provide a positive impact on team roster size(s), and thus the playing time of the athletes who registered properly.*

**ROSTER SIZES** - are determined by many factors, including: CYO rules for minimum team size, the number of athletes registered for the season, the number of coaches available, optimal athlete playing time, among others. The Athletics Director is expected to fairly balance these often-conflicting variables when determining how many teams will compete at each grade level, and thus the size of each team. A general, prototypical benchmark for roster size in many youth sports is 'on-field positions + 50%'.

While uncommon, solutions such as forming a combined-grade team may occasionally be used to achieve balanced roster sizes across grade-levels. Furthermore, and despite the best efforts of the program, teams do sometimes end up with an overcrowded roster and thus lowered available playing time. In the rarest instances, the Athletics Director may offer to deflate an overcrowded roster by exempting athletes from the "3B" team commitment rule. Refunds, or credits toward future registrations, are then offered to any athletes that might prefer to step away.

Conversely, if a grade-level does not yield at least one minimum-sized roster, the registered players in that grade WILL ultimately be offered a spot on an alternative CYO team - for example...

- A. on a combined-grade all-SG team roster, or,
- B. on a combined-parish team hosted by Saint Gabriel, or,
- C. on a combined-parish team hosted by a neighboring parish.

Registration refunds may be available according to the player's offer and commitment decision.

**TRYOUTS** (really "*Team Placement Assessments*") will be held when the registrations count calls for two or more teams within a grade-level. Each registered athlete will receive an email with the date, time and location of their grade's assessment. Information about the total number of registrants and teams for each grade-level will be communicated at this point. The SG Athletics website ([Athletics.StGabrielSF.com](http://Athletics.StGabrielSF.com)) will be updated with tryout information.

All grades will have closed (parent-free) tryouts for all sports. The Athletics Director, aided by the volunteer coaches and (when possible) neutral outside evaluators, will have each athlete participate in a variety of individual and group exercises and drills. The Athletics Director determines final team assignments, and will ask the volunteer coaches at each grade-level to share insights that can lead to an optimal placement, and for input on tough decisions.

*In 6th-7th-8th Grades, if an athlete missed tryouts without a documented excuse (such as illness or a temporary injury), they should not expect to be placed on the First ("1") Team, and the evaluators will work to place them on one of the remaining teams. Any exceptions will be handled at the discretion of the Athletics Director.*



**ROSTER ASSIGNMENTS** - As pointed out in Section 3: ***Team rosters, like players, evolve over the years.*** In 3rd Grade, CYO team rosters are formed via "schoolyard pick", a fun and deliberately even distribution of abilities where teams play in equitable, color-coded divisions. This approach changes for 4th - 8th Grades, where players are sorted by aptitude and competitiveness, with team names becoming numbers, "1" (aka "First") being the most competitive. If a grade level's registration warrants four teams, the Athletics Director may choose to apply a 'schoolyard pick' to evenly divide the 3rd and 4th team rosters.

Using historical results data and Athletics Director input, rostered SG teams are then seeded into CYO league divisions to compete against teams of 'similarly skilled' athletes from other parishes and schools.

### **13. Parent Participation & Engagement:**

#### **"PLEASE DO!"**

A successful parish athletics program requires the participation of parents, alumni and other community volunteers. The Program needs coaches, assistant coaches, scoreboard operators, and people to inventory and care for equipment. Organized, motivated boosters (snack bar and event personnel, creative fundraisers, word-of-mouth promoters, etc) are **critical** to the success of Athletics-sponsored improvement projects.

Prospective coaches and assistants should **register their interest for each sport using SportsEngine: Athletics.StGabrielSF.com** - the same way that athletes do. For other volunteering or booster activities, please reach out to your grade-level Board representative to start a conversation..!

Parents/guardians are responsible for their children getting to and from all games and practices on time, and are encouraged to attend all games to cheer the teams' efforts and to demonstrate support for SG Athletics.

As outlined in Section 10, the SG community is expected to 'presume the goodwill' of the volunteer coaches and Board members, the parish and school leadership, and paid Athletics staff. Discontentments, concerns, strong feelings, and differing opinions **inevitably** arise, ebb and flow during the administration of a youth sports program that serves several hundred parish families. The Athletics Program earnestly strives to provide fun, memorable experiences for all Saint Gabriel athletes. Petitioners are asked to *pause...* And then communicate, with this in mind. All the Time.

