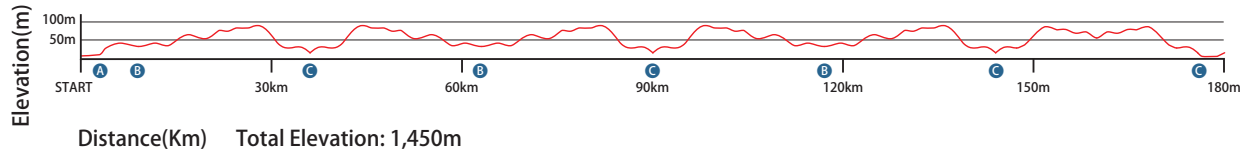


# COURSE PROFILE



Kikonai

Hokuto

Hokkaido Shinkansen

Hokuto-Moheji IC

Hakodate-Esashi Expressway

Tunnel

South Hokkaido Railway (Donan Isaribi Railway)

Furusatonomori Park (Run Start) T2 AID

C Kikonai IC

Kikonai Sta.

Kamiiso Sta.

B Hokuto-Chuo IC

Swim Area

A Hokuto-Tomigawa IC

Goryokaku Sta.

Hakodate Sta.

<Route of Expressway>



**IRONMAN JAPAN SOUTH HOKKAIDO**

**BIKE COURSE 180km**

- S Bike Start
- F Bike Finish
- ← Expressway
- A~D Interchange
- ↻ Turnaround
- AID Aid Station