



# ***HERITAGE HUSKY BASEBALL***

**PARENT MEETING  
2017**

# ***HERITAGE HUSKY BASEBALL***



**Play hard! Play Smart! Have Fun!**

Be on time.  
Do things Right.

# ATHLETIC DEPARTMENT STAFF PRIORITY

Pat Kennedy

Athletic Director

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Becky Banks

Athletic Trainer

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# BASEBALL COACHING STAFF

☐ Head Coach

Thomas Ferrara

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Head JV Coach

Chris Via

☐ Assistant Coach

Robert Dudley

☐ Assistant Coach

Jonathan Cheng

☐ Assistant Coach

Stephen Harrold



# HERITAGE HIGH SCHOOL ADMINISTRATION

☐ Principal

Mr. Scott Lyons

☐ AP for Athletics

Mr. Kevin Ferrell



# PURPOSE OF MEETING

1. To provide information about Heritage Baseball for the Spring athletic season and the 2017 school year
2. Communicate expectations for our student athletes – both the school and team level
3. Provide information that may help avoid conflicts, problems, or questions that may arise during the upcoming season

# CAP 8 ATHLETIC CONFERENCE

## School

Broughton Capitals

Enloe Eagles

**Heritage Huskies**

Leesville Road Pride

Millbrook Wildcats

Sanderson Spartans

Wake Forest Cougars

Wakefield Wolverines



# BOOSTER CLUB

## **HERITAGE HIGH SCHOOL ATHLETIC BOOSTER CLUB**

The Husky Athletic Booster Club is an umbrella organization that works to benefit ALL sports for ALL students and ALL teams, now and into the future.

- Membership
- Sponsorship

Email: [huskyathleticboosterclub@gmail.com](mailto:huskyathleticboosterclub@gmail.com)

## **MONTHLY MEETINGS**

Meetings are held on the 1st Monday of each month in the Media Center. Tess Jensen and Autumn Paluch will be the Baseball Rep.

Please check the "Booster Club Calendar" for upcoming Athletic Booster Club Events

# ***HERITAGE HS BASEBALL ROLES***



**COACHES**

**PARENTS**

**PLAYERS**

# COACHES

1. Be positive role models for players and spectators in keeping with the athletic and academic mission of Heritage High School.
2. Be positive, fair, and consistent with players. Make sure team rules and expectations are clear.
3. Protect the safety and health of all athletes (MRS. BANKS).
4. Make sure the team is prepared for any situation likely to arise in the game of baseball by conducting organized and productive practices. Also, continue to increase our own knowledge of the game.
5. Maintain open lines of communication.

# PARENTS

1. Support your son. Be a positive influence emotionally, as well as in the areas of sleep, hydration, nutrition, and “fun”.
2. Be a fan of everyone on the team.
3. Avoid doing or saying things that will negatively impact Heritage High School Baseball in the short term or the long term.
4. Understand that you and your son’s coach view the team and your son from different perspectives.
5. Avoid talking to coaches:
  - about complaints on game days (24 hour rule)
  - about playing time
  - about other players on the team

# PLAYERS

1. **Be on time. Do things right.** Attend all practices and meetings. Family (spiritual) and school come before BASEBALL.
2. Play hard. Play smart. Have fun. Maintain a positive attitude.
3. Do everything in your power to control things you can control. Do not expend physical or mental energy worrying about things you cannot control.
4. Communicate with your coaches.
5. Challenge yourself as a student, an athlete, and a person – it's worth it!
  - Academic and attendance policy

# PARENT/COACH COMMUNICATION

## **Athlete**

- ❑ Athlete should approach the coach 1<sup>st</sup> regarding an issue

## **Parent**

- ❑ Start with the coach by setting up an appointment
  - Please do not confront a coach prior to, during, or after a practice or contest
- ❑ If not satisfied, set up an appointment with the Director of Athletics – Pat Kennedy
  - Will not discuss playing time
- ❑ Misinformation and rumors one of the biggest challenges we face

# GENERAL INFORMATION

## ☐ Social Media (Facebook, Twitter, etc...)

- A great tool when used correctly
- Please be aware of the possible dangers and consequences as a student and athlete

## ☐ Sportsmanship / Behavior

- A class level of behavior and sportsmanship should be displayed towards officials, workers, athletes, fans, and opponents at all times
- Expected of both our student athletes and their support group

## ☐ Guests at away contests

- Your reputation proceeds you! Perception is reality!

# □ Media / Social Media

- There's a reason coaches speak in clichés to the media.
- Anything other than general positive comments is usually a bad idea.
- Once you as a parent or player hit “Send”, it's public and permanent. Sometimes these things end up on my desk.
- Videos and comments that you find humorous and/or private may be offensive to others and this can have negative consequences for you and the team.

