

# Osseo Fastpitch Softball

## 2021 COVID Protocol

### Reminders:

- Get registered by Monday. If you are having issues with getting registered, please come to practice and we will do our best to help. Everyone will practice the first week as we get registration finalized.
- Be sure you are signed up on TeamSnap and that you enable your notifications so you get all the messages that are pertinent in a timely manner.
- Add your contacts into TeamSnap. This allows us to communicate with everyone at once. When you add a contact, they will get their own login and get messages how they prefer.
- You DO NOT have to put your emergency contact information into TeamSnap. The new registration system has that handled.
- LOCKER ROOMS will be able to be used for storage of your bags each day and for quickly changing before practice. We will have a schedule posted each day for locker room use, as we have to limit the number and time in the locker room.
- Prepare for all the weather conditions. Be sure to have proper clothing as well as sunscreen, sunglasses, hat or visor, towel, snacks/water, etc..
- It is recommended that you have lots of water with you, as there will NOT be any water provided at the sites.
- If you have asthma, please be sure to have an inhaler in your bag and maybe let a teammate know where it is, just in case of an emergency.

# Our Daily Protocol

## When arriving:

- Open your TeamSnap app on your phone within 2 hours before practice or games. Tap on the schedule and choose the practice/game for the day. Choose “My Health Check”. Complete the questionnaire.
- When you get to the end, you end on a green or red screen.
  - If you are red, stay home. Check-in with your parents. The screen will look like this:



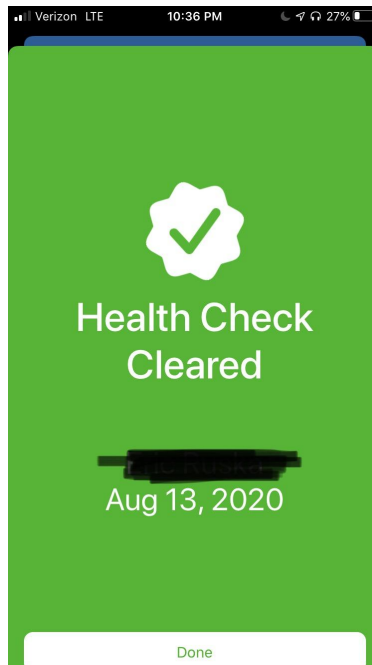
Health Check  
Not Cleared

Please do not attend this event.

The CDC recommends staying  
home if you are sick.

[Learn More](#)

- If you are green, you may come into practice. Keep this screen open, so you can show your coaches. The screen will look like this:



- Put your mask on before leaving your vehicle or when walking to the field. Masks must remain on the entire time at practice or at games.
- When you are cleared to enter, you will be asked to sanitize your hands. We will be providing hand sanitizer, however if you are using your own, you must have that ready and use it before being allowed into the field area.

- Players are to place their bags and equipment in their designated area, spaced away from each other to the best of our ability.

### **During Practice**

- Social distancing will be enforced when on the field as much as possible. This is the player's responsibility as well as the coaches.
- Hand sanitizer will be provided at the field for players to use as needed or as directed. Players are recommended to have their own as well. Batting gloves are highly recommended to wear whenever possible. Sanitizer will be required between group drills or when using shared equipment when batting gloves are not able to be used. Each practice session will go over and practice this procedure.

### **End of Practice**

- Players will clear the fields as quickly as possible when practice is complete. Players must be off the field within 14 minutes.
- Hand sanitize before collecting your equipment.