Furthermore, SG School parents are reminded of their ongoing agreement to the "Code of Christian Conduct" fully detailed within the School's Parent Handbook.

#### **"PLEASE DON'T!"**

Parents and/or other community members are **not** to undermine, interfere with, or supplant the decision-making authority or managerial duties of the Athletics Director or the Athletics Board. As detailed in Section 4, the failure to comply with SG or CYO codes of conduct may result in suspension from the Athletics Program.

The recruitment of rostered SG athletes for an alternative sport or activity could directly threaten the viability of entire SG teams, and thus violates SG Athletics policy (Sec. 3). CYO penalizes the entire Parish program - for a full year - when a rostered, scheduled team is suddenly dropped from competition.



When planning group events for classmates, please have the courtesy to check CYO team schedules for conflicts. Consider that another parish's entire team, their supporters, and the reputation of SG Athletics, are wronged by an avoidable / deliberate game forfeiture by an SG team.

Parents should not expect coaches to provide transportation or extended supervision for athletes. Again, communication with the coach regarding participation and attendance matters is of the utmost importance.

Reinforcing the CYO Code of Conduct in Section 4, parents are not to contact CYO, or personnel at other parishes / schools, for any matter or concern beyond a 'lost & found' inquiry.

#### **14. Athletics Board Role & Meetings:**

The Saint Gabriel Parish Athletics Board is responsible for establishing the participation, coaching, discipline, facilities, financial, and marketing policies that govern all Parish Athletics programs. Appointed (ex officio) Board members are the Parish Pastor, School Principal and Athletics Director. Elected Members are volunteer parents, each representing one grade-level from 3rd to 8th. The Athletics Director is a salaried Parish employee, and is fully authorized to implement and conduct all aspects of the Athletics Program.

The Board meets several times each year. Some meetings are designated as "open" for in-person observation and commentary. Visitors are required to contact their grade-level representative, or the Athletics Director to schedule attendance at an open Board meeting.

#### **15. Athletics Branding Guidelines**

In order to communicate and promote with a consistent and centralized voice, the Athletics Board manages all official branding, team uniform designs, marketing materials, and messages related to the Athletics Program. An official 'Style Guide' document, featuring the exact colors, logos, images and fonts to use when boosting and promoting SG Athletics, is available upon request. The Program's [OFFICIAL SPIRIT SHOP](#) and [Coach Shop](#) are available to all SG Athletics participants, supporters and volunteers.

Please secure pre-approval from the Athletics Board prior to independently publishing or printing SG Athletics-related materials, apparel, or messages. Specifically, do not design or order any apparel meant to supplant official team uniforms, or create other imagery that might conflict with or be confused as official SG Athletics branding.

#### **16. Injury Procedures:**

All injuries requiring medical treatment that are incurred during SG Athletics activities should be reported to the coach immediately. The Athletics Director should be notified also. If an insurance claim is desired, the parent should contact:

Gallagher Heffernan  
Attn: Claims Department 1 Market Street  
Spear Tower, Suite 200 San Francisco, CA 94105  
Phone Number: 415-546-9300



## 17. **Gym:**

Bedford Hall, and the surrounding property, is the home of Saint Gabriel Athletics. **All athletes, families and spectators are expected to treat our facilities and staff with the utmost respect - All the Time.** Always abide by the rules posted in Bedford Hall - and any gym or field where Saint Gabriel teams play.

Please refer to Section 4 regarding personal conduct while at any Saint Gabriel Athletics or other CYO event. If warranted during a game, the Facilities Director or coach may give a warning to a spectator. A second warning will require the violator to leave the gym for the day. Flagrant violations or disregard to directives may result in being banned from the gym for the season or, if an athlete, being dropped from a Saint Gabriel team or program for the rest of the school year, and/or both.

## 18. **Terms of Use:**

This Handbook is the exclusive property of The Saint Gabriel Parish Athletics Board. By registering for, volunteering with, participating in, or attending any functions sponsored by the Athletics Program, you will be deemed to have accepted these terms and policies. **The Athletics Board reserves the right to update or change these terms and policies at any time without prior notice.** The most-current version of this Handbook is available on the SG Athletics website: [Athletics.StGabrielSF.com](http://Athletics.StGabrielSF.com), and upon request from any Athletics Board member.