# PRACTICE

- ☐ Practice will never last more than 2.5-3hrs.
- ☐ Baseball Players are expected at all practices.
- ☐ **School comes first.** Seeing a teacher after school is fine. You must have a note and be running to practices.
- ☐ If they are seeing a teacher every day, they may need to reconsider if they need to play baseball.
- ☐ You(Player) must tell **ME** in person when they are seeing a teacher/not by text.
- ☐ Things do come up. The player and parents should contact me and let me know.
- ☐ High School sports do not stop during the holidays, if you have plans let me know ASAP.
- ☐ Weekend and Holiday practices will be on schedule.

# HHS Husky Baseball Program Philosophy



# VARSITY

- ☐ **Competitiveness:** **Top Priority**
- ☐ **Player Development:** **High Priority**
- ☐ **Participation:** **Low Priority**



- ☐ **Bringing Up Younger Players:** As needed (only if the player will get significant playing time)
- ☐ **Schedule:** 24 Games+ playoffs
- ☐ **Varsity baseball is not a participation sport. Players lacking the skill or commitment required of Husky Baseball players are not guaranteed varsity playing time.**

# JUNIOR VARSITY

- ☐ **Competitiveness:** High Priority
- ☐ **Player Development:** Top Priority



- ☐ **Bringing Up Younger Players:** must be right for the team and the player
- ☐ **Schedule:** Mirrors Varsity(couple exceptions)/opposite site
- ☐ **Junior Varsity baseball** is designed to get our athletes ready for varsity competition, either later this year or next year.

# FORMS AND DOCUMENTS

- ❑ WCPSS Athletic Participation Form- Must be completed before the student athlete is allowed to participate.
  - Concussion Acknowledgement Form
  - Student & Parent Code of Conduct
  - Emergency Medical Treatment Waiver/Travel Release Form
- ❑ Student Accident Insurance
  - Additional Student Protection: <http://www.bollingerschools.com/>
- ❑ Husky Baseball Spirit Wear
- ❑ Player Contract

ALL FORMS ARE AVAILABLE IN THE HUSKY FORMS SECTION OF  
THE ATHLETIC WEBSITE!

# RECRUITING

- We WILL help with the recruiting of student athletes, however, the initial process must begin with the athletes and parents
  - Identify schools
  - Be realistic as to college level
  - NCAA Clearinghouse: Division 1 & 2  
[www.eligibilitycenter.org](http://www.eligibilitycenter.org)
  - NAIA Eligibility Center: [www.playnaia.org](http://www.playnaia.org)
- Academics are important starting freshman year for those that want to participate in college – DO NOT WAIT!!!

# ELIGIBILITY

- ❑ Must have passed a minimum of five (5) courses during the previous semester in a traditional schedule or **three (3) in a block schedule** or six (6) for schools on an A/B form of scheduling. Note: Seniors must meet this requirement in order to participate in athletics during the spring sports season of their senior year.
- ❑ Must maintain at least a 1.5 overall GPA.
- ❑ Must not have more than 13.5 total absences (85% attendance requirement) in the semester prior to athletic participation.

# STUDENT ATTENDANCE

- Athletes must be in attendance all day to practice or compete
  - Exceptions are excused absences which include:
    - Medically documented appointments
    - Funeral visitation
    - Court appointment
    - College visits – scheduled through the guidance department
    - Religious holidays with administrative approval
    - School sponsored activities such as field trips, athletic participation, etc.
- Any student who receives a suspension of any type as a result of a violation of the HHS Student Code of Conduct can not practice or play during the length of that suspension

# EMERGENCY PROCEDURES

- Severe weather– Coaches will keep athletes and will only release to parents
  - We want to make sure that everyone is safe and accounted for
- School Cancelled –Contests/practices will not be played
  - Delayed Openings are the exception
- Early Dismissal – Everything cancelled

# ATHLETIC TRAINER

Becky Banks

[rbanks@wcpss.net](mailto:rbanks@wcpss.net)

Nate Rice

[nrice@triangleortho.com](mailto:nrice@triangleortho.com)



- ☐ Symptoms of concussion – the athlete will be removed from contest/practice. Must get a release from a physician on the official release form.
- ☐ This is an NCHSAA Policy.
- ☐ ImPACT Testing

# ADMISSION AND SEASON PASSES

## CAP 8 and Heritage High School

Adult & School Age Children= \$5.00

## Athletic Game Pass

10 Game Pass= \$40

Passes are transferable and will be sold at each sporting event hosted by Heritage High School.

# WEBSITE

**Visit Heritage Husky Athletics on-line at**  
**[www.heritagehuskies.com](http://www.heritagehuskies.com)**

**Visit Heritage Baseball on-line at**  
**<http://www.wakecountyathletics.com/page/show/2646601-heritage-v-baseball>**

Schedules

- ☐ Special Events
- ☐ Scores & Standings
- ☐ Cancellations / Postponements / Alerts
  - Athletics Twitter: @Husky\_Athletics

# Extras

- **Food for players before games**
- **Scorekeepers for JV**
- **Concession Workers for Friday night games and Bobby Murray Tourney**
- **Spring Break Tourney attendance**
  - **JV must be at practice on Friday(4/14)**
  - **Varsity must be at practice Wednesday(4/12)**